

ESAA TRACK AND FIELD RESULTS SINCE 1948 (GIRLS)

JUNIOR

INTERMEDIATE

SENIOR

100 YARDS

100 YARDS

100 YARDS

1948	1	Sheila Goodwin	London	11.9	1	Hazel Hatfield	Dorset	11.9	1	-	-	
1948	2				2	S. Cook	Surrey		2	-	-	
1948	3				3				3	-	-	
1949	1	Mavis Elcock	Derbyshire	11.7	1	Hazel Hatfield	Dorset	11.5	1	-	-	
1949	2	F. Bevan	Hampshire		2	P. Francis	Sussex		2	-	-	
1949	3	J. Hooton	Essex		3	D. Phillips	Essex		3	-	-	
1950	1	Anne Beats	Berkshire	11.6	1	June Foulds	London	11.4	1	J. Purrington	Cumberland	12.1
1950	2	Brenda Walker	Middlesex		2	Mavis Elcock	Derbyshire		2	Winifred Jackman	Buckinghamshire	
1950	3	P. Wright	Norfolk		3	Brenda Turnell	Lincolnshire		3	H. Simpson	Leicestershire	
1951	1	Marion Carley	Essex	11.7	1	Anne Pashley	Norfolk	11.3	1	Heather Armitage	Yorkshire	11.4
1951	2	Carole Quinton	Warwickshire		2	Anne Beats	Berkshire		2	Brenda Turnell	Lincolnshire	
1951	3	P. Wright	Norfolk		3	Shirley Hampton	London		3	Margaret Proughton	Surrey	
1952	1	Shirley Twinham	Yorkshire	12.4	1	Anne Pashley	Norfolk	11.8	1	Margaret Francis	Cheshire	12.1
1952	2	Shirley Jones	Wiltshire	12.5	2	Jean Scrivens	London	12.0	2	Jean Giblett	Leicestershire	12.2
1952	3	Margaret Astell	Lancashire	12.7	3	Anne Beats	Berkshire	12.2	3	Brenda Brimley	Staffordshire	12.7
1953	1	Pamela Wyatt	Essex	11.8	1	M. Angus	London	11.8	1	Anne Pashley	Norfolk	11.2
1953	2	Christine Simpson	Yorkshire	11.9	2	Shirley Twinham	Yorkshire	11.9	2	S. Champion	Middlesex	11.5
1953	3	Valerie Cutting	Essex	12.0	3	Freda Winship	Durham	11.9	3	Jean Giblett	Leicestershire	11.5
1954	1	Valerie Cutting	Essex	11.7	1	Carolyn Ivins	Lancashire	11.9	1	Jean Greaves	Yorkshire	11.8
1954	2	Jean Snow	Leicestershire	11.9	2	Pamela Wyatt	Essex	12.0	2	Sylvia Stokeld	Durham	12.0
1954	3	Jean Skinner	Lincolnshire	11.9	3	Christine Simpson	Yorkshire	12.1	3	C. Benson	Buckinghamshire	12.1
1955	1	Madeleine Weston	London	11.2	1	Pamela Wyatt	Essex	11.5	1	Wendy Battinson	Yorkshire	11.9
1955	2	Pam Hall	Lancashire	11.7	2	Christine Simpson	Yorkshire	11.6	2	Catherine Layzell	Sussex	12.0
1955	3	B. Watson	Suffolk	11.7	3	I. Stokes	Middlesex	11.7	3	P. Tasker	Northumberland	12.1
1956	1	Dorothy Hyman	Yorkshire	11.5	1	Madeleine Weston	London	11.4	1	A. Hiles	Lancashire	11.9
1956	2	Ann Roberts	Middlesex	11.7	2	Barbara Binns	Yorkshire	11.8	2	A. Taylor	Leicestershire	11.9
1956	3	Christine Theaker	Essex	11.8	3	Pamela Bentley	Essex	11.9	3	Dorothy Jowett	Yorkshire	12.0
1957	1	Ann Roberts	Middlesex	11.5	1	Ann Charlesworth	Yorkshire	11.6	1	Barbara Binns	Yorkshire	11.8
1957	2	Brenda Fletcher	Essex	11.9	2	Janette Neil	Surrey	11.7	2	Dorothy Wood	Middlesex	11.9
1957	3	Denise Brookes	Berkshire	12.0	3	Mary Judd	Hampshire	11.8	3	Audrey Lawton	Durham	12.1
1958	1	Denise Brookes	Berkshire	11.3	1	Nichola Evans	Warwickshire	11.2	1	P. Ann Reed	Cornwall	11.1
1958	2	Jane Harrison	Middlesex	11.4	2	Mary Judd	Hampshire	11.3	2	Audrey Lawton	Durham	11.4
1958	3	Joanna Vasey	Durham	11.6	3	Debra Turner	London	11.4	3	Sylvia Peasegood	Staffordshire	11.6
1959	1	Janet Cable	Essex	11.4	1	Denise Brookes	Berkshire	11.3	1	Ann Packer	Berkshire	11.4
1959	2	Beryl E. Wear	Yorkshire	11.5	2	Jane Harrison	Norfolk	11.4	2	Margaret Prior	Westmorland	11.6
1959	3	Pauline Jones	Leicestershire	11.5	3	Beryl Richer	Middlesex	11.4	3	C. Dyer	Surrey	11.6
1960	1	Jill Hall	Surrey	11.3	1	Jenny Taylor	Surrey	11.4	1	Margaret Prior	Westmorland	11.4

1960	2	Janet Hambrook	Kent	11.7	2	Ida Nobbs	Durham	11.5	2	Mary Judd	Hampshire	11.5
1960	3	Sandra Batty	Yorkshire	11.7	3	Denise Brookes	Berkshire	11.5	3	Beryl Strange	Middlesex	11.6
1961	1	Janet Hambrook	Kent	11.7	1	Jenny Taylor	Surrey	11.2	1	Suzanne Webb	Middlesex	11.3
1961	2	Celia Biggs	Surrey	11.7	2	Christine Reyner	Yorkshire	11.5	2	Susan Long	Surrey	11.7
1961	3	Celia Besser	Middlesex	11.8	3	Margaret Farnden	London	11.5	3	Wanda Whalebone	Surrey	11.9
1962	1	Christine Moore	Middlesex	11.8	1	Jill Hall	Surrey	11.5	1	Jenny Taylor	Surrey	11.5
1962	2	Jacqueline Harrison	Essex	11.8	2	Celia Biggs	Surrey	11.5	2	Christine Reyner	Yorkshire	11.9
1962	3	L. Hall	Cheshire	12.2	3	Irene Gould	Essex	11.8	3	Kay Davies	Staffordshire	12.0
1963	1	Christine Moore	Middlesex	11.1	1	Jill Hall	Surrey	11.4	1	Julie Need	Worcestershire	11.1
1963	2	Jacqueline Harrison	Essex	11.2	2	Irene Gould	Essex	11.4	2	Eileen Poulton	Hertfordshire	11.2
1963	3	Shena Willshire	Middlesex	11.3	3	Victoria Batty	Lancashire	11.4	3	Kay Davies	Staffordshire	11.8
1964	1	Miranda Whitfield	Surrey	11.8	1	Christine Moore	Middlesex	11.5	1	Irene Gould	Essex	11.4
1964	2	H. Campbell	Dorset	12.0	2	Gillian Bentley	Cheshire	11.8	2	Jannette Champion	Cheshire	11.6
1964	3	Jane Rapley	Surrey	12.0	3	Angela Birch	Sussex	11.8	3	Janet Hambrook	Kent	11.7
1965	1	Wendy Kavanagh	Lancashire	11.1w	1	Judith Byrom	Lancashire	11.3	1	Angela Birch	Sussex	11.1
1965	2	Denise Ramsden	Yorkshire	11.4w	2	Linda Pedley	London	11.5	2	Anne Bulmer	Yorkshire	11.3
1965	3	Sue Scott	Warwickshire	11.6w	3	Elzbieta Lukowska	Warwickshire	11.5	3	Vivien Bunce	Cheshire	11.4
1966	1	Susan Midgley	Yorkshire	11.3w	1	Wendy Kavanagh	Lancashire	10.8w	1	Della James	Hampshire	10.7w
1966	2	Susan Knight	Surrey	11.5w	2	Lynn Ryan	Warwickshire	11.0w	2	Margaret Critchley	Gloucestershire	10.8w
1966	3	Linda Coy	Nottinghamshire	11.6w	3	Jacqueline Chidlow	Shropshire	11.1w	3	Angela Birch	Sussex	10.9w
1967	1	Lesley Wilkinson	Yorkshire	11.2w	1	Denise Ramsden	Yorkshire	10.9	1	Elizabeth Board	Hampshire	11.2
1967	2	Sheila Richardson	Essex	11.3w	2	Wendy Kavanagh	Lancashire	10.9	2	Diane Salvage	Gloucestershire	11.5
1967	3	Susan Knight	Surrey	11.5w	3	Christine Bradley	Yorkshire	11.5	3	Eileen Wordsworth	Leicestershire	11.5
1968	1	Sonia Lannaman	Warwickshire	11.6	1	Denise Ramsden	Yorkshire	11.0	1	Pauline Joice	Durham	11.5
1968	2	Christine Smith	Durham	11.7	2	Linda Barratt	Yorkshire	11.1	2	H. Ismay	Lancashire	11.6
1968	3	Susan King	Essex	11.7	3	Susan Knight	Surrey	11.3	3	Lindsay Woskett	Essex	11.6

JUNIOR				INTERMEDIATE				SENIOR				
100 METRES				100 METRES				100 METRES				
1969	1	Sonia Lannaman	Warwickshire	12.4	1	Janet Stroud	Surrey	12.2	1	Denise Ramsden	Yorkshire	12.2
1969	2	Barbara Martin	Northamptonshire	12.9	2	Andrea Lynch	London	12.3	2	Anne Routledge	Durham	12.5
1969	3	Donna Murray	Hampshire	12.9	3	June Rowell	Durham	12.7	3	Wendy Kavanagh	Lancashire	12.5
1970	1	Sonia Lannaman	Warwickshire	12.1	1	Ruth Morris	Derbyshire	12.6	1	Andrea Lynch	London	12.1
1970	2	Frances Bassett	Devon	12.9	2	Barbara Martin	Northamptonshire	12.7	2	Linda Barratt	Yorkshire	12.2
1970	3	Linda Nash	Hampshire	12.9	3	Julie Jay	Gloucestershire	12.8	3	June Rowell	Durham	12.6
1971	1	Linda Kais	Staffordshire	12.4	1	Barbara Martin	Northamptonshire	11.9	1	June Rowell	Durham	12.0
1971	2	Helen Barnett	London	12.5	2	Linda Nash	Hampshire	12.0	2	Ruth Morris	Derbyshire	12.0
1971	3	Janet Ravenscroft	Cheshire	12.5	3	Rosemary Leech	Surrey	12.0	3	Julie Jay	Gloucestershire	12.2
1972	1	Helen Barnett	London	12.8	1	Linda Nash	Somerset	12.2	1	Julie Jay	Gloucestershire	12.5
1972	2	Alison Lyne	Middlesex	12.8	2	Mavis Latty	Northamptonshire	12.4	2	Karen Walker	Yorkshire	12.7
1972	3	Susan Howells	Warwickshire	12.8	3	Gillian Spurgin	Staffordshire	12.4	3	Val Taylor	Norfolk	12.7

1973	1	Maxine Ascroft	Warwickshire	12.2w	1	Averil McClelland	Cheshire	11.8w	1	Sonia Lannaman	Warwickshire	11.7w
1973	2	Anne Tipping	Lancashire	12.2w	2	Wendy Clarke	London	11.9w	2	Rosemary Leech	Surrey	12.3
1973	3	Susan Howells	Warwickshire	12.2w	3	Helen Barnett	London	12.1	3	Lynn Hampson	Cheshire	12.3
1974	1	Sheila Dickson	Durham	12.8	1	Wendy Clarke	London	12.2	1	Linda Nash	Somerset	12.4
1974	2	Carol Croal	Devon	12.9	2	Helen Barnett	London	12.3	2	Susan Thomas	Warwickshire	12.5
1974	3	Jill Davies	Devon	13.0	3	Linda Gillespie	Yorkshire	12.6	3	Gillian Spurgin	Staffordshire	12.6
1975	1	Debbie Bunn	Hereford & Worcs	12.7	1	Heather Hunte	Middlesex	12.3	1	Kym Harrison	Gtr. Manchester	12.3
1975	2	Gillian Southern	Lancashire	12.9	2	Janine MacGregor	Cleveland	12.6	2	Gillian Spurgin	West Midlands	12.5
1975	3	Amma Mensah	Gloucestershire	13.0	3	Caroline Mooney	Norfolk	12.8	3	Averil McClelland	Gtr. Manchester	12.6
1976	1	Pippa Baker	Norfolk	12.3	1	Janine MacGregor	Cleveland	12.1	1	Heather Hunte	Middlesex	11.9
1976	2	Joanne Gardner	Middlesex	12.4	2	Karen Duncan	Durham	12.3	2	Helen Barnett	London	11.9
1976	3	Debbie Bunn	Hereford & Worcs	12.2	3	Karen Sait	Hampshire	12.4	3	Shelley Ratcliffe	Kent	12.7
1977	1	Joanne Gardner	Middlesex	11.8w	1	Pippa Baker	Norfolk	11.6w	1	Janine MacGregor	Cleveland	11.8
1977	2	Debbie Warner	Oxfordshire	12.2w	2	Lynda Stewart	London	11.8w	2	Amanda Drakes	Nottinghamshire	12.2
1977	3	Morag O'Brien	West Midlands	12.3w	3	Kay Smallman	South Yorkshire	11.8w	3	Maxine Ross	West Midlands	12.2
1978	1	Claire Haslam	Middlesex	12.0w	1	Pippa Baker	Norfolk	11.6w	1	Lynda Stewart	London	11.6w
1978	2	Pamela Walsh	Humberside	12.0w	2	Valerie Mullings	West Midlands	11.8w	2	Sharon Clark	Hampshire	11.7w
1978	3	Karen Barraclough	North Yorkshire	12.0w	3	Daisy Walker	Avon	11.8w	3	Karen Sait	Hampshire	11.9w
1979	1	Delmena Doyley	London	12.1	1	Shirley Thomas	London	12.1	1	Pippa Baker	Norfolk	12.0
1979	2	Elaine Mitchell	London	12.2	2	Debbie Warner	Oxfordshire	12.3	2	Lynda Stewart	London	12.0
1979	3	Pamela Walsh	Humberside	12.3	3	Maureen Goode	Surrey	12.3	3	Daisy Walker	Avon	12.2
1980	1	Henritta Kessebeh	Gtr. Manchester	12.1	1	Karen Barraclough	North Yorkshire	11.8w	1	Shirley Thomas	London	11.5
1980	2	Angela Turner	West Midlands	12.3	2	Kathryn Ball	Nottinghamshire	11.8w	2	Debbie Warner	Oxfordshire	11.6
1980	3	Susan Briggs	West Yorkshire	12.3	3	Toyin Campbell	Surrey	11.9w	3	Dawn Taylor	Durham	11.9
1981	1	Kim Cooper	Dorset	12.4	1	Henritta Kessebeh	Gtr. Manchester	11.9w	1	Jayne Christian	Merseyside	12.1
1981	2	Susan Briggs	West Yorkshire	12.6	2	Nathalie Byer	Essex	12.0w	2	Annette Campbell	London	12.2
1981	3	Joanne Gosney	South Yorkshire	12.6	3	Delmena Doyley	London	12.1w	3	Belinda Dixon	Avon	12.3
1982	1	Sally-Ann Frisby	Warwickshire	12.6	1	Nathalie Byer	Essex	11.9	1	Kathryn Ball	Nottinghamshire	11.7
1982	2	Maxine Simms	West Midlands	12.6	2	Henritta Kessebeh	Gtr. Manchester	12.0	2	Karen Barraclough	North Yorkshire	11.9
1982	3	Judy Armstrong	Gtr. Manchester	12.7	3	Sharron Burke	Surrey	12.1	3	Pamela Walsh	Humberside	12.0
1983	1	Judy Armstrong	Gtr. Manchester	12.0w	1	Georgina Oladapo	London	11.8w	1	Henritta Kessebeh	Gtr. Manchester	11.6w
1983	2	Sharon Dolby	Nottinghamshire	12.3w	2	Sharron Burke	Surrey	12.0w	2	Claire Haslam	Middlesex	11.8
1983	3	Jacqui Small	Essex	12.4w	3	Michelle Erskine	Surrey	12.2w	3	Paula Dunn	Gtr. Manchester	12.0
1984	1	Sue Earnshaw	South Yorkshire	12.5	1	Sharon Dolby	Nottinghamshire	12.0	1	Sharron Burke	Surrey	11.9
1984	2	Kerrie Hughes	Warwickshire	12.5	2	Michelle Erskine	Surrey	12.0	2	Kimberley Walton	Northumberland	12.1
1984	3	Jane Summers	South Yorkshire	12.7	3	Mandy Haslam	Middlesex	12.1	3	Karen Campbell	Essex	12.1
1985	1	Sue Earnshaw	South Yorkshire	12.4	1	Sharon Dolby	Nottinghamshire	12.3	1	Sharron Burke	Surrey	12.2
1985	2	Vivienne Francis	Hertfordshire	12.4	2	Jane Buchanan	Merseyside	12.5	2	Georgina Oladapo	London	12.2
1985	3	Paulette McLean	West Midlands	12.4	3	Christine Chambers	Derbyshire	12.5	3	Karen Campbell	Essex	12.5
1986	1	Annabel Soper	Surrey	12.1w	1	Danaa Myhill	Merseyside	12.1	1	Christine Chambers	Derbyshire	12.1
1986	2	Vivienne Francis	Hertfordshire	12.1w	2	Sue Earnshaw	South Yorkshire	12.1	2	Janet Levermore	West Midlands	12.1
1986	3	Justine Bobmanuel	Gtr. Manchester	12.1w	3	Paulette McLean	West Midlands	12.1	3	Christine Bloomfield	London	12.1

1987	1	Jane Riley	Cheshire	12.3	1	Annabel Soper	Surrey	12.2	1	Christine Chambers	Derbyshire	12.1
1987	2	Renate Chinyou	Hampshire	12.4	2	Sue Earnshaw	South Yorkshire	12.3	2	Paula Dyson	Gtr. Manchester	12.1
1987	3	Sally Hadfield	Merseyside	12.5	3	Rachael Dunthorne	Essex	12.3	3	Lesley Lewis	Middlesex	12.2
1988	1	Renate Chinyou	Hampshire	12.3	1	Geraldine McLeod	West Midlands	12.1	1	Rebecca Bulpitt	Cheshire	12.1
1988	2	Lisa Armstrong	Gloucestershire	12.6	2	Fiona Page	Essex	12.2	2	Sue Earnshaw	South Yorkshire	12.3
1988	3	Nicola Sutton	Merseyside	12.6	3	Rachael Dunthorne	Essex	12.3	3	Emma Snowden	Dorset	12.4
1989	1	Katharine Merry	Warwickshire	11.8	1	Debbie Tank	Buckinghamshire	12.0w	1	Geraldine McLeod	West Midlands	12.1
1989	2	Michelle Jones	Kent	12.7	2	Jane Riley	Cheshire	12.1w	2	Vivienne Francis	Hertfordshire	12.3
1989	3	Emily Bird	West Yorkshire	12.7	3	Julie Williams	West Midlands	12.4w	3	Amelia Lowdell	London	12.3
1990	1	Zoe Wilson	West Midlands	12.1w	1	Katharine Merry	Warwickshire	11.7w	1	Annabel Soper	Surrey	11.5w
1990	2	Alex Devoti	Cambridgeshire	12.3w	2	Donna Hoggarth	Lancashire	12.0w	2	Jane Riley	Cheshire	11.8w
1990	3	Lyndsey Scammans	South Yorkshire	12.3w	3	Claire Heather	Kent	12.0w	3	Amelia Lowdell	London	11.9w
1991	1	Jo Sloane	Hereford & Worcs	12.22	1	Sophia Smith	South Yorkshire	11.87	1	Donna Hoggarth	Lancashire	11.83w
1991	2	Lyndsey Scammans	South Yorkshire	12.39	2	Bev Christopher	Berkshire	12.04	2	Jane Riley	Cheshire	11.87w
1991	3	Helen Seery	West Yorkshire	12.44	3	Gaynor Easter	Norfolk	12.29	3	Joice Maduaka	London	12.09w
1992	1	Amanda Waite	Essex	12.50	1	Leanne Eastwood	Lancashire	12.32	1	Donna Hoggarth	Lancashire	12.05
1992	2	Joanne Beavan	Hereford & Worcs	12.65	2	Helen Fee	Hertfordshire	12.49	2	Sophia Smith	South Yorkshire	12.25
1992	3	Tatum Nelson	Kent	12.68	3	Gaynor Easter	Norfolk	12.50	3	Joice Maduaka	London	12.50
1993	1	Tatum Nelson	Kent	11.67w	1	Leanne Eastwood	Lancashire	11.86w	1	Bev Christopher	Berkshire	11.79w
1993	2	Laura Seston	Suffolk	12.11w	2	Rebecca Drummond	Staffordshire	12.01w	2	Samantha Jones	Berkshire	11.88w
1993	3	Stacey Anderson	West Midlands	12.26w	3	Jennifer Impett	Dorset	12.09w	3	Ellena Ruddock	West Midlands	11.93w
1994	1	Jean Oyeyemi	Hertfordshire	11.86w	1	Rebecca Drummond	Staffordshire	11.50w	1	Evadne McKenzie	Middlesex	11.86w
1994	2	Sarah Claxton	Essex	11.88w	2	Laura Seston	Suffolk	11.84w	2	Ellena Ruddock	West Midlands	11.89w
1994	3	Lisa Thomas	Middlesex	12.24w	3	Dawn Rose	Warwickshire	11.93w	3	Leanne Eastwood	Lancashire	11.95w
1995	1	Libby Alder	Gloucestershire	12.09	1	Tatum Nelson	Kent	11.92w	1	Rebecca Drummond	Staffordshire	11.59
1995	2	Jean Oyeyemi	Hertfordshire	12.18	2	Laura Seston	Suffolk	11.93w	2	Ellena Ruddock	West Midlands	11.70
1995	3	Chantell Manning	London	12.33	3	Sarah Claxton	Essex	11.93w	3	Helen Fee	Hertfordshire	12.03
1996	1	Rachel Redmond	Staffordshire	12.07w	1	Kelly Thomas	Kent	11.84w	1	Rebecca Drummond	Staffordshire	11.68w
1996	2	Melissa Anderson	Northumberland	12.27w	2	Kelli Bailey	Shropshire	11.99w	2	Janette Niccolls	London	11.85w
1996	3	Clare Russell	Gtr. Manchester	12.36w	3	Abi Oyepitan	Middlesex	12.06w	3	Shelley-Ann Bowen	Berkshire	11.89w
1997	1	Jeanette Kwakye	Essex	12.11	1	Kelly Thomas	Kent	11.88	1	Tatum Nelson	Kent	11.82
1997	2	Kim Wall	Essex	12.38	2	Kemesha Robinson	West Midlands	12.06	2	Rebecca White	Lancashire	12.00
1997	3	Cherie Pierre	Middlesex	12.41	3	Donna Maylor	West Midlands	12.18	3	Amanda Forrester	Staffordshire	12.00
1998	1	Natalie Watson	West Midlands	12.44w	1	Donna Maylor	West Midlands	11.78w	1	Abi Oyepitan	Middlesex	11.67w
1998	2	Tamsin Lees	Devon	12.52w	2	Jackie Walters	Derbyshire	12.06w	2	Laura Seston	Suffolk	11.75w
1998	3	Kate Routledge	Cumbria	12.58w	3	Jeanette Kwakye	Essex	12.09w	3	Maria Bolsover	South Yorkshire	11.87w
1999	1	Kara Dunn	Middlesex	12.66	1	Cherie Pierre	Middlesex	12.33	1	Emily Freeman	West Yorkshire	12.34
1999	2	Joanna Richards	Hertfordshire	12.88	2	Danielle Norville	Shropshire	12.40	2	Libby Alder	Gloucestershire	12.46
1999	3	Katherine Jones	Staffordshire	12.89	3	Jade Lucas-Read	Surrey	12.48	3	Leonie Lightfoot	Cheshire	12.56
2000	1	Louise Hazel	Cambridgeshire	12.25	1	Danielle Selley	Somerset	11.97w	1	Clare Russell	Gtr. Manchester	11.89w
2000	2	Amala Onuora	Sussex	12.32	2	Kara Dunn	Middlesex	12.09w	2	Danielle Norville	Shropshire	11.92w
2000	3	Kadi-Ann Thomas	Buckinghamshire	12.32	3	Jade Lucas-Read	Surrey	12.09w	3	Rachel Redmond	Staffordshire	12.07w

2001	1	Sinead Johnson	Shropshire	11.99w	1	Anyika Onuora	Merseyside	11.90w	1	Danielle Norville	Shropshire	11.69w
2001	2	Carley Wenham	Sussex	12.03w	2	Montell Douglas	Kent	11.95w	2	Jade Lucas-Read	Surrey	11.69w
2001	3	Olanrewaju Atijosan	London	12.18w	3	Louise Hazel	Cambridgeshire	12.01w	3	Jeanette Kwakye	Essex	11.88w
2002	1	Carley Wenham	Sussex	12.08	1	Montell Douglas	Kent	11.82	1	Anyika Onuora	Merseyside	12.05
2002	2	Joscelynn Hopeson	Surrey	12.39	2	Sinead Johnson	Shropshire	12.01	2	Helen Taylor	Merseyside	12.24
2002	3	Natalie Pearson	South Yorkshire	12.51	3	Kadi-Ann Thomas	Buckinghamshire	12.04	3	Amy Dowsett	Surrey	12.29
2003	1	Torema Dorsett	Middlesex	12.15	1	Joscelynn Hopeson	Surrey	11.93	1	Nicole MacDermott	Buckinghamshire	11.93
2003	2	Abbi Tyson	Staffordshire	12.23	2	Natalie Jowett	Northamptonshire	12.14	2	Amala Onuora	Sussex	12.06
2003	3	Verity Collins	Lancashire	12.28	3	Natalie Bartley	London	12.15	3	Louise Hazel	Cambridgeshire	12.18
2004	1	Ashleigh Nelson	Staffordshire	11.94	1	Joscelynn Hopeson	Surrey	11.81	1	Nicole MacDermott	Buckinghamshire	12.32
2004	2	Chinedu Monye	Berkshire	12.00	2	Nicole Sadler	Suffolk	12.07	2	Christina Clubley	Humberside	12.35
2004	3	Rebekah Wilson	Gtr. Manchester	12.21	3	Helen Jennings	Humberside	12.25	3	Natalie Jowett	Northamptonshire	12.39
2005	1	Ashleigh Nelson	Staffordshire	11.58	1	Tara Kafke	Oxfordshire	12.01	1	Joscelynn Hopeson	Surrey	11.73
2005	2	Asha Philip	Essex	11.83	2	Abbi Tyson	Staffordshire	12.13	2	Natalie Pearson	South Yorkshire	12.05
2005	3	Rebekah Wilson	Gtr. Manchester	12.02	3	Torema Dorsett	Middlesex	12.19	3	Natalie Bartley	London	12.07
2006	1	Clarice Underwood	Buckinghamshire	12.39	1	Ashleigh Nelson	Staffordshire	11.93	1	Kylie Russell	Avon	12.26
2006	2	Ruth Dean	Avon	12.58	2	Rebekah Wilson	Gtr. Manchester	12.42	2	Elaine O'Neill	Wiltshire	12.35
2006	3	Lauretta Curtis	Derbyshire	12.59	3	Bunmi Awokoya	Hertfordshire	12.61	3	Anike Whittingham	Kent	12.36
2007	1	Jodie Williams	Hertfordshire	12.01	1	Rebekah Wilson	Gtr. Manchester	12.02	1	Hayley Jones	Cheshire	11.59w
2007	2	Marilyn Nwawulor	Middlesex	12.31	2	Kitty Eleyae	Somerset	12.17	2	Meghan Beesley	Warwickshire	11.90w
2007	3	Helen Rennardson	Kent	12.37	3	Clarice Underwood	Buckinghamshire	12.28	3	Annabelle Lewis	Humberside	12.01w
2008	1	Jodie Williams	Hertfordshire	11.78	1	Clarice Underwood	Buckinghamshire	12.09	1	Rebekah Wilson	Gtr. Manchester	12.02
2008	2	Ann Ika-Oqua	West Midlands	12.34	2	Corinne Humphreys	Essex	12.13	2	Shelly Went	Warwickshire	12.11
2008	3	Rebecca Brown	Devon	12.42	3	Kaneisha Hector	West Midlands	12.15	3	Claudenia Williams	Middlesex	12.16
2009	1	Cleio Stephenson	Norfolk	12.24	1	Makeda Lewis	Middlesex	12.17	1	Lauretta Curtis	Derbyshire	12.04
2009	2	Kate Wasyliw	West Yorkshire	12.41	2	Bianca Williams	Middlesex	12.20	2	Clarice Underwood	Buckinghamshire	12.28
2009	3	Ja'tila Reavill Blake	Hertfordshire	12.42	3	Ann Ika-Oqwa	West Midlands	12.43	3	Angelika Brown	Middlesex	12.36
2010	1	Lukesha Morris	Berkshire	12.26	1	Olivia Callaghan	Gtr. Manchester	12.30	1	Marilyn Nwawulor	Middlesex	11.89
2010	2	Kate Wasyliw	West Yorkshire	12.43	2	Bianca Williams	Middlesex	12.34	2	Georgia Lamothe	Berkshire	11.92
2010	3	Daryll Neita	London	12.45	3	Uzoma Nwachukwu	Middlesex	12.34	3	Rebecca Chapman	Devon	12.28
2011	1	Amelia Benjamin	West Midlands	12.44	1	Sophie Papps	Berkshire	11.78	1	Melisa Hanson	West Midlands	12.10
2011	2	Lois Waknell	Oxfordshire	12.48	2	Daryll Neita	London	11.96	2	Georgia Lamothe	Berkshire	12.23
2011	3	Shannon Hylton	Kent	12.53	3	Uzoma Nwachukwu	Middlesex	11.96	3	Laura Robson	North Yorkshire	12.28
2012	1	Maya Bruney	Surrey	12.10	1	Daryll Neita	London	11.63	1	Frances Slater	Hertfordshire	12.03
2012	2	Imani-Lara Lansiquot	Surrey	12.16	2	Lukesha Morris	Berkshire	11.96	2	Ja'tila Reavill-Blake	Hertfordshire	12.06
2012	3	Emily Wright	Avon	12.20	3	Kristie Edwards	South Yorkshire	12.04	3	Bethan Wakefield	Avon	12.11
2013	1	Billy Jo Harris	South Yorkshire	12.31	1	Imani-Lara Lansiquot	Surrey	12.19	1	Tamarah Miller	West Midlands	12.01
2013	2	Modupe Shokunbi	Essex	12.43	2	Kristie Edwards	South Yorkshire	12.21	2	Rachel Highfield	Cleveland	12.06
2013	3	Vera Chinedu	London	12.43	3	Tayla Brade	Middlesex	12.34	3	Bethan Wakefield	Avon	12.19
2014	1	Charmont Webster-Tape	Surrey	12.09	1	Imani-Lara Lansiquot	Surrey	11.67	1	Lukesha Morris	Berkshire	11.92
2014	2	Sharhnee Skervin	Nottinghamshire	12.19	2	Charlotte Paterson	Humberside	12.06	2	Kristie Edwards	South Yorkshire	12.03
2014	3	Kelly Chadwick	Cheshire	12.23	3	Modupe Shokunbi	Essex	12.07	3	Tayla Brade	Middlesex	12.03

2015	1	Amy Hunt	Lincolnshire	12.11	1	Charmont Webster-Tape	Surrey	11.84	1	Charlotte Paterson	Humberside	11.99
2015	2	Danielle Horton	Warwickshire	12.24	2	Sharhnee Skervin	Nottinghamshire	11.85	2	Anna Short	Sussex	12.00
2015	3	Trinity Perruzza-Powell	Gtr. Manchester	12.46	3	Ebony Carr	Buckinghamshire	11.88	3	Sophie Yorke	Gloucestershire	12.01
2016	1	Amy Hunt	Lincolnshire	12.22	1	Olivia Okoli	Surrey	12.08	1	Kristal Awuah	London	12.22
2016	2	Nayanna Dubarry-Gay	London	12.53	2	Charmont Webster-Tape	Surrey	12.08	2	Danielle Blake	London	12.23
2016	3	Trinity Perruzza-Powell	Gtr. Manchester	12.55	3	Immanuela Aliu	Kent	12.33	3	Ashleigh Clarke	Surrey	12.35
2017	1	Aleeya Sibbons	Essex	12.12	1	Amy Hunt	Lincolnshire	11.76	1	Kristal Awuah	London	11.65
2017	2	Leah Duncan	Essex	12.21	2	Trinity Perruzza-Powell	Gtr. Manchester	12.07	2	Ebony Carr	Buckinghamshire	11.78
2017	3	Toni Bryan	Surrey	12.24	3	Cassie-Ann Pemberton	West Midlands	12.08	3	Immanuela Aliu	Kent	11.94
2018	1	Tyra Khambai-Annan	Surrey	12.20	1	Nayanna Dubarry-Gay	London	12.23	1	Immanuela Aliu	Kent	11.85
2018	2	Nia Wedderburn-Goodison	Middlesex	12.20	2	Ayoola Babalola	Surrey	12.24	2	Cassie-Ann Pemberton	West Midlands	11.91
2018	3	Trezeguet Taylor	Gtr. Manchester	12.35	3	Leah Okorhi	West Midlands	12.27	3	Ellie Turner	Kent	11.92
2019	1	Nia Wedderburn-Goodison	Middlesex	11.91	1	Joy Eze	Northumberland	11.93	1	Akaysha Ellis	London	11.79
2019	2	Trezeguet Taylor	Gtr. Manchester	11.92	2	Aleeya Sibbons	Essex	11.99	2	Joy Ogunleye	Essex	11.83
2019	3	Ann Kalu	Norfolk	12.02	3	Zsiriah Thomas	Kent	12.29	3	Leonie Ashmeade	West Yorkshire	12.03
2021	1	Nana Quainoo	Berkshire	12.27	1	Emmanuella Quaye	Middlesex	11.91	1	Alannah Fashanu	Hertfordshire	11.84
2021	2	Savannah Morgan	Northamptonshire	12.36	2	Trezeguet Taylor	Gtr. Manchester	11.95	2	Hilary Gode	West Yorkshire	12.01
2021	3	Lily Bradley	Norfolk	12.41	3	Shona Vincent	Essex	12.00	3	Shiloh Wright-Taipow	London	12.06
2022	1	Savannah Morgan	Northamptonshire	12.11	1	Mabel Akande	Lincolnshire	11.89	1	Hilary Gode	West Yorkshire	11.71w
2022	2	Angel McLeod	Middlesex	12.34	2	Mehitabelle Angelo	West Yorkshire	12.24	2	Niyah Costley	London	11.78w
2022	3	Emily Owen	Cheshire	12.43	3	Lily Murphy	Gtr. Manchester	12.25	3	Aaliyah Brown	Surrey	11.96w
2023	1	Angel McLeod	Middlesex	12.38	1	Mabel Akande	Lincolnshire	11.65w	1	Faith Akinbileje	Kent	11.78
2023	2	Celine Obinna-Alo	Durham	12.39	2	Omaserichi Moneke	Hertfordshire	12.05w	2	Lily Murphy	Gtr. Manchester	11.81
2023	3	Cheyanne Nketia	Kent	12.45	3	Savannah Morgan	Northamptonshire	12.12w	3	Saskia King	London	11.90
2024	1	Annabelle Fasuba	Devon	12.03	1	Isabelle Walkey	Avon	12.07	1	Mabel Akande	Lincolnshire	11.71
2024	2	Shivelle Marshall	Surrey	12.14	2	Oluwadamitan Showemimo	Kent	12.15	2	Omaserichi Moneke	Hertfordshire	11.75
2024	3	Victoria Chapman	Cumbria	12.23	3	Cherie Ufuoma	Gtr. Manchester	12.20	3	Amelia Gittens	Hertfordshire	11.98
2025	1	Honor Oteng	Essex	11.81	1	Shivelle Marshall	Surrey	11.75	1	Tiana Rizzo	Somerset	11.97
2025	2	Neila Chukwu	Gtr. Manchester	12.10	2	Celine Obinna-Alo	Durham	11.86	2	Cherie Ufuoma	Lancashire	12.00
2025	3	Adaobi Ogbunude	Buckinghamshire	12.14	3	Ruby Rogers	Oxfordshire	12.04	3	Sara Kennedy	Hertfordshire	12.03
2026	1	Honor Oteng	Essex	11.74	1	Shivelle Marshall	Surrey	11.68	1	Lucy Boyes	Warwickshire	11.88
2026	2	Grace Gode	West Yorkshire	11.92	2	Chyna-Rae Smart	Nottinghamshire	11.88	2	Kaylah McKenzie	Nottinghamshire	11.90
2026	3	Michelle Thompson	Essxe	12.04	3	Princess Okoma	London	12.01	3	Maia Heward-Mills	Surrey	11.91

JUNIOR					INTERMEDIATE					SENIOR				
150 YARDS					150 YARDS					150 YARDS				
1948	1	Audrey Owlett	Essex	17.8	1	Barbara Forster	Hertfordshire	17.2	1	-	-			
1948	2				2				2	-	-			
1948	3				3	Jennifer Munday	Surrey		3	-	-			
1949	1	D. Gregory	Essex	17.6	1	Ann Hardy	Yorkshire	17.5	1	-	-			
1949	2	E. Burgess	London		2	Ann Sissons	Surrey		2	-	-			

1949	3	Cynthia Marcham	Berkshire		3	M. Downer	Hampshire		3	-	-	
1950	1	J. Davies	Lancashire	17.9	1	Cynthia Marcham	Berkshire	17.4	1	Ann Hardy	Yorkshire	17.9
1950	2	June Wade	Middlesex		2	Shirley Burgess	London		2	Norma Youdale	Surrey	
1950	3	E. Pask	Lincolnshire		3	Cecily Dance	Sussex		3	Margaret Dudley	Leicestershire	
1951	1	V. Brown	Suffolk	17.9	1	Shirley Burgess	London	17.4	1	Norma Youdale	Surrey	17.6
1951	2	June Wade	Middlesex		2	Cynthia Marcham	Berkshire		2	Jean Hopkins	Sussex	
1951	3	Micha Gough	Warwickshire		3	C. Searle	Nottinghamshire		3	A. Williamson	Yorkshire	

150 YARDS

150 YARDS

220 YARDS

1952	1	B. Brown	Suffolk	17.9	1	Shirley Hampton	London	18.4	1	Margaret Dudley	Leicestershire	27.9
1952	2	Janet Pearson	Lincolnshire	19.1	2	J. Dunwoody	Suffolk	19.0	2	M. Lush	Sussex	28.3
1952	3	Barbara Bond	Wiltshire	19.3	3	E. Hoskin	London	19.0	3	P. Preston	Nottinghamshire	28.6
1953	1	Janet Pearson	Lincolnshire	18.0	1	Sheila Hoskin	London	17.5	1	Pamela Stoyale	Devon	26.7
1953	2	Pauline Buck	Middlesex	18.3	2	Mary Gunter	Sussex	18.2	2	Jean Docker	Middlesex	26.8
1953	3	Betty Burbidge	Leicestershire	18.5	3	Dorothy Turner	Yorkshire	18.2	3	Shirley Marsh	Cheshire	27.8
1954	1	Sylvia Burroughs	London	18.2	1	Anita Warwick	Durham	18.0	1	Daphne Jones	Surrey	26.3
1954	2	Doris Kershaw	Lancashire	18.2	2	M. Green	Northamptonshire	18.3	2	Pamela Stoyale	Devon	26.3
1954	3	S. Fellingham	Berkshire	18.4	3	Krystyna Miozga	Northamptonshire	18.4	3	Shirley Marsh	Cheshire	26.7
1955	1	Elizabeth Martlew	Lancashire	18.5	1	Sylvia Burroughs	London	17.5	1	Shirley Twinham	Yorkshire	25.7
1955	2	V. Bland	Durham	18.6	2	Valerie Cutting	Essex	17.7	2	Anita Warwick	Durham	26.2
1955	3	P. Hedges	Warwickshire	18.6	3	Diana Elliott	Northumberland	18.1	3	Jill Dudderidge	Middlesex	26.4
1956	1	G. Barrett	Lancashire	17.8	1	Elizabeth Martlew	Lancashire	17.6	1	Jill Dudderidge	Middlesex	25.8
1956	2	Myrna Read	Norfolk	17.8	2	Barbara Sullivan	London	17.6	2	Jill Bonner	Yorkshire	25.8
1956	3	Ann Skutt	Staffordshire	18.0	3	Dorothy Wood	Middlesex	17.8	3	P. Buck	Middlesex	26.3
1957	1	Christine Theaker	Essex	17.9	1	Debra Turner	London	17.6	1	M. Green	Northamptonshire	26.4
1957	2	Suzanne Webb	Middlesex	18.4	2	Pamela Bentley	Essex	17.6	2	Elizabeth Jennings	Somerset	26.8
1957	3	Marion Twinham	Yorkshire	18.4	3	Elizabeth Martlew	Lancashire	17.8	3	Pauline Mason	Middlesex	27.0
1958	1	Mary Hall	London	17.4	1	Christine Theaker	Essex	17.4	1	Judy Rowe	Surrey	26.8
1958	2	Joyce Yuill	Durham	17.9	2	Ann Packer	Berkshire	17.5	2	Maura Harvey	Durham	27.3
1958	3	R. Tidey	Sussex	18.0	3	J. Harrison	Warwickshire	17.5	3	Ruth Smiley	Somerset	28.2
1959	1	Janet Simpson	Hertfordshire	17.2	1	Christine Theaker	Essex	16.8	1	Pat Kippax	London	26.2
1959	2	Helen Harris	Essex	17.5	2	Mary Hall	London	16.9	2	Patricia Jackson	London	26.7
1959	3	Ida Nobbs	Durham	17.5	3	Suzanne Webb	Middlesex	16.9	3	C. Davies	Cheshire	27.1
1960	1	Beryl E. Wear	Yorkshire	17.0	1	Suzanne Webb	Middlesex	16.8	1	Pat Kippax	London	25.2
1960	2	Jean Carrington	Surrey	17.0	2	Mary Hall	London	17.2	2	Ann Packer	Berkshire	25.7
1960	3	Helen Harris	Essex	17.3	3	Audrey Pym	Essex	17.2	3	Val Russell	Middlesex	26.0
1961	1	Beryl E. Wear	Yorkshire	16.7	1	Janet Simpson	Hertfordshire	16.8	1	Joyce Yuill	Durham	26.0
1961	2	Carole Newnham	Sussex	17.3	2	Jean Carrington	Surrey	17.1	2	G. S. Emmett	Northumberland	26.3
1961	3	Susan Beldham	Middlesex	17.4	3	Patricia Wright	Norfolk	17.2	3	Pat Lowe	Leicestershire	26.5
1962	1	Maureen Tranter	Staffordshire	17.6	1	Beryl E. Wear	Yorkshire	17.2	1	Janet Simpson	Hertfordshire	26.9
1962	2	Barbara Jones	Hampshire	18.0	2	Linda Taylor	Devon	17.8	2	Mary Tulloch	Surrey	27.8
1962	3	Angela Jones	Essex	18.2	3	Elizabeth West	Surrey	17.8	3	C. Perry	Devon	27.8

1963	1	Barbara Jones	Hampshire	17.1	1	Beryl E. Wear	Yorkshire	16.3	1	Janet Simpson	Hertfordshire	24.7
1963	2	Lesley Rabey	Essex	17.3	2	Elizabeth Johnson	Yorkshire	17.1	2	Linda Taylor	Devon	25.3
1963	3	Angela Jones	Essex	17.3	3	Barbara Edwards	Staffordshire	17.1	3	Elizabeth West	Surrey	26.2
1964	1	Kathryn Nelson	Derbyshire	17.6	1	Barbara Jones	Hampshire	17.1	1	Beryl E. Wear	Yorkshire	25.5
1964	2	Wendy Kavanagh	Lancashire	17.7	2	Lesley Rabey	Essex	17.4	2	Geraldine Tennick	Durham	25.6
1964	3	Jean Wood	Staffordshire	18.2	3	Della James	Hampshire	17.4	3	Susanne Hopper	London	26.0
1965	1	Kathryn Nelson	Derbyshire	17.1	1	Della James	Hampshire	16.6	1	Barbara Jones	Hampshire	24.9
1965	2	Julia Prescott	Hertfordshire	17.5	2	Lillian Board	Middlesex	16.8	2	Jannette Champion	Cheshire	25.2
1965	3	Lesley Mills	Cheshire	17.8	3	Margaret Critchley	Gloucestershire	17.1	3	Celia Biggs	Surrey	25.3
1966	1	Linda Barratt	Yorkshire	17.4	1	Kathryn Nelson	Derbyshire	16.8	1	Barbara Jones	Hampshire	24.3
1966	2	Marilyn Neufville	London	17.6	2	Carol Dutton	Lancashire	17.2	2	Vivienne Hill	Buckinghamshire	25.0
1966	3	Lorraine Sharp	Nottinghamshire	17.8	3	Linda Hodgetts (or Lynda)	Lancashire	17.2	3	Vivien Flett	Lancashire	25.1
1967	1	Janet Stroud	Surrey	16.8	1	Kathryn Nelson	Derbyshire	16.5	1	Della James	Hampshire	24.9
1967	2	Marilyn Neufville	London	16.9	2	Susan Midgley	Yorkshire	16.6	2	Rosemary Godsolve	Kent	25.3
1967	3	Linda Nelson	Derbyshire	17.2	3	Linda Barratt	Yorkshire	16.9	3	Margaret Critchley	Gloucestershire	25.4
1968	1	Sheila Richardson	Essex	17.1	1	Susan Midgley	Yorkshire	16.2	1	Jean O'Neill	Leicestershire	24.7
1968	2	Anne Milner	Yorkshire	17.3	2	Marilyn Neufville	London	16.5	2	Jacqueline Chidlow	Shropshire	24.7
1968	3	Janet Lenz	Middlesex	17.4	3	Janet Stroud	Surrey	16.7	3	Anne Routledge	Durham	25.1

150 YARDS

150 YARDS

200 METRES

1969	1	Sharon Colyear	Lancashire	16.9	1	Marilyn Neufville	London	16.6	1	Susan Midgley	Yorkshire	24.4
1969	2	Vyvenne Webster	Warwickshire	17.2	2	Rona Livingstone	Cheshire	16.8	2	Jacqueline Chidlow	Shropshire	25.0
1969	3	Carol Hooper	Kent	17.3	3	Joan Wicks	Middlesex	17.1	3	Linda Robinson	Warwickshire	25.1

200 METRES

200 METRES

200 METRES

1970	1	Gillian Spurgin	Staffordshire	26.0	1	Sharon Colyear	Lancashire	24.7	1	Susan Midgley	Yorkshire	24.9
1970	2	Linda Wilson	Cumberland	26.2	2	Dawn Webster	Yorkshire	24.9	2	Gladys Taylor	Essex	25.1
1970	3	Anita Ekperigan	Essex	26.8	3	Donna Murray	Hampshire	25.3	3	Joan Wicks	Hertfordshire	25.4
1971	1	Gillian Spurgin	Staffordshire	25.0w	1	Sharon Colyear	Lancashire	23.8w	1	Andrea Lynch	London	24.2
1971	2	Eldica Codrington	Northamptonshire	25.1	2	Carol Hooper	Kent	24.1w	2	June Farnworth	Lancashire	24.7
1971	3	Janice Buckle	Middlesex	25.2	3	Jill Brown	Surrey	24.8w	3	Gladys Taylor	Essex	24.7
1972	1	Vanessa Fink	Surrey	25.4	1	Wendy Hill	Lancashire	25.0	1	Janet Barnett	Essex	25.6
1972	2	Averil McClelland	Cheshire	25.6	2	Janet Ravenscroft	Cheshire	25.2	2	Joslyn Hoyte	Yorkshire	25.7
1972	3	Jane Colebrook	Lincolnshire	25.7	3	Eldica Codrington	Northamptonshire	25.3	3	Rosaline Collins	Cumberland	25.9
1973	1	Hilary Gray	Gloucestershire	25.3w	1	Hazel Oakes	Kent	24.8	1	Wendy Hill	Lancashire	24.3
1973	2	Elizabeth Frecknall	Nottinghamshire	25.3w	2	Denise Fitzgerald	Middlesex	25.2	2	Barbara Martin	Northamptonshire	24.6
1973	3	Beverley Cox	Kent	25.4w	3	Diane Heath	Cheshire	25.5	3	Joslyn Hoyte	Yorkshire	24.8
1974	1	Janis Walsh	Surrey	24.4	1	Averil McClelland	Cheshire	24.8	1	Diane Heath	Cheshire	24.3
1974	2	Susan Howells	Warwickshire	24.9	2	Joy Bowerman	Surrey	24.9	2	Ruth Kennedy	Nottinghamshire	24.6
1974	3	Janine MacGregor	Durham	25.4	3	Alison Lyne	Middlesex	25.3	3	Wendy Hill	Lancashire	24.8
1975	1	Jeanette Doyle	Devon	26.1	1	Brenda Gauntlett	Hertfordshire	25.6	1	Diane Heath	Cheshire	25.1
1975	2	Karen Sait	Hampshire	26.2	2	Kathy Smallwood	Hampshire	25.7	2	Lorraine Kerr	Sussex	25.5

1975	3	Donna Byfield	Essex	26.4	3	Eleanor Thomas	London	25.7	3	Hazel Forbes	Somerset	26.5
1976	1	Ruth Richards	Essex	25.3	1	Michelle Probert	Cheshire	24.8	1	Eleanor Thomas	London	25.2
1976	2	Christine Reaney	Staffordshire	25.5	2	Kathy Smallwood	Hampshire	24.9	2	Julie-May Adams	Shropshire	25.5
1976	3	Lorraine Scott	Hampshire	25.8	3	Susan Howells	West Midlands	25.3	3	Elizabeth Jane Evans	Somerset	26.3
1977	1	Jane Parry	Cheshire	23.6w	1	Ruth Richards	Essex	24.3w	1	Kathy Smallwood	Hampshire	23.1w
1977	2	Debbie Bunn	Hereford & Worcs	24.8w	2	Lorraine Scott	Hampshire	24.6w	2	Michelle Probert	Cheshire	23.4w
1977	3	Adele Nichols	Sussex	25.0w	3	Maria Massie	Gtr. Manchester	24.7w	3	Ann Foster	West Yorkshire	23.8w
1978	1	Jane Parry	Cheshire	24.2w	1	Debbie Bunn	Hereford & Worcs	24.1w	1	Kathy Smallwood	Hampshire	23.4w
1978	2	Jane Boggett	Oxfordshire	25.2w	2	Ruth Richards	Essex	24.4w	2	Ann Foster	West Yorkshire	24.0w
1978	3	Helen Thorpe	South Yorkshire	25.6w	3	Carmelita Kelly	Avon	24.6w	3	Wendy Barnes	Durham	25.0w
1979	1	Jane Boggett	Oxfordshire	25.1	1	Debbie Bunn	Hereford & Worcs	25.0	1	Wendy Barnes	Durham	24.7
1979	2	Deborah Dallow	West Midlands	25.6	2	Jayne Christian	Merseyside	25.2	2	Delva Campbell	West Midlands	25.0
1979	3	Patricia Beckford	West Midlands	25.7	3	Jane Williams	Oxfordshire	25.3	3	Ruth Richards	Essex	25.1
1980	1	Glenys Quailey	Bedfordshire	25.0	1	Jane Parry	Cheshire	23.7	1	Pauline Mullins	Essex	25.1
1980	2	Lisa Goreeph	Essex	25.4	2	Karen Rist	Oxfordshire	24.7	2	Debbie Bunn	Hereford & Worcs	25.5
1980	3	Helen Pilkington	West Midlands	25.6	3	Lorraine Hanson	West Midlands	25.0	3	Marcia van Frederici	Surrey	25.7
1981	1	Simmone Jacobs	Berkshire	24.9	1	Jane Parry	Cheshire	24.2w	1	Debbie Warner	Oxfordshire	24.9
1981	2	Tracy Sharratt	Lincolnshire	25.5	2	Sandra Moseley	Middlesex	24.7w	2	Pauline Mullins	Essex	25.0
1981	3	Pamela St Ange	London	25.5	3	Lisa Goreeph	Essex	24.9w	3	Alexandra Keegan	Gtr. Manchester	25.0
1982	1	Bernadette Ross	Surrey	25.2w	1	Lisa Goreeph	Essex	24.4	1	Jane Parry	Cheshire	23.8
1982	2	Tracy Sharratt	Lincolnshire	25.6w	2	Lynne Draper	Surrey	24.9	2	Patricia Beckford	West Midlands	24.1
1982	3	Hayley Clements	Kent	25.7w	3	Angela Turner	West Midlands	25.2	3	Claire Haslam	Middlesex	24.2
1983	1	Hayley Clements	Kent	24.7w	1	Simmone Jacobs	Berkshire	23.6w	1	Jane Parry	Cheshire	23.6w
1983	2	Janet Smith	Surrey	25.2w	2	Lynne Draper	Surrey	24.0w	2	Lisa Goreeph	Essex	23.8
1983	3	Stephanie Douglas	Oxfordshire	25.4w	3	Jackie Harman	London	24.4w	3	Lorraine Hanson	West Midlands	25.0
1984	1	Sharon Burbidge	West Yorkshire	25.4	1	Loreen Hall	Nottinghamshire	24.4	1	Simmone Jacobs	Berkshire	23.4
1984	2	Dawn Needham	Gtr. Manchester	25.4	2	Janet Smith	Surrey	24.7	2	Lisa Goreeph	Essex	24.0
1984	3	Tracy Goddard	Hampshire	25.5	3	Hayley Clements	Kent	24.7	3	Jackie Harman	London	24.3
1985	1	Paula Cohen	Gtr. Manchester	25.7	1	Hayley Clements	Kent	24.3	1	Louise Stuart	North Yorkshire	24.1
1985	2	Julie Abraham	Oxfordshire	25.7	2	Isoken Ighile	London	24.6	2	Simmone Jacobs	Berkshire	24.3
1985	3	Jillian Reynolds	Essex	25.8	3	Sonia Middleton	Surrey	24.8	3	Zena Hurdowar	West Midlands	24.9
1986	1	Donna Fraser	Surrey	24.9	1	Tracy Goddard	Hampshire	24.7w	1	Hayley Clements	Kent	24.1
1986	2	Keri Maddox	Staffordshire	25.0	2	Sonia Middleton	Surrey	24.9w	2	Janet Smith	Surrey	24.6
1986	3	Samantha Baker	Staffordshire	25.6	3	Mary Devereux	Essex	25.2w	3	Rachel Kirby	Norfolk	25.0
1987	1	Donna Fraser	Surrey	24.5w	1	Paula Cohen	Gtr. Manchester	24.7w	1	Janet Smith	Surrey	24.2
1987	2	Abisoye Idowa	Oxfordshire	25.3w	2	Mary Devereux	Essex	24.7w	2	Rachel Kirby	Norfolk	24.6
1987	3	Alison Thorne	Buckinghamshire	25.3w	3	Helen Ashton	Suffolk	25.1w	3	Kim Goodwin	Humberside	24.7
1988	1	Diane Smith	Middlesex	26.1	1	Donna Fraser	Surrey	24.9	1	Marcia Walker	Middlesex	25.2
1988	2	Nkemcho Ojeh	Hertfordshire	26.2	2	Julie Williams	West Midlands	25.4	2	Sally-Ann Frisby	Warwickshire	25.4
1988	3	Bibi Enwonwu	Middlesex	26.5	3	Samantha Baker	Staffordshire	25.6	3	Kim Goodwin	Humberside	25.4
1989	1	Diane Smith	Middlesex	24.0	1	Donna Fraser	Surrey	24.3	1	Paula Cohen	Gtr. Manchester	24.6
1989	2	Diane Allahgreen	Merseyside	25.0	2	Claire Ransome	West Yorkshire	24.8	2	Fiona Page	Essex	24.7

1989	3	Sharon White	Cumbria	25.2	3	Nkemcho Ojeh	Hertfordshire	24.9	3	Elaine Viney	Hertfordshire	24.8
1990	1	Catherine Murphy	Hertfordshire	25.0w	1	Diane Smith	Middlesex	23.8	1	Donna Fraser	Surrey	23.9w
1990	2	Sophie Cocker	Merseyside	25.2w	2	Caroline Espley	Somerset	24.8	2	Valerie Theobalds	Surrey	24.4w
1990	3	Emily Ashford	Kent	25.2w	3	Sophia Smith	South Yorkshire	24.9	3	Marcia Richardson	Berkshire	24.5w
1991	1	Alex Devoti	Cambridgeshire	25.46w	1	Katharine Merry	Warwickshire	23.63	1	Donna Fraser	Surrey	23.89w
1991	2	Janette Niccolls	London	25.48w	2	Debbie Mant	Dorset	25.01	2	Geraldine McLeod	West Midlands	24.33w
1991	3	Laurette Thorne	Buckinghamshire	25.78w	3	Alison Shingler	Shropshire	25.18	3	Valerie Theobalds	Surrey	24.40w
1992	1	Emma Ania	Middlesex	25.43	1	Debbie Mant	Dorset	24.92	1	Donna Bannister	London	25.09
1992	2	Michelle Turner	Middlesex	28.81	2	Jo Sloane	Hereford & Worcs	25.30	2	Debbie Ward	Cheshire	25.35
1992	3	Lesley Owusu	Berkshire	25.90	3	Catherine Murphy	Hertfordshire	25.57	3	Alison Thompson	Cumbria	25.62
1993	1	Lesley Owusu	Berkshire	24.42w	1	Jo Sloane	Hereford & Worcs	24.55w	1	Catherine Murphy	Hertfordshire	23.72w
1993	2	Ayesha Charles	Oxfordshire	25.09w	2	Susan Williams	Surrey	24.65w	2	Debbie Mant	Dorset	23.96w
1993	3	Elizabeth Walker	South Yorkshire	25.22w	3	Emily Feltham	Wiltshire	24.71w	3	Louise Whitehead	Merseyside	24.61w
1994	1	Sarah Wilhelmy	Essex	23.99w	1	Kirsty Payne	Shropshire	24.69w	1	Louretta Thorne	Buckinghamshire	24.47
1994	2	Maria Bolsover	South Yorkshire	24.58w	2	Amanda Waite	Essex	24.70w	2	Catherine Murphy	Hertfordshire	24.53
1994	3	Rachael Kay	Gtr. Manchester	24.90w	3	Patricia Weiss	Merseyside	24.88w	3	Susan Williams	Surrey	24.64
1995	1	Rachael Kay	Gtr. Manchester	24.44	1	Emma Ania	Middlesex	24.45	1	Evette Williams	Kent	24.04
1995	2	Karlene Palmer	Buckinghamshire	24.84	2	Helen Roscoe	Cheshire	24.64	2	Vicky Shipman	Derbyshire	24.39
1995	3	Sarah Zawada	Hampshire	24.94	3	Kate Denham	Hampshire	24.86	3	Rebecca Kilgour	Devon	24.52
1996	1	Sarah Zawada	Hampshire	24.62w	1	Sarah Wilhelmy	Essex	23.96w	1	Dion Graham	London	24.05w
1996	2	Laura Watkins	Shropshire	25.08w	2	Helen Roscoe	Cheshire	24.31w	2	Melanie Purkiss	Hampshire	24.61w
1996	3	Jeni McCarthy	Cheshire	25.24w	3	Wendy Cox	Durham	24.38w	3	Evette Williams	London	24.66w
1997	1	Vernicha James	London	25.08	1	Sarah Zawada	Hampshire	24.66	1	Sarah Wilhelmy	Essex	23.85
1997	2	Rebecca Guthrie	Warwickshire	25.69	2	Emily Freeman	West Yorkshire	24.90	2	Dion Graham	London	24.49
1997	3	Denika St. Helen	Middlesex	26.18	3	Natalie Smellie	Essex	25.00	3	Helen Roscoe	Cheshire	24.54
1998	1	Vernicha James	London	24.25w	1	Jeni McCarthy	Cheshire	24.48w	1	Rebecca White	Lancashire	24.05
1998	2	Cherie Pierre	Middlesex	25.07w	2	Natalie Smellie	Essex	24.81w	2	Emma Whitter	London	24.18
1998	3	Sarah Bell	Hertfordshire	25.61w	3	Rebecca Bird	Gloucestershire	25.02w	3	Jade Johnson	London	24.31
1999	1	Amy Spencer	Gtr. Manchester	25.37	1	Vernicha James	London	24.50	1	Emma Whitter	London	24.36
1999	2	Katie Flaherty	Essex	25.63	2	Anisha Barnaby	London	25.20	2	Amina Ceesay	Essex	24.88
1999	3	Alana Wain	Staffordshire	25.76	3	Natalie Watson	West Midlands	25.24	3	Helen Roscoe	Merseyside	25.07
2000	1	Amy Spencer	Gtr. Manchester	24.24w	1	Vernicha James	London	23.62	1	Kim Wall	Essex	24.26
2000	2	Kessia Sherlicker	Hampshire	25.01w	2	Jemma Sims	Nottinghamshire	24.68	2	Sarah Tomlins	Sussex	24.85
2000	3	Jemma Thake	Suffolk	25.07w	3	Natalie Watson	West Midlands	25.07	3	Rachael Harris	Hereford & Worcs	25.16
2001	1	Lia Tappin	Hertfordshire	24.98w	1	Jemma Sims	Nottinghamshire	24.67w	1	Vernicha James	London	23.24w
2001	2	Vicki Burgess	Hampshire	25.28w	2	Kimberley Velvick	Kent	24.84w	2	Lisa Trotman	Gtr. Manchester	24.37
2001	3	Lianne George	Sussex	25.51	3	Katie Flaherty	Essex	24.89w	3	Eleanor Caney	Hereford & Worcs	24.45
2002	1	Donna Walker	London	25.15	1	Emma Strachan	Warwickshire	25.05	1	Katherine Jones	Staffordshire	24.73
2002	2	Joey Duck	Northamptonshire	25.29	2	Katie Flaherty	Essex	25.13	2	Cherie Pierre	Surrey	24.89
2002	3	Natalie Morrissey	Derbyshire	25.53	3	Kessia Sherlicker	Hampshire	25.14	3	Bernice Wilson	Lincolnshire	24.90
2003	1	Joey Duck	Northamptonshire	24.06	1	Lia Tappin	Hertfordshire	24.63	1	Katherine Jones	Staffordshire	24.25
2003	2	Vicki Shier	Lancashire	24.42	2	Kelly Roomes	Kent	24.75	2	Vicki Cooney	Surrey	24.50

2003	3	Nicole Sadler	Suffolk	24.62	3	Nikysha Ferguson	Gtr. Manchester	24.76	3	Katie Flaherty	Essex	24.52
2004	1	Jazmine Rowe	Staffordshire	24.87	1	Joey Duck	Northamptonshire	23.80	1	Hayley Gadsby	Derbyshire	24.53
2004	2	Holly Croxford	Hampshire	25.33	2	Emily Shaw	Gtr. Manchester	24.53	2	Sinead Johnson	Shropshire	25.13
2004	3	Carmen Gedling	Merseyside	25.34	3	Johnelle Gibbons	London	24.66	3	Nikysha Ferguson	Gtr. Manchester	25.26
2005	1	Shaunna Thompson	Gtr. Manchester	24.23	1	Ruth-Ann Watson	Middlesex	23.99	1	Hayley Gadsby	Derbyshire	24.46
2005	2	Joanna White	Middlesex	24.77	2	Jazmine Rowe	Staffordshire	24.23	2	Joanne Ryan	Essex	24.67
2005	3	Chelsea Cooper	Staffordshire	24.97	3	Habee Folami	Buckinghamshire	24.30	3	Amy Godsell	Surrey	24.87
2006	1	Shaunna Thompson	Gtr. Manchester	24.40	1	Jazmine Rowe	Staffordshire	24.59	1	Amy Godsell	Surrey	24.68
2006	2	Twinnelle Hopeson	Surrey	24.93	2	Chinedu Monye	Berkshire	24.62	2	Carley Wenham	Sussex	24.77
2006	3	Catherine Hawkes	Oxfordshire	25.28	3	Robyn Rashford	Cheshire	25.09	3	Kayo Titiloye	West Midlands	24.81
2007	1	Jennie Batten	Gloucestershire	24.77	1	Twinnelle Hopeson	Surrey	24.81	1	Holly Croxford	Hampshire	24.37
2007	2	Emma Jackson	Humberside	25.14	2	Emily Diamond	Avon	24.88	2	Elaine O'Neill	Wiltshire	24.44
2007	3	Victoria Ohuruogu	Essex	25.57	3	Laura Wake	Hertfordshire	25.15	3	Jazmine Rowe	Staffordshire	24.86
2008	1	Funto Fabunmi-Alade	Berkshire	25.20	1	Jennie Batten	Gloucestershire	24.51w	1	Laura Wake	Hertfordshire	25.05
2008	2	Makeda Lewis	Middlesex	25.65	2	Kaneesha Johnson	Essex	24.59w	2	Emily Diamond	Avon	25.12
2008	3	Desiree Henry	Middlesex	25.87	3	Emma Jackson	Humberside	24.69w	3	Harriet Lucas	Norfolk	25.49
2009	1	Desiree Henry	Middlesex	24.21	1	Jennie Batten	Gloucestershire	23.92	1	Emily Diamond	Avon	23.85
2009	2	Sophie Riley	Lancashire	24.94	2	Annie Tagoe	Middlesex	24.67	2	Twinnelle Hopeson	Surrey	24.55
2009	3	Charlotte Wingfield	Middlesex	25.01	3	Funto Fabunmi-Alade	Berkshire	24.86	3	Laura Haslam	Leics & R	25.26
2010	1	Dina Asher-Smith	Kent	24.50	1	Desiree Henry	Middlesex	24.27	1	Jennie Batten	Gloucestershire	24.38
2010	2	Sabrina Bakare	Beds & Luton	24.72	2	Chisom Nwachukwa	Middlesex	24.90	2	Twinnelle Hopeson	Surrey	24.49
2010	3	Shona Richards	Surrey	25.53	3	Funto Fabunmi-Alade	Berkshire	24.99	3	Amy Allcock	Hampshire	25.41
2011	1	Maya BruneY	Surrey	24.78	1	Dina Asher-Smith	Kent	24.38nw	1	Funto Fabunmi-Alade	Berkshire	24.35
2011	2	Charlotte McLennaghan	Nottinghamshire	25.01	2	Charlotte Wingfield	Middlesex	24.88nw	2	Amy Allcock	Hampshire	24.57
2011	3	Renée Ross-Gordon	London	25.47	3	Ama Pipi	Middlesex	25.25nw	3	Shanice Harrison	London	24.85
2012	1	Charlotte McLennaghan	Nottinghamshire	24.43	1	Shannon Hylton	Kent	23.95	1	Funto Fabunmi-Alade	Berkshire	24.30
2012	2	Ashleigh Clarke	Surrey	24.54	2	Ama Pipi	Middlesex	24.43	2	Beth Dobbin	South Yorkshire	24.70
2012	3	Jazz Crawford	Surrey	24.83	3	Rachel Norris	Nottinghamshire	24.79	3	Shanice Harrison	London	24.70
2013	1	Isio Orogun	Kent	25.37	1	Charlotte McLennaghan	Nottinghamshire	24.50	1	Dina Asher-Smith	Kent	23.63
2013	2	Lucy Hoad	Surrey	25.62	2	Rachel Norris	Nottinghamshire	24.96	2	Eliza Reid	Avon	24.56
2013	3	Ashlyn Bland	Durham	25.71	3	Hannah Williams	Hertfordshire	25.17	3	Ama Pipi	London	24.66
2014	1	Zoe Thompson	Essex	25.23	1	Charlotte McLennaghan	Nottinghamshire	24.13	1	Shannon Hylton	Kent	23.80
2014	2	Ellie Grove	Surrey	25.48	2	Hannah Williams	Hertfordshire	24.83	2	Ama Pipi	London	24.52
2014	3	Joy Ogunleye	Essex	25.63	3	Alex Beardmore	West Midlands	24.92	3	Finette Agyapong	Essex	24.62
2015	1	Amber Anning	Sussex	25.04	1	Mair Edwards	Hampshire	24.40	1	Finette Agyapong	Essex	24.26
2015	2	Cassie-Ann Pemberton	West Midlands	25.49	2	Vera Chinedu	London	24.57	2	Jazz Crawford	Kent	24.29
2015	3	Joy Ogunleye	Essex	25.50	3	Georgina Adam	Lincolnshire	25.16	3	Ella Barrett	Derbyshire	24.47
2016	1	Kayla Bowley	Surrey	24.91	1	Mair Edwards	Hampshire	24.84	1	Charlotte McLennaghan	Nottinghamshire	24.30
2016	2	Kiah Dubarry-Gay	London	25.39	2	Georgina Adam	Lincolnshire	25.03	2	Jazz Crawford	Kent	24.98
2016	3	Precious Adu	Middlesex	25.50	3	Hannah Kelly	Gtr. Manchester	25.18	3	Eleanor Rawson	Derbyshire	25.03
2017	1	Precious Adu	Middlesex	24.73	1	Kiah Dubarry-Gay	London	24.28	1	Mair Edwards	Hampshire	24.04
2017	2	Holly Mpassy	Kent	25.01	2	Hannah Kelly	Gtr. Manchester	24.56	2	Ellie Turner	Kent	24.32

2017	3	Acacia Williams-Hewitt	South Yorkshire	25.02	3	Ella Wansell	Hertfordshire	24.69	3	Jasmine Moss	Durham	24.36
2018	1	Success Eduan	Gtr. Manchester	24.71	1	Kiah Dubarry-Gay	London	23.90	1	Hannah Kelly	Gtr. Manchester	24.24
2018	2	Joy Eze	Northumberland	24.76	2	Kayla Bowley	Surrey	24.39	2	Ella Wansell	Hertfordshire	24.44
2018	3	Sophie Walton	Gtr. Manchester	24.88	3	Skye Wicks	Essex	24.45	3	Akaysha Ellis	London	24.49
2019	1	Success Eduan	Gtr. Manchester	24.37	1	Sophie Walton	Gtr. Manchester	24.21	1	Kiah Dubarry-Gay	London	23.94
2019	2	Millie King	Suffolk	24.93	2	Kaliyah Young	Kent	24.29	2	Hannah Foster	Hertfordshire	24.06
2019	3	Ava Jones	South Yorkshire	25.01	3	Neave McGhee	Merseyside	24.46	3	Kayla Bowley	Surrey	24.32
2021	1	Ann Oerlemans	Middlesex	24.68	1	Nia Wedderburn-Goodison	Middlesex	23.72	1	Amelia Verney	Dorset	24.45
2021	2	Eden Robinson	Devon	25.03	2	Millie King	Suffolk	24.21	2	Madeleine Whapples	West Midlands	24.66
2021	3	Emily Lucas	Hampshire	25.31	3	Faith Akinbileje	Kent	24.39	3	Yemi Mary John	Essex	24.67
2022	1	Emily Cadman	London	25.64	1	Freya Vidal	Humberside	24.84	1	Millie King	Suffolk	24.42
2022	2	Ella Rennie	London	25.91	2	Emily Lucas	Hampshire	24.87	2	Gwendoline Datey	Essex	24.58
2022	3	Leah Finch	South Yorkshire	25.96	3	Tochi Davids	Kent	25.13	3	Charlotte Kelsey	Cleveland	24.61
2023	1	Emily Cadman	London	25.64	1	Callia Downey	Essex	24.86	1	Kissiwah Mensah	Essex	24.86
2023	2	Ella Rennie	London	25.90	2	Emily Lucas	Hampshire	25.15	2	Emma Holmes	Cheshire	24.97
2023	3	Vanessa Ndambakuwa	South Yorkshire	25.91	3	Tami George	Middlesex	25.31	3	Lily Baggott	Hampshire	24.98
2024	1	Princess Iwelu	Gtr. Manchester	25.24	1	Emily Cadman	London	24.54	1	Charlotte Henrich	Kent	24.11
2024	2	Martha Herringshaw	Avon	25.38	2	Vanessa Ndambakuwa	South Yorkshire	24.57	2	Precious Akpe-Moses	West Midlands	24.68
2024	3	Camilla Coupe	Lancashire	25.52	3	Ella Rennie	London	24.81	3	Lucy Tallon	Kent	24.81
2025	1	Annabelle Fasuba	Devon	23.72	1	Ella Rennie	London	23.71	1	Savannah Morgan	Northamptonshire	24.01
2025	2	Grace Gode	West Yorkshire	24.45	2	Keeley Little	Devon	24.17	2	Ava Freeman	Hereford & Worcs	24.12
2025	3	Samantha Agomoh	West Midlands	24.51	3	Maizie Boylan	Norfolk	24.32	3	Tami George	Middlesex	24.16
2026	1	Araya Williams	West Midlands	23.80	1	Annabelle Fasuba	Devon	23.98	1	Shaiya Kenion	West Midlands	23.42
2026	2	Amy Johnstone	Cumbria	24.35	2	Martha Herringshaw	Avon	24.27	2	Keeley Little	Devon	23.48
2026	3	Tinashe Kushamba	Cleveland	24.88	3	Emily Elden	Leicestershire & R	24.52	3	Tami George	Middlesex	23.73

JUNIOR				INTERMEDIATE				SENIOR			
300 METRES				400 METRES				400 METRES			
1970		-	-		-	-		1	Maria Oldall	Essex	58.0
1970		-	-		-	-		2	Jane Belcher	Lancashire	58.0
1970		-	-		-	-		3	Lynne Davies	Lancashire	58.8
1971		-	-	1	Noeline Banton	Cumberland	56.0	1	Dawn Webster	Yorkshire	55.4
1971		-	-	2	Jill Spiers	Warwickshire	56.0	2	Elaine Saunders	Derbyshire	56.6
1971		-	-	3	Paula Lloyd	Cheshire	56.0	3	Christine McFarlane	Essex	57.5
1972		-	-	1	Ruth Kennedy	Nottinghamshire	56.8	1	Paula Lloyd	Cheshire	56.3
1972		-	-	2	Jill Spiers	Warwickshire	57.2	2	Elaine King	Surrey	57.6
1972		-	-	3	Noeline Banton	Cumberland	57.2	3	Catherine Scott	Lancashire	58.5
1973		-	-	1	Ruth Kennedy	Nottinghamshire	56.3	1	Paula Lloyd	Cheshire	56.4
1973		-	-	2	Jane Colebrook	Lincolnshire	56.4	2	Sue Pettett	Kent	56.8
1973		-	-	3	Janet Ravenscroft	Cheshire	57.2	3	Jill Spiers	Warwickshire	58.4
1974		-	-	1	Janet Prictoe	Lincolnshire	57.8	1	Tracey Doyle	Cheshire	56.7

1974	-	-	2	Sian Brooks	Surrey	58.3	2	Sue Pettett	Kent	58.3
1974	-	-	3	Debbie Bain	Sussex	58.9	3	Gail Williams	Yorkshire	59.0
1975	-	-	1	Anne Baldock	Kent	56.6	1	Elizabeth Eddy	West Midlands	56.3
1975	-	-	2	Ann Woodall	Cleveland	57.4	2	Patricia Howell	Hampshire	58.1
1975	-	-	3	Debbie Bain	Sussex	57.6	3	Angela Goldswain	Berkshire	58.4
1976	-	-	1	Liz Beton	Cheshire	56.1	1	Hazel Oakes	Kent	55.1
1976	-	-	2	Kim Bissell	West Midlands	56.7	2	Anne Baldock	Kent	55.5
1976	-	-	3	Karen Baker	West Midlands	57.7	3	Patricia Howell	Hampshire	57.3
1977	-	-	1	Tracy Burges	Hertfordshire	57.2	1	Liz Beton	Cheshire	56.4
1977	-	-	2	Barbara Sheringham	Middlesex	57.2	2	Susan Howells	West Midlands	57.1
1977	-	-	3	Kim Bissell	West Midlands	58.0	3	Beverley Rollinson	Berkshire	58.1
1978	-	-	1	Linda Callow	West Midlands	59.8	1	Janine MacGregor	Cleveland	57.3
1978	-	-	2	Pauline Mullins	Essex	60.3	2	Helen Waterhouse	Gtr. Manchester	59.6
1978	-	-	3	Carol Pendleton	Lancashire	60.8	3	Alison Dunn	Surrey	59.6
1979	-	-	1	Linda Keough	Hampshire	55.8	1	Lisa Thompson	Surrey	55.9
1979	-	-	2	Frances Weston	Staffordshire	56.3	2	Karen Dalkin	Cleveland	56.3
1979	-	-	3	Teresa Hoyle	Buckinghamshire	56.5	3	Kate Davies	Cumbria	56.5
1980	-	-	1	Linda Keough	Hampshire	55.3	1	Ruth Richards	Essex	55.6
1980	-	-	2	Carolyn Wells	Essex	56.4	2	Joy Mgbezech	London	56.3
1980	-	-	3	Kay Simpson	Kent	57.1	3	Lisa Thompson	Surrey	56.5
1981	-	-	1	Jane Brown	Oxfordshire	56.3	1	Marcia van Frederici	Surrey	56.1
1981	-	-	2	Jane Boggett	Oxfordshire	56.9	2	Virginia Graham	Surrey	56.4
1981	-	-	3	Melanie Atkinson	Lancashire	57.1	3	Linda Keough	Hampshire	56.7
1982	-	-	1	Ruth Elder	Humberside	55.2	1	Ann Williams	Merseyside	55.0
1982	-	-	2	Jane Brown	Oxfordshire	55.6	2	Dawn Gandy	Hampshire	55.3
1982	-	-	3	Sandie Duncan	Hampshire	56.0	3	Anna Gurd	Dorset	55.7
1983	-	-	1	Ruth Elder	Humberside	56.1	1	Dawn Gandy	Hampshire	56.5
1983	-	-	2	Georgina Honley	Middlesex	56.6	2	Anna Gurd	Dorset	57.2
1983	-	-	3	Jennifer Howell	Merseyside	56.8	3	Jane Brown	Oxfordshire	57.5
1984	-	-	1	Jennifer Howell	Nottinghamshire	55.5	1	Edwina Spencer	Hampshire	55.3
1984	-	-	2	Jane Hurley	West Midlands	55.7	2	Ruth Elder	Humberside	55.4
1984	-	-	3	Michelle Cooney	Kent	55.9	3	Georgina Honley	Middlesex	55.5
1985	-	-	1	Nicki Lamb	Hereford & Worcs	55.0	1	Georgina Honley	Middlesex	54.5
1985	-	-	2	Sharron Davenport	Lincolnshire	56.0	2	Ruth Elder	Humberside	55.7
1985	-	-	3	Caroline Kidd	Cheshire	56.6	3	Angela Thomas	Lancashire	56.7
1986	-	-	1	Sharron Davenport	Lincolnshire	56.1	1	Jennifer Howell	Nottinghamshire	54.4
1986	-	-	2	Amanda Salter	Humberside	56.4	2	Jane Hurley	West Midlands	55.9
1986	-	-	3	Julie Sowerby	Cleveland	56.9	3	Caroline Kidd	Cheshire	56.2
1987	-	-	1	Jillian Reynolds	Essex	56.3	1	Tracy Goddard	Hampshire	54.4
1987	-	-	2	Joanne Abraham	Oxfordshire	56.5	2	Nicola Crowther	Northamptonshire	56.0
1987	-	-	3	Emma Langston	Kent	56.5	3	Nicki Lamb	Hereford & Worcs	56.1
1988	-	-	1	Emma Langston	Kent	55.1	1	Jillian Jones	Hampshire	55.7

1988	-	-	2	Rachel Jordan	West Midlands	56.7	2	Susan Crompton	Merseyside	56.3
1988	-	-	3	Claire Raven	Northamptonshire	57.0	3	Leslynne Huckstepp	Devon	56.4
1989	-	-	1	Samantha Taylor	West Midlands	57.0	1	Tanya Blake	Humberside	54.9
1989	-	-	2	Katherine Reeves	Kent	57.7	2	Emma Langston	Kent	56.1
1989	-	-	3	Heidi McLaren	Sussex	58.2	3	Claire Robinson	Kent	56.9
1990	-	-	1	Samantha Taylor	West Midlands	56.4	1	Claire Raven	Northamptonshire	55.9
1990	-	-	2	Jenny Holden	Hampshire	57.7	2	Joanne Abraham	Oxfordshire	56.5
1990	-	-	3	Michelle Pierre	Surrey	58.3	3	Rachel Jordan	West Midlands	57.1
1991	-	-	1	Caroline Espley	Somerset	56.78	1	Alison Thorne	Buckinghamshire	55.54
1991	-	-	2	Katherine Eustace	Avon	57.32	2	Jenny Holden	Hampshire	55.86
1991	-	-	3	Susie Pringle	Northamptonshire	57.62	3	Katherine Reeves	Kent	56.40

300 METRES				300 METRES				400 METRES				
1992		-	-		1	Sophie Cocker	Merseyside	40.79	1	Helen Frost	Leicestershire	55.73
1992		-	-		2	Vikki Francis	Surrey	40.88	2	Caroline Espley	Kent	56.65
1992		-	-		3	Catherine Holborn	Derbyshire	41.34	3	Katherine Eustace	Avon	56.72
1993		-	-		1	Rosalind Baker	Sussex	40.43	1	Sarah Stevenson	Nottinghamshire	56.66
1993		-	-		2	Ruth Nicholson	Kent	40.59	2	Katherine Eustace	Avon	56.70
1993		-	-		3	Vicky Standen	Berkshire	40.59	3	Caroline Swinbank	Avon	57.05
1994		-	-		1	Lesley Owusu	Berkshire	38.88	1	Allison Curbishley	Cleveland	56.12
1994		-	-		2	Lucy Chaffe	Essex	39.54	2	Jo Sloane	Hereford & Worcs	56.49
1994		-	-		3	Nina Rogers	Staffordshire	40.56	3	Stacey Jacques	South Yorkshire	57.95
1995		-	-		1	Dion Graham	London	38.55	1	Jo Sloane	Hereford & Worcs	55.20
1995		-	-		2	Lesley Owusu	Berkshire	38.70	2	Louretta Thorne	Buckinghamshire	55.29
1995		-	-		3	Maria Bolsover	South Yorkshire	39.27	3	Stacey Jacques	South Yorkshire	55.85
1996		-	-		1	Maria Bolsover	South Yorkshire	39.74	1	Emma Symonds	Norfolk	55.29
1996		-	-		2	Lindsay Impett	Dorset	39.85	2	Lesley Owusu	Berkshire	55.35
1996		-	-		3	Karen Gear	Devon	40.08	3	Simone Harrison	Surrey	57.96
1997		-	-		1	Karlene Palmer	Buckinghamshire	38.60	1	Lesley Owusu	Berkshire	55.72
1997		-	-		2	Gabi Howell	Sussex	39.17	2	Lucy Chaffe	Essex	56.59
1997		-	-		3	Helen Thieme	Nottinghamshire	39.72	3	Amanda Gray	Derbyshire	56.68
1998		-	-		1	Kim Wall	Essex	39.02	1	Ruth Watson	Cambridgeshire	56.32
1998		-	-		2	Nicola Sanders	Buckinghamshire	39.79	2	Jenny Meadows	Gtr. Manchester	56.44
1998		-	-		3	Fiona Harrison	South Yorkshire	40.38	3	Abigail Naugher	Durham	56.76
1999		-	-		1	Kim Wall	Essex	38.66	1	Helen Thieme	Nottinghamshire	54.59
1999		-	-		2	Lisa Miller	London	39.21	2	Abigail Naugher	Durham	54.93
1999		-	-		3	Lindsey Singer	West Midlands	39.50	3	Gabi Howell	Sussex	55.25
2000		-	-		1	Eleanor Caney	Hereford & Worcs	38.35	1	Helen Thieme	Nottinghamshire	55.19
2000		-	-		2	Liza Parry	West Midlands	39.01	2	Lisa Miller	London	55.67
2000		-	-		3	Alanna Wain	Staffordshire	39.58	3	Gabi Howell	Sussex	56.91
2001		-	-		1	Jenny Christie	Warwickshire	39.39	1	Kim Wall	Essex	54.52
2001		-	-		2	Liza Parry	West Midlands	39.71	2	Lisa Miller	London	54.66

2001		-	-		3	Jemma Thake	Suffolk	39.84	3	Olivia Hines	Surrey	55.47
2002		-	-		1	Tara Bird	Essex	39.19	1	Natalie Street	Essex	55.04
2002		-	-		2	Jenny Christie	Warwickshire	39.20	2	Marilyn Okoro	Buckinghamshire	56.14
2002		-	-		3	Rowi Mortimer	Avon	39.73	3	Rebecca Sweeney	Gtr. Manchester	56.16
2003		-	-		1	Tara Bird	Essex	38.98	1	Charlotte Best	Surrey	55.14
2003		-	-		2	Holly Barlow	West Midlands	39.40	2	Vicky Griffiths	Merseyside	55.37
2003		-	-		3	Ella Kempster	Essex	39.73	3	Natalie Plateau	Oxfordshire	56.34
2004		-	-		1	Laura Gillhespy	Lancashire	39.45	1	Tara Bird	Essex	56.53
2004		-	-		2	Claire Triggs	Oxfordshire	39.80	2	Katie Flaherty	Essex	56.80
2004		-	-		3	Laura Scougall	West Midlands	40.34	3	Holly Barlow	West Midlands	57.25
2005		-	-		1	Hayley Jones	Cheshire	38.43	1	Henrietta Kodilinye-Sims	Gloucestershire	54.78
2005		-	-		2	Katherine Sherry	Gtr. Manchester	39.23	2	Katie Flower	Humberside	55.27
2005		-	-		3	Carmen Gedling	Merseyside	39.36	3	Holly Barlow	West Midlands	56.05
2006		-	-		1	Carmen Gedling	Merseyside	38.55	1	Hayley Jones	Cheshire	54.33
2006		-	-		2	Holly Croxford	Hampshire	38.95	2	Katie Flower	Humberside	54.53
2006		-	-		3	Kelly Denyer	Sussex	39.75	3	Laura Gillhespy	Lancashire	54.77
2007		-	-		1	Lucy James	Beds & Luton	39.47	1	Ese Okoro	West Midlands	55.89
2007		-	-		2	Savannah Echel-Thomson	Sussex	39.67	2	Carmen Gedling	Merseyside	55.95
2007		-	-		3	Mary Iheke	Surrey	40.11	3	Jade Peak	Hereford & Worcs	56.36
2008		-	-		1	Amy Allcock	Surrey	39.90	1	Shelayna Oskan	Berkshire	55.87
2008		-	-		2	Victoria Ohuruogu	Essex	40.65	2	Mary Iheke	Surrey	56.31
2008		-	-		3	Lucy James	Beds & Luton	40.99	3	Laura Maddox	Avon	56.65
2009		-	-		1	Amy Allcock	Surrey	38.68	1	Laura Wake	Hertfordshire	54.36
2009		-	-		2	Leah Barrow	Buckinghamshire	39.68	2	Lucy James	Beds & Luton	54.98
2009		-	-		3	Carys Hall	South Yorkshire	39.69	3	Savannah Echel-Thomson	Sussex	55.43
2010		-	-		1	Kirsten McAslan	Gtr. Manchester	39.02	1	Victoria Ohuruogu	Essex	55.08
2010		-	-		2	Jodie Harrison	West Midlands	39.41	2	Yimika Adewakun	Surrey	55.30
2010		-	-		3	Rachel Dickens	Surrey	39.42	3	Lauren Brennan	Merseyside	55.72
2011		-	-		1	Rachel Dickens	Surrey	38.52	1	Yimika Adewakun	Surrey	55.60
2011		-	-		2	Sabrina Bakare	Beds & Luton	39.22	2	Krystal Galley	Kent	56.00
2011		-	-		3	Grace Eyles	West Yorkshire	39.22	3	Ann Ika-Oqua	West Midlands	56.20
2012		-	-		1	Cheriece Hylton	Kent	39.02	1	Jessie Knight	Surrey	54.41
2012		-	-		2	Amy Hillyard	West Midlands	39.85	2	Rachel Dickens	Surrey	55.38
2012		-	-		3	Rachel Osei-Tutu	Buckinghamshire	40.06	3	Ann Ika-Oqua	West Midlands	55.47
2013		-	-		1	Cheriece Hylton	Kent	37.93	1	Holly Turner	Sussex	55.29
2013		-	-		2	Ella Barrett	Derbyshire	39.16	2	Amy Hillyard	West Midlands	55.51
2013		-	-		3	Emily Borthwick	Gtr. Manchester	39.51	3	Matilda Rainsborough	Surrey	56.43
2014		-	-		1	Ella Barrett	Derbyshire	38.65	1	Cheriece Hylton	Kent	54.53
2014		-	-		2	Catherine Reid	Merseyside	38.93	2	Loren Bleaken	Avon	54.75
2014		-	-		3	Anna Nicole Rowe	Merseyside	39.53	3	Lily Beckford	Middlesex	54.90
2015		-	-		1	Orla Brothers	Sussex	39.59	1	Lauren Rule	Hertfordshire	56.10
2015		-	-		2	Ellie Grove	Surrey	39.87	2	Nastassja Allin	Middlesex	56.38

2015		-	-		3	Esther Adikpe	West Midlands	40.01	3	Mia Spence	Nottinghamshire	56.66
2016		-	-		1	Amber Anning	Sussex	38.81	1	Hannah Williams	Hertfordshire	53.99
2016		-	-		2	Alex Shaw	Surrey	39.53	2	Ella Barrett	Derbyshire	55.58
2016		-	-		3	Amy Gellion	South Yorkshire	39.86	3	Megan Davies	Staffordshire	56.09
2017		-	-		1	Hannah Foster	Beds & Luton	39.01	1	Amy Gellion	South Yorkshire	55.16
2017		-	-		2	Natasha Harrison	Gtr. Manchester	39.57	2	Ellie Grove	Surrey	55.84
2017		-	-		3	Chyna Russell	Surrey	39.58	3	Megan Davies	Staffordshire	55.87
2018	1	Jeslyn Agyei-Kyem	Surrey	39.20	1	Hannah Foster	Beds & Luton	38.65	1	Natasha Harrison	Gtr. Manchester	53.67
2018	2	Poppy Malik	Nottinghamshire	39.69	2	Holly Mpassy	Kent	38.74	2	Maisey Snaith	Cambridgeshire	53.91
2018	3	Ashley Nemits	Cheshire	39.76	3	Cedelle Agyei-Kyem	Surrey	39.45	3	Ella Turner	Oxfordshire	54.74
2019	1	Emilia Rock	Buckinghamshire	39.63	1	Cedelle Agyei-Kyem	Surrey	39.73	1	Rebecca Bullock	Hampshire	55.65
2019	2	Nandy Kihuyu	South Yorkshire	40.24	2	Lucia Gifford-Groves	Somerset	40.06	2	Asha Root	Kent	56.76
2019	3	Lucy Poole	Lancashire	40.34	3	Natalie Groves	West Yorkshire	40.51	3	Gemma Jones	Leics & R	57.04
2021	1	Callia Downey	Essex	40.35	1	Etty Sissons	Leics & R	38.79	1	Holly Mpassy	Kent	55.75
2021	2	Camiah Bennett	West Midlands	40.35	2	Jessica Astill	Hertfordshire	39.24	2	Isabelle Skelton	Leics & R	56.01
2021	3	Arabella Wilson	Surrey	40.36	3	Nandy Kihuyu	South Yorkshire	39.88	3	Holly Murray	Gtr. Manchester	56.75
2022	1	Shiloh Omotosho	Essex	39.88	1	Emma Holmes	Cheshire	40.05	1	Neave McGhee	Merseyside	56.31
2022	2	Lily-Rose Brown	London	40.50	2	Niamh Le'Gall	Merseyside	40.08	2	Catherine Reynolds	Warwickshire	56.76
2022	3	Ophelia Jones	Gtr. Manchester	40.74	3	Camiah Bennett	West Midlands	40.13	3	Natalie Groves	West Yorkshire	57.18
2023	1	Shiloh Omotosho	Essex	40.09	1	Niamh Le'Gall	Merseyside	39.75	1	Charlotte Henrich	Kent	56.14
2023	2	Isabella Davies	Hereford & Worcs	40.59	2	Kara Dacosta	Lancashire	40.46	2	Jessica Astill	Hertfordshire	56.78
2023	3	Grace Sikora	Berkshire	41.01	3	Nwando Ifeacho	Northamptonshire	40.48	3	Caitlyn Harvey	Surrey	58.60
2024	1	Lily Hartman	Essex	40.10	1	Shiloh Omotosho	Essex	38.60	1	Angelique Abberley	Derbyshire	55.50
2024	2	Bisan Musa	Oxfordshire	40.16	2	Patricia Armah	Berkshire	39.39	2	Casey Musgrave	South Yorkshire	55.60
2024	3	Holly Ryan	Surrey	40.23	3	Elsie Brindle	Hampshire	39.60	3	Amelia Whiteley	Hampshire	55.65
2025	1	Isla Perry	Devon	38.61	1	Holly Ryan	Surrey	38.02	1	Eleanor McIntosh	Avon	54.64
2025	2	Matilda Bean	Warwickshire	39.24	2	Noa Chodokufa	Essex	38.32	2	Elsie Brindle	Hampshire	56.12
2025	3	Sereniti Rankin	Kent	39.27	3	Shiloh Omotosho	Essex	38.37	3	Camiah Bennett	West Midlands	56.47
2026	1	Esme Lee	North Yorkshire	39.95	1	Bisan Musa	Oxfordshire	38.01	1	Shiloh Omotosho	Essex	53.97
2026	2	Rosie Gollings	Dorset	40.08	2	Azzurra Cioni	Essex	39.65	2	Caitlin Hadfield	Derbyshire	54.07
2026	3	Georgina Herrett	Surrey	40.18	3	Mary Taylor	Buckinghamshire	39.82	3	Bethany Trow	Shropshire	55.26

JUNIOR						INTERMEDIATE				SENIOR			
880 YARDS						880 YARDS				880 YARDS			
1955		-	-			-	-			1	Roma Ashby	Warwickshire	2:23.8
1955		-	-			-	-			2	Doris Scrowther	Northumberland	2:28.1
1955		-	-			-	-			3	Wendy Moss	Durham	2:33.2
1956		-	-			-	-			1	Violet Murphy	Yorkshire	2:18.5
1956		-	-			-	-			2	Margaret Pickerell	Hertfordshire	2:21.7
1956		-	-			-	-			3	Beryl Jackson	Nottinghamshire	2:30.2
1957		-	-			-	-			1	Margaret Pickerell	Hertfordshire	2:19.7

1957		-	-		-	-		2	Violet Murphy	Yorkshire	2:23.3	
1957		-	-		-	-		3	M. Doyle	Lancashire	2:29.7	
1958		-	-		-	-		1	Christine English	Yorkshire	2:20.1	
1958		-	-		-	-		2	Alison Leggett	Yorkshire	2:21.5	
1958		-	-		-	-		3	Ann Geatches	Devon	2:22.4	
1959		-	-		-	-		1	Alison Leggett	Yorkshire	2:26.5	
1959		-	-		-	-		2	Della Winnington	Gloucestershire	2:33.1	
1959		-	-		-	-		3	V. Monk	Middlesex	2:33.1	
1960		-	-		-	-		1	Jill Vincent	Sussex	2:26.1	
1960		-	-		-	-		2	Elizabeth Foreman	Northumberland	2:27.1	
1960		-	-		-	-		3	Valerie Smith	Lincolnshire	2:28.7	
1961		-	-		-	-		1	Mary Tagg	Norfolk	2:21.8	
1961		-	-		-	-		2	Jean Brown	Durham	2:22.8	
1961		-	-		-	-		3	Judith Williams	Hampshire	2:24.5	
1962		-	-	1	Maureen Day	Norfolk	2:26.4	1	Mary Tagg	Norfolk	2:24.0	
1962		-	-	2	Marilyn Chaney	Yorkshire	2:28.4	2	Paula Gregory	Yorkshire	2:27.0	
1962		-	-	3	Susan Whittington	Hampshire	2:28.5	3	Kathleen Hudson	Lancashire	2:28.8	
1963		-	-	1	Maureen Day	Norfolk	2:17.0	1	Kathleen Hudson	Lancashire	2:23.3	
1963		-	-	2	Penelope Gardiner	Essex	2:17.4	2	Marilyn Chaney	Yorkshire	2:23.9	
1963		-	-	3	Jane Perry	Cheshire	2:18.3	3	Ann Haydon	Gloucestershire	2:29.8	
1964		-	-	1	Diane McNamara	London	2:21.1	1	Mary Hodson	Lancashire	2:13.6	
1964		-	-	2	Susan Taylor	Hertfordshire	2:21.6	2	Jane Perry	Cheshire	2:17.5	
1964		-	-	3	Meloena Didham	Gloucestershire	2:22.0	3	Susan Whittington	Hampshire	2:18.2	
1965		-	-	1	Meloena Didham	Gloucestershire	2:15.5	1	Mary Hodson	Lancashire	2:11.4	
1965		-	-	2	Jane Caffall	Hertfordshire	2:15.8	2	Rosemary Stirling	Staffordshire	2:14.9	
1965		-	-	3	Sandra Kirk	Lancashire	2:16.3	3	Jane Perry	Cheshire	2:16.4	
1966		-	-	1	Margaret MacSherry	Kent	2:17.5	1	Rosemary Stirling	Staffordshire	2:10.0	
1966		-	-	2	Sandra Kirk	Lancashire	2:18.8	2	Marie Herron	Lincolnshire	2:11.1	
1966		-	-	3	Norine Braithwaite	Lancashire	2:19.8	3	Meloena Didham	Gloucestershire	2:12.4	
1967		-	-	1	Norine Braithwaite	Lancashire	2:17.7	1	Elizabeth Parncutt	Kent	2:16.2	
1967		-	-	2	Phyllis Lewis	Westmorland	2:19.4	2	Jane Caffall	Hertfordshire	2:16.4	
1967		-	-	3	Marilyn Bryon	Hertfordshire	2:21.4	3	Sandra Kirk	Lancashire	2:18.1	
1968	1	Julie Rainford	Lancashire	2:24.0	1	Ann Yeoman	Middlesex	2:15.3	1	Phyllis Lewis	Westmorland	2:16.9
1968	2	Mary Sonner	Hertfordshire	2:24.0	2	Christine Ansell	Hertfordshire	2:16.5	2	Norine Braithwaite	Lancashire	2:17.7
1968	3	Shirley Swift	Gloucestershire	2:24.1	3	Frances Bevan	Somerset	2:16.7	3	Janet Thomas	Lancashire	2:21.6

800 METRES					800 METRES					800 METRES				
1969	1	Chris Tranter	Lancashire	2:16.1	1	Mary Sonner	Hertfordshire	2:12.4	1	Liz Barnes	London	2:10.0		
1969	2	Lesley Cobden	London	2:20.3	2	Sandra Marquis	Hertfordshire	2:14.9	2	Angela Lovell	Warwickshire	2:13.9		
1969	3	Margaret Cope	Staffordshire	2:20.8	3	Pat Bagley	London	2:15.4	3	Norine Braithwaite	Lancashire	2:14.5		
1970	1	Lesley Cobden	London	2:16.5	1	Mary Sonner	Hertfordshire	2:11.2	1	Margaret Newton	Hampshire	2:10.8		
1970	2	Mary Stewart	Warwickshire	2:16.8	2	Pat Bagley	London	2:12.2	2	Angela Lovell	Warwickshire	2:13.6		

1970	3	Christina Boxer	Hampshire	2:17.1	3	Sandra Marquis	Hertfordshire	2:13.9	3	Julia Savage	Somerset	2:16.1
1971	1	Lesley Kiernan	Essex	2:10.3	1	Chris Tranter	Lancashire	2:12.1	1	Sandra Marquis	Hertfordshire	2:11.0
1971	2	Christina Boxer	Hampshire	2:10.6	2	Margaret Cope	Staffordshire	2:13.4	2	Ann Dunn	London	2:15.0
1971	3	Janet Lawrence	Lancashire	2:14.8	3	Helen Campbell	Warwickshire	2:14.3	3	Janet Down	Devon	2:15.8
1972	1	Janet Lawrence	Lancashire	2:16.1	1	Christina Boxer	Hampshire	2:12.5	1	Sandra Marquis	Hertfordshire	2:13.8
1972	2	Pat Byrne	Staffordshire	2:17.9	2	Teena Colebrook	Lincolnshire	2:14.9	2	Margaret Cope	Staffordshire	2:14.9
1972	3	Helen Hill	Staffordshire	2:19.2	3	Lesley Kiernan	Essex	2:15.7	3	Jill Poynor	Cheshire	2:15.4
1973	1	Elizabeth Spurgin	Staffordshire	2:15.4	1	Lesley Kiernan	Essex	2:14.9	1	Margaret Morgan	Warwickshire	2:15.2
1973	2	Gillian Dainty	Warwickshire	2:15.9	2	Shiree Hines	Essex	2:17.7	2	Anne Pursglove	Gloucestershire	2:16.0
1973	3	Janet Lawrence	Lancashire	2:16.6	3	Monica Joyce	Sussex	2:18.0	3	Jill Poynor	Cheshire	2:16.1
1974	1	Sue Parker	Cheshire	2:13.5	1	Jane Colebrook	Lincolnshire	2:11.7	1	Gill Garbutt	Yorkshire	2:14.3
1974	2	Vivienne Weston	Lincolnshire	2:16.6	2	Joanna Rout	Middlesex	2:14.6	2	Christine Stenhouse	Gloucestershire	2:17.0
1974	3	Jo White	Surrey	2:19.1	3	Michelle Cobden	London	2:15.2	3	Rosemary Duddle	Leicestershire	2:18.7
1975	1	Sally Ludlam	Hampshire	2:12.0	1	Angela Mason	Devon	2:10.7	1	Pat Byrne	West Midlands	2:11.4
1975	2	Shirley Johnson	Leicestershire	2:15.2	2	Janet Lawrence	Merseyside	2:10.7	2	Monica Joyce	Sussex	2:11.8
1975	3	Tracey Walsh	Surrey	2:15.5	3	Vivienne Weston	Lincolnshire	2:12.1	3	Marion Barrett	Hertfordshire	2:12.8
1976	1	Alison Clifford	Bedfordshire	2:13.9	1	Sally Ludlam	Hampshire	2:11.4	1	Janet Prictoe	Lincolnshire	2:09.2
1976	2	Judith Totham	West Yorkshire	2:18.3	2	Vivienne Weston	Lincolnshire	2:13.2	2	Janet Lawrence	Merseyside	2:10.5
1976	3	Denise Heckingbottom	Lancashire	2:19.2	3	Sue Parker	Cheshire	2:13.2	3	Carol Avery	Derbyshire	2:12.0
1977	1	Lorraine Baker	West Midlands	2:15.2	1	Jo White	Surrey	2:05.6	1	Janet Prictoe	Lincolnshire	2:08.5
1977	2	Louise Parker	Cumbria	2:15.3	2	Sally Ludlam	Hampshire	2:12.5	2	Sue Parker	Cheshire	2:10.3
1977	3	Sadie Jones	Devon	2:16.3	3	Alison Clifford	Bedfordshire	2:13.0	3	Kathryn Pilling	Lancashire	2:11.3
1978	1	Lorraine Baker	West Midlands	2:20.9	1	Alison Clifford	Bedfordshire	2:16.5	1	Sally Ludlam	Hampshire	2:15.3
1978	2	Carolyn Wells	Essex	2:21.2	2	Judith Croasdale	Lancashire	2:19.0	2	Sue Parker	Cheshire	2:17.0
1978	3	Jane Wingrove	Surrey	2:21.7	3	Karen Almond	Humberside	2:19.6	3	Alison Soar	Nottinghamshire	2:17.6
1979	1	Karen Hughes	Essex	2:15.4	1	Lorraine Baker	West Midlands	2:09.5	1	Jo White	Surrey	2:08.5
1979	2	Patricia Maylia	Northumberland	2:15.9	2	Judith Croasdale	Lancashire	2:09.7	2	Kirsty McDermott	Somerset	2:11.4
1979	3	Janice Robinson	Essex	2:16.9	3	Nicola Parsons	Dorset	2:10.8	3	Alison Clifford	Bedfordshire	2:12.0
1980	1	Tonia McCullough	Cumbria	2:11.1	1	Karen Hughes	Essex	2:10.8	1	Kirsty McDermott	Somerset	2:08.5
1980	2	Phillipa Weaver-Smith	Kent	2:12.2	2	Lorraine Baker	West Midlands	2:10.8	2	Sarah Alt	Oxfordshire	2:06.6
1980	3	Donna Thomas	Sussex	2:15.9	3	Stefania Lanza	Lancashire	2:14.4	3	Judith Croasdale	Lancashire	2:10.9
1981	1	Jacky Doran	Cumbria	2:17.7	1	Tonia McCullough	Cumbria	2:17.7	1	Amanda Alford	Hertfordshire	2:13.1
1981	2	Kim Myers	Kent	2:18.2	2	Susan Batstone	West Midlands	2:18.2	2	Jane Walker	South Yorkshire	2:14.7
1981	3	Anne Winter	Middlesex	2:18.3	3	Marion McKie	Devon	2:18.9	3	Marion Pratt	Sussex	2:15.4
1982	1	Rachel Hughes	Hampshire	2:09.3	1	Tonia McCullough	Cumbria	2:09.8	1	Anna Wittekind	Kent	2:10.3
1982	2	Melissa Ronney	Sussex	2:14.4	2	Diane Edwards	Gtr. Manchester	2:11.5	2	Sonia Vinall	Sussex	2:11.6
1982	3	Jacky Doran	Cumbria	2:16.0	3	Anne Winter	Middlesex	2:12.2	3	Susan Lees	Gtr. Manchester	2:11.9
1983	1	Lynne Robinson	West Midlands	2:19.3	1	Stella Rogers	Hampshire	2:12.0	1	Anna Wittekind	Kent	2:10.1
1983	2	Marisa Bloss	Essex	2:20.4	2	Anne Winter	Middlesex	2:13.5	2	Diane Edwards	Gtr. Manchester	2:10.1
1983	3	Helen Bradburn	West Midlands	2:22.3	3	Angela Hughes	Essex	2:15.2	3	Sonia Vinall	Sussex	2:12.2
1984	1	Sharron Davenport	Lincolnshire	2:13.0	1	Lynne Robinson	West Midlands	2:12.2	1	Diane Edwards	Gtr. Manchester	2:05.7
1984	2	Angela Davies	Hampshire	2:13.6	2	Susan Burtonwood	Kent	2:12.9	2	Anne Winter	Middlesex	2:09.5

1984	3	Jayne Heathcote	South Yorkshire	2:14.4	3	Helen Saunders	Gtr. Manchester	2:13.8	3	Helen Myers	Devon	2:10.9
1985	1	Emma Langston	Kent	2:09.5	1	Lynne Robinson	West Midlands	2:09.4	1	Bridget Smyth	Sussex	2:06.1
1985	2	Angela Davies	Hampshire	2:11.3	2	Helen Saunders	Gtr. Manchester	2:11.7	2	Beverley Nicholson	Cheshire	2:07.8
1985	3	Jane Pownall	Gtr. Manchester	2:13.8	3	Helen Nicholson	Nottinghamshire	2:12.5	3	Anne Winter	Middlesex	2:08.9
1986	1	Emma Langston	Kent	2:08.7	1	Jody Allen	Hertfordshire	2:09.9	1	Bridget Smyth	Sussex	2:06.4
1986	2	Natalie Tait	Cumbria	2:10.6	2	Alanna Cooke	South Yorkshire	2:10.1	2	Michelle Faherty	West Yorkshire	2:07.4
1986	3	Michelle Wilkinson	Gtr. Manchester	2:13.2	3	Angela Davies	Hampshire	2:10.3	3	Lynn Gibson	Oxfordshire	2:07.8
1987	1	Michelle Wilkinson	Gtr. Manchester	2:12.6	1	Jayne Heathcote	South Yorkshire	2:09.8	1	Sharron Davenport	Lincolnshire	2:06.6
1987	2	Louise Hurst	West Midlands	2:13.2	2	Vicki Wilson	West Midlands	2:10.3	2	Lynne Robinson	West Midlands	2:08.6
1987	3	Julie Stacey	Kent	2:13.6	3	Angela Davies	Hampshire	2:10.6	3	Lynn Gibson	Oxfordshire	2:10.4
1988	1	Della Butcher	Essex	2:12.4	1	Natalie Tait	Cumbria	2:07.6	1	Sharron Davenport	Lincolnshire	2:06.2
1988	2	Louise Hurst	West Midlands	2:15.2	2	Lindsay Kehoe	Gtr. Manchester	2:10.0	2	Paula Fryer	West Yorkshire	2:06.9
1988	3	Sally Entwistle	Lancashire	2:16.0	3	Frances Clayton	Essex	2:11.2	3	Alanna Cooke	South Yorkshire	2:08.1
1989	1	Holly Scholes	Gtr. Manchester	2:12.9	1	Michelle Wilkinson	Gtr. Manchester	2:11.1	1	Jody Allen	Hertfordshire	2:09.0
1989	2	Emma Gardner	Nottinghamshire	2:14.9	2	Della Butcher	Essex	2:11.9	2	Alanna Cooke	South Yorkshire	2:10.2
1989	3	Valerie Bothams	Northumberland	2:15.0	3	Louise Hurst	West Midlands	2:12.4	3	Kerry McKeown	Cheshire	2:10.6
1990	1	Lucy Edge	Berkshire	2:15.0	1	Catherine Allsopp	Durham	2:12.8	1	Claire Robinson	Kent	2:09.8
1990	2	Rhonda McPhee	Kent	2:16.6	2	Emma Brady	Northumberland	2:13.7	2	Lesley Mallows	West Midlands	2:12.2
1990	3	Rachel Buller	Norfolk	2:16.9	3	Sarah Gallop	Dorset	2:14.3	3	Zena Williams	Merseyside	2:14.2
1991	1	Sarah Willicombe	Kent	2:13.57	1	Tracy Ashcroft	Durham	2:11.89	1	Karen McPherson	Gtr. Manchester	2:09.57
1991	2	Sally Hinchcliffe	Gtr. Manchester	2:16.21	2	Lucy Edge	Berkshire	2:13.79	2	Lesley Mallows	West Midlands	2:09.59
1991	3	Hannah Curnock	Gloucestershire	2:16.82	3	Julie Mitchell	Sussex	2:14.46	3	Sarah Gallop	Dorset	2:11.63
1992	1	Hannah Curnock	Gloucestershire	2:13.84	1	Tracy Ashcroft	Durham	2:14.37	1	Sarah Gallop	Dorset	2:10.37
1992	2	Emma Davies	Hampshire	2:16.06	2	Annabelle Ingram	Sussex	2:15.64	2	Charlotte Mayock	South Yorkshire	2:10.88
1992	3	Hayley Cole	Essex	2:17.16	3	Sally Hinchcliffe	Gtr. Manchester	2:16.52	3	Catherine Allsopp	Durham	2:19.96
1993	1	Rachael Ogden	North Yorkshire	2:15.24	1	Dorothea Lee	Dorset	2:12.24	1	Michelle Matthews	Bedfordshire	2:11.96
1993	2	Emma Davies	Hampshire	2:17.34	2	Hannah Curnock	Gloucestershire	2:12.47	2	Kate Wagstaff	Staffordshire	2:13.07
1993	3	Victoria Haswell	Durham	2:18.80	3	Helen Parsons	Sussex	2:13.87	3	Esther Casson	Cleveland	2:15.03
1994	1	Karen Johns	Durham	2:12.89	1	Rachael Ogden	North Yorkshire	2:13.36	1	Dorothea Lee	Somerset	2:08.52
1994	2	Laura McCabe	Cheshire	2:14.39	2	Jade Himsworth	Lincolnshire	2:13.85	2	Charlotte Goff	Essex	2:12.45
1994	3	Emily Hathaway	West Midlands	2:16.28	3	Helen Parsons	Sussex	2:14.95	3	Kate Wagstaff	Staffordshire	2:12.56
1995	1	Jenny Meadows	Gtr. Manchester	2:14.88	1	Rachael Ogden	North Yorkshire	2:10.30	1	Jane Groves	Cheshire	2:10.80
1995	2	Carley Wilson	Northumberland	2:15.49	2	Emma Davies	Hampshire	2:11.79	2	Zoe Peatfield	Derbyshire	2:11.38
1995	3	Nikki Daniels	Staffordshire	2:15.86	3	Karen Johns	Durham	2:12.28	3	Kerry Smithson	Lancashire	2:12.54
1996	1	Nikki Daniels	Staffordshire	2:14.17	1	Simone Hardy	Northamptonshire	2:13.23	1	Zoe Peatfield	Derbyshire	2:14.17
1996	2	Suzanne Hasler	West Midlands	2:15.49	2	Kelly Brownhill	Gtr. Manchester	2:13.35	2	Rachael Ogden	Somerset	2:14.43
1996	3	Claire Taylor	Northumberland	2:16.28	3	Carean Vernon	London	2:14.12	3	Emma Davies	Hampshire	2:15.15
1997	1	Claire Taylor	Northumberland	2:13.55	1	Suzanne Hasler	West Midlands	2:11.51	1	Emma Davies	Wiltshire	2:07.74
1997	2	Olivia Hines	London	2:15.50	2	Lisa Samuels	Hertfordshire	2:12.55	2	Rachael Ogden	Somerset	2:09.15
1997	3	Lisa Dobriskey	Kent	2:16.19	3	Nikki Daniels	Staffordshire	2:13.18	3	Kelly Brownhill	Gtr. Manchester	2:09.71
1998	1	Lisa Dobriskey	Kent	2:13.74	1	Catherine Riley	Lancashire	2:12.09	1	Emily Hathaway	West Midlands	2:11.97
1998	2	Olivia Hines	London	2:13.86	2	Sam Singer	Kent	2:12.39	2	Karen Johns	Durham	2:11.97

1998	3	Sarah Pickering	Staffordshire	2:14.45	3	Lisa Samuels	Hertfordshire	2:13.29	3	Sharon Whitby	Sussex	2:12.02
1999	1	Rachael Thompson	Merseyside	2:16.83	1	Lisa Dobriskey	Kent	2:10.60	1	Lisa Samuels	Hertfordshire	2:10.84
1999	2	Ruth Chadney	Dorset	2:17.17	2	Barbara Parker	Norfolk	2:11.81	2	Sharon Whitby	Sussex	2:12.11
1999	3	Hayley Beard	Hertfordshire	2:17.19	3	Louise Glanville	Durham	2:12.46	3=	Catherine Riley	Lancashire	2:12.32
1999		-	-			-	-		3=	Sam Singer	Kent	2:12.32
2000	1	Hayley Beard	Hertfordshire	2:12.87	1	Jemma Simpson	Somerset	2:10.00	1	Leah Harris	Cornwall	2:11.54
2000	2	Emma Hopkins	Leicestershire	2:15.72	2	Lisa Dobriskey	Kent	2:12.90	2	Ellie Childs	Essex	2:12.08
2000	3	Charlotte Jackson	Hampshire	2:16.92	3	Sarah Pickering	Staffordshire	2:14.30	3	Lisa Samuels	Hertfordshire	2:12.97
2001	1	Emma Hopkins	Leics & R	2:12.73	1	Charlotte Moore	Dorset	2:07.51	1	Barbara Parker	Norfolk	2:13.40
2001	2	Linzi Snow	Essex	2:14.67	2	Hayley Beard	Hertfordshire	2:11.06	2	Ellie Childs	Essex	2:14.40
2001	3	Sara Luck	Essex	2:14.82	3	Laura Finucane	Lancashire	2:11.37	3	Ceri Mitchell	Hampshire	2:15.20
2002	1	Carolyn Plateau	Oxfordshire	2:12.81	1	Laura Finucane	Lancashire	2:07.44	1	Donna Riding	Gtr. Manchester	2:08.56
2002	2	Louise Collier	London	2:13.57	2	Anna Simmonds	Hereford & Worcs	2:10.67	2	Nisha Desai	Northumberland	2:11.46
2002	3	Megan Foley	Essex	2:13.95	3	Lois Brooks	Gtr. Manchester	2:11.35	3	Adele Bevan	Sussex	2:12.08
2003	1	Gillian Moss	Norfolk	2:14.14	1	Nikki Hamblin	Dorset	2:10.28	1	Dani Barnes	Devon	2:05.18
2003	2	Emma Macalister-Hall	North Yorkshire	2:15.33	2	Emma Jackson	Staffordshire	2:10.65	2	Hayley Beard	Hertfordshire	2:05.39
2003	3	Natalie Yates	Nottinghamshire	2:16.20	3	Carolyn Plateau	Oxfordshire	2:11.14	3	Michaela Hutchinson	Hertfordshire	2:09.23
2004	1	Joanne Harvey	Devon	2:12.10	1	Nikki Hamblin	Dorset	2:08.93	1	Hayley Beard	Hertfordshire	2:09.21
2004	2	Christy Smith	Cambridgeshire	2:14.08	2	Emma Jackson	Staffordshire	2:09.56	2	Laura Kirk	West Yorkshire	2:10.52
2004	3	Natalie Grant	South Yorkshire	2:14.20	3	Carolyn Plateau	Oxfordshire	2:11.38	3	Anna Simmonds	Hereford & Worcs	2:10.96
2005	1	Sarah Hopkinson	Gloucestershire	2:10.52	1	Emily Goodall	Sussex	2:09.69	1	Hannah Brooks	Surrey	2:08.06
2005	2	Leigh Lennon	Lancashire	2:13.69	2	Lucy Dowsett	Cambridgeshire	2:09.75	2	Nicola Maddick	Humberside	2:09.53
2005	3	Abby Glover	Derbyshire	2:14.55	3	Stephanie Roe	Lancashire	2:10.11	3	Anna Simmonds	Hereford & Worcs	2:10.00
2006	1	Alex Turner	Derbyshire	2:11.41	1	Alison Leonard	Lancashire	2:07.46	1	Emma Jackson	Staffordshire	2:06.40
2006	2	Laura Pacey	Shropshire	2:15.37	2	Stacey Smith	Northumberland	2:08.52	2	Danielle Christmas	Surrey	2:08.05
2006	3	Rowena Cole	West Midlands	2:15.74	3	Ejoro Okoro	West Midlands	2:09.48	3	Nikki Hamblin	Somerset	2:08.40
2007	1	Zoe Woodward	Merseyside	2:12.44	1	Rowena Cole	West Midlands	2:10.30	1	Rachel Stringer	Norfolk	2:06.93
2007	2	Frederika Foster	London	2:13.29	2	Kerrie Harris	Humberside	2:10.86	2	Lucy Dowsett	Cambridgeshire	2:07.45
2007	3	Adelle Tracey	Sussex	2:13.46	3	Leigh Lennon	Lancashire	2:11.29	3	Gina Rutherford	Northumberland	2:11.27
2008	1	Georgia Bell	London	2:09.28	1	Rowena Cole	West Midlands	2:08.06	1	Rachel Stringer	Norfolk	2:08.75
2008	2	Melanie Wood	Buckinghamshire	2:11.23	2	Rebecca Linney	Merseyside	2:09.24	2	Stacey Smith	Northumberland	2:09.86
2008	3	Georgia Peel	Hampshire	2:11.27	3	Rebecca Craigie	Cheshire	2:09.92	3	Leigh Lennon	Lancashire	2:10.37
2009	1	Chelsea Jarvis	Merseyside	2:14.65	1	Katie Snowden	London	2:10.49	1	Leigh Lennon	Lancashire	2:08.12
2009	2	Naomi Richardson	West Midlands	2:14.66	2	Georgia Bell	London	2:11.21	2	Loulou Rowlands	Surrey	2:08.52
2009	3	Emily Jenkinson	Hampshire	2:15.51	3	Alex Bell	West Yorkshire	2:11.31	3	Cally Read	Staffordshire	2:08.92
2010	1	Kaylee Dodd	Essex	2:11.22	1	Georgia Peel	Hampshire	2:07.14	1	Adelle Tracey	Sussex	2:07.88
2010	2	Emily Jenkinson	Hampshire	2:12.46	2	Katie Snowden	London	2:09.30	2	Alex Bell	West Yorkshire	2:08.47
2010	3	Chelsea Jarvis	Merseyside	2:13.20	3	Grace Rodgers	North Yorkshire	2:10.55	3	Molly Renfer	Surrey	2:08.94
2011	1	Bobby Clay	Kent	2:11.37	1	Kaylee Dodd	Essex	2:11.32	1	Jennifer Walsh	West Yorkshire	2:07.57
2011	2	Mari Smith	Leics & R	2:12.36	2	Maddy Austin	Surrey	2:12.58	2	Alex Bell	West Yorkshire	2:08.57
2011	3	Lydia Hallam	Essex	2:13.57	3	Chelsea Jarvis	Merseyside	2:12.62	3	Rebecca Linney	Merseyside	2:09.67
2012	1	Chelsea Nugent	Cumbria	2:11.92	1	Loren Bleaken	Wiltshire	2:07.23	1	Maddy Austin	Surrey	2:12.08

2012	2	Sophie Tooley	Suffolk	2:13.75	2	Kaylee Dodd	Essex	2:07.64	2	Lily Owsley	Avon	2:13.18
2012	3	Abigail Linney	Merseyside	2:15.22	3	Chelsea Jarvis	Merseyside	2:08.73	3	Rosie Chamberlain	Devon	2:13.32
2013	1	Ellie Brazil	Nottinghamshire	2:11.42	1	Molly Long	Cornwall	2:07.07	1	Loren Bleaken	Wiltshire	2:06.44
2013	2	Anna Nicole Rowe	Merseyside	2:11.64	2	Isobelle Ives	Essex	2:07.43	2	Kaylee Dodd	Essex	2:07.02
2013	3	Khahisa Mhlanga	Essex	2:12.32	3	Ellie Baker	Hertfordshire	2:07.59	3	Georgie Hartigan	West Midlands	2:09.33
2014	1	Khahisa Mhlanga	Essex	2:09.81	1	Carys McAulay	Cheshire	2:09.93	1	Molly Long	Cornwall	2:05.87
2014	2	Tilly Simpson	Derbyshire	2:12.06	2	Ellie Baker	Hertfordshire	2:10.31	2	Kaylee Dodd	Essex	2:06.44
2014	3	Saskia Millard	London	2:12.96	3	Isobelle Ives	Essex	2:10.56	3	Sophie Billington	Beds & Luton	2:08.06
2015	1	Tilly Simpson	Derbyshire	2:06.22	1	Isabelle Boffey	Hertfordshire	2:07.86	1	Ellie Baker	Hertfordshire	2:07.79
2015	2	Molly Canham	Devon	2:11.36	2	Khahisa Mhlanga	Essex	2:08.26	2	Millie Howard	North Yorkshire	2:08.14
2015	3	Natasha Harrison	Gtr. Manchester	2:11.64	3	Katy-Ann McDonald	London	2:08.26	3	Mari Smith	Leics & R	2:09.49
2016	1	Molly Canham	Devon	2:10.07	1	Khahisa Mhlanga	Essex	2:07.18	1	Millie Howard	North Yorkshire	2:08.25
2016	2	Emily Williams	Northamptonshire	2:12.35	2	Emily Thompson	Oxfordshire	2:09.40	2	Isobelle Ives	Essex	2:09.20
2016	3	Keely Hodgkinson	Gtr. Manchester	2:13.08	3	Katy-Ann McDonald	London	2:09.46	3	Isobel Parry-Jones	Hereford & Worcs	2:13.15
2017	1	Hannah Roberts	Berkshire	2:13.72	1	Emily Williams	Northamptonshire	2:06.83	1	Khahisa Mhlanga	Essex	2:04.40
2017	2	Emily Misantoni	Cheshire	2:13.90	2	Molly Canham	Devon	2:07.44	2	Emily Thompson	Oxfordshire	2:06.71
2017	3	Zakia Mossi	Middlesex	2:13.97	3	Ellie Farrow	Hampshire	2:07.51	3	Mollie O'Sullivan	Surrey	2:08.55
2018	1	Zakia Mossi	Middlesex	2:10.52	1	Annie Testar	Gloucestershire	2:09.74	1	Khahisa Mhlanga	Essex	2:06.66
2018	2	Alice Brown	Essex	2:13.15	2	Ellie Farrow	Hampshire	2:10.48	2	Tamsin McGraw	Derbyshire	2:08.60
2018	3	Ruby Simpson	Derbyshire	2:13.71	3	Stephanie Moss	Cheshire	2:10.98	3	Anna Burt	Avon	2:08.90
2019	1	Ella Greenway	Humberside	2:09.57	1	Susannah Lecoutre	Surrey	2:11.78	1	Annie Testar	Gloucestershire	2:08.80
2019	2	Ava Lloyd	Lancashire	2:11.56	2	Hannah Roberts	Berkshire	2:11.96	2	Stephanie Moss	Cheshire	2:09.03
2019	3	Katie Sakaria	Surrey	2:11.80	3	Darcey Lonsdale	Lancashire	2:12.32	3	Saskia Huxham	South Yorkshire	2:09.75
2021	1	Phoebe Gill	Hertfordshire	2:09.13	1	Amarisa Sibley	Kent	2:09.44	1	Indienne King	Leics & R	2:09.33
2021	2	Anna Gisbourne	Gtr. Manchester	2:13.58	2	Nicole McGovern	Berkshire	2:10.16	2	Ty Brockley-Langford	Gtr. Manchester	2:10.08
2021	3	Lottie Langan	North Yorkshire	2:14.99	3	Ella Greenway	Humberside	2:11.38	3	Hannah Roberts	Berkshire	2:10.63
2022	1	Grace Tuesday	Sussex	2:12.33	1	Phoebe Gill	Hertfordshire	2:06.33	1	Indienne King	Leics & R	2:11.27
2022	2	Bella Taylor	Suffolk	2:13.79	2	Caitlin McCloy	Derbyshire	2:11.50	2	Jayne Elvin	Essex	2:11.30
2022	3	Emmeline Orbell	Surrey	2:13.85	3	Alice Bennett	Northamptonshire	2:11.92	3	Lucy Scothern	Durham	2:11.59
2023	1	Imogen Hill	Gtr. Manchester	2:15.05	1	Phoebe Gill	Hertfordshire	2:03.12	1	Ella Greenway	Humberside	2:10.50
2023	2	Jorjia Ann March	Middlesex	2:15.32	2	Shaikira King	Leics & R	2:06.73	2	Lauren Wormley	Surrey	2:13.72
2023	3	Lois Codling	Gloucestershire	2:16.09	3	Anna Gisbourne	Gtr. Manchester	2:11.98	3	Charlotte Wormley	Surrey	2:14.07
2024	1	Jorjia Ann March	Middlesex	2:10.15	1	Natasha Wynn	Essex	2:09.65	1	Eleanor Strevens	Sussex	2:09.36
2024	2	Ezrah Harrold	Essex	2:10.77	2	Mollie Grant	Lincolnshire	2:09.92	2	Sarah Smith	Cumbria	2:09.43
2024	3	Maya Schofield	West Yorkshire	2:11.54	3	Posie Shaw	Middlesex	2:10.58	3	Mya Mairs-Ingram	Middlesex	2:09.90
2025	1	Poppy Guest	Surrey	2:10.98	1	Mollie Grant	Lincolnshire	2:08.26	1	Holly Sanigar	Avon	2:09.43
2025	2	Capree Cooper	Middlesex	2:11.42	2	Ezrah Harrold	Essex	2:08.90	2	Georgina Langdon	Berkshire	2:10.87
2025	3	Jessica Thake	South Yorkshire	2:11.97	3	Maya Schofield	West Yorkshire	2:09.30	3	Eva Jha	Cheshire	2:11.49
2026	1	Capree Cooper	Middlesex	2:08.61	1	Maisie Mullett	Lincolnshire	2:06.82	1	Holly Sanigar	Avon	2:09.28
2026	2	Eve Beddow	Merseyside	2:09.36	2	Kitty Harrison Sargent	West Yorkshire	2:07.09	2	Mollie Grant	Lincolnshire	2:10.38
2026	3	Anna Kemp	Nottinghamshire	2:10.33	3	Lily Coates	Cheshire	2:07.75	3	Lily Burton	Suffolk	2:10.94

JUNIOR

INTERMEDIATE

SENIOR

1500 METRES

1500 METRES

1500 METRES

1974	1	Sally Ludlam	Hampshire	4:41.4	1	Ann-Maria Robinson	Cheshire	4:35.8	1	Shiree Hines	Essex	4:38.7
1974	2	Ruth Smeeth	Surrey	4:44.5	2	Helen Fielon	Hampshire	4:38.4	2	Barbara Schofield	Cheshire	4:39.7
1974	3	Christine Brace	Hertfordshire	4:45.3	3	Susan Holmes	Lancashire	4:38.5	3	Cherry Butler	London	4:41.4
1975	1	Janice Moody	Humberside	4:44.3	1	Christine Brace	Hertfordshire	4:39.5	1	Barbara Schofield	Gtr. Manchester	4:40.3
1975	2	Kay Rankin	Gtr. Manchester	4:46.3	2	Bernadette Madigan	Berkshire	4:40.7	2	Shiree Hines	Essex	4:41.5
1975	3	Pauline Clarke	Gtr. Manchester	4:46.4	3	Kim Trunley	Essex	4:40.8	3	Margaret Leisk	Humberside	4:41.5
1976	1	Louise Parker	Cumbria	4:47.3	1	Kim Trunley	Essex	4:35.8	1	Angela Mason	Devon	4:24.9
1976	2	Pauline Clark	Gtr. Manchester	4:47.8	2	Bernadette Madigan	Berkshire	4:36.4	2	Jill Clarke	South Yorkshire	4:29.3
1976	3	Sara Harris	Warwickshire	4:48.7	3	Christine Brace	Hertfordshire	4:39.5	3	Anne Tunncliffe	Staffordshire	4:38.7
1977	1	Lesley Driver	Gtr. Manchester	4:40.9	1	Denise Kiernan	Essex	4:34.5	1	Bernadette Madigan	Berkshire	4:29.2
1977	2	Amanda Alford	Hertfordshire	4:42.4	2	Sarah Andrews	Wiltshire	4:35.8	2	Christine Brace	Hertfordshire	4:34.3
1977	3	Paula Matheson	Merseyside	4:42.5	3	Sandra Arthurton	West Yorkshire	4:36.9	3	Carole Davis	Essex	4:35.8
1978	1	Paula Matheson	Merseyside	4:46.2	1	Sandra Arthurton	West Yorkshire	4:41.5	1	Denise Kiernan	Essex	4:29.9
1978	2	Amanda Alford	Hertfordshire	4:57.0	2	Karen Timson	Essex	4:42.4	2	Christine Brace	Hertfordshire	4:34.3
1978	3	Beverley Sanderson	Northamptonshire	5:00.1	3	Sadie Jones	Devon	4:42.9	3	Bernadette Madigan	Berkshire	4:39.9
1979	1	Julie Rose	Kent	4:37.2	1	Louise Parker	Cumbria	4:24.1	1	Sandra Arthurton	West Yorkshire	4:26.7
1979	2	Sharon Jefferies	Essex	4:40.1	2	Karen Timson	Essex	4:28.8	2	Sara Harris	Warwickshire	4:31.3
1979	3	Alison Hollington	Dorset	4:42.3	3	Lesley Driver	Gtr. Manchester	4:29.9	3	Pauline Clark	Cheshire	4:35.4
1980	1	Elise Lyon	Buckinghamshire	4:34.4	1	Katie Fairbrass	Berkshire	4:33.3	1	Lesley Driver	Gtr. Manchester	4:31.2
1980	2	Rosalind Adshead	Gtr. Manchester	4:39.0	2	Wendy Hurst	West Yorkshire	4:34.7	2	Susan Lonsdale	Lancashire	4:32.7
1980	3	Lynn Vose	Merseyside	4:39.2	3	Diane Burton	West Yorkshire	4:34.8	3	Wendy Lodge	Hampshire	4:34.1
1981	1	Amanda Cowx	Cumbria	4:41.2	1	Julie Rose	Kent	4:34.4	1	Lesley Driver	Gtr. Manchester	4:29.9
1981	2	Helen Appleby	Hampshire	4:41.9	2	Elise Lyon	Buckinghamshire	4:35.3	2	Joanna Bennett	Middlesex	4:30.2
1981	3	Jo Howarth	Norfolk	4:43.9	3	Angela Gibson	South Yorkshire	4:35.7	3	Kay Barringham	South Yorkshire	4:31.3
1982	1	Sue Jordan	Bedfordshire	4:33.6	1	Elise Lyon	Buckinghamshire	4:28.1	1	Julie Rose	Kent	4:25.7
1982	2	Diane Critchlow	Dorset	4:36.8	2	Michelle Lavercombe	Devon	4:34.4	2	Susan Baxter	Essex	4:26.9
1982	3	Bridget Smyth	Sussex	4:40.2	3	Sally Ramsdale	West Yorkshire	4:34.8	3	Kay Barringham	South Yorkshire	4:29.0
1983	1	Kelly Holmes	Kent	4:37.8	1	Jackie Beasley	Nottinghamshire	4:32.8	1	Katie Fairbrass	Berkshire	4:21.3
1983	2	Catherine Bennett	West Yorkshire	4:39.1	2	Diane Critchlow	Dorset	4:34.7	2	Elise Lyon	Somerset	4:22.1
1983	3	Sue Jordan	Bedfordshire	4:41.1	3	Bridget Smyth	Sussex	4:36.3	3	Lesley Smith	Middlesex	4:28.7
1984	1	Sue Parker	Cheshire	4:35.2	1	Bridget Smyth	Sussex	4:26.1	1	Elise Lyon	Somerset	4:20.2
1984	2	Kelly Holmes	Kent	4:35.3	2	Diane Critchlow	Dorset	4:29.1	2	Samantha Thomas	West Yorkshire	4:23.1
1984	3	Una English	Essex	4:40.1	3	Wendy Wright	Derbyshire	4:31.7	3	Sally Ramsdale	Somerset	4:23.4
1985	1	Jojo Tulloh	Wiltshire	4:32.0	1	Clare Keller	Gtr. Manchester	4:27.3	1	Melanie Kell	Cleveland	4:31.6
1985	2	Simone Hilton	West Yorkshire	4:32.2	2	Philippa Mason	Surrey	4:28.6	2	Samantha Thomas	West Yorkshire	4:31.6
1985	3	Katherine Tulloh	Wiltshire	4:32.2	3	Amanda Holmes	Merseyside	4:32.1	3	Karen Booker	Nottinghamshire	4:36.3
1986	1	Claire Nicholson	Durham	4:30.5	1	Katherine Tulloh	Wiltshire	4:25.5	1	Sian Pilling	Somerset	4:29.9
1986	2	Julie Adkin	Kent	4:33.6	2	Jojo Tulloh	Wiltshire	4:26.2	2	Janet Cooper	Durham	4:30.7
1986	3	Elizabeth Drye	Merseyside	4:34.5	3	Kelly Holmes	Kent	4:26.9	3	Clare Lavers	Norfolk	4:31.4

1987	1	Claire Nicholson	Durham	4:34.3	1	Maxine Newman	Leicestershire	4:33.3	1	Kelly Holmes	Kent	4:30.0
1987	2	Elizabeth Taylor	Devon	4:35.8	2	Julie Adkin	Kent	4:33.4	2	Sue Parker	Cheshire	4:30.9
1987	3	Joanne Colleran	Merseyside	4:37.5	3	Jojo Tulloh	Wiltshire	4:35.2	3	Jane Ewing	Cambridgeshire	4:37.3
1988	1	Joanne Davis	Devon	4:27.9	1	Julie Adkin	Kent	4:29.3	1	Sue Parker	Cheshire	4:25.5
1988	2	Heidi Hosking	Cornwall	4:29.9	2	Elinor Doubell	Hampshire	4:29.6	2	Angela Davies	Hampshire	4:28.9
1988	3	Michelle Friend	Gtr. Manchester	4:36.9	3	Gillian Stacey	Kent	4:29.9	3	Claire Forbes	Somerset	4:29.4
1989	1	Claire Allen	Leicestershire	4:29.0	1	Gillian Stacey	Kent	4:28.1	1	Maxine Newman	Leicestershire	4:17.1
1989	2	Nicola Gray	Nottinghamshire	4:37.7	2	Michelle Friend	Gtr. Manchester	4:30.8	2	Natalie Tait	Cumbria	4:18.4
1989	3	Melissa Garnett	Lancashire	4:38.9	3	Claire Nicholson	Durham	4:32.2	3	Louise Watson	Kent	4:25.2
1990	1	Sarah Willicombe	Kent	4:38.3	1	Jeina Mitchell	Surrey	4:26.2	1	Elinor Doubell	Hampshire	4:27.2
1990	2	Esther Merchant	Hereford & Worcs	4:38.5	2	Charlotte Mayock	South Yorkshire	4:35.6	2	Natalie Tait	Cumbria	4:29.2
1990	3	Cheryll Fisher	Norfolk	4:42.1	3	Paula Radcliffe	Bedfordshire	4:36.2	3	Louise Watson	Kent	4:32.0
1991	1	Nikki Slater	Oxfordshire	4:42.70	1	Jeina Mitchell	Surrey	4:28.30	1	Paula Radcliffe	Bedfordshire	4:23.68
1991	2	Helen Todd	Durham	4:43.82	2	Liz Talbot	Bedfordshire	4:38.43	2	Sarah Wallace	Lincolnshire	4:25.99
1991	3	Helen Yaffe	London	4:46.44	3	Esther Merchant	Hereford & Worcs	4:38.83	3	Elizabeth Taylor	Devon	4:31.77
1992	1	Caroline Wood	Northumberland	4:41.41	1	Sharon Murphy	Middlesex	4:38.36	1	Jeina Mitchell	Surrey	4:23.91
1992	2	Amanda Bayley	Dorset	4:41.55	2	Catherine Berry	Surrey	4:41.97	2	Liz Talbot	Bedfordshire	4:31.60
1992	3	Tina Wales	Wiltshire	4:42.69	3	Victoria Russell	Bedfordshire	4:42.72	3	Vicky Kirk	Somerset	4:36.85
1993	1	Dawn Adams	Merseyside	4:37.47	1	Juliette Oldfield	Northamptonshire	4:40.89	1	Liz Talbot	Bedfordshire	4:27.82
1993	2	Susan Pendrich	Kent	4:37.76	2	Caroline McNulty	Avon	4:43.49	2	Jeina Mitchell	Surrey	4:29.09
1993	3	Justina Heslop	Northumberland	4:38.11	3	Joanna Costello	Devon	4:44.43	3	Sarah Salmon	Cornwall	4:31.67
1994	1	Emma Alberts	Durham	4:37.88	1	Dawn Adams	Merseyside	4:35.53	1	Catherine Berry	Surrey	4:26.74
1994	2	Tommy Kemp	Somerset	4:43.30	2	Justina Heslop	Northumberland	4:36.39	2	Nikki Slater	Oxfordshire	4:27.31
1994	3	Carean Vernon	London	4:43.91	3	Ellen O'Hare	Gloucestershire	4:36.81	3	Amanda Tremble	Northumberland	4:29.52
1995	1	Emma Ward	Staffordshire	4:37.16	1	Laura Hale	Gloucestershire	4:36.98	1	Juliette Oldfield	Northamptonshire	4:27.66
1995	2	Nicola Coates	Northumberland	4:37.78	2	Tommy Kemp	Somerset	4:38.80	2	Amanda Tremble	Northumberland	4:29.33
1995	3	Michelle Whalley	Merseyside	4:39.95	3	Camilla Waite	Wiltshire	4:39.02	3	Michelle Mann	Lancashire	4:29.57
1996	1	Emma Ward	Staffordshire	4:37.51	1	Camilla Waite	Wiltshire	4:37.32	1	Ellen O'Hare	Gloucestershire	4:32.44
1996	2	Nicola Coates	Northumberland	4:39.10	2	Tommy Kemp	Somerset	4:38.64	2	Jilly Ingman	South Yorkshire	4:34.25
1996	3	Jenny Mockler	Merseyside	4:39.51	3	Tanya Brazier	Hertfordshire	4:39.56	3	Rachel Felton	Hertfordshire	4:36.92
1997	1	Louise Damen	Hampshire	4:41.22	1	Emma Ward	Staffordshire	4:32.57	1	Alex Carter	Cheshire	4:31.31
1997	2	Catherine Terry	Merseyside	4:43.85	2	Rebecca Lyne	South Yorkshire	4:36.83	2	Tommy Kemp	Dorset	4:33.31
1997	3	Louise Whittaker	Cheshire	4:45.12	3	Jenny Mockler	Merseyside	4:38.07	3	Jilly Ingman	South Yorkshire	4:33.75
1998	1	Zoe Jelbert	Cornwall	4:36.48	1	Emma Ward	Staffordshire	4:35.25	1	Alex Carter	Cheshire	4:32.41
1998	2	Jessica Nugent	Hertfordshire	4:38.21	2	Carley Wilson	Northumberland	4:37.29	2	Tommy Kemp	Dorset	4:36.06
1998	3	Courtney Birch	Merseyside	4:38.89	3	Rebecca Lyne	South Yorkshire	4:38.32	3	Leanne Appleton	Avon	4:38.34
1999	1	Charlotte Moore	Dorset	4:38.39	1	Zoe Jelbert	Cornwall	4:40.42	1	Emma Ward	Staffordshire	4:26.40
1999	2	Katrina Wootton	Beds & Luton	4:39.22	2	Faye Fullerton	Essex	4:40.45	2	Jo Anker	Middlesex	4:34.63
1999	3	Courtney Birch	Somerset	4:39.73	3	Claire Robson	Durham	4:44.68	3	Helen Bebbington	West Midlands	4:35.25
2000	1	Dani Barnes	Devon	4:39.27	1	Zoe Jelbert	Cornwall	4:32.24	1	Emma Ward	Staffordshire	4:23.14
2000	2	Katrina Wootton	Beds & Luton	4:39.72	2	Charlotte Moore	Dorset	4:34.31	2	Kate Reed	Avon	4:32.62
2000	3	Emma Hunt	Buckinghamshire	4:40.69	3	Faye Fullerton	Essex	4:38.26	3	Helen Zenner	Hampshire	4:34.68

2001	1	Lynsey Jepson	Leics & R	4:37.09	1	Katrina Wootton	Beds & Luton	4:33.47	1	Lisa Dobriskey	Kent	4:25.85
2001	2	Charlotte Browning	Sussex	4:37.68	2	Danielle Woods	Gtr. Manchester	4:39.97	2	Faye Fullerton	Essex	4:28.85
2001	3	Nikki Hamblin	Dorset	4:38.47	3	Emma Hunt	Buckinghamshire	4:41.06	3	Kate Reed	Avon	4:31.16
2002	1	Nikki Hamblin	Dorset	4:30.45	1	Dani Barnes	Devon	4:25.43	1	Danielle Woods	Gtr. Manchester	4:32.82
2002	2	Kirsty Law	Hereford & Worcs	4:31.89	2	Vicky Holland	Gloucestershire	4:26.25	2	Lauren Deadman	Essex	4:33.97
2002	3	Emily Pidgeon	Gloucestershire	4:32.58	3	Jo Harper	Staffordshire	4:27.77	3	Charlotte Wickham	Northumberland	4:35.70
2003	1	Emily Pidgeon	Gloucestershire	4:27.70	1	Stephanie Wilson	Buckinghamshire	4:28.19	1	Katrina Wootton	Beds & Luton	4:32.41
2003	2	Claire Tarplee	West Midlands	4:37.26	2	Hannah England	Oxfordshire	4:28.70	2	Susie Hignett	Hampshire	4:34.22
2003	3	Laura Dowsing	Suffolk	4:39.51	3	Danielle Christmas	Surrey	4:29.72	3	Isabelle Stoate	Devon	4:35.59
2004	1	Sarah Hopkinson	Gloucestershire	4:37.25	1	Danielle Christmas	Surrey	4:24.77	1	Vicky Holland	Gloucestershire	4:31.67
2004	2	Lucy McLoughlin	Gtr. Manchester	4:38.36	2	Danielle Walker	Staffordshire	4:26.70	2	Stephanie Wilson	Buckinghamshire	4:32.37
2004	3	Jordan Kinney	West Midlands	4:40.24	3	Kirsty Hamilton	Devon	4:26.81	3	Hannah England	Oxfordshire	4:33.59
2005	1	Lucy McLoughlin	Gtr. Manchester	4:37.89	1	Katie Richardson	Essex	4:30.97	1	Jessica Sparke	Hertfordshire	4:24.74
2005	2	Jessica Hicks	Cornwall	4:39.20	2	Stevie Stockton	Cheshire	4:31.79	2	Hannah England	Oxfordshire	4:26.75
2005	3	Louise Webb	Hampshire	4:39.68	3	Tamara Astor	Berkshire	4:34.25	3	Stacey Johnson	Staffordshire	4:29.46
2006	1	Katie Holt	Staffordshire	4:36.12	1	Sarah Hopkinson	Gloucestershire	4:32.45	1	Emily Pidgeon	Gloucestershire	4:18.24
2006	2	Kate Avery	Durham	4:36.30	2	Jordan Kinney	West Midlands	4:34.90	2	Emma Pallant	Hampshire	4:21.40
2006	3	Katherine Deal	Hertfordshire	4:38.48	3	Louise Webb	Hampshire	4:36.69	3	Hannah Brooks	Surrey	4:25.63
2007	1	Katie Holt	Staffordshire	4:28.60	1	Laura Weightman	Northumberland	4:29.44	1	Stevie Stockton	Cheshire	4:25.36
2007	2	Melissa Courtney	Dorset	4:33.29	2	Kate Avery	Durham	4:30.51	2	Claire Tarplee	West Midlands	4:26.21
2007	3	Amber Watson	Gloucestershire	4:34.52	3	Rebecca Craigie	Cheshire	4:32.87	3	Charlotte Roach	Cheshire	4:27.15
2008	1	Emelia Gorecka	Surrey	4:30.12	1	Sophie Connor	Hertfordshire	4:30.68	1	Laura Weightman	Northumberland	4:31.08
2008	2	Jessica Judd	Essex	4:33.96	2	Ciara Dullaghan	Surrey	4:31.45	2	Jessica Burns	Devon	4:31.69
2008	3	Annabel Gummow	Cornwall	4:39.00	3	Melissa Courtney	Dorset	4:31.83	3	Louise Webb	Hampshire	4:32.27
2009	1	Jessica Judd	Essex	4:23.58	1	Georgia Peel	Hampshire	4:16.24	1	Laura Weightman	Northumberland	4:24.96
2009	2	Loren Bleaken	Wiltshire	4:38.05	2	Lauren Proctor	West Yorkshire	4:27.24	2	Rebecca Craigie	Cheshire	4:26.60
2009	3	Susan Shiel-Rankin	Surrey	4:39.66	3	Katie Holt	Staffordshire	4:28.68	3	Jessica Burns	Devon	4:34.11
2010	1	Sophie Riches	Essex	4:31.15	1	Jessica Judd	Essex	4:22.63	1	Rebecca Craigie	Cheshire	4:24.54
2010	2	Abbie Hetherington	Cumbria	4:34.79	2	Olivia Sadler	Avon	4:32.78	2	Kate Avery	Durham	4:26.86
2010	3	Amy Griffiths	Leics & R	4:36.41	3	Elizabeth Bird	Hertfordshire	4:32.78	3	Gemma Kersey	Essex	4:27.52
2011	1	Sian Rainsley	West Midlands	4:35.02	1	Jessica Judd	Essex	4:21.15	1	Sophie Connor	Hertfordshire	4:28.10
2011	2	Grace Cook	Sussex	4:37.38	2	Abbie Hetherington	Cumbria	4:27.48	2	Hanna Tarver	Merseyside	4:29.21
2011	3	Hollie Parker	Cambridgeshire	4:38.07	3	Revee Walcott-Nolan	Beds & Luton	4:29.83	3	Olivia Sadler	Avon	4:30.51
2012	1	Elisabeth Hood	Dorset	4:33.48	1	Bobby Clay	Kent	4:25.55	1	Becky Straw	West Midlands	4:27.18
2012	2	Katie Shiel-Rankin	Surrey	4:35.50	2	Abbie Hetherington	Cumbria	4:30.51	2	Olivia Sadler	Avon	4:28.78
2012	3	Katie Rowe	Channel Islands	4:35.53	3	Sian Rainsley	West Midlands	4:35.55	3	Katherine Turner	Wiltshire	4:29.99
2013	1	Sabrina Sinha	Kent	4:24.62	1	Rosie Johnson	Merseyside	4:25.86	1	Sophie Riches	Essex	4:24.69
2013	2	Katie Lowery	Cheshire	4:33.73	2	Harriet Knowles-Jones	Gtr. Manchester	4:26.52	2	Maranda Sadler	Avon	4:26.72
2013	3	Lucy Jones	Leics & R	4:34.18	3	Hannah Nuttall	Leics & R	4:27.16	3	Elizabeth Bird	Hertfordshire	4:28.49
2014	1	Beth Barlow	Gtr. Manchester	4:30.39	1	Sabrina Sinha	Kent	4:19.52	1	Amy Griffiths	Leics & R	4:15.08
2014	2	Josie Czura	Hampshire	4:35.98	2	Rosie Johnson	Merseyside	4:19.90	2	Bobby Clay	Kent	4:19.47
2014	3	Sophie Hamilton	Somerset	4:38.63	3	Amy Hinchly	Cheshire	4:28.18	3	Lydia Turner	Durham	4:23.58

2015	1	Kathleen Faes	Kent	4:29.84	1	Chloe Sharp	Kent	4:33.64	1	Gemma Holloway	Essex	4:25.18
2015	2	Alexandra Brown	London	4:35.17	2	Katie Lowery	Cheshire	4:36.33	2	Gemma Shepherd	Wiltshire	4:25.23
2015	3	Claudia Lance Jones	Surrey	4:35.21	3	Tabatha Walford	Northamptonshire	4:36.98	3	Lydia Hallam	Essex	4:30.54
2016	1	Olivia Mason	Cumbria	4:35.21	1	Tilly Simpson	Derbyshire	4:21.47	1	Jodie Judd	Essex	4:31.33
2016	2	Anna Smith	Nottinghamshire	4:35.50	2	Alexandra Brown	London	4:29.74	2	Sophie Tarver	Merseyside	4:32.84
2016	3	Charlotte Alexander	Surrey	4:37.82	3	Chloe Sharp	Kent	4:30.69	3	Philippa Stone	Cleveland	4:33.67
2017	1	Kirsten Stilwell	Buckinghamshire	4:31.85	1	Alexandra Brown	London	4:29.74	1	Beth Barlow	Gtr. Manchester	4:24.31
2017	2	Sian Heslop	Cheshire	4:32.17	2	Kitty Shepherd-Cross	Berkshire	4:35.54	2	Jodie Judd	Essex	4:24.36
2017	3	Beatrice Wood	Wiltshire	4:32.41	3	Molly Hudson	Derbyshire	4:37.92	3	Francesca Brint	Gtr. Manchester	4:26.86
2018	1	Beatrice Wood	Wiltshire	4:28.11	1	Emily Williams	Northamptonshire	4:31.46	1	Alexandra Brown	London	4:31.46
2018	2	Maisie Collis	Surrey	4:32.76	2	Olivia Mason	Cumbria	4:33.97	2	Cyane Robinson	South Yorkshire	4:34.36
2018	3	Holly Weedall	Cheshire	4:35.75	3	Sian Heslop	Cheshire	4:34.88	3	Claudia Cowan	Gtr. Manchester	4:34.79
2019	1	Holly Weedall	Cheshire	4:34.66	1	Beatrice Wood	Wiltshire	4:31.67	1	Emily Williams	Northamptonshire	4:26.04
2019	2	Ruby Simpson	Derbyshire	4:35.36	2	Abigail Ives	Essex	4:33.03	2	Olivia Mason	Cumbria	4:26.63
2019	3	Charlotte Dewar	Berkshire	4:36.02	3	Maya Todd McIntyre	Nottinghamshire	4:34.80	3	Alexandra Brown	London	4:29.80
2021	1	Shaikira King	Leics & R	4:30.80	1	Keira Brady-Jones	Merseyside	4:26.58	1	Abigail Ives	Essex	4:23.78
2021	2	Isobel Cotterill	Avon	4:33.20	2	Aimi Weightman	Hertfordshire	4:26.85	2	Jessica Spilsbury	Gtr. Manchester	4:24.63
2021	3	Freya Murdoch	Gtr. Manchester	4:35.90	3	Ruby Simpson	Derbyshire	4:29.23	3	Emily Shaw	Dorset	4:27.61
2022	1	Shaikira King	Leics & R	4:26.01	1	Zoe Gilbody	Shropshire	4:29.63	1	Keira Brady-Jones	Merseyside	4:26.73
2022	2	Lyla Belshaw	Essex	4:29.17	2	Isobelle Jones	West Midlands	4:30.54	2	Ava Lloyd	Lancashire	4:27.56
2022	3	Katie Pye	Surrey	4:30.82	3	Sienna Rosewell	Gloucestershire	4:32.71	3	Abigail Stratton	Lancashire	4:27.99
2023	1	Olivia McGhee	Warwickshire	4:39.70	1	Lyla Belshaw	Essex	4:23.47	1	Alice Bates	Northamptonshire	4:32.00
2023	2	Violet Rudkin	Leics & R	4:40.06	2	Jessica Lark	Cheshire	4:23.48	2	Jess Bailey	Cumbria	4:33.19
2023	3	Lola Roake	Surrey	4:40.07	3	Lottie Langan	North Yorkshire	4:28.62	3	Scarlett Livingstone	Devon	4:33.70
2024	1	Poppy Guest	Surrey	4:35.45	1	Isla McGowan	Oxfordshire	4:20.97	1	Scarlett Livingstone	Devon	4:25.70
2024	2	Isabella Buchanan	Sussex	4:35.86	2	Olivia Steer	Devon	4:26.51	2	Jess Bailey	Cumbria	4:25.80
2024	3	Maisie Mullett	Lincolnshire	4:36.04	3	Florence East	Hampshire	4:32.46	3	Stephanie Shaw	Sussex	4:27.71
2025	1	Gabrielle Pinder	Cleveland	4:28.44	1	Olivia McGhee	Warwickshire	4:27.43	1	Isla McGowan	Oxfordshire	4:24.57
2025	2	Isabella Buchanan	Sussex	4:29.83	2	Jorjia Ann March	Middlesex	4:28.09	2	Isobelle Jones	West Midlands	4:25.60
2025	3	Summer Smith	Essex	4:31.22	3	Sonny Allen	London	4:30.87	3	Katie Pye	Surrey	4:26.76
2026	1	Madison Kindler	Essex	4:29.51	1	Sonny Allen	London	4:29.13	1	Olivia McGhee	Warwickshire	4:28.63
2026	2	Charlotte Foster	London	4:30.31	2	Isabella Rose Tutt	West Yorkshire	4:29.14	2	Holly Cross	Merseyside	4:29.00
2026	3	Roni Kohring	Shropshire	4:33.20	3	Isabella Buchanan	Sussex	4:30.23	3	Violet Rudkin	Leicestershire & R	4:29.85

JUNIOR

INTERMEDIATE

SENIOR

3000 METRES

3000 METRES

1987	-	-		1	Emma Sokell	Devon	9:45.1	1	Sam Baines	Surrey	9:40.7
1987	-	-		2	Nicola Ashe	Middlesex	9:51.0	2	Fiona Truman	Nottinghamshire	9:45.0
1987	-	-		3	Sharon Willicombe	Kent	9:53.8	3	Sue Jordan	Bedfordshire	9:52.7
1988	-	-		1	Sharon Willicombe	Kent	9:39.9	1	Andrea Whitcombe	Middlesex	9:41.6
1988	-	-		2	Nicola Ashe	Middlesex	9:56.0	2	Lisa Hollick	Hertfordshire	10:00.2

1988	-	-	3	Catherine Healey	South Yorkshire	10:07.6	3	D. Harris	Hereford & Worcs	10:03.2
1989	-	-	1	Kerry Mackay	Hertfordshire	9:47.2	1	Donna Kelly	Kent	9:41.7
1989	-	-	2	Karen Whetton	Leicestershire	10:02.4	2	Emma Sokell	Devon	9:56.6
1989	-	-	3	Claire Rolfe	Dorset	10:12.4	3	Joanne Fairclough	Kent	10:00.3
1990	-	-	1	Nicola Gray	Nottinghamshire	9:57.2	1	Kerry Mackay	Hertfordshire	9:36.7
1990	-	-	2	Bernadette Taylor	Durham	10:01.6	2	Tanya Blake	Kent	9:49.3
1990	-	-	3	Karen Chilver	Surrey	10:02.2	3	Joanne Fairclough	Kent	9:51.3
1991	-	-	1	Julie Mackay	Hertfordshire	9:48.26	1	Andrea Duke	North Yorkshire	9:32.37
1991	-	-	2	Sharon Murphy	Middlesex	9:48.56	2	Kerry Mackay	Hertfordshire	9:34.93
1991	-	-	3	Rebecca King	Warwickshire	10:12.04	3	Tanya Blake	Kent	9:55.43
1992	-	-	1	Julie Mackay	Hertfordshire	9:46.59	1	Paula Radcliffe	Bedfordshire	9:04.37
1992	-	-	2	Heidi Moulder	Avon	9:52.25	2	Kerry Mackay	Hertfordshire	9:30.94
1992	-	-	3	Hayley Ward	Staffordshire	10:07.66	3	Claire Allen	Leicestershire	9:35.09
1993	-	-	1	Nikki Slater	Oxfordshire	9:46.94	1	Heidi Moulder	Avon	9:32.26
1993	-	-	2	Amanda Tremble	Northumberland	9:50.42	2	Alice Braham	Somerset	9:43.36
1993	-	-	3	Beverley Gray	Humberside	9:57.90	3	Catherine Berry	Surrey	9:44.09
1994	-	-	1	Caroline McNulty	Avon	10:11.36	1	Alice Braham	Somerset	9:28.98
1994	-	-	2	Vicky Robinson	Cheshire	10:13.04	2	Alison Outram	Middlesex	9:38.87
1994	-	-	3	Katie Wallace	Hampshire	10:13.11	3	Claire O'Connor	Gtr. Manchester	9:52.59
1995	-	-	1	Kate Grimshaw	Northumberland	10:09.12	1	Jennifer Gibson	Gtr. Manchester	10:32.37
1995	-	-	2	Clare Duncan	Merseyside	10:12.45	2	Andrea Kershaw	Gtr. Manchester	10:33.18
1995	-	-	3	Heather Carson	Gtr. Manchester	10:15.42	3	Katherine Henville	Oxfordshire	10:34.44
1996	-	-	1	Jodie Swallow	Essex	9:59.61	1	Amy Waterlow	Cheshire	9:56.17
1996	-	-	2	Amber Gascoigne	Somerset	10:06.88	2	Rachel Nicholson	Hertfordshire	10:00.79
1996	-	-	3	Kate Grimshaw	Northumberland	10:11.23	3	Emma Brooker	Suffolk	10:02.53
1997	-	-	1	Jodie Swallow	Essex	9:47.84	1	Amber Gascoigne	Somerset	9:49.50
1997	-	-	2	Clare Campbell	Hertfordshire	10:01.58	2	Karen Fletcher	Derbyshire	9:55.94
1997	-	-	3	Louise Kelly	Cumbria	10:05.66	3	Christina Radon	Buckinghamshire	9:56.28
1998	-	-	1	Louise Damen	Hampshire	10:04.47	1	Amber Gascoigne	Somerset	9:43.02
1998	-	-	2	Kirsty Waterson	Suffolk	10:08.40	2	Louise Kelly	Cumbria	9:43.64
1998	-	-	3	Henrietta Freeman	Kent	10:10.75	3	Caroline Walsh	Middlesex	9:50.00
1999	-	-	1	Louise Damen	Hampshire	10:00.48	1	Jane Potter	Nottinghamshire	9:50.80
1999	-	-	2	Henrietta Freeman	Kent	10:10.17	2	Juliet Potter	Nottinghamshire	10:00.94
1999	-	-	3	Gemma Viney	Kent	10:13.06	3	Susan Miles	Middlesex	10:03.24
2000	-	-	1	Courtney Birch	Somerset	9:42.98	1	Louise Damen	Hampshire	9:42.93
2000	-	-	2	Sally Oldfield	Northamptonshire	9:53.36	2	Jane Potter	Nottinghamshire	9:43.24
2000	-	-	3	Chloe Wilkinson	Hertfordshire	10:05.63	3	Juliet Potter	Nottinghamshire	9:53.27
2001	-	-	1	Rachael Nathan	Lincolnshire	9:41.51	1	Charlotte Dale	Kent	9:41.95
2001	-	-	2	Chloe Wilkinson	Hertfordshire	10:05.45	2	Lauren Deadman	Essex	10:02.33
2001	-	-	3	Charlotte Wickham	Northumberland	10:10.52	3	Ruth Proctor	Norfolk	10:03.61
2002	-	-	1	Rachael Nathan	Lincolnshire	9:35.61	1	Ruth Proctor	Norfolk	9:40.59
2002	-	-	2	Gemma Turtle	Buckinghamshire	9:51.94	2	Vicky Webster	Hertfordshire	9:44.89

2002		-			3	Leonie Smith	Surrey	9:57.32	3	Kathryn Frost	Hampshire	9:46.09
2003		-	-		1	Nicola Sykes	Beds & Luton	10:07.65	1	Laura Kenney	West Midlands	9:31.68
2003		-	-		2	Jo Callaway	Staffordshire	10:09.13	2	Rachael Nathan	Lincolnshire	9:39.34
2003		-	-		3	Sarah Ponsford	Wiltshire	10:09.54	3	Claire Holme	Suffolk	9:54.91
2004		-	-		1	Emily Pidgeon	Gloucestershire	9:57.96	1	Susie Hignett	Hampshire	9:31.69
2004		-	-		2	Stephanie Barnes	Avon	10:01.17	2	Rachael Nathan	Lincolnshire	9:39.12
2004		-	-		3	Sian Edwards	Northamptonshire	10:02.89	3	Gemma Turtle	Buckinghamshire	9:41.81
2005		-	-		1	Rebecca Gough	Hampshire	10:13.21	1	Olivia Kenney	West Midlands	9:45.95
2005		-	-		2	Chloe Patchett	West Yorkshire	10:14.76	2	Danielle Sale	Essex	9:50.20
2005		-	-		3	Dionne Allen	Gtr. Manchester	10:15.58	3	Ruth Senior	Norfolk	9:52.14
2006		-	-		1	Jessica Coulson	Gtr. Manchester	9:38.08	1	Stephanie Twell	Hampshire	9:07.41
2006		-	-		2	Charlotte Purdue	Hampshire	9:44.57	2	Sian Edwards	Northamptonshire	9:10.67
2006		-	-		3	Blue Haywood	Nottinghamshire	9:57.88	3	Ruth Senior	Norfolk	9:37.54
2007		-	-		1	Jessica Burns	Devon	9:45.64	1	Danielle Nimmock	Norfolk	10:02.30
2007		-	-		2	Laura Park	Cumbria	9:48.60	2	Natasha Peters	Beds & Luton	10:03.42
2007		-	-		3	Beth Carter	Kent	9:48.92	3	Emma Langdell	Staffordshire	10:06.64
2008		-	-		1	Laura Park	Cumbria	9:45.41	1	Charlotte Purdue	Hampshire	9:46.40
2008		-	-		2	Beth Carter	Kent	9:51.13	2	Katie Knowles	Cornwall	9:49.71
2008		-	-		3	Isabel Brinsden	Surrey	9:54.70	3	Olivia Larcombe	West Midlands	9:58.12
2009		-	-		1	Emelia Gorecka	Surrey	9:35.79	1	Charlotte Purdue	Hampshire	9:29.66
2009		-	-		2	Ruth Haynes	Surrey	9:45.48	2	Jess Russon	Cleveland	9:41.68
2009		-	-		3	Emily Wallbank	Beds & Luton	9:57.44	3	Grace Nicholls	Kent	9:43.32
2010		-	-		1	Annabel Gummow	Cornwall	9:45.96	1	Grace Nicholls	Kent	9:42.93
2010		-	-		2	Ruth Haynes	Surrey	9:48.67	2	Beth Carter	Kent	9:46.81
2010		-	-		3	Alice Wright	Hereford & Worcs	9:59.63	3	Hannah Alderson	Avon	9:46.82
2011		-	-		1	Natalia Hackett	South Yorkshire	9:40.81	1	Emelia Gorecka	Surrey	9:23.58
2011		-	-		2	Alice Wright	Hereford & Worcs	9:52.14	2	Megan Huxley	Cheshire	9:47.48
2011		-	-		3	Grace Baker	Sussex	10:05.55	3	Charlotte Taylor	Lincolnshire	9:53.97
2012		-	-		1	Bronwen Owen	North Yorkshire	9:38.33	1	Chloe Richardson	West Midlands	9:41.54
2012		-	-		2	Alex Clay	Kent	9:44.26	2	Rebecca Murray	Beds & Luton	9:44.11
2012		-	-		3	Grace Baker	Sussex	10:03.54	3	Laura Gent	Surrey	9:46.25
2013		-	-		1	Sophia Parvizi-Wayne	Middlesex	10:00.73	1	Alice Perkins	Essex	9:39.19
2013		-	-		2	Abbie Donnelly	Lincolnshire	10:02.29	2	Amy Griffiths	Leics & R	9:39.43
2013		-	-		3	Sophie Brennan	Merseyside	10:04.85	3	Becky Straw	West Midlands	9:42.07
2014		-	-		1	Harriet Knowles-Jones	Gtr. Manchester	9:27.15	1	Hannah Nuttall	Leics & R	9:32.65
2014		-	-		2	Niamh Brown	Surrey	9:44.27	2	Bronwen Owen	North Yorkshire	9:38.15
2014		-	-		3	Georgia Fear	London	9:52.71	3	Sophia Parvizi-Wayne	Middlesex	9:38.48
2015		-	-		1	Jessica Keene	Kent	9:41.35	1	Sophia Parvizi-Wayne	Middlesex	10:01.31
2015		-	-		2	Hope Goddard	Berkshire	9:43.20	2	Georgia Fear	London	10:03.18
2015		-	-		3	Morven Goodrum	Berkshire	9:53.02	3	Abbie Donnelly	Lincolnshire	10:04.87
2016		-	-		1	Faye Ireland	Merseyside	9:50.92	1	Niamh Bridson-Hubbard	Kent	9:43.10
2016		-	-		2	Claudia Lance Jones	Surrey	9:51.46	2	Morven Goodrum	Berkshire	9:44.57

2016		-	-		3	Phoebe Barker	Kent	9:52.11	3	Charlotte Tara Murphy	Cambridgeshire	9:46.36
2017		-	-		1	Ella McNiven	Merseyside	9:29.76	1	Julia Paternain	Cambridgeshire	9:30.74
2017		-	-		2	Charlotte Alexander	Surrey	9:34.05	2	Julia Tomczak	London	9:32.49
2017		-	-		3	Jessica Mitchell	Essex	9:40.86	3	Zoe Wassell	Gloucestershire	9:38.78
2018		-	-		1	Ella McNiven	Merseyside	9:51.55	1	Julia Paternain	Cambridgeshire	9:37.24
2018		-	-		2	Katie Goodge	Kent	10:02.42	2	Chloe Sharp	Kent	9:39.32
2018		-	-		3	Roise Woodhams	Cumbria	10:03.52	3	Grace Copeland	Dorset	9:44.11
2019		-	-		1	Emily Shaw	Dorset	10:04.79	1	Charlotte Alexander	Surrey	9:35.08
2019		-	-		2	Pippa Roessler	Surrey	10:07.90	2	Amelia Samuels	West Midlands	9:43.86
2019		-	-		3	Bethany Cook	Sussex	10:08.93	3	Tia Wilson	Beds & Luton	9:45.15
2021		-	-		1	Jess Bailey	Cumbria	9:32.07	1	Kaitlyn Sheppard	Gloucestershire	9:38.51
2021		-	-		2	Fleur Todd-Warmoth	London	9:37.66	2	Louise Hackett	Staffordshire	9:40.92
2021		-	-		3	Ellie Loosley	Cambridgeshire	9:41.91	3	Harriet Bloor	Sussex	9:41.04
2022		-	-		1	Innes Fitzgerald	Devon	9:21.34	1	Libby Huxley	Lancashire	9:42.62
2022		-	-		2	Sophie Nicholls	Somerset	9:38.10	2	Jasmine Young	Berkshire	9:44.31
2022		-	-		3	Rebecca Flaherty	West Yorkshire	9:45.89	3	Olivia Martin	Oxfordshire	9:44.61
2023		-	-		1	Zoe Gilbody	Shropshire	9:47.04	1	Innes Fitzgerald	Devon	9:16.14
2023		-	-		2	Eliza Nicholson	London	9:47.06	2	Rebecca Flaherty	West Yorkshire	9:49.28
2023		-	-		3	Katie Pye	Surrey	9:48.89	3	Sophie Nicholls	Somerset	9:50.47
2024		-	-		1	Olivia Forrest	Essex	9:26.01	1	Innes Fitzgerald	Devon	8:58.85
2024		-	-		2	Ellarose Whitworth	Lincolnshire	9:31.29	2	Freya Bradley	Avon	9:33.84
2024		-	-		3	Lucy Wilkinson	Buckinghamshire	9:40.52	3	India Frost	Hertfordshire	9:43.81
2025		-	-		1	Jasmine Christmas	Cambridgeshire	9:40.80	1	Zoe Gilbody	Shropshire	9:23.00
2025		-	-		2	Kitty Scott	Surrey	9:47.28	2	Freya Bradley	Avon	9:30.24
2025		-	-		3	Beth Lewis	Humberside	9:49.18	3	Madeleine Pearce	Buckinghamshire	9:32.43
2026		-	-		1	Beth Lewis	Humberside	9:42.35	1	Eleanor Foster	Devon	9:38.58
2026		-	-		2	Florence Goodwin	Sussex	9:44.93	2	Lizzy Sheridan	Berkshire	9:46.02
2026		-	-		3	Ann Kamau	West Yorkshire	9:46.50	3	Molly Smithers	Sussex	9:49.80

JUNIOR					INTERMEDIATE					SENIOR				
70 YARDS HURDLES					80 YARDS HURDLES					80 METRES HURDLES				
1948	1	Jacqueline Lucy	London	11.5	1	Margaret Hill	Berkshire	11.8	1	-	-			
1948	2	Jean Edgerley	Buckinghamshire		2	Kathleen Dicker	Norfolk		2	-	-			
1948	3				3				3	-	-			
1949	1	Jean Edgerley	Buckinghamshire	11.0	1	Dorothy Harper	Buckinghamshire	11.5	1	-	-			
1949	2	Ruth Singleton	Dorset	11.6	2	Betty Jelley	Surrey		2	-	-			
1949	3	B. Perryman	Essex		3	Heather Chapman	Surrey		3	-	-			
1950	1	Pam Seaborne	Essex	10.9	1	Jean Edgerley	Buckinghamshire	11.2	1	Heather Chapman	Surrey		12.4	
1950	2	M. Evans	Essex		2	Barbara Milledge	Buckinghamshire		2	P. Reffold	Surrey			
1950	3	Beryl Goodswen	Norfolk		3	Jean Wood	Middlesex		3	V. Kipping	Buckinghamshire			

1951	1	Betty Rootes	Kent	10.8	1	Barbara Milledge	Buckinghamshire	11.7	1	Marie Bridgeford	Sussex	12.3
1951	2	Wendy Gomm	Middlesex		2	G. Page	Essex		2	Joan Dennis	Middlesex	
1951	3	J. Simpkin	Lancashire		3	D. Kelly	Essex		3	Barbara Hallwood	Northumberland	
1952	1	Betty Rootes	Kent	10.8	1	Pamela Fry	Essex	12.0	1	Jean Wood	Middlesex	12.8
1952	2	Pat Haines	Berkshire	11.2	2	Lorraine Lindley	Hampshire	12.2	2	Jean Edgerley	Buckinghamshire	13.1
1952	3	D. Chambers	Sussex	11.3	3	Josephine Trevatt	Surrey	12.3	3	J. Lance	Sussex	13.3
1953	1	Rita Pearce	Surrey	10.2	1	Pamela Haddock	Yorkshire	11.3	1	Jean Edgerley	Buckinghamshire	12.1
1953	2	Rosemarie J. Bowcott	Herefordshire	10.3	2	E. Allen	Hertfordshire	11.4	2	Lorraine Lindley	Hampshire	12.3
1953	3	C. Cresswell	Essex	10.4	3	Sylvia Dawes	London	11.4	3	J. Whyley	Middlesex	12.9
1954	1	Margaret Allum	Suffolk	10.3	1	Sheila Mackay	Durham	11.4	1	Julie Leckie	Wiltshire	13.5
1954	2	R. Abbott	Sussex	10.3	2	Pamela Haddock	Yorkshire	11.5	2	Judy Sanderson	Yorkshire	13.7
1954	3	Alma Osborne	Lincolnshire	10.4	3	Jean Walker	Cheshire	11.8	3	Lorraine Lindley	Hampshire	14.1
1955	1	Cherie Rowland	Surrey	10.1	1	Jean Walker	Cheshire	11.2	1	Pamela Haddock	Yorkshire	12.0
1955	2	A. Myers	Durham	10.3	2	M. Watts	Gloucestershire	11.3	2	Thelma Stamp	Cornwall	12.1
1955	3	A. Clift	Kent	10.5	3	Rosemarie J. Bowcott	Herefordshire	11.7	3	J. Bell	Devon	12.4
1956	1	Ann Charlesworth	Yorkshire	10.3	1	Jean Stead	Yorkshire	11.3	1	Jean Walker	Cheshire	12.0
1956	2	Jill Naylor	Hampshire	10.3	2	Cherie Rowland	Surrey	11.3	2	Christine Simpson	Yorkshire	12.1
1956	3	Joy Grieveson	Durham	10.5	3	Kathleen Degg	Staffordshire	11.3	3	Rosemarie J. Bowcott	Herefordshire	12.5
1957	1	Cynthia Kempson	Staffordshire	10.4	1	Maxine Botley	Kent	11.3	1	E. Walker	Hertfordshire	12.0
1957	2	Y. Culff	Essex	10.6	2	Brenda Hamilton	Essex	11.3	2	Jean Stead	Yorkshire	12.1
1957	3	B. Wood	Middlesex	10.6	3	Jill Naylor	Hampshire	11.6	3	Alma Osborne	Lincolnshire	12.3
1958	1	Cynthia Kempson	Staffordshire	10.2	1	Jill Naylor	Hampshire	11.2	1	Jean Andrews	Yorkshire	12.2
1958	2	Valerie Hawkins	Gloucestershire	10.2	2	Gillian Wallis	Sussex	11.4	2	Jenny Greene	Sussex	12.3
1958	3	C. Kent	Cheshire	10.4	3	Geraldine Garside	Surrey	11.6	3	Patricia Bailleff	Staffordshire	12.4
1959	1	Angela Charman	Surrey	10.3	1	Cynthia Kempson	Staffordshire	11.4	1	Ann Charlesworth	Yorkshire	11.3
1959	2	Valerie Hawkins	Gloucestershire	10.3	2	Barbara Moser	Surrey	11.5	2	Brenda Hamilton	Essex	12.0
1959	3	Rosemary Kimberley	Devon	10.4	3	Gillian Wallis	Sussex	11.5	3	R. Whittington	Cheshire	12.0
1960	1	Susan Beldham	Middlesex	10.0	1	Anne Fordyce	Surrey	11.1	1	June Farley	Essex	12.1
1960	2	Beryl Jenkins	Lancashire	10.0	2	Rosemary Kimberley	Devon	11.1	2	M. Taylor	Cheshire	12.1
1960	3	A. West	Derbyshire	10.2	3	Cynthia Kempson	Staffordshire	11.2	3	B. Brown	Cumberland	12.2
1961	1	D. Stephenson	Yorkshire	10.3	1	Rosemary Kimberley	Devon	11.1	1	Anne Fordyce	Surrey	11.4
1961	2	G. Filtness	Essex	10.4	2	Rita Naylor	Staffordshire	11.2	2	Sheila Manning	Essex	11.9
1961	3	M. Scott	Cumberland	10.4	3	Thelwyn Appleby	Warwickshire	11.4	3	Susan Mills	Lancashire	11.9
1962	1	Josephine Kendle	Suffolk	10.3	1	Beryl Jenkins	Lancashire	11.1	1	Susan Mills	Lancashire	12.0
1962	2	J. Mitchell	Cumberland	10.4	2	P. Grimes	Hampshire	11.4	2	Rita Naylor	Staffordshire	12.3
1962	3	Suzanne Hopper	Middlesex	10.4	3	Mary Slade	Wiltshire	11.5	3	Patricia Jones	Lancashire	12.6
1963	1	Lesley Evans	Lancashire	10.2	1	Mary Gearing	Warwickshire	11.3	1	Mary Slade	Wiltshire	12.9
1963	2	Sheila Garnett	Huntingdonshire	10.3	2	Josephine Kendle	Suffolk	11.4	2	J. Herbert	Hertfordshire	13.0
1963	3	Sandra Brych	Middlesex	10.3	3	Kay Harrison	Cambridgeshire	11.5	3	M. Ricketts	Hertfordshire	13.0

80 YARDS HURDLES

80 METRES HURDLES

80 METRES HURDLES

1964	1	Carol Carter	Yorkshire	11.7	1	Wendy Palmer	Devon	12.1	1	Susan Beldham	Middlesex	12.0
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1964	2	Jane Matthews	Staffordshire	11.8	2	Sheila Garnett	Huntingdonshire	12.1	2	Kay Harrison	Cambridgeshire	12.1
1964	3	Jean Arthur	Warwickshire	11.9	3	Eileen Dawson	Derbyshire	12.3	3	Avril Pyle	Berkshire	12.4
1965	1	Jane Matthews	Staffordshire	11.4	1	Christine Perera	Lancashire	11.9	1	Wendy Palmer	Devon	11.4
1965	2	Shirley Gorzko	Yorkshire	11.5	2	Linda Chenery	Surrey	11.9	2	Sheila Garnett	Huntingdonshire	11.6
1965	3	Rose Higgins	Berkshire	11.6	3	Miranda Whitfield	Surrey	12.2	3	Eileen Dawson	Derbyshire	11.8
1966	1	Christine Wilson	Essex	11.5w	1	Christine Perera	Lancashire	11.6w	1	Wendy Palmer	Devon	11.3w
1966	2	Kathryn Gebbie	Berkshire	11.5w	2	Irene Powder	London	11.9w	2	Eileen Dawson	Derbyshire	11.4w
1966	3	Barbara Corbett	Surrey	11.5w	3	Miranda Whitfield	Surrey	11.9w	3	Linda Chenery	Surrey	11.4w
1967	1	Denise Etheridge	Sussex	11.1w	1	Jackie Philp	Essex	11.8w	1	Irene Powder	London	11.4
1967	2	Jane Eastman	Somerset	11.1w	2	Judith Beddoes	Warwickshire	11.8w	2	Lindsey Cooke	Somerset	11.4
1967	3	Karen Wheeler	Middlesex	11.2w	3	Janice Byng	Kent	11.9w	3	Linda Chenery	Surrey	11.5
1968	1	Blondelle Thompson	Warwickshire	11.4	1	Susan Turpin	Middlesex	11.6	1	Lindsey Cooke	Somerset	11.7
1968	2	Karen Wheeler	Middlesex	11.4	2	Sue Scott	Warwickshire	11.6	2	Jackie Philp	Essex	11.8
1968	3	Ann Williams	Yorkshire	11.5	3	Janice Byng	Kent	11.7	3	Sharon Smyth	Surrey	11.9
1969	1	Nnenna Njoku	Lancashire	11.3	1	Jane Eastman	Somerset	12.0	-	-	-	-
1969	2	Jennifer Richardson	Surrey	11.5	2	Janet Plews	Yorkshire	12.1	-	-	-	-
1969	3	Louise George	Devon	11.9	3	Joanna Lightowler	Devon	12.1	-	-	-	-

75 METRES HURDLES

80 METRES HURDLES

100 METRES HURDLES

1969		-	-			-	-		1	Barbara Corbett	Surrey	15.0
1969		-	-			-	-		2	Lynne Ware-Grosvenor	Durham	15.4
1969		-	-			-	-		3	Jackie Philp	Essex	15.5
1970	1	Linda Brewer	Warwickshire	12.0	1	Jennifer Richardson	Surrey	12.2	1	Linda Robinson	Warwickshire	14.7
1970	2	Jane Leeson	Warwickshire	12.0	2	Janet Down	Devon	12.3	2	Barbara Corbett	Surrey	14.9
1970	3	Kathleen Alexander	Kent	12.0	3	Nnenna Njoku	Lancashire	12.4	3	Diana Toon	Somerset	15.3
1971	1	Sue Mapstone	Essex	11.3	1	Lorna Drysdale	Warwickshire	11.7	1	Diana Toon	Somerset	14.3
1971	2	Linda Brewer	Warwickshire	11.4	2	Jacqueline Stokoe	Huntingdonshire	12.0	2	Caroline Thicknesse	Somerset	15.0
1971	3	Beverley Campbell	Essex	11.7	3	Pauline Sharples	Middlesex	12.1	3	Joanna Lightowler	Devon	15.0
1972	1	Joy Bowerman	Surrey	11.0w	1	Sue Holmstrom	Durham	12.0	1	Helen Key	Kent	14.6
1972	2	Carol Bosah	Yorkshire	11.4w	2	Bridget Rutledge	Somerset	12.0	2	Jacqueline Stokoe	Huntingdonshire	14.6
1972	3	Helen Murray	Leicestershire	11.4w	3	Grace Williams	Middlesex	12.4	3	Caroline Thicknesse	Somerset	14.9
1973	1	Karen Evans	Lancashire	11.5	1	Jane Long	Buckinghamshire	11.4w	1	Bridget Rutledge	Somerset	14.3w
1973	2	Jean Yates	Surrey	11.6	2	Elizabeth Eddy	Warwickshire	11.5w	2	Sue Holmstrom	Durham	14.4
1973	3	Susan Nomo	Warwickshire	11.8	3	Lorraine Ilderton	Staffordshire	11.7w	3	Jacqueline Stokoe	Huntingdonshire	14.5
1974	1	Jill Duffield	Middlesex	11.2	1	Shirley Strong	Cheshire	11.6	1	Sue Holmstrom	Durham	13.7
1974	2	Maureen Prendergast	Middlesex	11.6	2	Lorraine Ilderton	Staffordshire	11.8	2	Bridget Rutledge	Somerset	14.5
1974	3	Debra Matthews	Surrey	11.6	3	Karen Evans	Lancashire	12.0	3	Gillian Smith	Yorkshire	14.9
1975	1	Wendy McDonnell	Essex	11.6	1	Shirley Strong	Cheshire	11.5	1	Joy Bowerman	Surrey	14.5
1975	2	Amanda Stacey	Middlesex	11.6	2	Yvette Wray	Shropshire	11.6	2	Gillian Smith	North Yorkshire	14.7
1975	3	Amanda Ferris	Middlesex	11.7	3	Jill Duffield	Middlesex	11.9	3	Jane Long	Buckinghamshire	14.8
1976	1	Jane Hughes	Shropshire	11.6	1	Theresa Chipp	Lincolnshire	11.4	1	Christina O'Nions	Avon	14.6
1976	2	Sarah Brennan	North Yorkshire	11.9	2	Maureen Prendergast	Middlesex	11.5	2	Yvette Wray	Shropshire	14.7

1976	3	Sally Pinches	Devon	11.9	3	Jill Duffield	Middlesex	11.7	3	Kathryn Warren	Derbyshire	14.7
1977	1	Debbie Baker	Derbyshire	11.1w	1	Wendy McDonnell	Essex	10.9w	1	Yvette Wray	Shropshire	14.0w
1977	2	Susan Trickett	Surrey	11.4w	2	Judy Livermore	Warwickshire	11.4w	2	Theresa Chipp	Lincolnshire	14.1w
1977	3	Patricia Licorish	Middlesex	11.4w	3	Sarah Brennan	North Yorkshire	11.5w	3	Sue Morley	South Yorkshire	14.3w
1978	1	Lynda Playel	Hertfordshire	11.0w	1	Heather Ross	Avon	11.2w	1	Wendy McDonnell	Essex	13.8
1978	2	Mandy Lewis	Essex	11.3w	2	Claire St. John	Surrey	11.4w	2	Judy Livermore	Warwickshire	13.9
1978	3	Debra Lake	Norfolk	11.4w	3	Debbie Church	Essex	11.5w	3	Theresa Chipp	Lincolnshire	14.1
1979	1	Diana Warnett	Middlesex	11.4	1	Claire St. John	Surrey	11.2	1	Wendy McDonnell	Essex	13.8
1979	2	Lynn Parry	Derbyshire	11.5	2	Debbie Baker	Derbyshire	11.5	2	Heather Ross	Avon	13.9
1979	3	Lynn Parry	Warwickshire	11.6	3	Susan Trickett	Surrey	11.6	3	Judy Livermore	Warwickshire	14.0
1980	1	Nathalie Byer	Essex	10.8w	1	Sarah Dean	Hampshire	11.2w	1	Heather Ross	Avon	13.7w
1980	2	Ann Girvan	Cheshire	10.8w	2	Mandy Lewis	Essex	11.4w	2	Claire St. John	Surrey	13.7w
1980	3	Joanne Evans	Surrey	11.1w	3	Tessa North	Middlesex	11.4w	3	Elizabeth Little	West Midlands	14.4w
1981	1	Sharon Robinson	West Yorkshire	11.4	1	Ann Girvan	Cheshire	11.4w	1	Lynne Roper	South Yorkshire	14.0w
1981	2	Caroline Oxer	Cambridgeshire	11.8	2	Tessa North	Surrey	11.5w	2	Kay Morley	South Yorkshire	14.5w
1981	3	Lesley-Ann Skeete	Wiltshire	11.8	3	Joanne Evans	Surrey	11.5w	3	Wendy Laing	Merseyside	14.6w
1982	1	Joanna Stone	Surrey	11.5	1	Jeanette Gibson	Essex	11.5	1	Lynda Playel	Hertfordshire	14.3
1982	2	Fidelia Onaghaife	London	11.5	2	Pamela St Ange	London	11.5	2	Joanne Taylor	Essex	14.4
1982	3	Katherine Disley	Middlesex	12.0	3	Lesley-Ann Skeete	Wiltshire	11.6	3	Lynn Parry	Derbyshire	14.4
1983	1	Paula Khouri	Nottinghamshire	11.1w	1	Sonia Maynard	Middlesex	11.3w	1	Sally Gunnell	Essex	13.7w
1983	2	Karen Gibbs	Northumberland	11.4w	2	Pamela St. Ange	London	11.3w	2	Lynn Parry	Derbyshire	14.1
1983	3	Michelle Edwards	London	11.4w	3	Janet Townend	West Yorkshire	11.3w	3	Sarah Dean	Hampshire	14.4
1984	1	Amanda Parker	Suffolk	11.2	1	Michelle Stone	Essex	11.2w	1	Sally Gunnell	Essex	13.8
1984	2	Julie Mulcock	Dorset	11.2	2	Stephanie Douglas	Oxfordshire	11.5w	2	Ann Girvan	Cheshire	14.0
1984	3	Paula Wright	Staffordshire	11.3	3	Dionne Ible	Bedfordshire	11.6w	3	Lesley-Ann Skeete	Somerset	14.1
1985	1	Rachel Halstead-Peel	North Yorkshire	11.3	1	Sam Farquharson	Surrey	11.3	1	Lesley-Ann Skeete	Somerset	14.0
1985	2	Kay Allmond	Oxfordshire	11.5	2	Stephanie Douglas	Oxfordshire	11.4	2	Samantha Postings	Staffordshire	14.9
1985	3	Louise Fraser	Gtr. Manchester	11.5	3	Sharon Smith	London	11.5	3	Fidelia Onaghaife	London	15.0
1986	1	Lydia Chadwick	Lancashire	11.0	1	Amanda Parker	Suffolk	11.2	1	Lesley-Ann Skeete	Somerset	13.5
1986	2	Lauraine Cameron	London	11.3	2	Sam Farquharson	Surrey	11.3	2	Dionne Ible	Bedfordshire	14.3
1986	3	Rachel Ventre	Merseyside	11.4	3	Paula Wright	Staffordshire	11.5	3	Stephanie Douglas	Buckinghamshire	14.4
1987	1	Nina Thompson	Essex	11.0w	1	Louise Brunning	Surrey	11.2w	1	Jacqui Agyepong	London	13.9
1987	2	Angela Thorp	South Yorkshire	11.4w	2	Rachel Rigby	Gtr. Manchester	11.3w	2	Stephanie Douglas	Buckinghamshire	14.0
1987	3	Faye Manning	Essex	11.6w	3	Lauraine Cameron	London	11.4w	3	Michelle Edwards	London	14.4
1988	1	Yvonne D'Arcy	Merseyside	11.5	1	Louise Brunning	Surrey	11.3	1	Louise Fraser	Gtr. Manchester	14.0
1988	2	Leigh Cockerell	Essex	11.5	2	Angela Thorp	South Yorkshire	11.4	2	Sharon Bowen	Merseyside	14.2
1988	3	Tania Devereux	Hampshire	11.7	3	Lindsay Jones	Nottinghamshire	11.5	3	Sam Farquharson	Surrey	14.2
1989	1	Orla Bermingham	Essex	11.4	1	Angela Thorp	South Yorkshire	11.1	1	Keri Maddox	Staffordshire	13.7
1989	2	Claire Stuart	Suffolk	11.5	2	Nina Thompson	Essex	11.3	2	Sam Farquharson	Surrey	13.7
1989	3	Lavinia Petch	Essex	11.5	3	Yvonne D'Arcy	Merseyside	11.3	3	Samantha Baker	Staffordshire	14.1
1990	1	Orla Bermingham	Essex	10.7w	1	Dawn Stewart	Staffordshire	11.3w	1	Keri Maddox	Staffordshire	13.3w
1990	2	Julie McAughtrie	Gtr. Manchester	11.2w	2	Paula Wilkin	Humberside	11.5w	2	Samantha Baker	Staffordshire	13.4w

1990	3	Claire Stuart	Suffolk	11.3w	3	Yvonne D'Arcy	Merseyside	11.6w	3	Angela Thorp	South Yorkshire	13.7w
1991	1	Julie McAughtrie	Gtr. Manchester	11.26w	1	Diane Allahgreen	Merseyside	11.39	1	Lauraine Cameron	London	13.94
1991	2	Liz Fairs	Derbyshire	11.34w	2	Orla Bermingham	Essex	11.59	2	Claire Phythian	Gtr. Manchester	14.33
1991	3	Julia Richardson	Cornwall	11:50w	3	Natasha Turner	Oxfordshire	11.65	3	Nicola Davies	Cheshire	14.51
1992	1	Liz Fairs	Derbyshire	11.29	1	Julie McAughtrie	Gtr. Manchester	11.54	1	Diane Allahgreen	Merseyside	14.21
1992	2	Natasha Danvers	London	11.50	2	Orla Bermingham	Essex	11.61	2	Anne Hollman	Lincolnshire	14.82
1992	3	Nicola Sharpe	Dorset	11.57	3	Katie Budd	Middlesex	11.95	3	Andrea Murphy	Kent	15.12
1993	1	Kate Forsyth	Northumberland	11.06w	1	Louise Colledge	Leicestershire	11.40w	1	Diane Allahgreen	Merseyside	13.50w
1993	2	Deanne Kenney	Leicestershire	11.26w	2	Liz Fairs	Derbyshire	11.42w	2	Andrea Murphy	Kent	14.11w
1993	3	Paula Woodland	Oxfordshire	11.38w	3	Amanda Batt	Hertfordshire	11.53w	3	Jo McDonald	Surrey	14.21w
1994	1	Nicola Hall	Suffolk	11.14w	1	Liz Fairs	Derbyshire	11.11w	1	Diane Allahgreen	Merseyside	13.65w
1994	2	Leanda Adams	Staffordshire	11.21w	2	Julie Pratt	Essex	11.27w	2	Denise Bolton	Gtr. Manchester	14.04w
1994	3	Cheryl Kennedy	Durham	11.24w	3	Louise Colledge	Leicestershire	11.39w	3	Orla Bermingham	Essex	14.16w
1995	1	Naomi Hodge-Dalloway	London	11.01w	1	Julie Pratt	Essex	11.32	1	Natasha Danvers	Kent	13.6w
1995	2	Sarah Akinbiyi	London	11.57w	2	Nicola Hall	Suffolk	11.40	2	Liz Fairs	Derbyshire	14.1w
1995	3	Laura Foster	South Yorkshire	11.63w	3	Emma Anderson	Staffordshire	11.49	3	Clare Bushby	Northumberland	14.3w
1996	1	Helen Worsey	Leicestershire	11.05w	1	Sarina Mantle	Essex	11.25w	1	Denise Bolton	Gtr. Manchester	13.96w
1996	2	Luisa Giles	Staffordshire	11.09w	2	Nicola Hall	Suffolk	11.27w	2	Liz Fairs	Derbyshire	14.13w
1996	3	Sharon Davidge	Devon	11.21w	3	Katy Lestrangle	Cheshire	11.39w	3	Julie Pratt	Essex	14.17w
1997	1	Sara McGreavy	Warwickshire	11.08	1	Helen Worsey	Leicestershire	11.31w	1	Julie Pratt	Essex	13.75
1997	2	Pam Cook	Merseyside	11.30	2	Sarina Mantle	Essex	11.33w	2	Kate Forsyth	Northumberland	13.94
1997	3	Gemma Bennett	Essex	11.43	3	Sharon Davidge	Devon	11.42w	3	Katherine Livesey	Lancashire	14.39
1998	1	Symone Belle	Essex	10.99w	1	Helen Worsey	Leicestershire	10.96w	1	Sarah Porter	Surrey	14.12w
1998	2	Melissa Harris	Shropshire	11.07w	2	Sharon Davidge	Devon	11.00w	2	Katherine Livesey	Lancashire	14.29w
1998	3	Hannah Elwiss	Lancashire	11.25w	3	Sara McGreavy	Warwickshire	11.28w	3	Sarah Akinbiyi	Middlesex	14.41w
1999	1	Symone Belle	Essex	11.07	1	Sara McGreavy	Warwickshire	11.22	1	Rebecca Gibb	Cleveland	14.58
1999	2	Hannah Elwiss	Lancashire	11.36	2	Gemma Ferguson	Northumberland	11.67	2	Katherine Porter	Kent	14.81
1999	3	Emma Makin	Cheshire	11.51	3	Melissa Harris	Shropshire	11.92	3	Samantha Adamson	Hertfordshire	14.98
2000	1	Leah McGuire	Norfolk	11.18	1	Symone Belle	Essex	11.18w	1	Sara McGreavy	Warwickshire	13.90w
2000	2	Emma Makin	Cheshire	11.28	2	Hannah Elwiss	Lancashire	11.39w	2	Helen Worsey	Leicestershire	14.19w
2000	3	Phyllis Agbo	London	11.31	3	Gemma Ferguson	Northumberland	11.55w	3	Grace Smith	Cumbria	14.49w
2001	1	Leah McGuire	Norfolk	11.00w	1	Hannah Elwiss	Lancashire	11.21w	1	Sara McGreavy	Warwickshire	13.77w
2001	2	Christine Waters	Merseyside	11.25w	2	Danielle Fawkes	Cumbria	11.38w	2	Gemma Ferguson	Northumberland	14.07w
2001	3	Samantha Britton	Derbyshire	11.33w	3	Nicola Robinson	Leics & R	11.43w	3	Stefanie Pullinger	Berkshire	14.48w
2002	1	Kylie Robilliard	Channel Islands	11.24	1	Nicola Robinson	Leics & R	11.34	1	Gemma Bennett	Essex	14.12
2002	2	Nafalya Francis	Warwickshire	11.26	2	Phyllis Agbo	London	11.35	2	Leyna Hird	Devon	14.16
2002	3	Victoria Garrad	Merseyside	11.35	3	Catherine Holdsworth	Essex	11.47	3	Channelle Garnett	London	14.28
2003	1	Helen Asher	Merseyside	11.05	1	Kylie Robilliard	Channel Islands	11.22	1	Sharon Walls	Gtr. Manchester	13.97w
2003	2	Nafalya Francis	Warwickshire	11.32	2	Chloe van Wulven	Essex	11.37	2	Hannah Elwiss	Lancashire	14.13w
2003	3	Stephanie Brennan	Merseyside	11.37	3	Harriet Robinson	London	11.38	3	Katey Read	Cheshire	14.36w
2004	1	Ashley Helsby	Merseyside	11.21	1	Chloe van Wulven	Essex	11.39	1	Catherine Holdsworth	Essex	14.06
2004	2	Serita Solomon	Kent	11.21	2	Victoria Garrad	Merseyside	11.41	2	Katey Read	Cheshire	14.23

2004	3	Jennifer Taker	Gtr. Manchester	11.33	3	Emily Noble	West Yorkshire	11.65	3	Lisa McManus	Leics & R	14.63
2005	1	Danielle Rooney	Lancashire	10.99	1	Serita Solomon	Kent	11.10	1	Victoria Garrad	Merseyside	14.21
2005	2	Helen Van Kempen	Hertfordshire	11.08	2	Helen Asher	Merseyside	11.33	2	Sarah Adams	Leics & R	14.21
2005	3	Stephanie Gaynor	Hertfordshire	11.10	3	Lisa Schofield	Essex	11.50	3	Emily Noble	West Yorkshire	14.65
2006	1	Kirsty Warland	Oxfordshire	11.14	1	Jennifer Taker	Gtr. Manchester	11.45	1	Lucy Boggis	Oxfordshire	14.77
2006	2	Lizzie Wessely	Devon	11.29	2	Chelsea Cooper	Staffordshire	11.46	2	Chloe van Wulven	Essex	15.25
2006	3	Charlotte Maxwell	Devon	11.49	3	Stephanie Gaynor	Hertfordshire	11.55	3	Emily Bonnett	Somerset	15.37
2007	1	Rebecca Liddell	Northumberland	11.14	1	Danielle Rooney	Lancashire	11.43	1	Hannah Francis-Smithson	West Yorkshire	13.96
2007	2	Grace Christopher	West Yorkshire	11.50	2	Stephanie Gaynor	Hertfordshire	11.43	2	Helen Asher	Merseyside	14.13
2007	3	Rebecca Curtis-Harris	Hampshire	11.76	3	Sandra Seaton	Surrey	11.52	3	Lauren Dewdney	Northumberland	14.36
2008	1	Yasmin Miller	Derbyshire	11.34	1	Kirsty Warland	Oxfordshire	11.12w	1	Lauren Dewdney	Northumberland	14.01w
2008	2	Victoria Williamson	Norfolk	11.46	2	Chanel Taite	Middlesex	11.31w	2	Stephanie Gaynor	Hertfordshire	14.07w
2008	3	Samantha Brown	Kent	11.48	3	Rebecca Liddell	Northumberland	11.36w	3	Ashley Helsby	Somerset	14.21w
2009	1	Yasmin Miller	Derbyshire	11.04	1	Georgia Atkins	Essex	11.12	1	Stephanie Gaynor	Hertfordshire	14.18
2009	2	Anna Davies	Nottinghamshire	11.21	2	Grace Christopher	West Yorkshire	11.34	2	Ashley Wood	Cleveland	14.45
2009	3	Hayley McLean	Essex	11.27	3	Rebecca Curtis-Harris	Hampshire	11.48	3	Claire Humphreys	Hertfordshire	14.45
2010	1	Alicia Tymon-McEwan	Hertfordshire	11.18	1	Yasmin Miller	Derbyshire	11.33	1	Georgia Atkins	Essex	14.22
2010	2	Shirin Irving	Surrey	11.24	2	Emily Moore	Essex	11.72	2	Ashley Wood	Cleveland	14.32
2010	3	Keeleigh Chapman	Wiltshire	11.30	3	Anna Davies	Nottinghamshire	11.79	3	Jenny Robinson	Devon	14.37
2011	1	Shirin Irving	Surrey	10.85nw	1	Lucy Hatton	Northamptonshire	11.23	1	Georgia Atkins	Essex	14.24
2011	2	Moesha Howard	Essex	11.27nw	2	Olivia Walker	Staffordshire	11.56	2	Gabriella Ade-Onojobi	Kent	14.30
2011	3	Lucy Turner	Durham	11.33nw	3	Anna Davies	Nottinghamshire	11.61	3	Holly Thomas	Essex	14.33
2012	1	Alicia Barrett	Derbyshire	11.07	1	Shirin Irving	Surrey	11.39	1	Brogan Crowley	West Yorkshire	13.90
2012	2	Emma Schaanning	Derbyshire	11.28	2	Stephanie Clitheroe	Buckinghamshire	11.50	2	Rebecca Brown	Devon	14.08
2012	3	Hollie Williamson	Shropshire	11.44	3	Maria Hollingsworth	Lincolnshire	11.79	3	Madelaine Smith	West Midlands	14.44
2013	1	Leigh Thompson	London	11.30	1	Alicia Barrett	Derbyshire	11.37	1	Olivia Walker	Staffordshire	14.31
2013	2	Sophie Elliss	Surrey	11.36	2	Mollie Courtney	Gloucestershire	11.73	2	Stephanie Clitheroe	Buckinghamshire	14.40
2013	3	Catriona McSorley	London	11.58	3	Emma Schaanning	Derbyshire	11.77	3	Bethany Close	Sussex	14.66
2014	1	Esther Adikpe	Berkshire	11.21	1	Alicia Barrett	Derbyshire	11.17	1	Mollie Courtney	Gloucestershire	14.24
2014	2	Amber Hornbuckle	Hertfordshire	11.37	2	Sophie Elliss	Surrey	11.47	2	Jess Hunter	Buckinghamshire	14.34
2014	3	Amy Pye	Staffordshire	11.45	3	Jade Simson	Devon	11.47	3	Stephanie Clitheroe	Middlesex	14.43
2015	1	Pippa Earley	Surrey	10.90	1	Isabel Wakefield	Devon	11.34	1	Jess Hunter	Buckinghamshire	13.88
2015	2	Amber Hornbuckle	Hertfordshire	11.04	2	Sophie Elliss	Surrey	11.36	2	Mollie Courtney	Gloucestershire	14.07
2015	3	Marcia Sey	Somerset	11.05	3	Hollie Williamson	Shropshire	11.50	3	Ella De Lucis	Cambridgeshire	14.42
2016	1	Marcia Sey	Somerset	11.06	1	Pippa Earley	Surrey	11.48	1	Alicia Barrett	Derbyshire	13.67
2016	2	Victoria Johnson	Leics & R	11.16	2	Darcey Fleming	Berkshire	11.94	2	Hope Sarti	Surrey	14.08
2016	3	Kiera Bainsfair	Essex	11.37	3	Carly Bates	West Midlands	12.01	3	Amber-Leigh Hall	Berkshire	14.26
2017	1	Dani Hales	Shropshire	11.16	1	Marcia Sey	Somerset	11.07	1	Isabella Hilditch	Surrey	14.08
2017	2	Abi Pawlett	Cheshire	11.26	2	Victoria Johnson	Leics & R	11.15	2	Sophie Elliss	Surrey	14.20
2017	3	Abigail Packham	Sussex	11.30	3	Samantha Harris	Devon	11.17	3	Emily Russell	Hertfordshire	14.24
2018	1	Mia McIntosh	Hertfordshire	11.15	1	Marcia Sey	Somerset	11.12	1	Emily Russell	Hertfordshire	14.39
2018	2	Katie Chapman	Devon	11.24	2	Emily Bee	Devon	11.19	2	Isabel Wakefield	Berkshire	14.46

2018	3	Lauren Watkins	Berkshire	11.29	3	Rebecca Johns	Derbyshire	11.44	3	Anya Bates	West Midlands	14.54
2019	1	Mia McIntosh	Hertfordshire	10.75	1	Marli Jessop	Hertfordshire	11.34	1	Jenna Blundell	Avon	13.56
2019	2	Meg Corker	Cheshire	11.18	2	Yasmin Uwakwe	Middlesex	11.38	2	Samantha Harris	Devon	14.23
2019	3	Noa Maoundus	Sussex	11.30	3	Milly Gall	Hertfordshire	11.40	3	Amy Pye	Staffordshire	14.31
2021	1	Isabelle Mardle	Norfolk	10.88	1	Mia McIntosh	Hertfordshire	10.95	1	Dani Hales	Shropshire	13.77
2021	2	Ava John	Middlesex	11.41	2	Jessica Duncton	Gloucestershire	11.20	2	Marli Jessop	Hertfordshire	13.80
2021	3	Evie Schofield	Cheshire	11.50	3	Etienne Maughan	Beds & Luton	11.23	3	Philippa Ellis	Durham	14.02
2022	1	Leah Wagstaff	Cambridgeshire	11.04	1	Isabelle Mardle	Norfolk	11.13	1	Scarlett Gammell	Hertfordshire	13.91
2022	2	Isabella Banks	Northamptonshire	11.33	2	Paris King	Essex	11.20	2	Eniola Ajagbe	Derbyshire	14.17
2022	3	Elicia Lacey	Kent	11.44	3	Lia Bonsu	Surrey	11.30	3	Katie Chapman	Devon	14.28
2023	1	Grace McCollin	Warwickshire	11.21	1	Thea Brown	Cheshire	10.85w	1	Jessica Duncton	Gloucestershire	13.73
2023	2	Alice Coshell	Essex	11.40	2	Leah Wagstaff	Cambridgeshire	11.25w	2	Etienne Maughan	Beds & Luton	13.98
2023	3	Kezia Tarzey	Avon	11.45	3	Kira Jones	Cumbria	11.29w	3	Freya Dockerty	Gtr. Manchester	14.72
2024	1	Izzy Rae	Berkshire	11.28	1	Lily Gayle	Kent	11.47	1	Freya Dockerty	Gtr. Manchester	14.13
2024	2	Rebecca Johnson	Norfolk	11.38	2	Grace McCollin	Warwickshire	11.49	2	Jodie Self	Essex	14.25
2024	3	Carys Francis	North Yorkshire	11.44	3	Grace Aimiuwu	Gtr. Manchester	11.54	3	Azaria Nwankwo	London	14.37
2025	1	Juliette Callau	Humberside	11.00	1	Izzy Rae	Berkshire	11.00	1	Eden Robinson	Somerset	14.06
2025	2	Talia Junaid-Evans	Kent	11.06	2	Grace McCollin	Warwickshire	11.18	2	Lily Gayle	Kent	14.30
2025	3	Isabella Moulton	Essex	11.09	3	Olivia Crawford	Cheshire	11.19	3	Jessica Bliss	Sussex	14.31

UNDER-16

UNDER-18

UNDER-19

80 METRES HURDLES

100 METRES HURDLES

100 METRES HURDLES

2026	1	Juliette Callau	Humberside	11.27	1	Izzy Rae	Berkshire	13.66	1	Leah Wagstaff	Cambridgeshire	13.73
2026	2	Isabella Moulton	Essex	11.50	2	Isabelle Knight	Warwickshire	13.96	2	Lily Gayle	Kent	14.02
2026	3	Farryl McLoughlin	Essex	11.69	3	Amelie Scott	Essex	14.00	3	Maria Gordon	Durham	14.45

JUNIOR

INTERMEDIATE

SENIOR

400 METRES HURDLES

400 METRES HURDLES

1980		-	-		1	Julie Lindsey	Hertfordshire	63.4	1	Debbie Church	Essex	62.0
1980		-	-		2	Victoria Lee	Surrey	64.6	2	Sharon Perrins	Somerset	63.0
1980		-	-		3	Andrea Beaton	Humberside	64.6	3	Wendy Adams	Hereford & Worcs	63.0
1981		-	-		1	Kay Simpson	Kent	61.9	1	Debbie Church	Essex	60.3
1981		-	-		2	Simone Gandy	Hampshire	63.0	2	Sara Coulson	Berkshire	60.8
1981		-	-		3	Suzanne Sherratt	Hampshire	63.7	3	Teresa Hoyle	Buckinghamshire	61.1
1982		-	-		1	Jillian Booth	Cheshire	61.7	1	Simone Gandy	Hampshire	60.8
1982		-	-		2	Karin Hendrickse	Surrey	62.4	2	Catherine Row	Oxfordshire	61.2
1982		-	-		3	Lucy Elliott	Lancashire	62.5	3	Victoria Lee	Surrey	62.0
1983		-	-		1	Helen Price	Warwickshire	63.5	1	Victoria Lee	Surrey	61.3
1983		-	-		2	Jacqui Parker	Hampshire	63.9	2	Simone Gandy	Hampshire	61.7
1983		-	-		3	Rachel Newcombe	Shropshire	64.1	3	Lucy Elliott	Lancashire	61.7

1984		-	-		1	Helen Price	Warwickshire	63.4	1	Lucy Elliott	Lancashire	59.8
1984		-	-		2	Wendy Brown	Essex	64.2	2	Jacqui Parker	Somerset	62.2
1984		-	-		3	Claudine Church	Surrey	64.3	3	Sharon Glover	Surrey	62.6
1985		-	-		1	Debra Duncan	Essex	62.1	1	Michelle Cooney	Kent	59.3
1985		-	-		2	Tracy Allen	Middlesex	63.3	2	Jacqui Parker	Somerset	60.0
1985		-	-		3	Claudine Church	Surrey	63.8	3	Suzanne Chaplin	Devon	61.6
1986		-	-		1	Clare Bleasdale	Surrey	62.8	1	Samantha Flynn	Gtr. Manchester	59.5
1986		-	-		2	Sara Elson	West Yorkshire	63.8	2	Suzanne Chaplin	Devon	61.5
1986		-	-		3	Sara West	Cambridgeshire	64.2	3	Hayley Patterson	Gtr. Manchester	61.6
1987		-	-		1	Louise Fraser	Gtr. Manchester	61.6	1	Hayley Patterson	Gtr. Manchester	60.7
1987		-	-		2	Clare Bleasdale	Surrey	62.7	2	Sharon Bowen	Merseyside	62.6
1987		-	-		3	Mary Hewitt	Berkshire	64.2	3	Tracy Allen	Middlesex	62.6
1988		-	-		1	Keri Maddox	Staffordshire	59.7	1	Tracy Allen	Middlesex	59.0
1988		-	-		2	Jayne Puckeridge	Kent	60.8	2	Sara Elson	West Yorkshire	60.7
1988		-	-		3	Katherine Ross	Hampshire	63.0	3	Katy Start	Wiltshire	61.1

300 METRES HURDLES								400 METRES HURDLES				
1989		-	-		1	Rachel Stafford	Gtr. Manchester	42.8	1	Sara Elson	West Yorkshire	59.5
1989		-	-		2	Vyvyan Rhodes	South Yorkshire	42.8	2	Jayne Puckeridge	Kent	61.5
1989		-	-		3	Charlotte Knowles	West Midlands	43.1	3	Angela Norris	Lincolnshire	61.8
1990		-	-		1	Jo Mersh	Essex	43.6	1	Jayne Puckeridge	Kent	60.6
1990		-	-		2	Sarah Ditchfield	Lancashire	43.8	2	Angela Norris	Lincolnshire	62.3
1990		-	-		3	Helen Frost	Leicestershire	43.9	3	Clare Bleasdale	Surrey	63.0
1991		-	-		1	Allison Curbishley	Cleveland	43.34	1	Vyvyan Rhodes	South Yorkshire	59.52
1991		-	-		2	Jo Mersh	Essex	43.44	2	Sonya Bowyer	Gtr. Manchester	61.41
1991		-	-		3	Andrea Murphy	Kent	44.70	3	Victoria Day	Essex	61.52
1992		-	-		1	Allison Curbishley	Cleveland	43.45	1	Nicola Sutton	Cheshire	60.80
1992		-	-		2	Denise Bolton	Lancashire	44.21	2	Sarah Ditchfield	Lancashire	62.29
1992		-	-		3	Claire Griffiths	Gtr. Manchester	45.00	3	Jo Tipper	Staffordshire	63.11
1993		-	-		1	Natasha Danvers	London	41.99	1	Allison Curbishley	Cleveland	59.47
1993		-	-		2	Denise Bolton	Lancashire	43.53	2	Sarah Ditchfield	Lancashire	60.92
1993		-	-		3	Lesley Irvine	Northamptonshire	44.62	3	Claire Griffiths	Gtr. Manchester	61.74
1994		-	-		1	Natasha Danvers	London	43.15	1	Joanne Mahoney	Merseyside	61.90
1994		-	-		2	Cecily Hall	Norfolk	44.44	2	Katie Norman	Surrey	63.22
1994		-	-		3	Leah Brock	Gtr. Manchester	44.78	3	Katie Jones	Gtr. Manchester	63.34
1995		-	-		1	Gael Davies	Gloucestershire	43.83	1	Katie Norman	Surrey	60.57
1995		-	-		2	Tracey Duncan	Middlesex	43.88	2	Joanne Mahoney	Merseyside	60.73
1995		-	-		3	Niki Pocock	Surrey	44.64	3	Dextene McIntosh	Essex	62.92
1996		-	-		1	Yewande Ige	Surrey	43.08	1	Tracey Duncan	Middlesex	61.10
1996		-	-		2	Laura Siddall	West Yorkshire	43.94	2	Cicely Hall	Norfolk	62.12
1996		-	-		3	Gemma Swetman	Sussex	44.49	3	Dextene McIntosh	Essex	62.28
1997		-	-		1	Syreeta Williams	West Midlands	42.58	1	Cicely Hall	Norfolk	61.30

1997		-	-		2	Nusrat Ceesay	Essex	42.87	2	Tracey Duncan	Middlesex	61.90
1997		-	-		3	Rachael Kay	Gtr. Manchester	42.87	3	Kelly Weall	Cleveland	62.50
1998		-	-		1	Katherine Porter	Kent	43.37	1	Rachael Kay	Gtr. Manchester	59.80
1998		-	-		2	Helen Thieme	Nottinghamshire	44.20	2	Nusrat Ceesay	Essex	61.04
1998		-	-		3	Hannah Wood	West Midlands	44.71	3	Laura Siddall	West Yorkshire	62.47
1999		-	-		1	Gemma Dooney	Gtr. Manchester	44.01	1	Nicola Sanders	Buckinghamshire	59.75
1999		-	-		2	Tracy McDonnell	Somerset	44.20	2	Rachael Kay	Gtr. Manchester	60.40
1999		-	-		3	Helen Cooper	Lancashire	44.63	3	Nusrat Ceesay	Essex	60.69
2000		-	-		1	Gemma Dooney	Gtr. Manchester	42.75	1	Nicola Sanders	Buckinghamshire	61.62
2000		-	-		2	Sian Scott	Dorset	43.50	2	Hannah Wood	West Midlands	61.70
2000		-	-		3	Sarah Gallaway	Hampshire	43.73	3	Claire Brason	Northumberland	63.34
2001		-	-		1	Justine Roach	Leics & R	42.57	1	Gemma Dooney	Gtr. Manchester	60.70
2001		-	-		2	Maria Garavand	Norfolk	43.65	2	Sian Scott	Dorset	61.56
2001		-	-		3	Melanie Canning	Middlesex	43.86	3	Claire Brason	Northumberland	61.60
2002		-	-		1	Maria Garavand	Norfolk	43.15	1	Sian Scott	Dorset	60.48
2002		-	-		2	Ellen Howarth-Brown	Sussex	44.36	2	Justine Roach	Leics & R	60.96
2002		-	-		3	Emma Makin	Cheshire	44.85	3	Melanie Canning	Middlesex	62.71
2003		-	-		1	Ellen Howarth-Brown	Sussex	43.07	1	Melanie Canning	Middlesex	61.29
2003		-	-		2	Cara Pain	Sussex	43.41	2	Justine Roach	Leics & R	61.44
2003		-	-		3	Naomi Hutchings	Devon	43.56	3	Maria Garavand	Norfolk	61.88
2004		-	-		1	Emily Bonnett	Somerset	44.54	1	Marika Reed	Buckinghamshire	61.23
2004		-	-		2	Bethany Staniland	West Yorkshire	44.82	2	Naomi Hutchings	Somerset	61.59
2004		-	-		3	Laura McMicheal	Durham	45.39	3	Nicola Martell	Essex	62.59
2005		-	-		1	Perri Shakes-Drayton	London	41.48	1	Ellen Howarth-Brown	Sussex	62.24
2005		-	-		2	Meghan Beesley	Warwickshire	42.26	2	Christina Silva	Hertfordshire	63.46
2005		-	-		3	Anna Newton	Hampshire	42.89	3	Lauren Newman	Essex	64.32
2006		-	-		1	Meghan Beesley	Warwickshire	41.84	1	Justine Kenney	West Midlands	59.71
2006		-	-		2	Ese Okoro	West Midlands	43.44	2	Christina Silva	Hertfordshire	61.63
2006		-	-		3	Anna Newton	Hampshire	43.58	3	Nafalya Francis	Warwickshire	63.14
2007		-	-		1	Nicola Hill	Essex	43.82	1	Samantha Coleby	Durham	62.12
2007		-	-		2	Jenny White	Hereford & Worcs	44.90	2	Rose Reynolds	Berkshire	62.37
2007		-	-		3	Danielle Bamber	Lancashire	45.34	3	Haley Pitman	Avon	63.88
2008		-	-		1	Jenny White	Hereford & Worcs	44.91	1	Hayley Comer	Middlesex	63.63
2008		-	-		2	Claudia Rogers	Derbyshire	45.07	2	Katie Sockett	Somerset	64.04
2008		-	-		3	Natalie Beale	Berkshire	45.27	3	Becca Carozzi	Hampshire	64.06
2009		-	-		1	Laura Burke	Surrey	42.94	1	Lauren Bouchard	Essex	59.84
2009		-	-		2	Charlotte Bowling	Northamptonshire	43.69	2	Nicola Hill	Essex	60.94
2009		-	-		3	Gabriella Ade-Onojobi	Kent	44.35	3	Lizzie Wessely	Devon	62.58
2010		-	-		1	Hayley McLean	Essex	42.77	1	Lizzie Wessely	Devon	60.83
2010		-	-		2	Rebecca Brown	Devon	43.33	2	Megan Southwart	Kent	61.46
2010		-	-		3	Danni Belbin	Cambridgeshire	43.58	3	Laura Burke	Surrey	61.82
2011		-	-		1	Shona Richards	Surrey	44.02	1	Abi Fitzpatrick	Cheshire	60.94

2011	-	-	2	Connie McMillan	Oxfordshire	44.13	2	Laura Burke	Surrey	62.17
2011	-	-	3	Katie Stainton	West Midlands	44.16	3	Hannah Lloyd	Hertfordshire	63.41
2012	-	-	1	Shona Richards	Surrey	42.36	1	Hayley McLean	Essex	60.01
2012	-	-	2	Georgina Rogers	West Midlands	44.08	2	Danni Belbin	Cambridgeshire	61.79
2012	-	-	3	Chelsea Walker	Humberside	44.54	3	Jessica Turner	Derbyshire	62.23
2013	-	-	1	Chelsea Walker	Humberside	42.54	1	Hayley McLean	Essex	57.81
2013	-	-	2	Grace Redmond	Wiltshire	43.75	2	Shona Richards	Surrey	58.88
2013	-	-	3	Heather Cooke	Lincolnshire	43.76	3	Jessica Turner	Derbyshire	59.52
2014	-	-	1	Michelle Hughes	Essex	43.25	1	Georgina Rogers	West Midlands	61.04
2014	-	-	2	Devon Brimecome	Hampshire	43.31	2	Mae Thompson	Surrey	61.72
2014	-	-	3	Chloe Esegbona	Cheshire	44.09	3	Carie Robertson	Devon	61.76
2015	-	-	1	Chloe Esegbona	Cheshire	42.89	1	Georgina Rogers	West Midlands	59.20
2015	-	-	2	Anna Nicole Rowe	Merseyside	43.62	2	Chelsea Walker	Humberside	62.06
2015	-	-	3	Daria Phillips	Middlesex	44.37	3	Suzanne Bentley	Hertfordshire	62.64
2016	-	-	1	Grace Gentry	Hertfordshire	43.83	1	Anna Nicole Rowe	Merseyside	60.78
2016	-	-	2	Meg McHugh	Gtr. Manchester	45.24	2	Chloe Esegbona	Cheshire	61.62
2016	-	-	3	Anna Croft	Buckinghamshire	45.29	3	Danel Jansen Van Rensburg	Warwickshire	62.36
2017	-	-	1	Jasmine Jolly	Lancashire	42.55	1	Orla Brothers	Sussex	59.46
2017	-	-	2	Kiera Bainsfair	Essex	43.94	2	Danel Jansen Van Rensburg	Warwickshire	60.37
2017	-	-	3	Morgan Spink	Nottinghamshire	44.03	3	Chloe Esegbona	Cheshire	61.62
2018	-	-	1	Jasmine Jolly	Lancashire	42.29	1	Marcey Winter	Surrey	64.07
2018	-	-	2	Melissa Coxon	South Yorkshire	43.42	2	Louise Robinson	West Midlands	64.54
2018	-	-	3	Poppy Oliver	Sussex	43.52	3	Meg McHugh	Gtr. Manchester	66.51
2019	-	-	1	Emily Misantoni	Cheshire	43.43	1	Orla Brennan	Berkshire	59.40
2019	-	-	2	Emily Newnham	Kent	43.68	2	Jasmine Jolly	Lancashire	60.64
2019	-	-	3	Melissa Coxon	South Yorkshire	44.24	3	Jessica Lambert	Sussex	60.64
2021	-	-	1	Stephanie Okoro	Essex	43.13	1	Emily Newnham	Kent	60.10
2021	-	-	2	Therese Tolan	North Yorkshire	44.77	2	Lucy Chalmers	Somerset	60.74
2021	-	-	3	Hermione Mason	Cheshire	45.26	3	Melissa Coxon	South Yorkshire	62.39
2022	-	-	1	Arabella Wilson	Surrey	41.95	1	Emily Newnham	Kent	59.22
2022	-	-	2	Mia Walker	Cheshire	42.83	2	Hermione Mason	Cheshire	62.91
2022	-	-	3	Frances Hogg	North Yorkshire	43.79	3	Amelia Briggs-Goode	Nottinghamshire	63.44
2023	-	-	1	Arabella Wilson	Surrey	43.98	1	Stephanie Okoro	Essex	61.21
2023	-	-	2	Mia Walker	Cheshire	44.17	2	Hermione Mason	Cheshire	61.71
2023	-	-	3	Ava Freeman	Hereford & Worcs	44.57	3	Charlotte Dewar	Buckinghamshire	63.46
2024	-	-	1	Lucia Bertacchini	Hampshire	43.29	1	Arabella Wilson	Surrey	59.08
2024	-	-	2	Molly Mills	Gtr. Manchester	43.62	2	Stephanie Okoro	Essex	59.79
2024	-	-	3	Isabelle Knight	Warwickshire	44.17	3	Ava Freeman	Hereford & Worcs	60.64
2025	-	-	1	Lucia Bertacchini	Hampshire	41.13	1	Arabella Wilson	Surrey	58.60
2025	-	-	2	Bisan Musa	Oxfordshire	42.00	2	Caitlin Bell	Norfolk	60.87
2025	-	-	3	Louise Martin	Hertfordshire	43.37	3	Zoe Smith	Leics & R	61.16

UNDER-16

UNDER-18

UNDER-19

300 METRES HURDLES

400 METRES HURDLES

400 METRES HURDLES

2026	1	Alexa Divers	Hampshire	43.36	1	Renee Adams	Merseyside	60.89	1	Senna Gorvett	Northumberland	62.81
2026	2	Lauren Fowler	Buckinghamshire	43.54	2	Louise Martin	Hertfordshire	60.98	2	Gracelyn Kendeck	Surrey	63.24
2026	3	Matilda Murray	Kent	43.56	3	Elizabeth Pendrill	Cheshire	61.85	3	Mieke Ashworth	London	64.33

JUNIOR

INTERMEDIATE

SENIOR

1500m STEEPLECHASE

1500m STEEPLECHASE

2009		-	-			-	-		1	Louise Webb	Hampshire	4:44.83
2009		-	-			-	-		2	Martha Reynolds	Middlesex	5:00.53
2009		-	-			-	-		3	Rachel Robinson	Humberside	5:01.76
2010		-	-			-	-		1	Pippa Woolven	Buckinghamshire	5:01.90
2010		-	-			-	-		2	Laura Riches	Gtr. Manchester	5:03.50
2010		-	-			-	-		3	Nicole Roberts	Northamptonshire	5:08.60
2011		-	-			-	-		1	Pippa Woolven	Buckinghamshire	4:53.53
2011		-	-			-	-		2	Imogen Wolsey	Wiltshire	5:01.56
2011		-	-			-	-		3	Laura Riches	Gtr. Manchester	5:02.12
2012		-	-			-	-		1	Katie Ingle	West Midlands	4:54.36
2012		-	-			-	-		2	Dani Braithwaite	North Yorkshire	5:05.88
2012		-	-			-	-		3	Maryse Haynes	Buckinghamshire	5:08.34
2013		-	-			-	-		1	Katie Ingle	West Midlands	4:52.77
2013		-	-			-	-		2	Danielle Wallis	Cheshire	5:04.41
2013		-	-			-	-		3	Nicole Taylor	Sussex	5:06.12
2014		-	-			-	-		1	Holly Brown	Somerset	4:57.28
2014		-	-			-	-		2	Emily Smith	Somerset	4:58.22
2014		-	-			-	-		3	Rebekah Ward	Lincolnshire	4:58.34
2015		-	-		1	Yasmin Austridge	Kent	4:54.82	1	Aimee Pratt	Cheshire	4:54.90
2015		-	-		2	Holly Page	Kent	4:57.25	2	Emily Moyes	Suffolk	4:55.45
2015		-	-		3	India Weir	London	4:57.46	3	Rebekah Ward	Lincolnshire	4:56.00
2016		-	-		1	Holly Page	Kent	4:55.82	1	Victoria Weir	Devon	4:40.23
2016		-	-		2	Maisie Grice	Hampshire	4:59.56	2	Tess Masselink	Cornwall	4:50.45
2016		-	-		3	Kosana Weir	London	5:00.97	3	Emily Moyes	Suffolk	5:02.12
2017		-	-		1	Elise Thorner	Somerset	4:59.80	1	Alex Barbour	Berkshire	4:54.22
2017		-	-		2	Amelia Wills	Somerset	5:08.01	2	Holly Page	Kent	4:57.61
2017		-	-		3	Rebecca Poole	Hampshire	5:10.74	3	Abbie Nolan	West Midlands	4:59.68
2018		-	-		1	Amelia Wills	Somerset	5:00.73	1	Yasmin Austridge	Kent	4:48.61
2018		-	-		2	Maya Todd-McIntyre	Nottinghamshire	5:01.14	2	Elise Thorner	Somerset	4:51.44
2018		-	-		3	Morgan Squibb	Kent	5:02.19	3	Maisie Grice	Hampshire	4:52.33
2019		-	-		1	Martha Collings	Surrey	5:03.82	1	Elise Thorner	Somerset	4:50.51
2019		-	-		2	Maisy Rose	Kent	5:07.76	2	Chloe Olford	Devon	5:06.51

2019		-	-		3	Ailbhe Barnes	London	5:11.12	3	Amelia Wills	Somerset	5:08.15
2021		-	-		1	Rachel Clutterbuck	Surrey	5:03.04	1	Martha Collings	Surrey	4:54.54
2021		-	-		2	Freya Ruffels	Berkshire	5:07.15	2	Emily Parker	Dorset	4:55.33
2021		-	-		3	Jessica Hatch	Berkshire	5:07.45	3	Morgan Squibb	Kent	4:58.73
2022		-	-		1	Freya Ruffles	Berkshire	4:56.87	1	Jessica Hatch	Hampshire	4:54.10
2022		-	-		2	Ella Davey	Berkshire	4:58.12	2	Emily Parker	Dorset	5:00.40
2022		-	-		3	Lucy Bickerton	Dorset	5:09.06	3	Kiya Dee	Gloucestershire	5:04.12
2023		-	-		1	Ella Davey	Berkshire	5:03.77	1	Gabrielle Phelan	Merseyside	4:54.58
2023		-	-		2	Lyla Danobrega	Beds & Luton	5:06.16	2	Hattie Reynolds	Norfolk	5:00.69
2023		-	-		3	Daisy Davies	Somerset	5:12.05	3	Rachel Clutterbuck	Surrey	5:01.05
2024		-	-		1	Lottie Quinn	Hampshire	4:59.11	1	Ella Davey	Berkshire	4:58.95
2024		-	-		2	Georgia Griffiths	Staffordshire	5:08.52	2	Katie Gardner	Nottinghamshire	5:00.74
2024		-	-		3	Julieana Walsh	Sussex	5:09.39	3	Jacqueline Heller	Berkshire	5:03.32
2025		-	-		1	Evelyn Wildman	Buckinghamshire	4:54.55	1	Ella Davey	Berkshire	4:51.75
2025		-	-		2	Holly Turner	Staffordshire	4:58.81	2	Rae Le Fay	Sussex	4:53.02
2025		-	-		3	Isla Pastor	Merseyside	5:00.78	3	Jasmine Wright	Gtr. Manchester	4:58.71
2026		-	-		1	Beatrix Soper	Gtr. Manchester	4:52.00	1	Ava James	Sussex	4:46.74
2026		-	-		2	Zoe Allan	Surrey	4:55.11	2	Jasmine Wright	Gtr. Manchester	4:56.52
2026		-	-		3	Isla Pastor	Merseyside	5:01.86	3	Alice Cox	Sussex	4:56.78

JUNIOR					INTERMEDIATE					SENIOR				
4 x 110 YARDS RELAY					4 x 110 YARDS RELAY					4 x 110 YARDS RELAY				
1948	1	London		52.4	1	Surrey		52.5		-	-			
1948	2	Essex			2	Essex				-	-			
1948	3	Surrey			3	Lancashire				-	-			
1949	1	Essex		51.1	1	Surrey		50.7		-	-			
1949	2	Surrey			2	Essex				-	-			
1949	3	Berkshire			3	Hampshire				-	-			
1950	1	Essex		52.2	1	Surrey		51.8	1	Leicestershire			53.8	
1950	2	Surrey			2	London			2	Surrey				
1950	3	Yorkshire			3	Lancashire			3	-	-			
1951	1	London		51.9	1	Berkshire		50.7	1	Yorkshire			52.0	
1951	2	Middlesex			2	Surrey			2	Sussex				
1951	3	Yorkshire			3	Middlesex			3	Northumberland				
1952	1	Wiltshire		51.9	1	London		50.7	1	Cheshire			52.0	
1952	2	Yorkshire		52.2	2	Middlesex		52.3	2	Middlesex			52.5	
1952	3	Kent		52.6	3	Durham		52.6	3	Leicestershire			52.7	
1953	1	Essex		57.0	1	London		49.9	1	Middlesex			49.5	
1953	2	Middlesex			2	Yorkshire			2	Cheshire				
1953	3	Devon			3	Durham			3	Surrey				
1954	1	Lancashire		51.6	1	Durham		50.5	1	Middlesex			51.4	

1954	2	Essex		52.1	2	Leicestershire			2	Durham		
1954	3	Durham		52.4	3	Northamptonshire			3	Yorkshire		
1955	1	Lancashire		51.6	1	Essex		50.2	1	Yorkshire		51.5
1955	2	London		51.7	2	Middlesex		50.5	2	Middlesex		51.9
1955	3	Warwickshire		52.0	3	Leicestershire		51.0	3	Leicestershire		52.8
1956	1	Middlesex		50.7	1	London		50.3	1	Middlesex		50.8
1956	2	Durham		51.8	2	Yorkshire		50.5	2	Yorkshire		
1956	3	Surrey		51.8	3	Durham		51.7	3	Lancashire		
1957	1	Essex		51.7	1	Middlesex		51.3	1	Somerset		51.5
1957	2	Middlesex		52.0	2	Essex		51.3	2	Middlesex		51.5
1957	3	Yorkshire		52.5	3	Lancashire		51.6	3	Durham		51.6
1958	1	London		50.7	1	London		49.7	1	Durham		50.8
1958	2	Durham		51.1	2	Hampshire		50.7	2	Yorkshire		52.0
1958	3	Norfolk		51.4	3	Middlesex		51.0	3	Lancashire		52.2
1959	1	Essex		49.9	1	Middlesex		49.6	1	Yorkshire		50.9
1959	2	Lancashire		50.6	2	Norfolk		50.3	2	Surrey		51.2
1959	3	Norfolk		50.6	3	Devon		50.7	3	Cheshire		51.4
1960	1	Surrey		50.2	1	Middlesex		50.0	1	Middlesex		50.4
1960	2	Middlesex		51.4	2	Durham		50.7	2	Surrey		50.7
1960	3	Lancashire		51.7	3	Essex		51.4	3	Sussex		51.2
1961	1	Surrey		49.7	1	Surrey		48.9	1	Middlesex		49.0
1961	2	Essex		50.2	2	Yorkshire		49.3	2	Surrey		49.4
1961	3	Middlesex		50.5	3	Essex		50.4	3	Cheshire		50.6
1962	1	Middlesex		49.4	1	Yorkshire		48.5	1	Surrey		48.9
1962	2	Essex		49.9	2	Surrey		49.4	2	Hertfordshire		49.0
1962	3	Yorkshire		50.1	3	Lancashire		50.1	3	Middlesex		49.5
1963	1	Essex		48.8	1	Yorkshire		48.2	1	Hertfordshire		49.5
1963	2	Middlesex		48.9	2	Surrey		49.9	2	Middlesex		51.9
1963	3	Surrey		50.5	3	Middlesex		50.0	3	Somerset		54.8
1964	1	Staffordshire		51.2	1	Middlesex		49.0	1	Yorkshire		48.3
1964	2	Essex		51.5	2	Lancashire		49.5	2	Middlesex		49.5
1964	3	Surrey		51.6	3	Kent		49.9	3	Surrey		49.8
1965	1	Derbyshire		50.2	1	Gloucestershire		48.4	1	Cheshire		48.9
1965	2	Hertfordshire		50.7	2	Lancashire		49.1	2	Yorkshire		49.0
1965	3	Yorkshire		50.8	3	Essex		49.4	3	Middlesex		49.4
1966	1	Warwickshire		49.9	1	Lancashire		47.4	1	Hampshire		48.7
1966	2	Surrey		50.5	2	Essex		48.3	2	Derbyshire		49.6
1966	3	Yorkshire		50.5	3	Derbyshire		49.3	3	Buckinghamshire		49.7
1967	1	Surrey		49.3	1	Yorkshire		48.8	1	Gloucestershire		48.5
1967	2	Essex		49.6	2	Derbyshire		49.0	2	Middlesex		50.2
1967	3	Gloucestershire		51.0	3	Lancashire		49.3	3	Somerset		50.4
1968	1	Essex		49.4	1	Yorkshire		48.1	1	Essex		48.4

1968	2	Warwickshire		49.8	2	Warwickshire		49.1	2	Yorkshire		50.0
1968	3	Gloucestershire		50.3	3	Surrey		49.3	3	Lancashire		50.5

4 x 100 METRES RELAY				4 x 100 METRES RELAY				4 x 100 METRES RELAY				
1969	1	Lancashire		48.9	1	London		48.1	1	Warwickshire		47.9
1969	2	Warwickshire		49.2	2	Surrey		48.3	2	Yorkshire		48.3
1969	3	Kent		49.8	3	Cheshire		48.9	3	Essex		48.7
1970	1	Staffordshire		50.6	1	Lancashire		48.3	1	Yorkshire		47.3
1970	2	Surrey		50.7	2	Surrey		48.8	2	Warwickshire		47.6
1970	3	Warwickshire		51.3	3	Gloucestershire		49.0	3	Lancashire		48.2
1971	1	Essex		49.6	1	Lancashire		47.0	1	Essex		48.3
1971	2	Staffordshire		49.8	2	Kent		47.9	2	Cheshire		48.5
1971	3	Warwickshire		49.9	3	Warwickshire		48.1	3	Gloucestershire		48.9
1972	1	Middlesex		49.1	1	Northamptonshire		49.0	1	Lancashire		48.5
1972	2	Surrey		49.4	2	Warwickshire		49.5	2	Surrey		48.8
1972	3	Warwickshire		49.9	3	Cheshire		49.5	3	Kent		49.1
1973	1	Durham		50.7	1	Yorkshire		49.1	1	Kent		49.4
1973	2	Warwickshire		50.9	2	Surrey		49.3	2	Northamptonshire		50.6
1973	3	Essex		51.1	3	Cheshire		49.8	3	Lancashire		50.6
1974	1	Warwickshire		49.6	1	London		48.2	1	Kent		48.7
1974	2	Surrey		49.9	2	Cheshire		48.8	2	Cheshire		49.0
1974	3	Hertfordshire		50.3	3	Lancashire		49.3	3	Lancashire		49.7
1975	1	Surrey		49.8	1	Middlesex		47.4	1	Somerset		49.7
1975	2	Gtr. Manchester		50.0	2	West Midlands		48.7	2	Gtr. Manchester		49.8
1975	3	Avon		50.1	3	Cheshire		48.8	3	-	-	
1976	1	Hereford & Worcs		49.6	1	Hampshire		48.4	1	Kent		48.4
1976	2	West Midlands		50.0	2	Middlesex		48.6	2	Devon		50.3
1976	3	West Yorkshire		50.0	3	West Midlands		48.9	3	Somerset		50.5
1977	1	Middlesex		48.5	1	Essex		48.1	1	Cheshire		48.5
1977	2	Surrey		49.2	2	South Yorkshire		48.2	2	Hampshire		49.0
1977	3	London		49.4	3	Avon		48.7	3	Devon		49.3
1978	1	South Yorkshire		51.0	1	West Midlands		49.1	1	Cleveland		48.8
1978	2	Staffordshire		51.1	2	Avon		49.2	2	Hampshire		49.1
1978	3	Oxfordshire		51.1	3	Derbyshire		49.3	3	Devon		50.3
1979	1	West Midlands		48.5	1	London		47.0	1	Avon		47.4
1979	2	Avon		48.7	2	Gtr. Manchester		47.7	2	Kent		49.0
1979	3	Cumbria		50.9	3	Oxfordshire		48.0	3	Merseyside		49.1
1980	1	West Midlands		48.6	1	West Midlands		47.8	1	London		46.6
1980	2	Hampshire		49.6	2	Oxfordshire		48.2	2	West Midlands		47.2
1980	3	Berkshire		49.6	3	Surrey		48.4	3	Essex		47.8
1981	1	London		49.9	1	London		47.8	1	West Midlands		48.4
1981	2	Berkshire		50.0	2	Gtr. Manchester		48.0	2	London		48.7

1981	3	Lancashire		50.2	3	West Midlands		48.1	3	Oxfordshire		49.2
1982	1	Surrey		48.6	1	Essex		46.9	1	West Midlands		47.6
1982	2	Warwickshire		48.8	2	West Midlands		47.0	2	London		48.1
1982	3	Nottinghamshire		49.9	3	Gtr. Manchester		47.4	3	Hampshire		48.5
1983	1	Gtr. Manchester		49.2	1	London		46.9	1	Gtr. Manchester		47.6
1983	2	Surrey		49.8	2	Surrey		47.3	2	West Midlands		47.9
1983	3	Nottinghamshire		49.9	3	Middlesex		48.5	3	Middlesex		49.1
1984	1	Gtr. Manchester		49.7	1	Nottinghamshire		47.1	1	Essex		46.7
1984	2	South Yorkshire		50.3	2	Surrey		48.0	2	Surrey		46.8
1984	3	Cheshire		50.3	3	Kent		48.4	3	West Midlands		47.7
1985	1	Avon		49.6	1	Merseyside		47.8	1	London		47.2
1985	2	West Midlands		49.9	2	Kent		48.0	2	West Midlands		47.6
1985	3	Hereford & Worcs		50.2	3	Surrey		48.1	3	Surrey		47.6
1986	1	Surrey		48.7	1	Merseyside		48.2	1	Gtr. Manchester		47.7
1986	2	Gtr. Manchester		49.3	2	Gtr. Manchester		48.3	2	Merseyside		48.1
1986	3	Kent		49.7	3	Essex		48.5	3	West Midlands		48.2
1987	1	Merseyside		49.6	1	Gtr. Manchester		47.8	1	London		48.0
1987	2	Cheshire		49.9	2	Surrey		48.5	2	Middlesex		48.0
1987	3	Warwickshire		50.3	3	West Midlands		48.6	3	Surrey		48.5
1988	1	London		49.3	1	West Midlands		47.0	1	Warwickshire		48.0
1988	2	West Midlands		49.7	2	Essex		47.8	2	Gtr. Manchester		48.5
1988	3	Nottinghamshire		49.8	3	Surrey		48.0	3	Cheshire		48.6
1989	1	Kent		48.6	1	Surrey		47.7	1	West Midlands		47.1
1989	2	Warwickshire		48.8	2	South Yorkshire		48.1	2	Gtr. Manchester		48.2
1989	3	Middlesex		48.9	3	Cheshire		48.6	3	Humberside		48.2
1990	1	West Midlands		48.6	1	Kent		47.9	1	Surrey		46.3
1990	2	Kent		49.2	2	Warwickshire		48.9	2	Cheshire		47.6
1990	3	Durham		49.7	3	Hertfordshire		49.2	3	West Midlands		48.0
1991	1	Derbyshire		50.19	1	Warwickshire		47.81	1	Surrey		47.65
1991	2	Hampshire		50.46	2	Merseyside		48.18	2	London		48.15
1991	3	Humberside		50.46	3	Berkshire		48.55	3	Cheshire		48.16
1992	1	Shropshire		49.92	1	Lancashire		48.55	1	London		47.82
1992	2	Derbyshire		50.13	2	Merseyside		49.12	2	Merseyside		48.29
1992	3	Middlesex		50.25	3	Cambridgeshire		49.21	3	Lincolnshire		48.32
1993	1	Essex		49.17	1	Lancashire		47.46	1	Berkshire		47.06
1993	2	West Midlands		50.10	2	Surrey		49.00	2	Merseyside		47.22
1993	3	Hampshire		50.28	3	Humberside		49.27	3	Kent		47.45
1994	1	Essex		48.80	1	Essex		48.21	1	Gtr. Manchester		48.17
1994	2	Hampshire		49.38	2	Surrey		48.47	2	West Yorkshire		48.80
1994	3	Derbyshire		49.55	3	Staffordshire		48.55	3	Merseyside		48.83
1995	1	West Midlands		48.66	1	Middlesex		47.27	1	Surrey		46.66
1995	2	Gtr. Manchester		48.98	2	Suffolk		47.46	2	Kent		47.09

1995	3	Hampshire		49.49	3	Essex		47.76	3	Avon		48.79
1996	1	West Midlands		49.39	1	Essex		47.64	1	London		47.42
1996	2	Gtr. Manchester		49.66	2	West Yorkshire		48.08	2	Berkshire		48.33
1996	3	Cheshire		49.73	3	Surrey		48.96	3	Surrey		48.80
1997	1	Essex		49.25	1	West Midlands		47.70	1	Essex		47.26
1997	2	Shropshire		50.43	2	Gtr. Manchester		48.36	2	Berkshire		48.35
1997	3	Devon		50.52	3	West Yorkshire		48.70	3	Lancashire		48.70
1998	1	Essex		49.73	1	Cheshire		47.79	1	London		48.15
1998	2	Middlesex		50.31	2	Gtr. Manchester		48.17	2	West Yorkshire		48.28
1998	3	Warwickshire		50.61	3	West Midlands		48.20	3	Lancashire		48.55
1999	1	Kent		49.15	1	West Midlands		47.08	1	Essex		47.46
1999	2	Gtr. Manchester		49.19	2	London		47.95	2	West Midlands		47.87
1999	3	Essex		49.90	3	Devon		48.30	3	West Yorkshire		48.00
2000	1	London		49.38	1	Essex		48.13	1	Warwickshire		48.75
2000	2	Gtr. Manchester		49.42	2	London		48.20	2	Leicestershire		48.90
2000	3	Buckinghamshire		49.66	3	West Midlands		48.38	3	Cheshire		49.24
2001	1	London		49.70	1	Kent		47.72	1	London		47.53
2001	2	Surrey		50.11	2	Buckinghamshire		48.68	2	Devon		48.85
2001	3	Kent		51.95	3	Suffolk		49.23	3	West Midlands		49.43
2002	1	London		48.63	1	Buckinghamshire		47.31	1	Surrey		47.09
2002	2	Surrey		48.91	2	London		47.51	2	West Midlands		48.11
2002	3	Hertfordshire		50.37	3	Kent		47.58	3	Staffordshire		49.53
2003	1	Lancashire		49.13	1	Surrey		47.87	1	Surrey		47.53
2003	2	Merseyside		49.44	2	London		48.05	2	Lancashire		48.88
2003	3	Hampshire		50.11	3	Hertfordshire		48.55	3	Leics & R		49.18
2004	1	Staffordshire		48.81	1	Surrey		47.29	1	Essex		48.99
2004	2	Middlesex		49.10	2	London		47.77	2	Buckinghamshire		49.08
2004	3	Gtr. Manchester		49.23	3	South Yorkshire		48.59	3	Surrey		49.49
2005	1	Staffordshire		48.11	1	Cheshire		47.41	1	Surrey		46.75
2005	2	Essex		49.49	2	Staffordshire		47.95	2	London		46.99
2005	3	Hampshire		49.76	3	Durham		47.97	3	West Midlands		47.93
2006	1	West Midlands		49.82	1	Gtr. Manchester		47.87	1	London		47.53
2006	2	Devon		50.49	2	Hampshire		48.53	2	Surrey		47.54
2006	3	Merseyside		50.63	3	Hertfordshire		48.77	3	Avon		47.62
2007	1	Merseyside		49.33	1	Durham		48.74	1	Durham		48.38
2007	2	West Midlands		49.34	2	Surrey		48.80	2	Gtr. Manchester		48.96
2007	3	Hertfordshire		49.64	3	North Yorkshire		48.81	3	Hampshire		48.99
2008	1	West Midlands		49.39	1	Essex		47.25	1	Essex		48.34
2008	2	Norfolk		49.43	2	Buckinghamshire		48.20	2	Hertfordshire		48.70
2008	3	Lancashire		49.77	3	Lancashire		48.50	3	Staffordshire		49.30
2009	1	West Yorkshire		48.50	1	Middlesex		47.08	1	Hertfordshire		47.97
2009	2	Norfolk		48.71	2	Surrey		48.15	2	Essex		48.31

2009	3	Kent		48.82	3	Gtr. Manchester		48.41	3	Derbyshire		48.48
2010	1	Sussex		48.79	1	Middlesex		47.02	1	Devon		47.52
2010	2	Humberside		48.93	2	West Midlands		47.33	2	Kent		47.96
2010	3	Surrey		49.00	3	West Yorkshire		47.72	3	Humberside		48.00
2011	1	Northumberland		50.28	1	London		46.72	1	Surrey		48.45
2011	2	Hampshire		50.54	2	West Yorkshire		48.17	2	Lancashire		48.90
2011	3	Cheshire		50.76	3	Kent		48.35	3	Hampshire		49.02
2012	1	Surrey		47.37	1	London		46.98	1	West Yorkshire		47.78
2012	2	Derbyshire		49.22	2	Surrey		47.15	2	West Midlands		48.47
2012	3	Hampshire		49.22	3	West Midlands		47.88	3	South Yorkshire		48.57
2013	1	South Yorkshire		48.66	1	Surrey		47.09	1	Middlesex		47.39
2013	2	Surrey		48.86	2	Derbyshire		48.00	2	Wiltshire		47.43
2013	3	West Midlands		49.17	3	Kent		48.41	3	Hereford & Worcs		47.99
2014	1	Surrey		48.15	1	Surrey		47.34	1	Kent		46.49
2014	2	London		48.85	2	Hampshire		47.36	2	West Midlands		46.66
2014	3	West Midlands		49.07	3	Merseyside		48.47	3	Avon		47.01
2015	1	West Midlands		48.50	1	Surrey		46.63	1	Gtr. Manchester		47.48
2015	2	Surrey		48.52	2	Kent		47.42	2	Durham		48.58
2015	3	Cleveland		48.81	3	West Midlands		47.64	3	Warwickshire		48.98
2016	1	London		48.24	1	Surrey		46.43	1	Surrey		47.10
2016	2	West Midlands		48.63	2	West Midlands		47.80	2	Hampshire		47.80
2016	3	Essex		49.09	3	Gtr. Manchester		48.07	3	Warwickshire		48.29
2017	1	Middlesex		48.09	1	London		47.12	1	Surrey		46.80
2017	2	London		48.59	2	Gtr. Manchester		47.21	2	London		46.96
2017	3	West Midlands		49.08	3	Hertfordshire		47.40	3	Hampshire		47.32
2018	1	Gtr. Manchester		47.78	1	Surrey		46.70	1	Kent		47.04
2018	2	Middlesex		47.96	2	London		46.86	2	Essex		47.31
2018	3	Hampshire		48.79	3	Cheshire		47.71	3	Surrey		47.41
2019	1	Middlesex		46.48	1	Hampshire		48.05	1	Essex		46.43
2019	2	Gtr. Manchester		47.69	2	London		48.07	2	London		46.50
2019	3	Surrey		47.87	3	Surrey		48.49	3	Devon		48.11
2022	1	Northamptonshire		48.39	1	Surrey		47.70	1	London		46.80
2022	2	London		49.21	2	West Midlands		47.65	2	Essex		47.04
2022	3	Norfolk		49.58	3	Hampshire		47.95	3	Gtr. Manchester		47.84
2023	1	London		48.31	1	Middlesex		48.79	1	London		47.43
2023	2	Surrey		48.95	2	Gtr. Manchester		48.83	2	Essex		47.60
2023	3	Gtr. Manchester		49.27	3	Berkshire		49.04	3	Middlesex		47.98
2024	1	Gtr. Manchester		48.28	1	London		46.90	1	Surrey		47.23
2024	2	Berkshire		49.12	2	Gtr. Manchester		47.66	2	Essex		47.51
2024	3	Essex		49.52	3	Hampshire		48.37	3	Middlesex		47.65
2025	1	Essex		47.16	1	London		46.30	1	Surrey		46.75
2025	2	Surrey		48.35	2	Surrey		47.20	2	Middlesex		47.07

2025	3	Kent		48.58	3	Gr. Manchester		48.04	3	Gr. Manchester		48.77
2026	1	London		47.26	1	Essex		47.53	1	Middlesex		46.20
2026	2	Surrey		47.35	2	Kent		47.67	2	Kent		46.62
2026	3	Middlesex		48.78	3	London		48.10	3	Surrey		46.63

JUNIOR					INTERMEDIATE					SENIOR				
HIGH JUMP					HIGH JUMP					HIGH JUMP				
1948	1	Jean Macleod	Berkshire	4' 8"	1	Jean Cowan	Surrey	5' 0"	1	-	-			
1948	2	Margaret Mellor	Derbyshire		2	Stella Green	Buckinghamshire		2	-	-			
1948	3				3				3	-	-			
1949	1	Brenda Scotson	Lancashire	5' 0"	1	Jean Butcher	Hampshire	4' 10"	1	-	-			
1949	2	E. O'Halleran	Hertfordshire	5' 0"	2	Mary Allen	Northamptonshire	4' 9"	2	-	-			
1949	3	R. Massey	Surrey	4' 11"	3	J. Jones	Surrey	4' 9"	3	-	-			
1950	1	Jean Pearce	Surrey	5' 0½"	1	Sheila King	Middlesex	4' 10"	1	Jean Cowan	Surrey	5' 1"		
1950	2=	J. Cragg	Yorkshire	4' 11"	2	Jean MacLeod	Berkshire	4' 8"	2	J. Bostock	Nottinghamshire	4' 5"		
1950	2=	B. Axten	Middlesex	4' 11"	3	S. Fraser	Hampshire	4' 8"	3	D. Caldwell	Nottinghamshire	4' 5"		
1951	1	Jean Pearce	Surrey	5' 0"	1	Josephine Harvey	Leicestershire	4' 10"	1	Jean MacLeod	Berkshire	5' 0"		
1951	2	Pat Robson	Lancashire	5' 0"	2	Audrey Richardson	Northumberland	4' 8"	2	Diane Stoddart	Huntingdonshire	4' 10"		
1951	3=	Maureen Hudson	Middlesex	4' 11"	3=	Jean Blakey	Lincolnshire	4' 8"	3	E. Atkins	Surrey	4' 8"		
1951	3=	Brenda Cox	London	4' 11"	3=	J. Harmon	Hampshire	4' 8"		-	-			
1952	1	Pat Staff	Norfolk	5' 0"	1	Pat Robson	Lancashire	4' 11¾"	1	Cherry Neighbour	Sussex	4' 11½"		
1952	2	M. Travers	Dorset	4' 11"	2	Jean Pearce	Surrey	4' 10¾"	2	-	-			
1952	3	M. Beasley	London	4' 10"	3	P. Booth	Cumberland	4' 8"	3	-	-			
1953	1	Julia Clay	Yorkshire	4' 11"	1	Jean Pearce	Surrey	5' 1"	1	D. Parkinson	Suffolk	4' 10"		
1953	2	A. Elliott	Berkshire	4' 11"	2	Jennifer Fraser	Leicestershire	5' 0"	2	Ann Holloway	Hampshire	4' 8"		
1953	3	B. Redshaw	Essex	4' 10"	3	Ann Burrill	Lancashire	5' 0"	3	Christine Haworth	Buckinghamshire	4' 8"		
1954	1	Dorothy Shirley	Lancashire	5' 0"	1	Brenda Holdstock	Kent	4' 11"	1	Jean Pearce	Surrey	5' 1"		
1954	2	Susan Etherton	Hampshire	4' 11"	2	Janet Day	Hampshire	4' 11"	2	A. Raw	Durham	4' 10"		
1954	3	P. Hill	Berkshire	4' 11"	3	J. Riddle	Lancashire	4' 10"	3	Janet Durham	Gloucestershire	4' 8"		
1955	1	Maureen Miller	Sussex	5' 0"	1	Susan Etherton	Hampshire	5' 2"	1	Jean Pearce	Surrey	5' 2"		
1955	2	I. White	Surrey	5' 0"	2	Dorothy Shirley	Lancashire	5' 2"	2	Jennifer Fraser	Leicestershire	5' 1"		
1955	3	Susan M. Webb	Lincolnshire	5' 0"	3	Sylvia Rundle	Berkshire	5' 1"	3	Celia Wilson	Lincolnshire	4' 10"		
1956	1	Diane Cooper	Middlesex	5' 0"	1	Susan Etherton	Hampshire	5' 1"	1	Jennifer Fraser	Leicestershire	5' 1"		
1956	2	Frances Pepperell	Devon	5' 0"	2	Sandra Shields	Wiltshire	5' 0"	2=	Helen Penberthy	Cornwall	4' 10"		
1956	3	Patricia Ford	Middlesex	4' 11"	3	Dorothy Shirley	Lancashire	5' 0"	2=	A. Elliott	Berkshire	4' 10"		
1957	1	Patricia Ford	Middlesex	5' 1"	1	Patricia Bellerby	Yorkshire	5' 3"	1	Mary Bignal	Somerset	5' 4"		
1957	2	Angela Savory	Berkshire	5' 1"	2=	Beth Richards	Lancashire	4' 10"	2	Susan Etherton	Hampshire	5' 3"		
1957	3	Rosemary Curtis	Hampshire	5' 0"	2=	D. Watkins	Shropshire	4' 10"	3	Marilyn Wall	Middlesex	5' 3"		
1957		-	-		2=	Diane Cooper	Middlesex	4' 10"		-	-			
1958	1	Gwenda Matthews	Middlesex	5' 3"	1	Diane Cooper	Middlesex	5' 4"	1	D. Sayer	Kent	5' 0"		
1958	2	Pauline Sibley	Gloucestershire	5' 2"	2	Beth Richards	Lancashire	5' 3"	2	Maureen Miller	Sussex	4' 10"		

1958	3	Christine Shepherd	Devon	5' 0"	3	Rosemary Curtis	Hampshire	5' 2"	3	J. Henderson	Yorkshire	4' 10"
1959	1	Gwenda Matthews	Middlesex	5' 2"	1	Christine Shepherd	Devon	4' 11"	1	Beth Richards	Lancashire	5' 1"
1959	2	Heather Patty	Sussex	5' 0"	2	Susan Dennler	Somerset	4' 10"	2	Patricia Bellerby	Yorkshire	5' 1"
1959	3	D. Butcher	Bedfordshire	4' 11"	3	Mary Nunn	Berkshire	4' 10"	3	Frances Slaap	Middlesex	5' 0"
1960	1	Linda Knowles	Essex	5' 0"	1	Gwenda Matthews	Middlesex	5' 2"	1	Frances Slaap	Middlesex	5' 4"
1960	2	Ruth Martin-Jones	Shropshire	5' 0"	2	Susan Dennler	Somerset	5' 0"	2	Patricia Bellerby	Yorkshire	5' 3"
1960	3	B. Toms	Hampshire	4' 9"	3	Heather Patty	Sussex	5' 0"	3	Beth Richards	Lancashire	5' 2"
1961	1	Linda Knowles	Essex	5' 0"	1	Stella Forbes	Hampshire	5' 1"	1	Christine Shepherd	Devon	5' 0"
1961	2	Ruth Martin-Jones	Shropshire	5' 0"	2	Heather Patty	Sussex	5' 0"	2	Susan Dennler	Somerset	5' 0"
1961	3	Jean White	Somerset	4' 11"	3=	Julia Kimpton	Essex	5' 0"	3	J. Keeling	Essex	4' 10"
1961		-	-		3=	Janice Breslin	Buckinghamshire	5' 0"		-	-	
1962	1	Janet Hopkins	Essex	5' 2"	1	Linda Knowles	Essex	5' 7"	1	Susan Dennler	Somerset	5' 1"
1962	2	Diane White	Derbyshire	4' 9"	2	Maureen Larkin	Surrey	5' 1"	2	Darlene Warburton	Cheshire	5' 0"
1962	3	Yvonne Whibley	Kent	4' 9"	3	Jean White	Somerset	4' 11"	3	Stella Forbes	Hampshire	5' 0"
1963	1	Ann Wilson	Essex	5' 2"	1	Linda Knowles	Essex	5' 7"	1	Stella Forbes	Hampshire	5' 0"
1963	2	Jeanette Leishman	Sussex	5' 0"	2	Sandra Todd	Yorkshire	1.57	2	Hilary Sanders	Hertfordshire	4' 10"
1963	3=	Kathleen Killian	London	4' 11"	3	Janet Brown	Lancashire	1.55	3	V. Richardson	Lincolnshire	4' 10"
1963	3=	Margaret Gillies	Hampshire	4' 11"		-	-			-	-	
1964	1	Ann Wilson	Essex	5' 3"	1	Christine Sinar	Yorkshire	5' 1"	1	Linda Knowles	Essex	5' 7"
1964	2	Leonie Esdaile	Berkshire	4' 9"	2	Margaret Gillies	Hampshire	5' 1"	2	June Ratcliffe	Essex	5' 4"
1964	3	Deani Kitchen	Warwickshire	4' 9"	3	Linda Padmore	Warwickshire	5' 0"	3	Paula Wilyman	Buckinghamshire	4' 10"
1965	1	Leonie Esdaile	Berkshire	5' 1"	1	Barbara Inkpen	Surrey	5' 1"	1	Linda Knowles	Essex	5' 3"
1965	2	Heather Larrington	Lincolnshire	5' 0"	2	Susan Wright	Essex	5' 0"	2	Wendy Pickering	Warwickshire	5' 1"
1965	3	Margaret Grant	Lincolnshire	5' 0"	3	Susan Mallord	Middlesex	5' 0"	3	Mary Seyfang	Lancashire	5' 0"
1966	1	Jill Morrow	Staffordshire	5' 0"	1	Barbara Inkpen	Surrey	5' 5"	1	Rosemary Bray	Sussex	5' 1"
1966	2=	Anne Murphy	Surrey	4' 8"	2	Jenny Wall	Hampshire	5' 3"	2=	C. Steer	Devon	5' 0"
1966	2=	D. Anderson	London	4' 8"	3	Janet Oldall	Surrey	5' 2"	2=	Diane Rushworth	Yorkshire	5' 0"
1966	2=	Heather Brown	Nottinghamshire	4' 8"	1	-	-			-	-	
1966	2=	Janice Whittaker	Hampshire	4' 8"	2	-	-			-	-	
1967	1	Kathleen Whiteman	Northamptonshire	4' 11"	1	Yvonne Saunders	Lancashire	5' 5"	1	Jenny Wall	Hampshire	5' 3"
1967	2	Heather Brown	Nottinghamshire	4' 10"	2	Leonie Esdaile	Berkshire	5' 4"	2	Anne Thicknesse	Huntingdonshire	5' 1"
1967	3	Christine Bird	Gloucestershire	4' 10"	3	Lynda Curwen	Staffordshire	5' 1"	3	Sandra Fearn	Lancashire	5' 0"
1968	1	Christine Bird	Gloucestershire	5' 2"	1	Yvonne Saunders	Lancashire	5' 5"	1	Jenny Wall	Hampshire	5' 3"
1968	2	Noreen Morrison	Surrey	4' 11"	2	Kathleen Whiteman	Northamptonshire	5' 2"	2	Anne Thicknesse	Huntingdonshire	5' 2"
1968	3=	Kathryn Davenport	Cheshire	4' 9"	3	Rachel Edwards	Surrey	5' 1"	3	Eleanor Rowe	Surrey	5' 2"
1968	3=	Lesley King	Buckinghamshire	4' 9"		-	-			-	-	
1969	1	Penny Dimmock	Berkshire	1.55	1	Sylvia Rampton	Middlesex	1.56	1	Diana Wickenden	Kent	1.58
1969	2	Carol Molyneux	Lancashire	1.53	2	Kathleen Whiteman	Northamptonshire	1.54	2=	Maureen Brook	Yorkshire	1.54
1969	3	Gillian Lansdown	Leicestershire	1.51	3	Marilyn Bradford	London	1.54	2=	Elizabeth Butler	Essex	1.54
1970	1	Ann Hull	Sussex	1.57	1	Ann Wetherall	Lancashire	1.60	1	Sylvia Rampton	Middlesex	1.56
1970	2	Sue Hutchinson	Lancashire	1.49	2	Gillian Lansdown	Leicestershire	1.60	2	Rachel Edwards	Surrey	1.56
1970	3	Sarah Fresher	Cambridgeshire	1.49	3	Penny Dimmock	Berkshire	1.58	3	Kathleen Whiteman	Northamptonshire	1.54

1971	1	Gillian Howell	Yorkshire	1.53	1	Penny Dimmock	Berkshire	1.66	1	Sylvia Rampton	Middlesex	1.64
1971	2	Allison Manley	Surrey	1.51	2	Mary Haldane	Lincolnshire	1.64	2	Sonia Riley	London	1.58
1971	3	Karen Allinson	Lancashire	1.49	3	Ann Hull	Sussex	1.62	3	Kathryn Davenport	Cheshire	1.56
1972	1	Jackie Matthews	Hertfordshire	1.55	1	Teresa Dainton	Essex	1.64	1	Denise Brown	Kent	1.60
1972	2	Joy Crouchley	Cheshire	1.55	2	Sue Hutchinson	Lancashire	1.62	2	Mary Haldane	Lincolnshire	1.58
1972	3	Margaret Riley	Essex	1.53	3=	Sue Vickers	Kent	1.62	3	Kathryn Davenport	Cheshire	1.58
1972		-	-		3=	Carol Mathers	Middlesex	1.70		-	-	
1972		-	-		3=	Joy Crouchley	Cheshire	1.63		-	-	
1972		-	-		3=	Allison Manley	Surrey	1.58		-	-	
1972		-	-		3=	Fiona Stacey	Kent	1.58		-	-	
1972		-	-		3=	Gillian Howell	Yorkshire	1.58		-	-	
1973	1	Anne Gilson	Dorset	1.73	1	Janet Harrison	Leicestershire	1.58	1	Valerie Harrison	Lancashire	1.78
1973	2	Denise Cooper	Somerset	1.61	2	Susan Handley	Warwickshire	1.58	2=	Denise Brown	Kent	1.70
1973	3	Jane Sulik	Oxfordshire	1.59	3	Teresa Dainton	Essex	1.58	2=	Penny Dimmock	Berkshire	1.70
1974	1	Valerie Kelly	Staffordshire	1.62	1	Valerie Mullin	Lancashire	1.72	1	Denise Bird	Berkshire	1.69
1974	2	Deborah Grant	Leicestershire	1.59	2	Anne Gilson	Dorset	1.67	2	Carol Mathers	Middlesex	1.69
1974	3	Elizabeth Wren	Hertfordshire	1.59	3	Gillian Hitchen	Lancashire	1.64	3	Carinne Allinson	Lancashire	1.66
1975	1	Gail Sumner	Durham	1.64	1	Denise Cooper	Avon	1.71	1	Carol Mathers	Middlesex	1.66
1975	2	Yvonne Baldeo	Middlesex	1.61	2	Alyson Thompson	Buckinghamshire	1.68	2	Claire Mullins	Dorset	1.63
1975	3	Denise Cole	Essex	1.61	3	Tonia Phillpots	West Yorkshire	1.68	3	Janet Harrison	Leicestershire	1.63
1976	1	Barbara Simmonds	Oxfordshire	1.64	1	Diana Elliott	Northamptonshire	1.73	1	Denise Cooper	Avon	1.74
1976	2	Lorinda Matthews	Bedfordshire	1.61	2	Ann-Marie Devally	Bedfordshire	1.68	2	Anne Gilson	Dorset	1.71
1976	3	Wendy Laing	Merseyside	1.58	3	Deborah Grant	Leicestershire	1.68	3	Alyson Thompson	Buckinghamshire	1.65
1977	1	Mandy Keating	Devon	1.67	1	Diana Elliott	Northamptonshire	1.79	1	Anne Gilson	Dorset	1.77
1977	2	Lorinda Matthews	Bedfordshire	1.67	2=	Barbara Simmonds	Oxfordshire	1.73	2	Denise Cooper	Avon	1.77
1977	3	Wendy Laing	Merseyside	1.61	2=	Diane Austin	Humberside	1.70	3	Kathryn Warren	Derbyshire	1.77
1978	1	Elaine Hickey	Oxfordshire	1.73	1	Barbara Simmonds	Oxfordshire	1.68	1	Sheila Southern	Cumbria	1.74
1978	2	Gillian Blount	Shropshire	1.67	2	Lorinda Matthews	Bedfordshire	1.63	2	Valerie Kelly	Staffordshire	1.71
1978	3	Claire Summerfield	Staffordshire	1.64	3	Sarah Grady	Hampshire	1.63	3	Deborah Friar	Cumbria	1.68
1979	1	Claire Summerfield	Staffordshire	1.67	1	Lorinda Matthews	Bedfordshire	1.77	1	Deborah Friar	Cumbria	1.74
1979	2	Madeleine Cropper	Gtr. Manchester	1.67	2	Elaine Hickey	Oxfordshire	1.77	2	Avril Scott	Northamptonshire	1.71
1979	3	Amanda Tingay	Surrey	1.64	3	Delia Kerfoot	Merseyside	1.71	3	Sheila Southern	Cumbria	1.68
1980	1	Suzanne Watkins	Kent	1.57	1	Elaine Hickey	Oxfordshire	1.70	1	Sarah Rowe	Gloucestershire	1.81
1980	2=	Susan Webb	West Midlands	1.57	2	Claire Summerfield	Staffordshire	1.70	2	Marion Hughes	Derbyshire	1.79
1980	2=	Linda Wong	Merseyside	1.57	3	Denise Wilkinson	Middlesex	1.70	3	Jennifer Seamon	Kent	1.73
1981	1	Louise Manning	Surrey	1.62	1	Claire Summerfield	Staffordshire	1.79	1	Sarah Rowe	Gloucestershire	1.79
1981	2	Claire Smith	Warwickshire	1.57	2	Jennifer Little	Cumbria	1.73	2	Elaine Hickey	Oxfordshire	1.76
1981	3	Debbie Marti	Surrey	1.57	3	Theresa Murray	Durham	1.70	3	Denise Wilkinson	Middlesex	1.76
1982	1	Debbie Marti	Surrey	1.72	1	Louise Manning	Surrey	1.81	1	Claire Summerfield	Staffordshire	1.82
1982	2	Jane Price	Bedfordshire	1.69	2	Tina Reeson	Cambridgeshire	1.76	2	Jennifer Little	Cumbria	1.73
1982	3	Claire Smith	Warwickshire	1.69	3	Jane Truman	Northumberland	1.73	3	Heidi Dodd	Hampshire	1.73
1983	1	Emma Baker	Northumberland	1.63	1	Debbie Marti	Surrey	1.79	1	Jennifer Little	Cumbria	1.76

1983	2	Sarah Bailiff	Cheshire	1.63	2	Kerry Roberts	Sussex	1.76	2	Tina Reeson	Cambridgeshire	1.76
1983	3=	Jackie Kinsella	Merseyside	1.60	3	Claire Smith	Warwickshire	1.73	3	Theresa Murray	Durham	1.70
1983	3=	Jane Shepherd	Cheshire	1.60	-	-	-	-	-	-	-	-
1983	3=	Patricia Eddu	London	1.60	-	-	-	-	-	-	-	-
1984	1	Jo Jennings	Suffolk	1.76	1	Debbie Marti	Surrey	1.79	1	Louise Manning	Surrey	1.83
1984	2	Fiona Ross	Leicestershire	1.60	2	Claire Bessant	Surrey	1.76	2	Karen Gomes	Surrey	1.73
1984	3=	Rachel Hems	West Midlands	1.60	3	Claire Smith	Warwickshire	1.73	3	Claire Smith	Leicestershire	1.70
1984	3=	Valerie Leer	Northamptonshire	1.60	-	-	-	-	-	-	-	-
1985	1	Tracey Clarke	Bedfordshire	1.69	1	Jo Jennings	Suffolk	1.82	1	Kerry Roberts	Sussex	1.77
1985	2	Lisa Flynn	Hertfordshire	1.66	2=	Rachel Hems	West Midlands	1.76	2	Claire Smith	Warwickshire	1.76
1985	3	Jane Lilford	Gtr. Manchester	1.63	2=	Emma Baker	Durham	1.73	3	Debbie Marti	Surrey	1.75
1986	1	Lea Haggett	London	1.77	1	Jo Jennings	Suffolk	1.75	1	Kerry Roberts	Sussex	1.78
1986	2	Kate Barlow	Nottinghamshire	1.65	2	Fiona Ross	Leicestershire	1.72	2	Claire Smith	Warwickshire	1.75
1986	3=	Alison Purton	West Midlands	1.62	3	Tracey Clarke	Bedfordshire	1.72	3	Tracey Tebbut	Lancashire	1.72
1986	3=	Kate White	Hampshire	1.62	-	-	-	-	-	-	-	-
1987	1	Janice Anderson	Kent	1.72	1	Lea Haggett	London	1.75	1	Jo Jennings	Suffolk	1.81
1987	2	Alison Purton	West Midlands	1.69	2	Tracey Clarke	Bedfordshire	1.72	2	Julie Major	Essex	1.75
1987	3	Shelley Bradley	Derbyshire	1.69	3	Kelly Mason	Cumbria	1.69	3	Sarah Bailiff	Cheshire	1.75
1988	1	Tracy Flin	Hertfordshire	1.71	1	Lea Haggett	London	1.75	1	Julia Bennett	Surrey	1.80
1988	2	Jane Falconer	Essex	1.59	2	Janice Anderson	Kent	1.72	2	Jo Jennings	Suffolk	1.77
1988	3	Kate Evans	Shropshire	1.59	3	Wendy MacDonald	Kent	1.72	3	Emma Baker	Durham	1.74
1989	1	Suzie Filce	Cheshire	1.68	1	Eleanor Cave	Middlesex	1.75	1	Tracey Clarke	Bedfordshire	1.77
1989	2	Nadine Stone	Warwickshire	1.65	2	Elizabeth Smith	Gtr. Manchester	1.72	2	Lea Haggett	London	1.74
1989	3	Emma Whitworth	Essex	1.62	3	Kate Evans	Shropshire	1.69	3	Jane Lilford	Gtr. Manchester	1.74
1990	1	Alison May	Hampshire	1.62	1	Suzie Filce	Cheshire	1.75	1	Elizabeth Smith	Gtr. Manchester	1.74
1990	2	Sanchia Mann	Humberside	1.59	2	Emma Whitworth	Essex	1.72	2	Claire Phythian	Gtr. Manchester	1.74
1990	3=	Davina Watson	Northamptonshire	1.54	3	Jackie Powell	Kent	1.72	3	Alison Purton	West Midlands	1.74
1990	3=	Deb Harvey	Hampshire	1.54	-	-	-	-	-	-	-	-
1990	3=	Nicola Alcock	Lancashire	1.54	-	-	-	-	-	-	-	-
1991	1	Adele Jones	West Midlands	1.65	1	Suzie Filce	Cheshire	1.72	1	Wendy MacDonald	Kent	1.74
1991	2	Lindsay Evans	Suffolk	1.62	2=	Leone Dickinson	West Yorkshire	1.69	2	Kate Evans	Shropshire	1.74
1991	3	Anna Morbey	West Midlands	1.59	2=	Roz Richer	West Midlands	1.69	3=	Elizabeth Smith	Gtr. Manchester	1.71
1991		-	-		-	-	-		3=	Rachel Askwith	Humberside	1.71
1992	1	Kellie Durham	Cumbria	1.69	1	Lindsay Evans	Suffolk	1.73	1	Kate Evans	Shropshire	1.78
1992	2	Susan Jones	Gtr. Manchester	1.66	2	Sharon Woolrich	Hampshire	1.67	2	Diana Bennett	Surrey	1.75
1992	3	Debra McIlroy	North Yorkshire	1.66	3	Leone Dickinson	West Yorkshire	1.67	3	Gemma Samphire	Dorset	1.75
1993	1	Claire Everett	Norfolk	1.66	1	Susan Jones	Gtr. Manchester	1.73	1	Samantha Corder	Essex	1.69
1993	2	Janice Moore	Cumbria	1.57	2	Lindsay Evans	Suffolk	1.64	2	Laura Dimberline	Hampshire	1.69
1993	3	S. Sandford	Gtr. Manchester	1.54	3	Cathy Boulton	Oxfordshire	1.64	3	Kate Evans	Shropshire	1.69
1994	1	Antonia Bemrose	Hampshire	1.69	1	Susan Jones	Gtr. Manchester	1.76	1	Julie Crane	Nottinghamshire	1.81
1994	2	Hayley Young	Lincolnshire	1.69	2	Rachael Forrest	Shropshire	1.76	2	Lindsay Evans	Suffolk	1.78
1994	3	Keira Stout	Essex	1.66	3	Cathy Boulton	Oxfordshire	1.76	3	Leone Dickinson	West Yorkshire	1.75

1995	1	Jennifer Hills	Somerset	1.63	1	Hayley Young	Lincolnshire	1.76	1	Michelle Dunkley	Northamptonshire	1.87
1995	2=	Rachel Harris	Merseyside	1.60	2	Rachel Martin	Cumbria	1.70	2	Rachael Forrest	Shropshire	1.87
1995	2=	Beth Orford	Warwickshire	1.60	3	Sam Foster	Essex	1.70	3	Julie Crane	Nottinghamshire	1.81
1996	1	Sophie McQueen	Humberside	1.72	1	Chloe Cozens	Bedfordshire	1.79	1	Susan Jones	Gtr. Manchester	1.87
1996	2	Rachel Harris	Merseyside	1.69	2	Antonia Bemrose	Hampshire	1.73	2	Michelle Dunkley	Northamptonshire	1.85
1996	3	Cathy Young	Lincolnshire	1.63	3	Beth Orford	Warwickshire	1.73	3	Rachael Forrest	Shropshire	1.81
1997	1	Aileen Wilson	Leicestershire	1.72	1	Emily Jackson	Northumberland	1.70	1	Michelle Dunkley	Northamptonshire	1.82
1997	2	Natalie Clark	N Lincoln / E Yorks	1.69	2	Cathy Young	Lincolnshire	1.67	2=	Chloe Cozens	Bedfordshire	1.75
1997	3	Natalie Sims	Derbyshire	1.63	3	Jennifer Hills	Somerset	1.67	2=	Antonia Bemrose	Hampshire	1.75
1998	1	Aileen Wilson	Leicestershire	1.75	1	Natalie Clark	N Lincoln / E Yorks	1.73	1	Antonia Bemrose	Hampshire	1.75
1998	2	Stephanie Higham	Cumbria	1.67	2	Samantha Adamson	Hertfordshire	1.70	2	Judith Payne	West Yorkshire	1.72
1998	3	Caroline Barber	Wiltshire	1.67	3=	Susannah Green	Merseyside	1.67	3	Chloe Cozens	Bedfordshire	1.72
1998		-	-		3=	Aileen Wilson	Leicestershire	1.70		-	-	
1999	1	Catriona Christie	Buckinghamshire	1.67	1	Rebecca Mawer	N Lincoln / E Yorks	1.67	1	Sophie McQueen	N Lincoln / E Yorks	1.75
1999	2	Emily Bailey	Northamptonshire	1.64	2	Claire Wright	Cheshire	1.67	2	Denise Gayle	London	1.72
1999	3	Rachel Cannister	South Yorkshire	1.58	3	Natalie Clark	N Lincoln / E Yorks	1.67	3	Emily Jackson	Northumberland	1.72
2000	1	Jessica Ennis	South Yorkshire	1.70	1	Aileen Wilson	Leicestershire	1.83	1	Samantha Adamson	Hertfordshire	1.75
2000	2	Emma Morris	Durham	1.67	2	Alexandra Selwyn	Warwickshire	1.71	2	Natalie Clark	Humberside	1.72
2000	3	Rebecca Bell	Norfolk	1.67	3	Stephanie Higham	Cumbria	1.71	3	Cathy Young	Lincolnshire	1.69
2001	1	Stephanie Pywell	Nottinghamshire	1.75	1	Emma Perkins	Sussex	1.74	1	Aileen Wilson	Cambridgeshire	1.84
2001	2	Shani Rainford	London	1.64	2	Jessica Ennis	South Yorkshire	1.71	2	Stephanie Higham	Cumbria	1.81
2001	3	Claire Huck	Cumbria	1.61	3	Catriona Christie	Buckinghamshire	1.68	3	Jennifer Glaysher	Gtr. Manchester	1.75
2002	1	Wendy Meadows-Smith	Hertfordshire	1.64	1	Jessica Ennis	South Yorkshire	1.80	1	Aileen Wilson	Cambridgeshire	1.75
2002	2	Jessica Horler	South Yorkshire	1.64	2	Emma Perkins	Sussex	1.80	2	Claire Wright	Cheshire	1.72
2002	3	Vikki Hubbard	Lincolnshire	1.61	3	Shani Rainford	London	1.77	3	Danielle Fidge	Surrey	1.69
2003	1	Vikki Hubbard	Lincolnshire	1.70	1	Shani Rainford	London	1.71	1	Elizabeth Sweeney	Merseyside	1.72
2003	2	Anna Welford	North Yorkshire	1.61	2	Sarah Fielding-Smith	Sussex	1.68	2	Laura Jarvis	North Yorkshire	1.69
2003	3	Leah Parsons	Cambridgeshire	1.61	3	Rachel Howard	Derbyshire	1.65	3	Emma Morris	Durham	1.66
2004	1	Anna Newton	Hampshire	1.61	1	Vikki Hubbard	Lincolnshire	1.77	1	Emma Morris	Durham	1.81
2004	2	Hattie Scaramanga	Somerset	1.61	2	Charis O'Connor	Surrey	1.77	2	Emma Perkins	Sussex	1.78
2004	3	Gemma Grainger	Essex	1.58	3	Sophie Hine	Warwickshire	1.74	3	Shani Rainford	London	1.69
2005	1	Hannah Dickson	Lancashire	1.67	1	Sade Thompson	Avon	1.71	1	Jessica Leach	West Midlands	1.72
2005	2	Bethan Siddons	Essex	1.64	2	Adele Lassu	South Yorkshire	1.68	2	Jenny Lumley	North Yorkshire	1.69
2005	3	Sarah Moore	Sussex	1.58	3	Suzi Boast	Cambridgeshire	1.65	3	Lucy Hodgins	Buckinghamshire	1.69
2006	1	Hannah Dickson	Lancashire	1.70	1	Rebekah Pottinger	Durham	1.74	1	Vikki Hubbard	Lincolnshire	1.88
2006	2	Hannah Thompson	Wiltshire	1.70	2	Katherine Connolly	West Midlands	1.65	2	Sophie Hine	Warwickshire	1.75
2006	3	Katarina Johnson-Thompson	Merseyside	1.64	3	Suzi Boast	Cambridgeshire	1.65	3	Lucy Hodgins	Buckinghamshire	1.72
2007	1	Katarina Johnson-Thompson	Merseyside	1.72	1	Hannah Dickson	Lancashire	1.68	1	Vikki Hubbard	Lincolnshire	1.84
2007	2	Jazmin Sawyers	Staffordshire	1.70	2	Christina Parsons	Hampshire	1.65	2	Sade Thompson	Avon	1.72
2007	3	Philippa Wilson	Sussex	1.61	3	Katherine Connolly	West Midlands	1.65	3	Eloise Newman	Middlesex	1.69
2008	1	Charlotte Shelley	Suffolk	1.66	1	Katarina Johnson-Thompson	Merseyside	1.80	1	Bethan Partridge	Shropshire	1.74
2008	2	Reneece Campbell	Essex	1.55	2	Marilyn Nwawulor	Middlesex	1.74	2	Chloe Hillier	Wiltshire	1.63

2008	3	Suzanne Palmer	Derbyshire	1.55	3	Christina Parsons	Hampshire	1.71	3	-	-	
2009	1	Kate Anson	Merseyside	1.70	1	Isobel Pooley	Hampshire	1.74	1	Moe Sasegbon	Hertfordshire	1.75
2009	2	Katy Lambert	Sussex	1.64	2	Marilyn Nwawulor	Middlesex	1.71	2	Zoe Phillips	Warwickshire	1.69
2009	3	Charlotte Shelley	Suffolk	1.64	3	Hannah Frith	Beds & Luton	1.68	3	Jessica Houlton	Humberside	1.69
2010	1	Poppy Lake	Essex	1.69	1	Kate Anson	Merseyside	1.78	1	Isobel Pooley	Hampshire	1.83
2010	2	Emma Cowell	Hampshire	1.69	2	Victoria Anderson	Cheshire	1.68	2	Moe Sasegbon	Hertfordshire	1.72
2010	3	Jordanna Morrish	Cornwall	1.69	3	Isobel Brown	Sussex	1.65	3	Hannah Frith	Beds & Luton	1.66
2011	1	Amelia J-McLaughlin	Merseyside	1.75	1	Cosima Berry	Oxfordshire	1.73	1	Philippa Rogan	Berkshire	1.76
2011	2	Aylish MacKenzie	Cheshire	1.72	2	Robyn Petitt	Sussex	1.71	2	Daniella Hankins	Northamptonshire	1.66
2011	3	Kierra Barker	Hampshire	1.66	3	Isobel Brown	Sussex	1.71	3	Deborah Martin	Kent	1.66
2012	1	Kierra Barker	Hampshire	1.72	1	Robyn Petitt	Sussex	1.71	1	Evie Grogan	Somerset	1.72
2012	2	Emily Borthwick	Gtr. Manchester	1.69	2	Poppy Lake	Essex	1.68	2	Isobel Brown	Sussex	1.69
2012	3	Natoya Rimmer	Norfolk	1.63	3	Emily Cummings	Cumbria	1.68	3	Reagan Dee	Hertfordshire	1.69
2013	1	Katya Oldfield	Hampshire	1.66	1	Kierra Barker	Hampshire	1.74	1	Ella Gibbons	Hereford & Worcs	1.75
2013	2	Hollie Smith	Humberside	1.66	2	Laura Armorgie	Essex	1.74	2	Poppy Lake	Essex	1.75
2013	3	Hollie Williamson	Shropshire	1.66	3	Aylish Mackenzie	Cheshire	1.71	3	Jordanna Morrish	Somerset	1.75
2014	1	Grace Chambers	Wiltshire	1.69	1	Abby Ward	West Yorkshire	1.74	1	Amelia J-McLaughlin	Gtr. Manchester	1.75
2014	2	Rebecca Hawkins	Kent	1.69	2	Hannah Tapley	Hereford & Worcs	1.74	2	Poppy Lake	Essex	1.72
2014	3	Lillie Franks	Sussex	1.69	3	Laura Armorgie	Essex	1.71	3	Emma Cowell	Hampshire	1.72
2015	1	Jade Oni	Kent	1.72	1	Octavia Cavill	Buckinghamshire	1.71	1	Emily Borthwick	Gtr. Manchester	1.78
2015	2	Phoebe Harland	West Midlands	1.72	2	Abby Ward	West Yorkshire	1.71	2	Amelia J-McLaughlin	Gtr. Manchester	1.75
2015	3=	Amelia Batman	Durham	1.69	3	Isabelle Cain-Daley	Warwickshire	1.71	3=	Ella Widdop-Gray	Surrey	1.72
2015	3=	Emma Sherwood	West Midlands	1.69	-	-	-		3=	Lucy Chappell	South Yorkshire	1.72
2016	1	Emma Sherwood	West Midlands	1.75	1	Rebecca Hawkins	Kent	1.74	1	Emily Borthwick	Gtr. Manchester	1.78
2016	2	Danielle Hopkins	Hereford & Worcs	1.72	2	Natasha Smith	Gloucestershire	1.74	2	Laura Armorgie	Essex	1.78
2016	3	Beau Studholme	Cumbria	1.69	3	Lillie Franks	Sussex	1.71	3	Hollie Smith	North Yorkshire	1.72
2017	1	Isabel Pinder	Hampshire	1.69	1	Temi Ojora	Buckinghamshire	1.77	1	Lillie Franks	Sussex	1.72
2017	2	Ndidkama Okoh	Essex	1.66	2	Hannah Moat	Lincolnshire	1.71	2	Adaora Chigbo	Avon	1.72
2017	3	Madeleine Wood	Leics & R	1.63	3	Ashleigh West	Kent	1.71	3	Rebecca Hawkins	Kent	1.69
2018	1	Lara Scott	Hampshire	1.67	1	Temi Ojora	Buckinghamshire	1.75	1	Emily Race	Nottinghamshire	1.81
2018	2	Fiona Barkley	Gloucestershire	1.64	2	Leonie Brunning	Beds & Luton	1.75	2	Rebecca Hawkins	Kent	1.78
2018	3	Georgina Scoot	Devon	1.61	3	Hannah Moat	Lincolnshire	1.72	3	Amelia Batman	Durham	1.78
2019	1	Gracie Wall	Beds & Luton	1.68	1	Molly Hole	Wiltshire	1.73	1	Emily Race	Nottinghamshire	1.78
2019	2	Lucy Fellows	Somerset	1.65	2	Madeleine Wood	Leics & R	1.67	2	Jessica Gordon	Hampshire	1.72
2019	3	Halle Ferguson	Lancashire	1.62	3	Gabrielle O'Neil	Merseyside	1.67	3	Hannah Moat	Lincolnshire	1.72
2021	1	Thea Brown	Cheshire	1.68	1	Halle Ferguson	Lancashire	1.72	1	Zara Tyas	West Yorkshire	1.75
2021	2	Evie Moir	Avon	1.65	2	Kacey Walters	Kent	1.65	2	Rhiana Burrell	West Midlands	1.66
2021	3	Ruby Donaldson	Avon	1.62	3	Gracie Wall	Beds & Luton	1.65	3	Rebecca Walker	Shropshire	1.63
2022	1	Qi-Chi Ukpai	Kent	1.71	1	Thea Brown	Cheshire	1.74	1	Halle Ferguson	Lancashire	1.78
2022	2	Emily Marshall	Humberside	1.59	2=	Gracie Wall	Beds & Luton	1.74	2	Eloise Hind	Oxfordshire	1.78
2022	3	Natalie Seyler	Hereford & Worcs	1.59	2=	Matilda Secker	Kent	1.68	3	Gabrielle Garber	Gtr. Manchester	1.75
2023	1	Darcie Nobles	Dorset	1.65	1	Matilda Secker	Kent	1.74	1	Gabrielle Garber	Gtr. Manchester	1.78

2023	2	Emily Archer	Essex	1.56	2	Mabel-Rose Scales	London	1.74	2	Callie Coates	South Yorkshire	1.78
2023	3	Daisy Duncan	Wiltshire	1.56	3	Ruby Tillson	Essex	1.74	3	Halle Ferguson	Lancashire	1.75
2024	1=	Scarlet Grundy	Merseyside	1.62	1	Carmen Rose	Surrey	1.71	1	Ruby Tillson	Essex	1.78
2024	1=	Elouise Thomas	Essex	1.62	2	Dahlia Corp	Hertfordshire	1.68	2	Mia Judd	Hampshire	1.75
2024	3	Saffey Easton	Warwickshire	1.59	3	Ella Thomas	Kent	1.62	3	Matilda Secker	Kent	1.72
2025	1	Alessia Scala	Kent	1.68	1	Scarlet Grundy	Merseyside	1.71	1	Carmen Rose	Surrey	1.78
2025	2=	Abigail Hinds	Merseyside	1.65	2	Minna Williams	Middlesex	1.68	2=	Daisy Burton	West Midlands	1.75
2025	2=	Romy Fagan	West Yorkshire	1.65	3	Elysia Chilvers	Oxfordshire	1.68	2=	Isla Pain	Gloucestershire	1.75
		-	-			-	-		2=	Matilda Secker	Kent	1.75
2026	1	Ellen Odigie	London	1.67	1	Scarlet Grundy	Merseyside	1.71	1	Carmen Rose	Surrey	1.78
2026	2=	Imogen Pope	Dorset	1.64	2	Ella Duarte	Channel Islands	1.68	2	Dahlia Corp	Hertfordshire	1.75
2026	2=	Rumi Sieff	Devon	1.61	3	Poppy Crook	Hampshire	1.68	3	Daisy Burton	West Midlands	1.72

JUNIOR

INTERMEDIATE

SENIOR

POLE VAULT				POLE VAULT				POLE VAULT				
2000		-	-		-	-		1	Ellie Spain	Leicestershire	3.35	
2000		-	-		-	-		2	Caroline Smith	Oxfordshire	3.05	
2000		-	-		-	-		3	Amy Rennison	Staffordshire	3.05	
2001		-	-		-	-		1	Kate Dennison	Cheshire	3.75	
2001		-	-		-	-		2	Caroline Nutt	Humberside	3.25	
2001		-	-		-	-		3	Zoe Parsons	Kent	3.15	
2002		-	-		-	-		1	Claire Holmes	Lancashire	3.05	
2002		-	-		-	-		2	Angela Nichols	Oxfordshire	2.95	
2002		-	-		-	-		3	Jocelyn Hird	Dorset	2.80	
2003		-	-		1	Hannah Olson	Kent	3.65	1	Natalie Olson	Kent	3.65
2003		-	-		2	Kimberley Smith	West Midlands	3.25	2	Rachel Gibbens	Buckinghamshire	3.45
2003		-	-		3	Rebecca Lilley	Hereford & Worcs	3.05	3	Claire Neve	Cheshire	3.45
2004		-	-		1	Bryony Gibbens	Buckinghamshire	3.15	1	Rachel Gibbens	Buckinghamshire	3.55
2004		-	-		2	Rebecca Lilley	Hereford & Worcs	2.95	2	Kimberley Smith	West Midlands	3.35
2004		-	-		3	Annemarie Price	Kent	2.85	3	Samantha Poulter	Surrey	3.15
2005		-	-		1	Jasmin Hicks	Cornwall	3.40	1	Kirsty MacKintosh	Essex	3.45
2005		-	-		2	Rachel Arnheim	Kent	3.15	2	Rebecca Lilley	Hereford & Worcs	3.35
2005		-	-		3	Kerry Passmore	West Midlands	3.15	3	Kimberley Smith	West Midlands	3.25
2006		-	-		1	Sarah Clifford	Essex	3.15	1	Emily Taylor	Nottinghamshire	3.55
2006		-	-		2	Abigail Haywood	West Yorkshire	3.55	2	Rebecca Lilley	Hereford & Worcs	3.35
2006		-	-		3=	Jasmin Hicks	Cornwall	3.35	3	Kerry Passmore	West Midlands	3.35
2006		-	-		3=	Rachel Arnheim	Kent	3.35	-	-	-	-
2007		-	-		1	Jade Ive	Surrey	3.75	1	Rachel Arnheim	Kent	3.35
2007		-	-		2	Sophie Upton	Wiltshire	3.65	2	Kerry Passmore	West Midlands	3.15
2007		-	-		3	Sally Scott	Northumberland	3.55	3	Jasmin Hicks	Cornwall	3.15
2008		-	-		1	Lucy Stickland	Sussex	3.50	1	Sophie Upton	Wiltshire	3.70

2008		-	-		2	Ellie Besford	Essex	3.40	2	Abigail Haywood	West Yorkshire	3.60
2008		-	-		3	Laura Butcher	Wiltshire	2.80	3	Maria Seager	Dorset	3.60
2009		-	-		1	Ellie Besford	Essex	3.70	1	Abigail Haywood	West Yorkshire	3.80
2009		-	-		2	Lucy Stickland	Sussex	3.50	2	Sophie Upton	Wiltshire	3.40
2009		-	-		3	Anne Rees	Hertfordshire	3.30	3	Christina Moore	Kent	3.20
2010		-	-		1	Lucy Bryan	Avon	3.76	1	Ellie Besford	Essex	3.81
2010		-	-		2	Laura-Ann Henderson	Kent	3.15	2	Lucy Stickland	Sussex	3.35
2010		-	-		3	Lily-Mae Fisher	Berkshire	3.15	3	Anne Rees	Hertfordshire	3.25
2011		-	-		1	Hannah Grubb	Wiltshire	3.60	1	Ellie Besford	Essex	3.45
2011		-	-		2	Sophie Cook	West Midlands	3.45	2	Anne Rees	Hertfordshire	3.25
2011		-	-		3	Emilie Blackwell	Sussex	3.45	3=	Hayley Rubery	Shropshire	3.25
2011		-	-			-	-		3=	Katie James	Dorset	3.25
2012		-	-		1	Allis McGovern	Kent	3.50	1	Lucy Bryan	Avon	3.85
2012		-	-		2	Ellie Gooding	Kent	3.50	2	Sophie Cook	West Midlands	3.55
2012		-	-		3	Jade Brewster	Sussex	3.40	3	Nancy Epsly	Essex	3.45
2013		-	-		1	Ellie Gooding	Kent	3.90	1	Sarah McKeever	Gtr. Manchester	3.70
2013		-	-		2	Abigail Roberts	West Yorkshire	3.70	2=	Amy de Beaux	Surrey	3.50
2013		-	-		3	Olivia Connor	Sussex	3.30	2=	Hannah Grubb	Avon	3.50
2013		-	-			-	-		2=	Jenny Roberts	Nottinghamshire	3.50
2014		-	-		1	Tilly Hooper	Surrey	3.60	1	Abigail Roberts	West Yorkshire	3.80
2014		-	-		2	Rebecca Gray	Cornwall	3.50	2	Allis McGovern	Kent	3.80
2014		-	-		3	Olivia Connor	Sussex	3.50	3	Amber Try	Hampshire	3.70
2015	1	Jade Spencer-Smith	Middlesex	3.35	1	Molly Caudery	Cornwall	3.93	1	Olivia Connor	Sussex	3.85
2015	2	Natasha Purchas	Sussex	3.15	2	Rebecca Gray	Cornwall	3.65	2	Abigail Roberts	West Yorkshire	3.85
2015	3	Matilda Waters	Gtr. Manchester	3.15	3	Jessica Swannack	Lancashire	3.65	3	Allis McGovern	Kent	3.75
2016	1	Lois Warden	Kent	3.25	1	Molly Caudery	Cornwall	3.70	1	Olivia Connor	Sussex	3.80
2016	2	Erin Thomas	Kent	3.25	2	Victoria Barlow	Gtr. Manchester	3.60	2	Sophie Dowson	Middlesex	3.70
2016	3	Leah Darbyshire	Gtr. Manchester	3.15	3	Alexa Eichelmann	Surrey	3.50	3	Holly Brown	Cambridgeshire	3.60
2017	1	Sophie Ashurst	Gtr. Manchester	3.55	1	Felicia Miloro	Nottinghamshire	3.70	1	Molly Caudery	Cornwall	4.20
2017	2	Jasmine Carey	Lancashire	3.45	2	Victoria Barlow	Gtr. Manchester	3.60	2	Jessica Swannack	Lancashire	4.00
2017	3	Lucy Allen	Cornwall	3.35	3	Natasha Purchas	Sussex	3.60	3	Sophie Dowson	Middlesex	3.70
2018	1	Lucinda White	Kent	3.05	1	Jade Spencer-Smith	Middlesex	3.80	1	Natasha Purchas	Sussex	3.90
2018	2	Amy Hunt	West Yorkshire	3.05	2	Sophie Ashurst	Gtr. Manchester	3.70	2	Victoria Barlow	Gtr. Manchester	3.80
2018	3	Emilie Oakden	Sussex	2.90	3	Jasmine Carey	Lancashire	3.60	3	Felicia Miloro	Leics & R	3.70
2019	1	Emilie Oakden	Sussex	3.62	1	Sophie Ashurst	Gtr. Manchester	3.80	1	Jade Spencer-Smith	Middlesex	3.95
2019	2	Amelia Hatchard	Sussex	3.30	2	Molly Elliott	Durham	3.40	2	Felicia Miloro	Leics & R	3.70
2019	3	Bo Rason	Cornwall	3.20	3	Jasmine Carey	Lancashire	3.40	3	Natasha Purchas	Sussex	3.70
2021	1	Molly Staunton	Berkshire	2.75	1	Gemma Tutton	Sussex	3.95	1	Sophie Ashurst	Gtr. Manchester	4.21
2021	2	Abigail Edwards	Hertfordshire	2.75	2	Nyree Perry	Avon	3.50	2	Ivy Spencer	Sussex	3.60
2021	3	Arisa Burgess	Dorset	2.75	3	Lucinda White	Kent	3.40	3	Emily Scrivener	Oxfordshire	3.50
2022	1	Isabella Turner	Hertfordshire	3.30	1	Charley O'Neill	Warwickshire	3.50	1	Emilie Oakden	Sussex	3.60
2022	2	Arisa Burgess	Dorset	3.30	2	Nyree Perry	Avon	3.50	2	Manon Baines	Middlesex	3.60

2022	3	Lilianne Jervis-Allan	Buckinghamshire	2.85	3	Bo Rason	Cornwall	3.40	3	Amelia Hatchard	Sussex	3.50
2023	1	Elsa Pawson	Kent	2.85	1	Isabella Turner	Hertfordshire	3.65	1	Emilie Oakden	Sussex	3.70
2023	2=	Sophia McCart	Surrey	2.70	2	Lilianne Jervis-Allan	Buckinghamshire	3.40	2	Charley O'Neill	Warwickshire	3.60
2023	2=	Lexie Trott	Hampshire	2.70	3	Arisa Burgess	Dorset	3.10	3	Gemma Tutton	Sussex	3.50
2023	2=	Beth Boyes	Sussex	2.70		-	-			-	-	
2023	2=	Claudia Berry	Gtr. Manchester	2.70		-	-			-	-	
2024	1=	Rebecca Miller	Merseyside	3.00	1	Isabella Turner	Hertfordshire	3.80	1	Charley O'Neill	Warwickshire	3.50
2024	1=	Olwen Isherwood	South Yorkshire	3.00	2	Sophia McCart	Surrey	3.40	2	Nyree Perry	Avon	3.35
2024	3	Emily Wilson	Gtr. Manchester	3.00	3	Elsa Pawson	Kent	3.25	3	Alannah Heneghan	Wiltshire	3.20
2025	1	Ella Brooker	Kent	3.45	1	Elsa Pawson	Kent	3.50	1	Isabella Turner	Hertfordshire	3.90
2025	2	Florence Matten	Sussex	3.30	2	Claudia Berry	Gtr. Manchester	3.40	2	Lilianne Jervis-Allan	Buckinghamshire	3.70
2025	3	Lois Fordham	Bedfordshire	3.20	3	Ava Hayes	Sussex	3.40	3	Madeleine Dodd	Surrey	3.60
2026	1	Florence Matten	Sussex	3.60	1	Winnie Symes	Surrey	3.40	1	Madeleine Dodd	Surrey	3.65
2026	2	Maisie Stevens	Staffordshire	3.50	2	Juliette Macquin-Jones	North Yorkshire	3.25	2	Lilianne Jervis-Allan	Buckinghamshire	3.55
2026	3	Tilly Webb	West Midlands	3.10	3	Sylvie Ward	Sussex	3.25	3	Sophia McCart	Surrey	3.55

JUNIOR					INTERMEDIATE					SENIOR				
LONG JUMP					LONG JUMP					LONG JUMP				
1948	1	B. Perham	Kent	16' 9¼"	1	Valerie Webster	Surrey	17' 9¼"	1	-	-			
1948	2	Georgina Lye	Hampshire	16' 8½"	2				2	-	-			
1948	3				3	Shirley Cawley	Surrey	16' 3¼"	3	-	-			
1949	1	Jean Docker	Middlesex	16' 5"	1	Valerie Webster	Surrey	18' 7½"	1	-	-			
1949	2	Suzanne Farmer	Sussex	16' 4¾"	2	Shirley Cawley	Surrey	17' 8½"	2	-	-			
1949	3	A. Waller	Sussex	16' 1¾"	3	M. Matthews	Essex	17' 2¼"	3	-	-			
1950	1	J. Dixon	Surrey	16' 6"	1	J. Baddington	Huntingdonshire	16' 7¼"	1	Valerie Webster	Surrey	18' 6"		
1950	2	Anne Pashley	Norfolk	16' 4½"	2	Audrey Cashmore	Essex	16' 4¼"	2	A. Slaughter	Buckinghamshire	15' 8½"		
1950	3	B. Cockrill	Hampshire	16' 4½"	3	M. Hook	Hampshire	16' 1½"	3	S. Williams	Sussex	14' 9"		
1951	1	Christina Cops	Essex	17' 2"	1	P. Castleton	Suffolk	16' 5¾"	1	Janet Findlater	Buckinghamshire	16' 9½"		
1951	2	Evelyn Earl	Hampshire	16' 5½"	2	J. Wilson	Northumberland	16' 3¾"	2	Vera Canning	Surrey	16' 2¾"		
1951	3	S. Buchanan	Berkshire	15' 10¼"	3	Jean Docker	Middlesex	16' 2"	3	Maureen Kelly	Oxfordshire	16' 0¼"		
1952	1	Mavis French	Kent	15' 11½"	1	Irene Granger	Leicestershire	15' 9½"	1	Sheila Batey	Northumberland	16' 7"		
1952	2	P. M. Champion	Herefordshire	15' 6"	2	Evelyn Earl	Hampshire	15' 8"	2	P. Hatch	Cheshire	16' 3"		
1952	3	Carol Heyworth	Lincolnshire	15' 0"	3	Jean Golder	Hampshire	15' 7½"	3	June Gates	Sussex	16' 3"		
1953	1	Anne Edgington	Warwickshire	17' 3½"	1	Anita Warwick	Durham	17' 9½"	1	P. Hatch	Cheshire	16' 3½"		
1953	2	S. Grant	Middlesex	17' 1"	2	Jean Whitehead	Lancashire	17' 6¼"	2	S. White	Berkshire	15' 11½"		
1953	3	Josie Bassett	Buckinghamshire	16' 4½"	3	S. B. Brown	London	17' 3½"	3	Margaret Collings	Cheshire	15' 11"		
1954	1	Christina McKinnon	Sussex	15' 8"	1	Josie Bassett	Buckinghamshire	17' 2"	1	Sheila Hoskin	London	17' 0½"		
1954	2	Pamela Furniss	Lancashire	15' 7"	2	Jean Whitehead	Lancashire	16' 11½"	2	C. Potter	Berkshire	16' 5½"		
1954	3	A. Wyatt	Oxfordshire	15' 6"	3	Elise Campbell	Leicestershire	16' 8"	3	J. Bell	Devon	16' 5½"		
1955	1	Moira Bowes	Durham	16' 9½"	1	Christine Roe	Durham	17' 6"	1	Jean Whitehead	Lancashire	18' 0½"		
1955	2	N. Cross	Durham	16' 5"	2	Mary Bignal	Somerset	17' 5"	2	S. A. Brown	London	17' 1"		

1955	3	G. Clements	Cambridgeshire	16' 3½"	3	Jean Satterley	Northumberland	17' 3½"	3	Elise Campbell	Leicestershire	16' 6"
1957	1	Rosemary Jordan	Hertfordshire	17' 7"	1	Mary Bignal	Somerset	18' 4"	1	Christine Roe	Durham	17' 8½"
1957	2	Pat Martin	Middlesex	17' 5"	2	J. Williams	Lancashire	17' 9"	2	Anne Edgington	Warwickshire	17' 6"
1957	3	Moira Bowes	Durham	17' 3"	3	V. Bland	Durham	17' 2"	3	Elise Campbell	Leicestershire	17' 4"
1958	1	S. Cave	Essex	16' 8"	1	Marian Needham	Middlesex	18' 3"	1	Anne Edgington	Warwickshire	17' 8½"
1958	2	Judith Starling	Norfolk	16' 7½"	2	Rosemary Jordan	Hertfordshire	17' 4"	2	J. Williams	Lancashire	17' 7"
1958	3	Pauline Dorrell	Surrey	16' 7"	3	Barbara Brooks	Lancashire	17' 2½"	3	G. Baker	Middlesex	17' 0½"
1959	1	Iris Warren	London	16' 3½"	1	Judith Starling	Norfolk	17' 3½"	1	J. Moorhouse	Lancashire	17' 5"
1959	2	S. Large	Devon	16' 1½"	2	S. Cave	Essex	16' 6"	2	Joan Holroyd	Lancashire	17' 1"
1959	3	Margaret Blatcher	Essex	16' 0"	3	D. Tarrant	Wiltshire	16' 5½"	3	G. Barker	Middlesex	16' 8"
1960	1	C. Edmondson	Lancashire	16' 9¾"	1	Judith Starling	Norfolk	17' 6¾"	1	Wendy Strong	Gloucestershire	16'10¾"
1960	2	Loraine Winfield	Derbyshire	16' 8½"	2	Janice Catt	Surrey	17' 2½"	2	Rosamund Walker	Surrey	16' 9½"
1960	3	Pat Booth	Derbyshire	16' 7¼"	3	C. Coy	Kent	16' 8½"	3	D. Evans	Westmorland	16' 6½"
1961	1	Sheila Parkin	Yorkshire	17' 4½"	1	Loraine Winfield	Derbyshire	17' 8"	1	Judith Starling	Norfolk	18' 4"
1961	2	Diane Hooper	Somerset	17' 2"	2	L. Harrington	Oxfordshire	17' 0"	2	Janice Catt	Surrey	18' 0½"
1961	3	Pat Booth	Derbyshire	17' 1½"	3	S. Wilkins	Cambridgeshire	16' 8½"	3	Gwenda Stratton	Sussex	17' 9"
1962	1	Helen Podlesney	Norfolk	16' 10"	1	Loraine Winfield	Somerset	19' 0½"	1	Margaret Gouldsmith	Middlesex	18' 1¼"
1962	2	Diane Barham	Surrey	16' 9½"	2	Sheila Parkin	Yorkshire	19' 0"	2	Gwenda Stratton	Sussex	17' 4½"
1962	3	Cicely John	Buckinghamshire	16' 8½"	3	Margaret Giles	Essex	18' 0¼"	3	C. Howard	Hertfordshire	16' 9¾"
1963	1	Patricia Wilson	Middlesex	17' 9¾"	1	Sheila Parkin	Yorkshire	20' 1"	1	Margaret Gouldsmith	Middlesex	18' 4¼"
1963	2	Maureen Barton	Surrey	17' 8¼"	2	Cathryn Stubbs	Warwickshire	18' 0¾"	2	Loraine Winfield	Somerset	18' 2¾"
1963	3	Marion Wolsey	Sussex	17' 7½"	3	Berenice Jessop	Nottinghamshire	18' 0"	3	J. Parry	Warwickshire	17' 11"
1964	1	Lillian Board	Middlesex	17' 3"	1	Sheila Parkin	Yorkshire	19' 8¼"	1	Loraine Winfield	Somerset	19' 0¼"
1964	2	Diane Barham	Surrey	16' 11¾"	2	Susan Bevan	Middlesex	18' 6"	2	Berenice Jessop	Nottinghamshire	18' 0¾"
1964	3	Janice Hardyman	Hampshire	16' 5"	3	Patricia Wilson	Middlesex	17' 5"	3	Cathryn Stubbs	Warwickshire	16' 11½"
1965	1	Anita Neil	Northamptonshire	17' 11½"	1	Susan Bevan	Middlesex	18' 6"	1	Sheila Parkin	Yorkshire	20' 5¾" w
1965	2	Marilyn North	Kent	17' 4¼"	2	Vivien Flett	Lancashire	18' 3¼"	2	Mary Tollyfield	Nottinghamshire	18' 3¼"
1965	3	Janice Adams	Hampshire	17' 1½"	3	Ann Vincent	Surrey	17' 9¾"	3	Patricia Wilson	Middlesex	18' 3" w
1966	1	Valerie Fox	Hertfordshire	16' 9¾"	1	Ann Wilson	Essex	19' 1½"	1	Patricia Wilson	Middlesex	19' 2"
1966	2	Shirley Clelland	Leicestershire	16' 7"	2	Anita Neil	Northamptonshire	18' 8"	2	Susan Bevan	Middlesex	18' 2¾"
1966	3	Susan Filing	Lincolnshire	15' 10¾"	3	Jacqueline Caswell	Berkshire	17' 4"	3	Maureen Barton	Surrey	17' 10¾"
1966	1	Sue Scott	Warwickshire	19' 0¼" w	1	Ann Wilson	Essex	19' 8¼" w	1	Maureen Barton	Surrey	18' 11"
1966	2	Jane Reynolds	Hertfordshire	17' 7½" w	2	Shirley Clelland	Leicestershire	18' 6"	2	Brenda Johnson	Derbyshire	17' 8"
1966	3	Frances Young	Hertfordshire	17' 7½" w	3	Valerie Fox	Hertfordshire	18' 3½"	3	Elizabeth Hooper	Somerset	17' 2"
1967	1	Shirley Biggs	Surrey	17' 2¾"	1	Valerie Fox	Hertfordshire	19' 3¼" w	1	Gillian Perrins	Warwickshire	18' 8"
1967	2	Valerie Kirkham	Nottinghamshire	16' 7½"	2	Sue Scott	Warwickshire	18' 11½" w	2	Elizabeth Butters	Cornwall	18' 5¾"
1967	3	Lynda Webb	Worcestershire	16' 6½"	3	Shirley Clelland	Leicestershire	18' 0½" w	3	Lesley Moore	Cheshire	18' 0"
1968	1	Shirley Biggs	Surrey	18' 1¾"	1	Janis Murray	Lancashire	19' 3¾" w	1	Ann Wilson	Essex	19' 11¼"
1968	2	Janice Brown	Warwickshire	17' 9"	2	Barbara-Anne Barrett	Surrey	18' 9½" w	2	Shirley Clelland	Leicestershire	19' 0¾"
1968	3	Linda Beverley	Buckinghamshire	17' 5¼"	3	Barbara Lamb	Lancashire	19' 3½" w	3	Valerie Fox	Hertfordshire	18' 10¼"
1969	1	Susan King	Essex	5.55	1	Janis Murray	Lancashire	5.58	1	Shirley Clelland	Leicestershire	5.90
1969	2	Julie Roberts	Kent	5.41	2	Shirley Biggs	Surrey	5.48	2	Barbara-Anne Barrett	Surrey	5.68

1969	3	Katrina Herbert	Buckinghamshire	5.36	3	Lynda Webb	Worcestershire	5.41	3	Valerie Fox	Hertfordshire	5.55
1970	1	Carol Brown	Hertfordshire	5.62	1	Shirley Biggs	Surrey	5.89	1	Barbara-Anne Barrett	Surrey	6.02
1970	2	Susan Turner	Cheshire	5.40	2	Lorna Boothe	Surrey	5.75	2	Susan Oldall	Surrey	5.82
1970	3	Teresa Goodson	Sussex	5.35	3	Katrina Herbert	Somerset	5.62	3	Jackie Catlett	London	5.79
1971	1	Julie Sanderson	Leicestershire	5.31	1	Julie Roberts	Kent	5.82	1	Linda Beverley	Buckinghamshire	5.69
1971	2	Ann Self	Lincolnshire	5.26	2	Lorna Boothe	Surrey	5.49	2	Janis Murray	Lancashire	5.68
1971	3	Jacqueline Pickles	Durham	5.22	3	Janet Spence	Northumberland	5.44	3	Lesley Emmington	Huntingdonshire	5.66
1972	1	Christina Hill	Durham	5.25	1	Sue Mapstone	Essex	5.77	1	Julie Roberts	Kent	5.73
1972	2	Fiona Walker	Worcestershire	5.12	2	Patricia Rose	Sussex	5.25	2	Jennifer Honick	Warwickshire	5.28
1972	3	Virginia Marshall	Hampshire	5.06	3	Jill Ferneyhough	Hampshire	5.24	3	Sandra Hayes	Essex	5.26
1973	1	Maria Bellamy	Northamptonshire	5.62w	1	Joy Bowerman	Surrey	5.76	1	Julie Roberts	Kent	5.76
1973	2	Geraldine Gray	Essex	5.41	2	Sue Mapstone	Essex	5.67	2	Tina Greisen	Middlesex	5.58
1973	3	Karen Murray	Surrey	5.30	3	Diane Gray	Norfolk	5.47	3	Nnenna Njoku	Lancashire	5.53
1974	1	Linda Pears	Northumberland	5.36	1	Christina Hill	Durham	5.54	1	Sue Mapstone	Essex	5.81
1974	2	Janet Frank-Lynch	Surrey	5.33	2	Diane Gray	Norfolk	5.35	2	Elizabeth Mullins	Dorset	5.65
1974	3	Deborah Wightman	Somerset	5.25	3	Karen Murray	Surrey	5.33	3	Carol Earlington	Middlesex	5.59
1975	1	Kim Hagger	Essex	5.24	1	Maria Bellamy	Northamptonshire	5.63	1	Allison Manley	Surrey	5.93
1975	2	Hilary Brown	Staffordshire	5.19	2	Karen Evans	Lancashire	5.62	2	Carol Pears	Northumberland	5.69
1975	3	Sue Hearnshaw	Avon	5.11	3	Karen Murray	Surrey	5.61	3	Christina Hill	Durham	5.66
1976	1	Sandy French	Surrey	5.68	1	Sue Hearnshaw	Humberside	5.80	1	Karen Murray	Surrey	5.78
1976	2	Diane Somerfield	Nottinghamshire	5.58	2	Diane McNulty	West Yorkshire	5.69	2	Maria Bellamy	Northamptonshire	5.68
1976	3	Kim Hagger	Essex	5.51	3	Christine Stone	Middlesex	5.56	3	Diane Gray	Norfolk	5.60
1977	1	Sandy French	Surrey	5.61w	1	Sue Hearnshaw	Humberside	6.41w	1	Karen Murray	Surrey	6.36w
1977	2	Caroline Neal	Middlesex	5.25	2	Nicola McGee	Surrey	6.00	2	Kelly Donovan	Surrey	6.04w
1977	3	Mandy Gladwell	Suffolk	5.13	3	Christine James	Cheshire	5.67	3	Sandra Simmons	London	5.96w
1978	1	Sandy French	Surrey	5.99w	1	Claire Henley	Dorset	5.86w	1	Sue Hearnshaw	Humberside	6.59w
1978	2	Karen Glen	Hampshire	5.85	2	Kim Hagger	Essex	5.82	2	Janet Frank-Lynch	Surrey	6.34
1978	3	Kerry Martin	Staffordshire	5.50	3	Maria Smallwood	Hampshire	5.64	3	Jill Davies	Devon	6.34
1979	1	Helen Cushen	Essex	5.61w	1	Sandy French	Surrey	6.08w	1	Sue Hearnshaw	Humberside	6.26w
1979	2	Susan Duerden	Lancashire	5.48w	2	Bev Kinch	Suffolk	5.86	2	Nicola McGee	Surrey	5.93
1979	3	Catherine Rowe	Oxfordshire	5.43w	3	Sharon Lynch	London	5.86w	3	Maria Smallwood	Hampshire	5.87
1980	1	Sally Gunnell	Essex	5.10	1	Jo Edwards	Avon	5.85	1	Maria Smallwood	Hampshire	6.09
1980	2	Joanne Mulliner	Shropshire	5.09	2	Joyce Oladapo	London	5.75	2	Denise Cole	Essex	5.53
1980	3	Sharon Bowie	West Midlands	5.02	3	Bev Kinch	Suffolk	5.67	3	Nina Griffiths	Cleveland	5.33
1981	1	Georgina Oladapo	London	5.58	1	Helen Cushen	Essex	5.96	1	Bev Kinch	Suffolk	6.06w
1981	2	Amanda Tipton	Hampshire	5.38	2	Joanne Mulliner	Shropshire	5.87	2	Joyce Oladapo	London	6.04w
1981	3	Sandra Brown	Northamptonshire	5.29	3	Jacqui Flavius	London	5.68	3	Jo Edwards	Avon	5.82w
1982	1	Michelle Stone	Essex	6.02w	1	Georgina Oladapo	London	6.13w	1	Bev Kinch	Suffolk	6.42
1982	2	Margaret Cheetham	Merseyside	5.91w	2	Joanne Mulliner	Shropshire	5.97	2	Audrey Lewis	Gloucestershire	5.73
1982	3	Tina Malcolm	Gloucestershire	5.60w	3	Sharon Bowie	West Midlands	5.83	3	Alison Preskey	Warwickshire	5.73
1983	1	Margaret Cheetham	Merseyside	6.22	1	Michelle Stone	Essex	6.19	1	Joanne Mulliner	Shropshire	5.89
1983	2	Fiona May	Derbyshire	5.89	2	Tina Malcolm	Gloucestershire	5.78w	2	Mary Berkeley	Surrey	5.79

1983	3	Emma Westlake	Kent	5.33	3	Patricia Walters	Nottinghamshire	5.67w	3	Helen Cushen	Essex	5.73w
1984	1	Nicola Goddard	Leicestershire	5.42	1	Margaret Cheetham	Merseyside	6.37	1	Joanne Mulliner	Shropshire	6.26
1984	2	Lyn-Marie Connolly	Merseyside	5.15	2	Emma Westlake	Kent	5.84	2	Sharon Bowie	West Midlands	6.17
1984	3	Julia Robertson	Hertfordshire	5.14	3	Julie Warwick	Oxfordshire	5.71	3	Mary Berkeley	Surrey	6.09
1985	1	Lynn-Marie Connolly	Merseyside	5.68w	1	Margaret Cheetham	Merseyside	6.38	1	Mary Berkeley	Surrey	6.20
1985	2	Jo Wise	Warwickshire	5.40w	2	Fiona May	Derbyshire	5.90	2	Sharon Bowie	West Midlands	5.95
1985	3	Denise Lewis	West Midlands	5.35w	3	Emma Westlake	Kent	5.66	3	Julie Warwick	Oxfordshire	5.75
1986	1	Denise Lewis	West Midlands	5.45	1	Fiona May	Derbyshire	6.10	1	Margaret Cheetham	Merseyside	6.13
1986	2	Jackie Harris	West Midlands	5.41	2	Jo Wise	Warwickshire	5.74	2	Sandra Rose	West Midlands	5.84
1986	3	Samantha Bird	Berkshire	5.32	3	Lynn-Marie Connolly	Merseyside	5.66	3	Julie Warwick	Oxfordshire	5.77
1987	1	Jackie Harris	West Midlands	5.93	1	Jo Wise	Warwickshire	5.90	1	Fiona May	Derbyshire	6.29
1987	2	Sarah Hanson	West Midlands	5.64	2	Yvonne Hallett	Surrey	5.87	2	Tina Malcolm	London	6.07
1987	3	Katharine Merry	Warwickshire	5.55w	3	Denise Lewis	West Midlands	5.70	3	Emma Westlake	Kent	5.80
1988	1	Angela Littlehales	Staffordshire	5.65	1	Denise Lewis	West Midlands	5.97	1	Fiona May	Derbyshire	6.58
1988	2	Katharine Merry	Warwickshire	5.48	2	Jackie Harris	West Midlands	5.89	2	Jenny Kelly	London	5.97
1988	3	Samantha Rees	Wiltshire	5.33	3	Yvonne Hallett	Surrey	5.87	3	Karen Hambrook	Kent	5.92
1989	1	Geraldine Chate	Sussex	5.29	1	Jackie Harris	West Midlands	5.72	1	Fiona May	Derbyshire	6.65
1989	2	Sarah Ditchfield	Lancashire	5.24	2	Adedigba Rawcliffe	Cheshire	5.64	2	Jo Wise	Warwickshire	6.17
1989	3	Jo Dear	Middlesex	5.23	3	Samantha Rees	Wiltshire	5.61	3	Yinka Idowu	Oxfordshire	6.05
1990	1	Nicola Turner	Oxfordshire	5.59	1	Ruth Irving	Merseyside	5.93w	1	Jo Wise	Warwickshire	6.31w
1990	2	Adele Forester	Durham	5.44w	2	Stephanie Dobson	Staffordshire	5.71w	2	Yinka Idowu	Oxfordshire	6.26
1990	3	Fiona Allan	Nottinghamshire	5.29	3	Jo Dear	Middlesex	5.71w	3	Jayne McCoy	Merseyside	6.05
1991	1	Tammy McCammon	Middlesex	5.67w	1	Adele Forester	Durham	5.77	1	Ruth Irving	Merseyside	6.08
1991	2	Julie Hollman	Lincolnshire	5.63w	2	Stephanie Dobson	Staffordshire	5.73	2	Jayne McCoy	Merseyside	5.59
1991	3	Michelle Margison	Northumberland	5.54	3	Jo Dear	Middlesex	5.73	3	Gemma Holt	Surrey	5.53
1992	1	Rebecca Lewis	Cheshire	5.48	1	Adele Forester	Durham	5.81	1	Ruth Irving	Merseyside	5.96
1992	2	Kathryn Dowsett	Essex	5.24	2	Tammy McCammon	Middlesex	5.80	2	Jo Dear	Berkshire	5.83
1992	3	Lucie Clements	West Midlands	5.16	3	Nicola Turner	Oxfordshire	5.67	3	Shani Anderson	London	5.56
1993	1	Sarah Wilhelmy	Essex	5.70	1	Julie Hollman	Lincolnshire	5.86	1	Jo Dear	Berkshire	6.29w
1993	2	Amy Nuttall	Lincolnshire	5.45	2	Tammy McCammon	Middlesex	5.73	2	Stephanie Dobson	Staffordshire	5.85w
1993	3	Belinda Samuels	West Midlands	5.40	3	Rebecca Lewis	Cheshire	5.65	3	Nicola Turner	Oxfordshire	5.81w
1994	1	Kelly Williamson	Derbyshire	5.48	1	Rebecca Lewis	Cheshire	5.73	1	Julie Hollman	Lincolnshire	5.99
1994	2	Jade Johnson	London	5.38	2	Debbie Harrison	West Midlands	5.56w	2	Adele Forester	Durham	5.98
1994	3	Danielle Freeman	West Yorkshire	5.25	3	Louise Eden	Gtr. Manchester	5.48	3	Nicola Turner	Oxfordshire	5.69
1995	1	Emma Hughes	Bedfordshire	5.49	1	Jade Johnson	London	5.90w	1	Louise Eden	Gtr. Manchester	5.97w
1995	2	Lucy Atunumuo	London	5.24	2	Debbie Harrison	West Midlands	5.74w	2	Adele Forester	Durham	5.95w
1995	3	Fiona Harrison	South Yorkshire	5.23	3	Danielle Freeman	West Yorkshire	5.54	3	Kelly Sotherton	Hampshire	5.83w
1996	1	Donna Maylor	West Midlands	5.86w	1	Sarah Claxton	Essex	6.34w	1	Rebecca Lewis	Cheshire	6.03w
1996	2	Rachel Peacock	Dorset	5.56w	2	Danielle Freeman	West Yorkshire	5.95w	2	Debbie Harrison	West Midlands	6.00w
1996	3	Kerry Powell	Wiltshire	5.48w	3	Jade Johnson	London	5.86	3	Louise Eden	Gtr. Manchester	5.91w
1997	1	Monique Parris	Essex	5.69w	1	Fiona Harrison	South Yorkshire	5.89w	1	Sarah Claxton	Essex	6.53w
1997	2	Lindsey Singer	West Midlands	5.40w	2	Laura Smith	N Lincoln / E Yorks	5.75w	2	Debbie Harrison	West Midlands	5.77w

1997	3	Fiona Holmes	Cumbria	5.28w	3	Caroline Pearce	Cambridgeshire	5.68w	3	Kate Rogers	West Yorkshire	5.77w
1998	1	Monique Parris	Essex	5.48w	1	Elaine Smith	Cleveland	5.74w	1	Sarah Claxton	Essex	6.22
1998	2	Henrietta Paxton	Wiltshire	5.43w	2	Rachel Peacock	Dorset	5.67w	2	Danielle Freeman	West Yorkshire	6.05
1998	3	Michelle Johansen	Oxfordshire	5.36	3	Rachel Hogg	Cumbria	5.63	3	Syreena Pinel	Leicestershire	5.78
1999	1	Channelle Garnett	London	5.61	1	Henrietta Paxton	Wiltshire	5.75	1	Sarah Claxton	Essex	6.26w
1999	2	Karlene Turner	Berkshire	5.44w	2	Zainab Ceesay	Essex	5.57	2	Emma Hughes	Beds & Luton	6.09w
1999	3	Ellie Darby	West Midlands	5.41w	3	Danielle Humphries	Nottinghamshire	5.53w	3	Fiona Harrison	South Yorkshire	5.91w
2000	1	Ellie Darby	West Midlands	5.71w	1	Karlene Turner	Berkshire	5.83	1	Fiona Harrison	South Yorkshire	5.88w
2000	2	Helena Carter	North Yorkshire	5.32w	2	Sarah Humphries	Cumbria	5.68	2	Elaine Smith	Cleveland	5.83w
2000	3	Ashleigh Wicheard	Wiltshire	5.29w	3	Henrietta Paxton	Wiltshire	5.67	3	Nadia Williams	Middlesex	5.79w
2001	1	Stephanie Madgett	Berkshire	5.66w	1	Phyllis Agbo	London	6.07w	1	Elaine Smith	Cleveland	5.87
2001	2	Rebekah Passley	London	5.63w	2	Sarah Humphries	Cumbria	6.02w	2	Hannah Barnes	South Yorkshire	5.63
2001	3	Lucy Ramsey	Sussex	5.61w	3	Karlene Turner	Berkshire	5.78w	3	Daniella Humphries	Nottinghamshire	5.57
2002	1	Dominique Blaize	Surrey	5.39w	1	Ellie Darby	West Midlands	5.57	1	Karlene Turner	Berkshire	5.65
2002	2	Gemma Weetman	Shropshire	5.29w	2	Laura Ridley	Lancashire	5.54	2	Amy Woodman	Avon	5.65
2002	3	Hannah Frankson	Essex	5.20w	3	Rebekah Passley	London	5.49	3	Katy Benneworth	Kent	5.55
2003	1	Jade Surman	West Midlands	5.86w	1	Amy Harris	West Midlands	6.03w	1	Louise Bloor	South Yorkshire	5.83w
2003	2	Kim Murray	Hampshire	5.83w	2	Dominique Blaize	Surrey	5.69w	2	Katy Benneworth	Kent	5.73w
2003	3	Hannah Frankson	Essex	5.64w	3	Aimee Palmer	Staffordshire	5.63	3	Imogen Miles	Oxfordshire	5.62
2004	1	Alexandra Russell	Merseyside	5.48	1	Dominique Blaize	Surrey	6.03	1	Louise Hazel	Cambridgeshire	5.91
2004	2	Keighley Taplin	Essex	5.33	2	Gemma Weetman	Shropshire	5.84	2	Louise Bloor	South Yorkshire	5.87
2004	3	Jenny Coe	Sussex	5.25	3	Kim Murray	Hampshire	5.74	3	Aimee Palmer	Staffordshire	5.57
2005	1	Alice Lennox	Staffordshire	5.66	1	Jade Surman	West Midlands	5.93w	1	Amy Harris	West Midlands	6.39w
2005	2	Jade Ellans	Avon	5.55	2	Laura Simmons	Staffordshire	5.62	2	Dominique Blaize	Surrey	5.90
2005	3	Sarah Williams	Warwickshire	5.32	3	Alexandra Russell	Merseyside	5.61w	3	Gemma Weetman	Shropshire	5.87
2006	1	Lisa Sabel	Gtr. Manchester	5.51	1	Alexandra Russell	Merseyside	5.69	1	Gemma Weetman	Shropshire	6.07
2006	2	Sophie Meakin	Warwickshire	5.42	2	Abigail Irozuru	Gtr. Manchester	5.57	2	Dominique Blaize	Surrey	5.90
2006	3	Amelia Richards	London	5.35	3	Amiee Richardson	Beds & Luton	5.44	3	Hannah Frankson	Essex	5.70
2007	1	Hannah Longworth	Beds & Luton	5.47	1	Laura Samuel	Leics & R	5.82	1	Kim Murray	Hampshire	5.81
2007	2	Amelia Richards	London	5.38	2	Alice Lennox	Staffordshire	5.60	2	Eleanor Markendale	Lancashire	5.63
2007	3	Katie Caulfield	Hertfordshire	5.25	3	Chanel Taite	Middlesex	5.50	3	Emily Martin	Surrey	5.62
2008	1	Jazmin Sawyers	Staffordshire	5.72	1	Katie Caulfield	Hertfordshire	5.66	1	Alexandra Russell	Merseyside	5.78
2008	2	Micaela Brindle	Lancashire	5.40	2	Harriet James	Lancashire	5.64	2	Laura Samuel	Leics & R	5.77
2008	3	Rebecca Curtis-Harris	Hampshire	5.40	3	Aleasha Kiddle	Essex	5.59	3	Alice Lennox	Staffordshire	5.67
2009	1	Nikita Campbell-Smith	West Midlands	5.57	1	Jazmin Sawyers	Staffordshire	5.58	1	Lorraine Ugen	London	5.94
2009	2	Jessica Leek	Staffordshire	5.37	2	Emma Buckett	Hampshire	5.42	2	Chelsea Cooper	Staffordshire	5.72
2009	3	Hephziban Ogunro	Hertfordshire	5.37	3	Amelia Richards	Somerset	5.42	3	Kitty Eleyae	Somerset	5.60
2010	1	Morgan Lake	Buckinghamshire	5.76	1	Micaela Brindle	Lancashire	5.76	1	Elise Lovell	Sussex	5.66
2010	2	Celia Quansah	Middlesex	5.43	2	Danielle McGifford	Merseyside	5.71	2	Kitty Eleyae	Somerset	5.55
2010	3	Ebony Wake	Warwickshire	5.36	3	Rebecca Curtis-Harris	Hampshire	5.61	3	Sophie Brown	South Yorkshire	5.40
2011	1	Amy Williams	Cheshire	5.76	1	Danielle McGifford	Merseyside	5.73	1	Rebecca Chapman	Devon	6.01w
2011	2	Ebony Wake	Warwickshire	5.59	2	Celia Quansah	Middlesex	5.72	2	Sarah Abrams	Hampshire	5.97

2011	3	Sarah Prescott-Smith	Suffolk	5.50	3	Jessica Leek	Staffordshire	5.66	3	Gabrielle Rowsell	Dorset	5.76
2012	1	Amy Williams	Cheshire	6.07	1	Morgan Lake	Berkshire	6.03w	1	Danielle McGifford	Merseyside	5.90
2012	2	Simi Fajemisin	Oxfordshire	5.93	2	Taisha Thompson-Gregory	Leics & R	5.83	2	Lisa James	Cheshire	5.68
2012	3	Annabelle Pask	Warwickshire	5.61	3	Emma Hornsby	Lincolnshire	5.47w	3	Micaela Brindle	Lancashire	5.66
2013	1	Eleanor Broome	Northamptonshire	5.70	1	Simi Fajemisin	Oxfordshire	5.91	1	Danielle McGifford	Merseyside	6.06
2013	2	Kitty Joseph-Blackler	Leics & R	5.49	2	Eavion Richardson	Beds & Luton	5.85	2	Katie Stainton	West Midlands	6.03
2013	3	Isabella Hilditch	London	5.27	3	Taisha Thompson-Gregory	Leics & R	5.70	3	Jahisha Thomas	Surrey	5.95
2014	1	Holly Mills	Hampshire	5.76	1	Simi Fajemisin	Oxfordshire	5.78	1	Ebony Wake	Warwickshire	5.86
2014	2	Josie Oliarnyk	West Midlands	5.52	2	Naomi Harryman	Hertfordshire	5.76	2	Olivia Montez-Brown	Cheshire	5.82
2014	3	Kitty Joseph-Blackler	Leics & R	5.37	3	Eleanor Broome	Northamptonshire	5.59	3	Katie Garland	Sussex	5.66
2015	1	Ore Adamson	London	5.61	1	Eleanor Broome	Northamptonshire	5.94	1	Naomi Harryman	Hertfordshire	5.92
2015	2	Ashley Bailey	West Midlands	5.56	2	Holly Mills	Hampshire	5.87	2	Simi Fajemisin	Oxfordshire	5.71
2015	3	Victoria McCabe	Somerset	5.44	3	Josie Oliarnyk	West Midlands	5.70	3	Katie Garland	Sussex	5.65
2016	1	Funminiyi Olajide	Essex	5.54	1	Lucy Hadaway	North Yorkshire	6.01	1	Diana Adegoke	Kent	5.86
2016	2	Tia Jackson	Avon	5.52	2	Josie Oliarnyk	West Midlands	5.83	2	Eavion Richardson	Beds & Luton	5.79
2016	3	Devon Weymont	Gtr. Manchester	5.38	3	Isabel Wakefield	Devon	5.80	3	Kierra Barker	Hampshire	5.71
2017	1	Milly Gall	Hertfordshire	5.67	1	Ore Adamson	London	5.88	1	Eleanor Broome	Northamptonshire	6.08
2017	2	Cleo Martin-Evans	Northamptonshire	5.62	2	Megan Busby	Cumbria	5.87	2	Josie Oliarnyk	West Midlands	5.98
2017	3	Molly Palmer	Nottinghamshire	5.46	3	Funminiyi Olajide	Essex	5.83	3	Georgia Silcox	Somerset	5.82
2018	1	Cleo Tomlinson	Sussex	5.70	1	Cleo Martin-Evans	Northamptonshire	6.03	1	Josie Oliarnyk	West Midlands	6.19
2018	2	Ella Rush	Derbyshire	5.69	2	Amy Rolfe	North Yorkshire	5.89	2	Megan Busby	Cumbria	5.74
2018	3	Lydia Smith	Somerset	5.62	3	Funminiyi Olajide	Essex	5.81	3	Katie Waterworth	Cheshire	5.74
2019	1	Seren Rodgers	Somerset	5.41	1	Abi Pawlett	Cheshire	6.05	1	Emily Tyrrell	Devon	5.88
2019	2	Katy Beadle	Surrey	5.34	2	Cleo Martin-Evans	Northamptonshire	5.98	2	Mayong Tabe	Kent	5.86
2019	3	Tilly Mycroft	Derbyshire	5.33	3	Molly Palmer	Nottinghamshire	5.75	3	Katie Waterworth	Cheshire	5.85
2021	1	Ella Woods	Hereford & Worcs	5.75	1	Eloise Hind	Oxfordshire	5.91w	1	Cleo Martin-Evans	Warwickshire	5.94
2021	2	Emily Maude	North Yorkshire	5.61w	2	Seren Rodgers	Somerset	5.89w	2	Ella Rush	Derbyshire	5.86
2021	3	Sienna Kidd	Surrey	5.58w	3	Lucy Fellows	Somerset	5.87w	3	Lucy Robinson	Gtr. Manchester	5.70
2022	1	Isabella Amartey	Kent	5.50	1	Phoebe Clayton	Nottinghamshire	5.90	1	Ruby Jerges	Sussex	5.84
2022	2	Stella Kalman	Sussex	5.33	2	Ella Woods	Hereford & Worcs	5.64	2	Stephanie Jones	Cheshire	5.79
2022	3	Sadie Parker	Northumberland	5.29	3	Amy Wall	Hampshire	5.56	3	Lucy Fellows	Somerset	5.78
2023	1	Caitlin Hancock	Essex	5.56	1	Daisy Snell	Kent	5.83	1	Chisom Nwafor	Buckinghamshire	6.53w
2023	2	Gracie Osman	Hampshire	5.40	2	Thaila-Jade Mason	Beds & Luton	5.59	2	Lucy Fellows	Somerset	6.42w
2023	3	Remi Salako	Essex	5.33	3	Lucy Salter	Cheshire	5.58	3	Sophie Bambridge	Cambridgeshire	6.02w
2024	1	Leila Newth	Middlesex	5.58	1	Thaila-Jade Mason	Bedfordshire	5.92w	1	Chisom Nwafor	Buckinghamshire	6.09w
2024	2	Talia Northcott	Humberside	5.54	2	Gracie Osman	Hampshire	5.66w	2	Kelsey-Lili Ogedengbe	Merseyside	5.78
2024	3	Sophia Ingram	Devon	5.54w	3	Isabella Amartey	Kent	5.66	3	Eden Robinson	Somerset	5.69w
2025	1	Sasha Nolan	London	5.37w	1	Alice Coshell	Essex	5.71	1	Daisy Snell	Kent	6.15w
2025	2	Lucy Howarth	Cheshire	5.25w	2	Tia Garrard	Middlesex	5.60	2	Ella Woods	Hereford & Worcs	5.82
2025	3	Serena Deol	Berkshire	5.24	3	Grace Nyaongo	Bedfordshire	5.58	3	Thaila-Jade Mason	Buckinghamshire	5.69
2026	1	Sasha Nolan	London	5.75	1	Leila Newth	Middlesex	5.93	1	Isabella Amartey	Kent	5.80
2026	2	Emma Frisby	Essex	5.61	2	Tia Garrard	Middlesex	5.81	2	Alice Coshell	Essex	5.70

2026	3	Lottie Mole	Derbyshire	5.55	3	Gabrielle Taylor	Lancashire	5.72	3	Grace Aimiuwu	Gtr. Manchester	5.68
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JUNIOR					INTERMEDIATE					SENIOR				
TRIPLE JUMP					TRIPLE JUMP					TRIPLE JUMP				
1994		-	-		-	-		1	Kathryn Blackwood	Kent		11.69		
1994		-	-		-	-		2	Elizabeth Gibbens	Kent		11.65w		
1994		-	-		-	-		3	Kelly Sotherton	Hampshire		11.61w		
1995		-	-		-	-		1	Elizabeth Gibbens	Kent		12.28		
1995		-	-		-	-		2	Stacey McGivern	Cambridgeshire		11.57w		
1995		-	-		-	-		3	Liz Patrick	Middlesex		11.50		
1996		-	-		-	-		1	Jodie Hurst	Staffordshire		12.18w		
1996		-	-		-	-		2	Jo Morris	Berkshire		12.07w		
1996		-	-		-	-		3	Stephanie Aneto	Middlesex		11.61w		
1997		-	-		-	-		1	Judy Kotey	Hertfordshire		12.21		
1997		-	-		-	-		2	Jo Morris	Berkshire		11.79		
1997		-	-		-	-		3	Haley Warrilow	Staffordshire		11.71		
1998		-	-		-	-		1	Julia Johnson	Kent		12.23		
1998		-	-		-	-		2	Judy Kotey	Hertfordshire		12.01		
1998		-	-		-	-		3	Haley Warrilow	Staffordshire		11.84		
1999		-	-	1	Natalie Brant	Surrey	11.23	1	Susan Furlonger	Shropshire		11.82		
1999		-	-	2	Jenny Handley	West Yorkshire	11.21	2	Leandra Polius	Essex		11.60		
1999		-	-	3	Lindsey Christie	Kent	11.12	3	Rachel Peacock	Dorset		11.52		
2000		-	-	1	Emily Parker	Surrey	11.88	1	Sharon Oakes	Kent		11.86w		
2000		-	-	2	Carly Robson	Hertfordshire	11.83	2	Rebecca Bates	Staffordshire		11.86		
2000		-	-	3	Aisha Myton	Surrey	11.37	3	Natalie Brant	Surrey		11.71		
2001		-	-	1	Angela Barrett	Hertfordshire	11.82	1	Katharine Streatfield	Hampshire		12.05		
2001		-	-	2	Rachel Brenton	Oxfordshire	11.76	2	Julia Straker	Northumberland		11.77		
2001		-	-	3	Emily Parker	Surrey	11.69	3	Aisha Myton	Surrey		11.42		
2002		-	-	1	Sandra Alaneme	Kent	11.87	1	Emily Parker	Surrey		12.52		
2002		-	-	2	Angela Barrett	Hertfordshire	11.63	2	Carly Robson	Hertfordshire		11.99		
2002		-	-	3	Imogen Miles	Oxfordshire	11.60	3	Rachel Brenton	Oxfordshire		11.94		
2003		-	-	1	Yasmine Regis-Moses	Middlesex	11.95	1	Alison McAllister	West Midlands		13.06w		
2003		-	-	2	Anna Kelly	Shropshire	11.77w	2	Emily Parker	Surrey		12.65w		
2003		-	-	3	Claire Wait	Shropshire	11.53	3	Sandra Alaneme	Kent		12.55		
2004		-	-	1	Claire Linskill	Devon	11.78	1	Yasmine Regis-Moses	Middlesex		12.48		
2004		-	-	2	Jade Castell-Thomas	London	11.29	2	Rebekah Passley	Surrey		12.00		
2004		-	-	3	Saskia Kalmeijer	Oxfordshire	11.17	3	Angela Barrett	Hertfordshire		11.71		
2005		-	-	1	Hannah Francis-Smithson	West Yorkshire	12.20w	1	Denae Matthew	Leics & R		12.36		
2005		-	-	2	Claire O'Reilly	Derbyshire	12.07	2	Anna Kelly	Shropshire		12.28		
2005		-	-	3	Kayley Alcorn	Sussex	11.71	3	Claire Linskill	Devon		12.25		
2006		-	-	1	Kayley Alcorn	Sussex	11.86	1	Claire Linskill	Devon		12.28		

2006	-	-	2	Hannah Francis-Smithson	West Yorkshire	11.79	2	Melissa Carr	Durham	11.91
2006	-	-	3	Hanna Hewitson	Cheshire	11.63	3	Claire O'Reilly	Derbyshire	11.51
2007	-	-	1	Lauren Priest	Devon	11.73	1	Claire O'Reilly	Derbyshire	11.93
2007	-	-	2	Gemma Smith	Staffordshire	11.55	2	Harriet Pickles	North Yorkshire	11.86
2007	-	-	3	Chloe Gill	Durham	11.50	3	Melissa Carr	Durham	11.81
2008	-	-	1	Jade Attoh	Middlesex	11.65	1	Shakira Wright	Berkshire	12.76
2008	-	-	2	Gemma Smith	Staffordshire	11.63	2	Jenneice Birmingham	West Midlands	11.93
2008	-	-	3	Lauren Priest	Devon	11.34	3	Desola Bakre	Middlesex	11.84
2009	-	-	1	Montana Jackson	Suffolk	11.99	1	Laura Samuel	Leics & R	12.63
2009	-	-	2	Ahtollah Rose	Gtr. Manchester	11.91	2	Emma Pringle	Northumberland	12.16
2009	-	-	3	Sophie Brown	South Yorkshire	11.66	3	Lauren Priest	Devon	11.85
2010	-	-	1	Naomi Reid	Derbyshire	12.10	1	Ahtollah Rose	Gtr. Manchester	12.37
2010	-	-	2	Rachel Williamson	Lancashire	11.77	2	Emma Pringle	Northumberland	12.27
2010	-	-	3	Shimala Harewood	Hertfordshire	11.75	3	Lauren Priest	Devon	11.98
2011	-	-	1	Rachel Williamson	Lancashire	11.88	1	Ahtollah Rose	Gtr. Manchester	12.88
2011	-	-	2	Mary Fasipe	Middlesex	11.45	2	Naomi Reid	Derbyshire	12.79
2011	-	-	3	Molly Eales	West Midlands	11.37	3	Shimala Harewood	Hertfordshire	11.69
2012	-	-	1	Nikita Campbell-Smith	West Midlands	11.94	1	Mary Fasipe	Middlesex	11.97
2012	-	-	2	Victoria Mould	Hampshire	11.60	2	Rachel Williamson	Lancashire	11.58
2012	-	-	3	Yasmin Lakin	Hertfordshire	11.27	3	Shimala Harewood	Hertfordshire	11.49
2013	-	-	1	Amy Williams	Cheshire	12.22	1	Nikita Campbell-Smith	West Midlands	12.40
2013	-	-	2	Kerri Davidson	Surrey	12.19	2	Rachel Williamson	Lancashire	12.17
2013	-	-	3	Sophie Quinn	Cheshire	11.53	3	Zoe Overall	Berkshire	12.04
2014	-	-	1	Naomi Ogbeta	Gtr. Manchester	12.05	1	Kerri Davidson	Surrey	12.40
2014	-	-	2	Emily Gargan	Durham	11.73	2	Nikita Campbell-Smith	South Yorkshire	12.35
2014	-	-	3	Amy Williams	Cheshire	11.73	3	Lea Stephenson	London	12.34
2015	-	-	1	Emily Gargan	Durham	12.05	1	Kerri Davidson	Surrey	12.77w
2015	-	-	2	Emily Madden-Forman	Warwickshire	11.33	2	Laura Zialor	Buckinghamshire	12.12w
2015	-	-	3	Katie Rowe	Nottinghamshire	11.27	3	Charlotte Ogden	Gtr. Manchester	12.02w
2016	-	-	1	Claudimira Landim	London	11.88	1	Emily Gargan	Durham	12.22
2016	-	-	2	Adelaide Omitowoju	Essex	11.79	2	Katie Rowe	Nottinghamshire	11.99
2016	-	-	3	Libby Wheeler	Humberside	11.46	3	Anastasia Davies	Kent	11.94
2017	-	-	1	Eloise Harvey	Kent	12.04	1	Adelaide Omitowoju	Cambridgeshire	12.30
2017	-	-	2	Jazz Sears	Beds & Luton	11.92	2	Claudimira Landim	London	12.27
2017	-	-	3	Mayi Hughes	Essex	11.89	3	Abazz Shayaam-Smith	West Midlands	12.20
2018	-	-	1	Jazz Sears	Beds & Luton	12.46	1	Abazz Shayaam-Smith	West Midlands	12.83
2018	-	-	2	Iris Oliarnyk	West Midlands	12.18	2	Adelaide Omitowoju	Cambridgeshire	12.55
2018	-	-	3	Diane Mapamboli	London	11.97	3	Mayi Hughes	London	12.40
2019	-	-	1	Melissa Booth	Gtr. Manchester	12.15	1	Temi Ojora	Buckinghamshire	12.92
2019	-	-	2	Holly Aitchinson	Gtr. Manchester	11.95	2	Jazz Sears	Beds & Luton	12.65
2019	-	-	3	Amelia Daley	Hertfordshire	11.93	3	Diane Mapamboli	London	12.07
2021	-	-	1	Amelia Gray	Hampshire	11.99	1	Holly Aitchison	Gtr. Manchester	12.38

2021	-	-		2	Amy Warre	Wiltshire	11.42	2	Georgina Scoot	Devon	12.15
2021	-	-		3	Amber Purcell	Sussex	11.27	3	Lateefah Agberemi	Buckinghamshire	12.00w
2022	-	-		1	Amber Brown	Gtr. Manchester	11.38	1	Amy Warre	Gloucestershire	12.40
2022	-	-		2	Ogechukwa Nzekwe	Essex	11.16	2	Amelia Gray	Hampshire	12.33
2022	-	-		3	Amber Purcell	Sussex	11.14	3	Georgina Scoot	Devon	12.32
2023	-	-		1	Qi-Chi Ukpai	Kent	12.21	1	Amelia Gray	Hampshire	12.61
2023	-	-		2	Amy Hewitt	Gtr. Manchester	11.50	2	Amy Warre	Gloucestershire	12.51
2023	-	-		3	Poppy Oliarnyk	West Midlands	11.50	3	Michelle Yalekhue	Nottinghamshire	12.09
2024	-	-		1	Qi-Chi Ukpai	Kent	12.06	1	Lia Bonsu	Surrey	11.98
2024	-	-		2	Amelie Scott	Essex	11.59	2	Amber Brown	Gtr. Manchester	11.62
2024	-	-		3	Maria McMullan	Buckinghamshire	11.36	3	Mia Woodley	Berkshire	11.39
2025	-	-		1	Leila Newth	Middlesex	12.59	1	Qi-Chi Ukpai	Kent	12.13
2025	-	-		2	Jaiten Best	Sussex	11.59	2	Amber Brown	Gtr. Manchester	11.96
2025	-	-		3	Angelica Kirby	Surrey	11.54	3	Abbie Dowdye	Essex	11.90
2026	-	-		1	Lily Gray	Hampshire	11.72	1	Qi-Chi Ukpai	Kent	12.70
2026	-	-		2	Haven Thomas	West Midlands	11.67	2	Jaiten Best	Sussex	12.38
2026	-	-		3	Grace Nyaongo	Bedfordshire	11.59	3	Angelica Kirby	Surrey	12.28

JUNIOR					INTERMEDIATE					SENIOR				
SHOT PUT					SHOT PUT					SHOT PUT				
1962	1	Jean Davies	Buckinghamshire	37' 7"	1	Janis Quick	Surrey	36' 0"	1	Valerie Woods	London	40' 10¾"		
1962	2	Ann Beldham	Middlesex	36' 4¾"	2	Helen Claxton	Middlesex	31' 6"	2	J. Taylor	Devon	31' 2¾"		
1962	3	Stephanie Speck	Buckinghamshire	36' 0¾"	3	Jennifer Beveridge	Wiltshire	30' 1"	3	J. Shutt	Cheshire	29' 8¼"		
1963	1	Yvonne Fountain	Essex	41' 1¼"	1	Jacqueline Bowley	London	33' 10"	1	Pamela Walker	Yorkshire	34' 11"		
1963	2	Ann Beldham	Middlesex	40' 11¾"	2	Heather Tyler	Middlesex	32' 0"	2	G. Sanders	Somerset	31' 4½"		
1963	3	Hilary Fairclough	Lancashire	40' 11¼"	3	Barbara Tickle	Wiltshire	31' 7¾"	3	Brenda Davis	Sussex	30' 10½"		
1964	1	Joyce Hart	Norfolk	36' 4"	1	Irene Billington	Lancashire	36' 1¾"	1	Jacqueline Bowley	London	38' 2¼"		
1964	2	Elaine Bridges	Yorkshire	35' 7½"	2	Yvonne Fountain	Essex	34' 11¼"	2	Alison Davies	Lancashire	36' 10¾"		
1964	3	Catherine White	London	33' 7½"	3	Helen Walker	Yorkshire	34' 10¼"	3	Barbara Tickle	Wiltshire	34' 8¾"		
1965	1	Joyce Hart	Norfolk	36' 5½"	1	Irene Billington	Lancashire	35' 5¾"	1	Helen Walker	Yorkshire	36' 5¾"		
1965	2	Jenny Bloss	Essex	36' 1¾"	2	Lynne Garnish	Middlesex	35' 1"	2	Yvonne Fountain	Essex	35' 10¾"		
1965	3	Margaret Smith	Derbyshire	34' 6"	3	Sheila Havard	Hampshire	34' 1½"	3	Alison Davies	Lancashire	35' 2¾"		
1966	1	Margaret Smith	Derbyshire	39' 9¼"	1	Jenny Bloss	Essex	40' 0½"	1	Sheila Havard	Hampshire	36' 2¾"		
1966	2	M. Robertson	Berkshire	34' 7"	2	Angela Littlewood	Nottinghamshire	34' 7¾"	2	Ann Beldham	Middlesex	35' 10½"		
1966	3	Diana Keeble	Middlesex	33' 4¼"	3	Joyce Hart	Norfolk	34' 2"	3	Yvonne Fountain	Essex	34' 10¼"		
1967	1	Debbie Kerr	Kent	40' 7½"	1	Jenny Bloss	Essex	41' 0½"	1	Angela Littlewood	Nottinghamshire	37' 8¾"		
1967	2	Lynda Tunney	Warwickshire	36' 9"	2	Joyce Hart	Norfolk	36' 4½"	2	Eileen Horan	Durham	36' 8"		
1967	3	Elizabeth Smith	Cheshire	33' 2¼"	3	Yvonne Gill	Lancashire	34' 7¼"	3	Yvonne Fountain	Essex	35' 7½"		
1968	1	Sheila Kaye	Yorkshire	35' 1¼"	1	Debbie Kerr	Kent	38' 11¾"	1	Angela Littlewood	Nottinghamshire	40' 4¾"		
1968	2	Brenda Smart	Devon	34' 6½"	2	Gwen Bird	Norfolk	35' 8"	2	Annette Daniels	Hertfordshire	39' 2¼"		
1968	3	Madeleine Argent	Essex	34' 5"	3	Lynda Tunney	Warwickshire	34' 2¾"	3	Eileen Horan	Durham	38' 5½"		

1969	1	Sheila Kaye	Yorkshire	11.56	1	Debbie Kerr	Kent	12.27	1	Jenny Bloss	Essex	13.34
1969	2	Elizabeth Marshall	Yorkshire	11.51	2	Lynda Tunney	Warwickshire	10.84	2	Diane Dring	Yorkshire	10.27
1969	3	Betsy Lyons	Middlesex	11.35	3	Gwen Bird	Norfolk	10.72	3	Jenny Wiggins	Sussex	10.20
1970	1	Judith Potts	Durham	11.91	1	Margaret Cook	Surrey	11.63	1	Debbie Kerr	Kent	12.26
1970	2	Jacqueline Gray	Sussex	11.84	2	Vanessa Redford	London	11.22	2	Lynda Tunney	Warwickshire	11.64
1970	3	Linda Sanderson	Berkshire	11.16	3	Elizabeth Marshall	Yorkshire	10.56	3	Carol Walker	Lincolnshire	10.68
1971	1	Beverley Wadeson	Leicestershire	11.04	1	Nnenna Njoku	Lancashire	11.47	1	Vanessa Redford	London	12.24
1971	2	Andrea Stevenson	Staffordshire	10.84	2	Betsy Lyons	Middlesex	11.41	2	Gwen Bird	Norfolk	11.83
1971	3	Anne Jackson	Lancashire	10.80	3	Elizabeth Marshall	Yorkshire	10.88	3	Sally Oldham	Essex	10.96
1972	1	Angela Gordon	London	11.28	1	Judith Potts	Durham	12.67	1	Vanessa Redford	London	12.57
1972	2	Ereka Service	Middlesex	11.23	2	Dorothy Howarth	Lancashire	11.55	2	Marjorie Willey	Surrey	11.06
1972	3	Elizabeth Lawn	Warwickshire	10.33	3	Ann Hull	Sussex	11.29	3	Loretta Hamilton	London	10.91
1973	1	Yvonne Stewart	Worcestershire	11.09	1	Ereka Service	Middlesex	11.19	1	Dorothy Howarth	Lancashire	13.15
1973	2	Janet Cox	Staffordshire	10.76	2	June Wraith	Hampshire	10.82	2	Judith Potts	Durham	12.39
1973	3	Lana Newton	Berkshire	10.62	3	Judy Oakes	Kent	10.68	3	Eileen Biss	Hertfordshire	10.31
1974	1	Yvonne Ritchie	Lancashire	11.89	1	Judy Oakes	Kent	12.01	1	Dorothy Howarth	Lancashire	12.60
1974	2	Melanie Hancock	Hertfordshire	11.04	2	Ereka Service	Middlesex	11.30	2	June Wraith	Hampshire	12.11
1974	3	Caroline Dyer	Hampshire	10.84	3	Brenda Sapsed	Hertfordshire	10.76	3	Anne Jackson	Lancashire	10.94
1975	1	Maureen Tree	Kent	11.70	1	Lana Newton	Berkshire	13.49	1	Judy Oakes	Kent	13.89
1975	2	Carole Williams	Devon	10.91	2	Janet Cox	Staffordshire	12.20	2	Dorothy Howarth	Gtr. Manchester	13.85
1975	3	Tracey Doe	Essex	10.89	3	Jackie Jackson	Surrey	11.29	3	Linda Newell	Surrey	12.92
1976	1	Beverley Wright	Surrey	11.22	1	Yvonne Ritchie	Gtr. Manchester	12.04	1	Judy Oakes	Kent	14.88
1976	2	Audrey Campbell	London	10.68	2	Maureen Tree	Kent	11.53	2	Linda Newell	Surrey	13.28
1976	3	Janice Juniper	Kent	10.55	3	Caroline Dyer	Hampshire	10.66	3	Lana Newton	Berkshire	12.49
1977	1	Elaine Tinkler	Cambridgeshire	10.94	1	Helen Clarke	Essex	11.96	1	Lana Newton	Berkshire	13.43
1977	2	Susan Bracey	Essex	10.71	2	Maureen Tree	Kent	11.51	2	Linda Newell	Surrey	12.25
1977	3	Juney Mullings	London	10.50	3	Beverley Wright	Surrey	11.29	3	Jackie Jackson	Surrey	12.10
1978	1	Cynthia Gregory	West Midlands	12.95	1	Beverley Wright	Surrey	12.33	1	Susan Tudor	Middlesex	12.96
1978	2	Paula Webber	West Midlands	12.05	2	Susan Bracey	Essex	11.24	2	Jackie Jackson	Surrey	12.23
1978	3	Susan King	Suffolk	11.21	3	Elizabeth Bernard	London	11.23	3	Helen Clarke	Essex	12.15
1979	1	Susan King	Suffolk	13.92	1	Susan Bracey	Essex	12.55	1	Helen Clarke	Essex	13.01
1979	2	Karen Allday	Sussex	11.35	2	Cynthia Gregory	West Midlands	12.41	2	Carmen Pryce	Nottinghamshire	12.12
1979	3	Deborah Bayley	Surrey	10.63	3	Elaine Tinkler	Cambridgeshire	12.12	3	Denise Cooke	Hampshire	11.20
1980	1	Diane Campbell	West Midlands	12.43	1	Cynthia Gregory	West Midlands	13.54	1	Elaine Tinkler	Cambridgeshire	13.17
1980	2	Alison Hall	Cleveland	11.68	2	Susan King	Suffolk	12.70	2	Susan Bracey	Essex	12.51
1980	3	Gloria Achille	London	11.55	3	Rosemarie Doyley	London	12.25	3	Kendra Lowe	Cleveland	11.62
1981	1	Terri Salt	Staffordshire	12.81	1	Susan King	Suffolk	13.56	1	Cynthia Gregory	West Midlands	13.96
1981	2	Kathryn Farr	Merseyside	12.40	2	Myrtle Augée	London	12.77	2	Susan Bracey	Essex	12.43
1981	3	Jacqueline Rose	Buckinghamshire	11.32	3	Alison Hall	Cleveland	12.04	3	Elaine Tinkler	Cambridgeshire	12.38
1982	1	Susan Coyne	Gtr. Manchester	11.64	1	Terri Salt	Staffordshire	12.46	1	Susan King	Suffolk	14.13
1982	2	Lorraine Stiby	Cambridgeshire	11.57	2	Alison Hall	Cleveland	12.03	2	Cynthia Gregory	West Midlands	13.85
1982	3	Sarah Eldridge	Hertfordshire	11.46	3	Gloria Achille	London	11.95	3	Anne Fowles	Dorset	12.50

1983	1	Michele Morgan	Middlesex	11.29	1	Terri Salt	Staffordshire	13.56	1	Susan King	Suffolk	15.01
1983	2	Lynne Peck	Middlesex	11.09	2	Lesley Garland	Middlesex	11.47	2	Debbie Woolgar	Sussex	12.41
1983	3	Theresa Lee	Hertfordshire	10.97	3	Helen Kemp	Surrey	11.46	3	Dawn Brentnall	Derbyshire	12.20
1984	1	Justine Buttle	Kent	12.71	1	Susan Coyne	Gtr. Manchester	12.21	1	Angela Roworth	Nottinghamshire	12.05
1984	2	Jayne Thornton	West Yorkshire	11.92	2	Lorraine Stiby	Cambridgeshire	12.01	2	Gloria Achille	London	11.66
1984	3	Denise Killeen	Shropshire	11.20	3	Gillian Keig	Merseyside	11.24	3	Lesley Garland	Middlesex	11.56
1985	1	Joanne Essien	Lincolnshire	11.46	1	Carol Cooksley	Warwickshire	13.26	1	Sharon Andrews	Essex	13.32
1985	2	Emma Blowers	Essex	11.25	2	Jayne Thornton	West Yorkshire	11.58	2	Susan Coyne	Gtr. Manchester	13.28
1985	3	Sarah Allen	Gtr. Manchester	10.92	3	Yvonne Millward	Cheshire	11.53	3	Gillian Keig	Merseyside	12.69
1986	1	Yvonne Anekwe	Somerset	12.94	1	Justine Buttle	Kent	13.86	1	Sharon Andrews	Middlesex	13.52
1986	2	Tracey Quartey	London	11.37	2	Carol Cooksley	Warwickshire	12.87	2	Lorraine Stiby	Cambridgeshire	12.90
1986	3	Angela Tompkins	West Yorkshire	11.00	3	Shirley Chambers	Nottinghamshire	12.53	3	Susan Coyne	Gtr. Manchester	12.31
1987	1	Claire Burnett	Devon	11.98	1	Natalie Hart	Essex	12.53	1	Justine Buttle	Kent	13.69
1987	2	Dawn Grazette	Surrey	11.33	2	Yvonne Anekwe	Somerset	11.91	2	Carol Cooksley	Warwickshire	13.44
1987	3	Sarah McGrath	Cambridgeshire	11.26	3	Rebecca Reed	Avon	11.37	3	Shirley Chambers	Nottinghamshire	11.95
1988	1	Michaela Nascimento	Norfolk	12.05	1	Joanne Galligan	Gtr. Manchester	12.28	1	Carol Cooksley	Warwickshire	14.54
1988	2	Emma Capes	Lincolnshire	11.93	2	Dawn Grazette	Surrey	12.06	2	Joanne Passley	Surrey	11.91
1988	3	Sira Robinson	Essex	11.81	3	Claire Burnett	Devon	11.27	3	Ann Gardner	Northamptonshire	11.68
1989	1	Rebecca Shreeve	Essex	11.62	1	Dawn Grazette	Surrey	12.54	1	Carol Cooksley	Warwickshire	13.98
1989	2	Hannah Sendrove	Essex	11.28	2	Emma Capes	Lincolnshire	12.07	2	Joanne Galligan	Gtr. Manchester	12.12
1989	3	Elizabeth Weldon	Devon	10.99	3	Sarah McGrath	Cambridgeshire	11.49	3	Vicki Foster	Wiltshire	11.80
1990	1	Eunice Johnson-Iden	Surrey	11.64	1	Emma Capes	Lincolnshire	13.16	1	Dawn Grazette	Surrey	13.29
1990	2	Sarah Redvers-Jones	Somerset	11.53	2	Tracee Capps	Northamptonshire	12.11	2	Sarah McGrath	Cambridgeshire	12.66
1990	3	Lyn Denney	Avon	11.40	3	Sira Robinson	Essex	11.96	3	Sarah Damm	Shropshire	12.28
1991	1	Helen Wilding	Merseyside	11.80	1	Hannah Sendrove	Essex	12.80	1	Dawn Grazette	Surrey	13.92
1991	2	Samantha Soares	Bedfordshire	11.53	2	Kelly Kane	Lancashire	12.04	2	Emma Capes	Lincolnshire	12.62
1991	3	Eleanora Gatrell	Surrey	11.24	3	Rebecca Shreeve	Essex	11.45	3	Tracee Capps	Northamptonshire	12.14
1992	1	Christina Bennett	Surrey	12.29	1	Helen Wilding	Merseyside	12.05	1	Uju Efobi	London	13.82
1992	2	Katherine Cartmel	Cumbria	11.90	2	Vikki Heath	Essex	11.60	2	Emma Capes	Lincolnshire	12.90
1992	3	Anna-Lisa Howard	Norfolk	11.61	3	Cathy-Ann Hill	Wiltshire	11.60	3	Kelly Kane	Lancashire	12.29
1993	1	Tracy Rea	Warwickshire	11.28	1	Helen Wilding	Merseyside	12.57	1	Kelly Kane	Lancashire	13.07
1993	2	Donna Williams	Gtr. Manchester	11.03	2	Eleanora Gatrell	Surrey	11.21	2	Uju Efobi	London	13.04
1993	3	Joanne Roberts	Essex	10.80	3	Natasha Smith	Middlesex	11.13	3	Emma Capes	Lincolnshire	12.14
1994	1	Rebecca Chamberlain	Dorset	11.68	1	Christina Bennett	Surrey	12.96	1	Helen Wilding	Merseyside	12.36
1994	2	Elizabeth Richards	Middlesex	11.22	2	Pauline Shirt	Derbyshire	12.04	2	Eleanora Gatrell	Surrey	12.34
1994	3	Debbie Spokes	Dorset	11.13	3	Anna-Lisa Howard	Norfolk	11.98	3	Louise Batho	Essex	11.88
1995	1	Maryann Naboya	Hertfordshire	12.10	1	Helen Arnold	Hampshire	11.85	1	Helen Wilding	Merseyside	13.88
1995	2	Anna McHugh	Kent	11.59	2	Julie Dunkley	Kent	11.81	2	Natasha Smith	Surrey	13.33
1995	3	April Kalu	Gtr. Manchester	11.55	3	Melanie Walker	Berkshire	11.61	3	Eleanora Gatrell	Surrey	12.69
1996	1	April Kalu	Gtr. Manchester	12.91	1	Julie Dunkley	Kent	12.43	1	Nicola Gautier	South Yorkshire	13.33
1996	2	Elizabeth Bowyer	Merseyside	12.21	2	Vikki Shepherd	West Yorkshire	11.41	2	Carol Bennett	Humberside	13.19
1996	3	Rachel Harley	West Midlands	11.02	3	Leigh Dargan	Sussex	11.35	3	Christina Bennett	Surrey	13.15

1997	1	Joanne Street	Staffordshire	11.78	1	Amy Wilson	Suffolk	12.08	1	Nicola Gautier	South Yorkshire	14.37
1997	2	Shelley McLellan	Hertfordshire	11.48	2	Leigh Dargan	Sussex	11.43	2	Julie Dunkley	Kent	14.06
1997	3	Sarah Manning	Hampshire	11.40	3	Elizabeth Bowyer	Merseyside	11.25	3	Claire Everett	Norfolk	11.82
1998	1	Shelley Moles	Essex	12.12	1	Shelley McLellan	Hertfordshire	11.63	1	Julie Dunkley	Kent	15.00
1998	2	Jody Cockcroft	Hampshire	11.91	2	Shaunette Richards	West Midlands	11.49	2	Amy Wilson	Suffolk	12.79
1998	3	Faye Brennan	Sussex	11.52	3	Rebecca Peake	Derbyshire	11.06	3	Tracy Rea	Warwickshire	12.50
1999	1	Kylie West	Staffordshire	11.78	1	Shelley McLellan	Hertfordshire	12.25	1	Amy Wilson	Suffolk	13.03
1999	2	Kerry Elliott	Durham	10.86	2	Shaunette Richards	West Midlands	12.01	2	Farrah Louarradi	Avon	11.62
1999	3	Lindsey Szefer	West Yorkshire	10.55	3	Sharon Wray	Shropshire	11.50	3	Belinda Heil	Surrey	11.19
2000	1	Dani Wheeler	Hertfordshire	11.34	1	Jolene Marshall	Kent	11.30	1	Charlotte Spelzini	Cambridgeshire	12.50
2000	2	Haley Hood	Gtr. Manchester	11.22	2	Nicola Dudman	Hertfordshire	11.07	2	Rebecca Peake	Derbyshire	12.23
2000	3	Lucy Sutton	Oxfordshire	11.10	3	Gemma Avil	Oxfordshire	11.03	3	Shelley McLellan	Hertfordshire	11.87
2001	1	Chloe Edwards	Cambridgeshire	12.23	1	Somma Power	Essex	11.97	1	Charlotte Spelzini	Cambridgeshire	13.60
2001	2	Laura Shirley	Essex	11.57	2	Kerry Elliott	Durham	11.43	2	Rebecca Peake	Derbyshire	13.08
2001	3	Stephanie Owen	Staffordshire	11.45	3	Dani Wheeler	Hertfordshire	11.04	3	Joanna Bennett	Surrey	12.56
2002	1	Candee Rhule	London	12.32	1	Chloe Edwards	Cambridgeshire	11.76	1	Sarah Beer	Devon	11.64
2002	2	Eden Francis	Leics & R	12.32	2	Lucy Sutton	Oxfordshire	11.55	2	Jolene Marshall	Kent	11.63
2002	3	Tolani Agoro	London	12.27	3	Laura Shirley	Essex	11.28	3	Kerry Elliott	Durham	11.23
2003	1	Liz Millward	Staffordshire	13.21	1	Chloe Edwards	Cambridgeshire	12.11	1	Debbie Collinson	Humberside	11.63
2003	2	Eden Francis	Leics & R	13.19	2	Kayleigh Southgate	Norfolk	11.04	2	Hayley Bryan	Devon	11.48
2003	3	Rebecca Hall	Lincolnshire	12.10	3	Candee Rhule	London	10.80	3	Katherine Newton	Derbyshire	11.38
2004	1	Finesse Thompson	Essex	12.37	1	Eden Francis	Leics & R	13.42	1	Chloe Edwards	Cambridgeshire	12.83
2004	2	Suzie Scott	West Midlands	11.86	2	Liz Millward	Staffordshire	12.81	2	Hayley Bryan	Devon	11.90
2004	3	Rachel Wallader	West Midlands	11.50	3	Laura Booth	South Yorkshire	11.96	3	Rachel Cork	Dorset	11.46
2005	1	Charlotte Rose	Hertfordshire	11.14	1	Eden Francis	Leics & R	14.38	1	Chloe Edwards	Cambridgeshire	12.77
2005	2	Sarah Smith	Essex	10.78	2	Kirsty Hutton	Durham	11.72	2	Amy Weaver	Lancashire	11.74
2005	3	Akilah Morris	West Midlands	10.74	3	Suzie Scott	West Midlands	11.64	3	Bethany Staniland	West Yorkshire	11.68
2006	1	Amber Merrills	South Yorkshire	11.15	1	Rachel Wallader	West Midlands	12.26	1	Liz Millward	Staffordshire	13.05
2006	2	Amelia Reynolds	Shropshire	10.98	2	Suzie Scott	West Midlands	11.76	2	Tolani Agoro	London	12.02
2006	3	Amber-Louise O'Brien	Sussex	10.68	3	Finesse Thompson	Essex	11.38	3	Amy Weaver	Lancashire	11.99
2007	1	Yasmin Spencer	Derbyshire	11.76	1	Hannah Evenden	West Yorkshire	11.98	1	Eden Francis	Leics & R	15.65
2007	2	Anesa Wanogho	London	11.14	2	Jade Weston	Staffordshire	11.43	2	Rachel Wallader	West Midlands	13.13
2007	3	Lauren Sammout	Cambridgeshire	10.90	3	Charlotte Rose	Hertfordshire	11.16	3	Amy Hill	South Yorkshire	13.08
2008	1	Maria Okpokiri	Essex	11.21	1	Yasmin Spencer	Derbyshire	12.66	1	Rachel Wallader	West Midlands	14.04
2008	2	Sophie McKinna	Norfolk	11.19	2	Tesni Ward	Nottinghamshire	11.86	2	Jade Weston	Staffordshire	12.23
2008	3	Jade Perry	West Midlands	11.19	3	Amber Merrills	South Yorkshire	10.93	3	Alice Forster	Cambridgeshire	11.48
2009	1	Lucy Chadwick	Lancashire	11.66	1	Yasmin Spencer	Derbyshire	12.35	1	Hannah Evenden	West Yorkshire	13.30
2009	2	Shadine Duquemin	Channel Islands	11.63	2	Sabine Efiannayi	Kent	12.21	2	Jade Weston	Staffordshire	12.84
2009	3	Lucy Smith	West Midlands	11.52	3	Sophie McKinna	Norfolk	11.90	3	Tyne Breen	Durham	12.65
2010	1	Annabel Sherry	Gloucestershire	12.89	1	Sophie McKinna	Norfolk	15.08	1	Sabine Efiannayi	Kent	12.88
2010	2	Kelly Baker	Cheshire	11.94	2	Simi Pam	Cambridgeshire	12.33	2	Anesa Wanogho	Middlesex	12.46
2010	3	Karis Harrington	Cornwall	11.14	3	Tanisha Clayton	Hampshire	12.10	3	Yasmin Spencer	Derbyshire	12.43

2011	1	Sophie Merritt	Wiltshire	12.52	1	Danielle Opara	Berkshire	13.04	1	Lucy Holmes	West Yorkshire	12.51
2011	2	Kate Patterson	Lincolnshire	11.65	2	Annabel Sherry	Gloucestershire	12.42	2	Rebecca Fagan	Shropshire	11.54
2011	3	Esther Gbenebor	London	10.96	3	Simi Pam	Cambridgeshire	12.38	3	Gabriella Roseje	London	11.33
2012	1	Sophie Merritt	Wiltshire	13.31	1	Annabel Sherry	Gloucestershire	12.93	1	Danielle Opara	Berkshire	13.75
2012	2	Ashleigh Power	Dorset	11.16	2	Emily Wood	Gloucestershire	11.16	2	Simi Pam	Cambridgeshire	12.53
2012	3	Emily Ball	Shropshire	11.15	3	Kelly Baker	Cheshire	11.00	3	Rebecca Fagan	Shropshire	11.80
2013	1	Melissa Cavanagh	Hampshire	11.42	1	Sophie Merritt	Wiltshire	12.00	1	Danielle Opara	Berkshire	13.50
2013	2	Luisa Chantler Edmond	Oxfordshire	11.11	2	Michella Obijaku	London	11.36	2	Annabel Sherry	Gloucestershire	12.71
2013	3	Gemma Kinsley	Merseyside	10.98	3	Toni Buckingham	South Yorkshire	11.19	3	Simi Pam	Cambridgeshire	12.00
2014	1	Hannah Molyneaux	Dorset	12.85	1	Divine Oladipo	London	14.92	1	Adele Nicoll	Shropshire	14.13
2014	2	Ellie Hodgson	Hampshire	12.05	2	Michella Obijaku	London	14.49	2	Fiona Brown	Hampshire	12.22
2014	3	Denisa Mihalcea	Middlesex	11.70	3	Rownita Marston	Avon	13.91	3	Emily Hutchinson	Wiltshire	11.52
2015	1	Hannah Molyneaux	Lincolnshire	13.71	1	Divine Oladipo	London	14.52	1	Sophie Merritt	Hampshire	13.49
2015	2	Eloise Locke	Kent	13.02	2	Emma Dakin	Nottinghamshire	13.48	2	Michella Obijaku	London	12.98
2015	3	Charlie Davey James	Devon	12.38	3	Denisa Mihalcea	Middlesex	13.28	3	Rownita Marston	Avon	12.66
2016	1	Serena Vincent	Hampshire	13.00	1	Hannah Molyneaux	Lincolnshire	14.12	1	Sophie Merritt	Hampshire	13.64
2016	2	Bekki Roche	Merseyside	12.75	2	Gaia Osborne	Hampshire	13.98	2	Michella Obijaku	London	12.95
2016	3	Zoe Price	Merseyside	12.65	3	Emma Dakin	Nottinghamshire	13.88	3	Rownita Marston	Avon	12.68
2017	1	Nana Gyedu	London	13.86	1	Rhea Southcott	West Yorkshire	15.01	1	Emma Dakin	Nottinghamshire	12.09
2017	2	Bekki Roche	Merseyside	13.29	2	Hannah Molyneaux	Lincolnshire	14.48	2	Kiona McLennon	Northamptonshire	11.65
2017	3	Kelsey Pearce	Derbyshire	12.18	3	Jessica Hopkins	Essex	13.08	3	Priscilla Dadzie	Cambridgeshire	11.33
2018	1	Omolola Kuponiyi	Essex	12.94	1	Nana Gyedu	London	13.61	1	Hannah Molyneaux	Lincolnshire	13.41
2018	2	Je'nae James	London	11.98	2	Millie Noyce	Sussex	13.20	2	Emma Dakin	Nottinghamshire	12.71
2018	3	Freya Witheat	Hertfordshire	11.33	3	Lily Naylor	Derbyshire	12.75	3	Gaia Osborne	Hampshire	12.52
2019	1	Cleo Agyepong	Kent	13.19	1	Nana Gyedu	London	15.06	1	Serena Vincent	Hampshire	14.55
2019	2	Lily Carlaw	Northamptonshire	13.11	2	Omolola Kuponiyi	Essex	13.90	2	Hannah Molyneaux	Lincolnshire	14.01
2019	3	Erin Lobley	South Yorkshire	13.08	3	Kelsey Pearce	Derbyshire	13.34	3	Alexandrea Adeniji	Essex	13.07
2021	1	Ellie Bostock	Hertfordshire	12.80	1	Annabel Amadin	Gtr. Manchester	14.66	1	Nana Gyedu	London	14.14
2021	2	Victoria Alicante-King	London	12.74	2	Cleo Agyepong	Kent	14.46	2	Omolola Kuponiyi	Essex	13.50
2021	3	Serenity Joynt	Nottinghamshire	11.62	3	Tegan Stoddart	Shropshire	13.32	3	Kamilia Baymakova	Essex	11.90
2022	1	Leila Thompson	Northumberland	12.62	1	Hannah Bridge	London	14.36	1	Lily Carlaw	Northamptonshire	12.47
2022	2	Isabelle Stamp	London	12.44	2	Annabel Amadin	Gtr. Manchester	14.32	2	Tegan Stoddart	Shropshire	12.28
2022	3	Alani Dumbuya	Gtr. Manchester	12.04	3	Maegan Hopkins	Essex	13.98	3	Patricija Nemanyte	Derbyshire	11.68
2023	1	Elsa Shabani	London	11.93	1	Ellie Bostock	Hertfordshire	14.51	1	Cleo Agyepong	Kent	14.69
2023	2	Matilda Hewitt	Essex	11.88	2	Isabelle Stamp	London	14.31	2	Annabel Amadin	Gtr. Manchester	14.22
2023	3	Jessica Lamprell	Suffolk	11.64	3	Eden Robinson	Devon	14.25	3	Daphney Adebayo	South Yorkshire	12.94
2024	1	Jasmin Nkoso	London	13.84	1	Isabelle Stamp	London	16.04	1	Annabel Amadin	Gtr. Manchester	13.50
2024	2	Emilia Adese	London	12.79	2	Sidney Shorrock	Cheshire	14.73	2	Hayley Diamond (or Dimond)	Northamptonshire	13.01
2024	3	Monica Malagala	Essex	12.46	3	Alani Dumbuya	Gtr. Manchester	14.68	3	Hannah Bridge	London	12.02
2025	1	Adanna Udechuku	Essex	14.08	1	Emilia Adese	London	15.53	1	Alani Dumbuya	Gtr. Manchester	14.64
2025	2	Marisa Lumani	Warwickshire	12.09	2	Ellis Thomas	Essex	14.59	2	Isabelle Stamp	London	12.96
2025	3	Jennifer Mardle	Norfolk	11.98	3	Matilda Hewitt	Essex	13.49	3	Yasmin Baker	Gtr. Manchester	12.21

2025	1	Summer Biggs	Derbyshire	11.60	1	Emilia Adese	London	17.36	1	Alani Dumbuya	Gtr. Manchester	15.29
2025	2	Miya Cook	London	11.58	2	Monica Malagala	Essex	15.26	2	Yasmin Baker	Gtr. Manchester	13.03
2025	3	Shindara Ayo-Adeyemo	Essex	11.40	3	Jasmine Nkoso	London	15.21	3	Kerisha Patterson	Middlesex	12.34

JUNIOR					INTERMEDIATE					SENIOR				
DISCUS THROW					DISCUS THROW					DISCUS THROW				
1950		-	-			Suzanne Farmer	Sussex	93' 2"	1	June Prodger	Middlesex	79' 3"		
1950		-	-			Betty Braithwaite	Middlesex	81' 9½"	2	M. Bambroff	Leicestershire	69' 1"		
1950		-	-			P. Metcalfe	Surrey	77' 1"		-	-			
1951	1	Dorothy Smyth	Essex	88' 1"	1	Suzanne Farmer	Sussex	120' 3"	1	D. Juniper	Middlesex	69' 3"		
1951	2	Pat Barrass	Northumberland	84' 6"	2	Josephine Brocklehurst	London	110' 8½"	2	E. Wright	Cheshire	64' 6"		
1951	3	V. Madge	Devon	84' 2"	3	E. Gibbins	London	88' 10"	3	-	-			
1952	1	Pauline Duxbury	Lancashire	94' 4"	1	Josephine Brocklehurst	London	93' 8½"	1	Suzanne Farmer	Sussex	122' 8½"		
1952	2	Jacqueline Ford	Leicestershire	88' 0½"	2	Ursula Pimm	Sussex	86' 8"	2	Marian Dunn	Northumberland	89' 3½"		
1952	3	V. Wellington	Devon	83' 2¾"	3	J. Ainslie	Middlesex	81' 11½"	3	Anna Walker	Somerset	82' 0¼"		
1953	1	Catherine Spencer	Hampshire	105' 3"	1	Jennifer Hyman	Leicestershire	97' 1"	1	Josephine Brocklehurst	London	108' 6"		
1953	2	Pauline Duxbury	Lancashire	103' 1"	2	Pamela Sweett	Suffolk	95' 0½"	2	Dorothy B. Comber	Suffolk	95' 10¾"		
1953	3	Betty Burling	Worcestershire	102' 3½"	3	Jacqueline Ford	Leicestershire	94' 9½"	3	J. Green	Leicestershire	92' 2½"		
1954	1	June Dabbs	Nottinghamshire	100' 0"	1	Catherine Spencer	Hampshire	114' 5"	1	Pam Collins	Essex	100' 8"		
1954	2	A. Collyer	Hertfordshire	95' 5"	2	Jill Kidger	Nottinghamshire	102' 9"	2	Brenda Walker	Middlesex	98' 11"		
1954	3	Maureen Burtenshaw	Sussex	95' 4"	3	Pamela Sweett	Suffolk	101' 10"	3	M. Roan	Cumberland	95' 11"		
1955	1	Josephine Clarke	Buckinghamshire	104' 7"	1	Catherine Spencer	Hampshire	115' 0"	1	Pamela Sweett	Suffolk	112' 7"		
1955	2	E. Walker	Durham	103' 2"	2	Judy Tweedy	Essex	103' 8"	2	A. Hall	Essex	110' 8"		
1955	3	Brenda Hampton	Hampshire	102' 1"	3	Susan Wakefield	Norfolk	98' 3"	3	Sheila Richards	Cornwall	105' 10"		
1956	1	D. Shelley	Essex	114' 2"	1	Brenda Hampton	Hampshire	123' 8"	1	Susan Wakefield	Norfolk	114' 3½"		
1956	2	Sylvia Rabbetts	Surrey	99' 7"	2	Alison Parsons	Surrey	99' 7"	2	Catherine Spencer	Hampshire	114' 3"		
1956	3	Beryl Hawes	Norfolk	98' 4"	3	M. Bailey	Devon	98' 4"	3	Pamela Sweett	Suffolk	112' 5"		
1957	1	Brenda Reeve	Northumberland	96' 0"	1	Brenda Hampton	Hampshire	133' 3"	1	Judy Tweedy	Essex	119' 1"		
1957	2	Jean Steele	Staffordshire	92' 8"	2	Antoinette Coombes	Essex	112' 10"	2	Susan Wakefield	Norfolk	105' 5"		
1957	3	G. Rowell	Durham	91' 11"	3	Carole Saunders	London	110' 4"	3	Roberta McKee	Sussex	104' 3"		
1958	1	Wendy Thomas	Sussex	119' 1"	1	Christine Sleigh-Smith	Gloucestershire	120' 3½"	1	Brenda Hampton	Hampshire	134' 1"		
1958	2	Sandra Milton	Derbyshire	106' 9"	2	Janet Macauley	Surrey	98' 6½"	2	K. Johnston	Cumberland	106' 9"		
1958	3	M. Fisher	Hertfordshire	106' 3½"	3	J. Jeffryes	Sussex	95' 6½"	3	Susan Moore	Essex	106' 5"		
1959	1	A. Pescod	Durham	105' 11½"	1	Sandra Milton	Derbyshire	106' 10"	1	Barbara Everett	Surrey	124 '4"		
1959	2	V. Warne	Cambridgeshire	96' 8"	2	Christine Sleigh-Smith	Gloucestershire	106' 0"	2	Carole Saunders	London	112' 8½"		
1959	3	Elizabeth-Mary Robertson	Surrey	95' 8"	3	Ann Waters	Surrey	104' 2½"	3	V. Lonsdale	Lancashire	109' 0"		
1960	1	Pamela Quelch	Essex	107' 1½"	1	Elizabeth-Mary Robertson	Surrey	107' 5"	1	Carole Saunders	London	107' 4½"		
1960	2	J. Hawarth	Cheshire	101' 10½"	2	Mary Haynes	Sussex	104' 3½"	2	Christine Sanders	Herefordshire	103' 2½"		
1960	3	Helen Shoobridge	Kent	96' 10½"	3	Lorraine McKenna	Lancashire	102' 6½"	3	Frances Connor	Surrey	103' 2½"		
1961	1	Kathy Duckett	London	112' 1½"	1	Elizabeth-Mary Robertson	Surrey	115' 5½"	1	Mary Haynes	Sussex	122' 6"		
1961	2	Beverley Harding	Surrey	109' 9"	2	Ann Quarmby	Yorkshire	105' 9"	2	Sandra Milton	Derbyshire	113' 4½"		

1961	3	P. Hone	Warwickshire	102' 2½"	3	Anthea Speck	Buckinghamshire	104' 7"	3	M. Phillips	Essex	107' 8"
1962	1	Heather Horsburgh	Hampshire	105' 11½"	1	Kathy Duckett	London	121' 1"	1	Elizabeth-Mary Robertson	Surrey	115' 3"
1962	2	Patricia Carder	Shropshire	97' 6½"	2	Beverley Harding	Surrey	112' 11½"	2	Anthea Speck	Buckinghamshire	108' ¾"
1962	3	Linda Wilson	Hertfordshire	95' 10"	3	Carol Mitchell	Sussex	105' 11½"	3	D. Wheatcroft	Warwickshire	105' 6"
1963	1	Heather Horsburgh	Hampshire	117' 11½"	1	Kathy Duckett	London	136' 0"	1	Elizabeth-Mary Robertson	Surrey	120' 0"
1963	2	Patricia Carder	Shropshire	106' 6"	2	Frances Vittles	Lincolnshire	121' 1"	2	Bridget Chapman	Norfolk	114' 0¾"
1963	3	Gwen Blake	Surrey	106' 0½"	3	Beverley Harding	Surrey	119' 4½"	3	J. Banks	Sussex	109' 2½"
1964	1	Patricia Denton	Essex	103' 3"	1	Patricia Carder	Shropshire	116' 10"	1	Beverley Harding	Surrey	131' ¾"
1964	2	Jan Holleron	Lancashire	96' 3¾"	2	Angela Hooks	Norfolk	113' 7½"	2	Carol Mitchell	Sussex	130' 11"
1965	3	Linda Enever	Surrey	96' 1"	3	Gwen Blake	Surrey	108' ¾"	3	Kathy Duckett	London	126' 6"
1965	1	Mary Scott	Middlesex	102' 3"	1	Susan Butler	Middlesex	117' 0"	1	Patricia Carder	Shropshire	123' 8½"
1965	2	Linda Enever	Surrey	97' 10½"	2	Angela Hooks	Norfolk	114' 5"	2	R. Steel	Devon	108' 4"
1966	3	Sarah Studley	Dorset	96' 0½"	3	Jean Brown	Hertfordshire	105' 11½"	3	Elizabeth Thompson	Cumberland	107' 10½"
1966	1	Linda Pears	Essex	98' 7"	1	Siobhan McKinnon	London	119' 2"	1	Susan Butler	Middlesex	127' 0"
1966	2	Carol Richardson	Cambridgeshire	96' 0"	2	Jill Lucas	Kent	117' 2"	2	Angela Hooks	Northamptonshire	122' 6"
1966	3	Susan Carter	Hertfordshire	91' 11"	3	Linda Enever	Surrey	114' 2"	3	Elizabeth Thompson	Cumberland	116' 11"
1967	1	Carol Richardson	Cambridgeshire	103' 2"	1	Jill Lucas	Kent	126' 5"	1	Susan Campbell	Derbyshire	126' 8"
1967	2	Brenda Hurstell	Northamptonshire	97' 9"	2	Siobhan McKinnon	Surrey	119' 8"	2	Celia Brackenbridge	Middlesex	116' 8"
1967	3	Rose Flynn	Hampshire	92' 6"	3	Linda Enever	Surrey	117' 7"	3	Linda Richards	Devon	112' 3"
1968	1	Jackie Elsmore	Berkshire	106' 7"	1	Susan Carter	Hertfordshire	126' 11"	1	Lesley Elliott	Northumberland	120' 5"
1968	2	Jacqueline Keeble	Middlesex	104' 8"	2	Diane Keable	Middlesex	115' 2"	2	Margaret Pasquetti	Warwickshire	118' 4"
1968	3	Janet Thompson	Surrey	103' 0"	3	Carol Richardson	Cambridgeshire	111' 8"	3	Vivien Knowles	Somerset	118' 0"
1969	1	Lorraine Harding	Devon	32.30	1	Lynne Irish	Middlesex	36.66	1	Vivien Knowles	Somerset	40.72
1969	2	Elaine Sipton	Essex	31.94	2	Carol Richardson	Cambridgeshire	36.22	2	Jill Lucas	Kent	39.14
1969	3	Kay Jeffreys	Huntingdonshire	29.92	3	Vivienne Miles	Yorkshire	35.08	3	Lesley Elliott	Northumberland	37.08
1970	1	Lesley Mallin	Devon	31.78	1	Jackie Elsmore	Berkshire	42.10	1	Gwen Bird	Norfolk	39.46
1970	2	Jennifer Rowe	Surrey	30.30	2	Jacqueline Keeble	Middlesex	38.14	2	Mary Fuller	Surrey	39.04
1970	3	Karen Whitear	Berkshire	28.38	3	Anne Hyldersly	Sussex	35.84	3	Carol Richardson	Cambridgeshire	36.70
1971	1	Jane Pickering	Cheshire	31.14	1	Erica Bali	Staffordshire	35.24	1	Jackie Elsmore	Berkshire	43.70
1971	2	Christine Phillips	Hertfordshire	30.34	2	J. Punchard	Norfolk	34.66	2	Janet Thompson	Surrey	39.50
1971	3	Jane Sheridan	Warwickshire	30.24	3	Susan Godwin	Hampshire	34.24	3	Mary Fuller	Surrey	37.84
1972	1	Jennifer Cameron	Warwickshire	32.68	1	Lesley Mallin	Devon	36.62	1	Jackie Elsmore	Berkshire	44.02
1972	2	Lynn Smith	Dorset	31.84	2	Erica Bali	Staffordshire	35.90	2	Coral Brereton	Staffordshire	36.94
1972	3	Annette Ludford	Wiltshire	29.92	3	Marilyn Wootton	Warwickshire	34.82	3	Janet Thompson	Surrey	36.76
1973	1	Valerie Watson	Cheshire	35.02	1	Vivienne Hindley	Staffordshire	36.08	1	Lesley Mallin	Devon	41.40
1973	2	Julie Bonney	Hertfordshire	31.28	2	Karen Mallard	Leicestershire	35.68	2	Coral Brereton	Staffordshire	35.80
1973	3	Catherine Vincent	Derbyshire	30.02	3	Naomi Harris	Berkshire	34.62	3	Sarah Biggin	Somerset	35.58
1974	1	Fiona Condon	Berkshire	34.86	1	Valerie Watson	Cheshire	40.04	1	Lesley Mallin	Devon	43.58
1974	2	Denise Sturman	Essex	31.46	2	Karen Mallard	Leicestershire	38.18	2	Vivienne Hindley	Staffordshire	34.94
1974	3	Kim Sproul	Essex	30.18	3	Diane English	Nottinghamshire	36.58	3	Jane Pickering	Cheshire	34.22
1975	1	Fiona Condon	Berkshire	36.04	1	Valerie Watson	Cheshire	45.28	1	Lynn Smith	Dorset	43.04
1975	2	Jane Curtis	Hampshire	35.88	2	Diane English	Nottinghamshire	36.98	2	Karen Mallard	Leicestershire	40.76

1975	3	Julia Minns	Berkshire	32.56	3	Susan Tudor	Middlesex	35.08	3	Vivienne Hindley	Staffordshire	37.04
1976	1	Amanda Franks	Oxfordshire	37.22	1	Fiona Condon	Berkshire	39.34	1	Valerie Watson	Cheshire	42.90
1976	2	Lesley Hatton	Gloucestershire	30.64	2	Denise Sturman	Essex	37.84	2	Lynn Smith	Dorset	40.48
1976	3	Christine Stubbs	West Yorkshire	30.00	3	Susan Tudor	Middlesex	36.28	3	Diane English	Nottinghamshire	37.16
1977	1	Susan Holwell	Leicestershire	36.44	1	Fiona Condon	Berkshire	39.46	1	Denise Sturman	Essex	39.92
1977	2	Elizabeth Hindley	Staffordshire	32.52	2	Amanda Franks	Oxfordshire	37.48	2	Susan Tudor	Middlesex	39.78
1977	3	Janette Picton	Berkshire	31.92	3	Jane Curtis	Hampshire	37.48	3	Diane English	Nottinghamshire	38.30
1978	1	Ann Roat	Essex	30.14	1	Janette Picton	Berkshire	41.74	1	Fiona Condon	Berkshire	44.48
1978	2	Karen Allday	Essex	30.10	2	Amanda Franks	Oxfordshire	38.42	2	Denise Sturman	Essex	44.16
1978	3	Amanda Hollebon	Surrey	28.88	3	Janis Wilderspin	Essex	37.06	3	Jane Curtis	Hampshire	38.80
1979	1	Janet Stanton	Berkshire	36.72	1	Janette Picton	Berkshire	47.80	1	Fiona Condon	Berkshire	51.04
1979	2	Linda Higman	Hampshire	35.66	2	Janis Wilderspin	Essex	42.90	2	Amanda Franks	Oxfordshire	43.74
1979	3	Alison Davis	Dorset	33.92	3	Lynda Whiteley	Hertfordshire	42.86	3	Jane Curtis	Hampshire	42.78
1980	1	Karen Pugh	Warwickshire	36.74	1	Debbie Bushnell	Essex	38.94	1	Janette Picton	Berkshire	47.90
1980	2	Iona Doyley	London	36.64	2	Linda Higman	Hampshire	36.88	2	Susan Parker	Berkshire	44.08
1980	3	Deborah Crawley	Middlesex	35.38	3	Bernadette D'Arcy	Essex	35.42	3	Janis Wilderspin	Essex	42.06
1981	1	Mandy Hampton	West Midlands	36.64	1	Sandra Browne	Essex	43.28	1	Lynda Whiteley	Hertfordshire	46.66
1981	2	Carol Parker	Berkshire	34.06	2	Karen Pugh	Warwickshire	41.98	2	Janette Picton	Berkshire	45.28
1981	3	Karen Savage	Kent	31.74	3	Bernadette D'Arcy	Essex	39.62	3	Julia Avis	Middlesex	45.18
1982	1	Catherine MacIntyre	Berkshire	35.74	1	Karen Pugh	Warwickshire	44.40	1	Julia Avis	Middlesex	45.84
1982	2	Belinda Hockley	Essex	35.22	2	Iona Doyley	London	40.02	2	Sandra Browne	Essex	45.68
1982	3	Clare Adams	Sussex	33.40	3	Mandy Hampton	West Midlands	37.10	3	Tracy Whincup	Humberside	41.68
1983	1	Coleen Edwards	South Yorkshire	35.74	1	Catherine MacIntyre	Berkshire	41.52	1	Karen Pugh	Warwickshire	50.44
1983	2	Anna Walsh	Humberside	32.60	2	Mandy Hampton	West Midlands	40.00	2	Sandra Browne	Essex	45.58
1983	3	Rosanne Lister	Essex	32.12	3	Belinda Hockley	Essex	39.80	3	Debbie Treloar	Dorset	44.22
1984	1	Michele Morgan	Middlesex	31.44	1	Catherine Bradley	Berkshire	47.58	1	Karen Pugh	Warwickshire	49.18
1984	2	Zara Bellringer	Kent	29.64	2	Amanda Barnes	Somerset	40.34	2	Kathryn Farr	Merseyside	46.24
1984	3	Paula Harris	Merseyside	28.92	3	Belinda Hockley	Essex	40.30	3	Iona Doyley	London	42.50
1985	1	Zoe Thompson	London	34.94	1	Jane Aucott	West Midlands	44.80	1	Catherine Bradley	Berkshire	47.22
1985	2	Rachel Morris	Hertfordshire	34.34	2	Amanda Barnes	Somerset	39.08	2	Kathryn Farr	Merseyside	43.96
1985	3	Charladee Clarke	Staffordshire	32.42	3	Coleen Edwards	South Yorkshire	38.94	3	Belinda Hockley	Essex	41.98
1986	1	Natalie Hart	Essex	37.10	1	Jayne Thornton	West Yorkshire	41.26	1	Jane Aucott	West Midlands	49.82
1986	2	Nicola Talbot	Shropshire	34.80	2	Michelle Cullen	Derbyshire	39.28	2	Angela Sellars	Humberside	46.88
1986	3	Kerry Martin	Berkshire	31.48	3	Charladee Clarke	Staffordshire	37.92	3	Belinda Hockley	Essex	46.40
1987	1	Alix Gallagher	Berkshire	39.12	1	Charladee Clarke	Staffordshire	44.98	1	Jane Aucott	West Midlands	50.26
1987	2	Kate Waterfield	Staffordshire	36.82	2	Julie Walter	Berkshire	41.94	2	Jayne Thornton	West Yorkshire	47.18
1987	3	Philippa Scholes	Wiltshire	36.32	3	Annette O'Connor	Berkshire	41.46	3	Rosanne Lister	Essex	45.98
1988	1	Emma Merry	Warwickshire	39.58	1	Emma Beales	Buckinghamshire	43.12	1	Jayne Thornton	West Yorkshire	42.98
1988	2	Kathryn Quinn	Cheshire	35.40	2	Natalie Hart	Essex	42.96	2	Amanda Barnes	Somerset	41.92
1988	3	Claire Abbott	Kent	33.02	3	Tracy Bonner	Essex	41.16	3	Charladee Clarke	Staffordshire	41.84
1989	1	Victoria Smith	Gtr. Manchester	31.86	1	Emma Merry	Warwickshire	45.18	1	Natalie Hart	Essex	47.06
1989	2	Laura Evans	Lincolnshire	29.88	2	Shelley Drew	Surrey	43.98	2	Emma Beales	Buckinghamshire	46.14

1989	3	Andrea Clarke	Surrey	29.44	3	Sarah Symonds	Oxfordshire	40.84	3	Stephanie Buttle	Kent	43.90
1990	1	Charlotte Davies	Berkshire	31.96	1	Emma Merry	Warwickshire	48.80	1	Natalie Hart	Essex	44.74
1990	2	Heather Allsup	Devon	31.08	2	Sarah Symonds	Oxfordshire	42.72	2	Ayshea Everton	Warwickshire	43.70
1990	3	Alison Faben	Cambridgeshire	30.88	3	Sarah Winckless	Surrey	40.40	3	Emma Beales	Buckinghamshire	43.62
1991	1	Susan Cook	Berkshire	34.68	1	Victoria Smith	Gtr. Manchester	37.24	1	Emma Merry	Warwickshire	48.50
1991	2	Sandra Biddlecombe	Berkshire	34.16	2	Jenny Hopkins	Berkshire	35.60	2	Nicola Talbot	Shropshire	45.30
1991	3	Alison Faben	Cambridgeshire	33.80	3	Charlotte Davies	Berkshire	35.32	3	Natalie Hart	Essex	43.84
1992	1	Lynsey Braddock	Berkshire	35.04	1	Charlotte Davies	Berkshire	39.52	1	Emma Merry	Warwickshire	48.96
1992	2	Amanda Emery	Staffordshire	33.82	2	Tasha Saint-Smith	Middlesex	39.00	2	Sarah Winckless	Somerset	47.72
1992	3	Rachel Hopgood	North Yorkshire	33.62	3	Lyn Sprules	Middlesex	37.70	3	Ayshea Everton	Warwickshire	44.64
1993	1	Natalie Kerr	West Midlands	35.64	1	Leanne Grey	West Midlands	36.98	1	Emma Merry	West Midlands	51.50
1993	2	Lauren Keightley	Berkshire	35.22	2	Alison Faben	Cambridgeshire	36.12	2	Lyn Sprules	Middlesex	40.72
1993	3	Lynsey Herrington	Hampshire	34.90	3	Michelle Cornick	Dorset	36.00	3	Rebecca West	Hampshire	38.92
1994	1	Natalie Kerr	West Midlands	38.90	1	Lauren Keightley	Berkshire	44.92	1	Tasha Saint-Smith	Middlesex	44.18
1994	2	Michelle Woods	Essex	35.00	2	Rachel Hopgood	North Yorkshire	40.92	2	Lucy Capes	South Yorkshire	42.92
1994	3	Kelly Mellis	Oxfordshire	34.22	3	Lynsey Braddock	Berkshire	37.78	3	Michelle Cornick	Dorset	38.38
1995	1	Amie Hill	Oxfordshire	35.80	1	Lauren Keightley	Berkshire	47.56	1	Rachel Hopgood	North Yorkshire	47.10
1995	2	Carly Burton	Kent	33.66	2	Natalie Kerr	West Midlands	41.92	2	Alison Faben	Cambridgeshire	39.30
1995	3	Vicki Clark	Kent	33.00	3	Lynsey Herrington	Hampshire	41.86	3	Donna McEwan	Warwickshire	39.22
1996	1	Emma Kirby	Berkshire	35.34	1	Natalie Kerr	West Midlands	43.18	1	Donna Williams	Gtr. Manchester	48.08
1996	2	Claire Smithson	Sussex	34.96	2	Kelly Mellis	Oxfordshire	40.28	2	Rachel Hopgood	North Yorkshire	47.06
1996	3	Emma Carpenter	Devon	32.38	3	Joan MacPherson	Hampshire	39.88	3	Lauren Keightley	Berkshire	46.56
1997	1	Claire Smithson	Sussex	38.14	1	Carly Burton	Kent	39.24	1	Donna Williams	Gtr. Manchester	44.00
1997	2	Judith Runnels	Hertfordshire	30.26	2	Emma Carpenter	Devon	38.98	2	Kelly Mellis	Oxfordshire	42.12
1997	3	Elizabeth Maher	South Yorkshire	29.98	3	Vicky Williams	Staffordshire	38.34	3	Joanna Bradley	Kent	40.98
1998	1	Emma Forester	Shropshire	30.78	1	Emma Carpenter	Devon	45.66	1	Elaine Cank	Cheshire	42.51
1998	2	Sian Howe	Kent	28.67	2	Candie Lintern	Sussex	38.28	2	Joan MacPherson	Hampshire	41.83
1998	3	Candace Schofield	Sussex	28.48	3	Joanne Street	Staffordshire	36.57	3	Carly Burton	Kent	41.31
1999	1	Lucy Nesbitt	Merseyside	34.36	1	Claire Smithson	Sussex	49.36	1	Emma Carpenter	Devon	43.78
1999	2	Fallon Harrison	Derbyshire	33.41	2	Joanne Street	Staffordshire	42.54	2	Candie Lintern	Sussex	42.83
1999	3	Ellisha Dee	Middlesex	32.51	3	Katie Halford	Devon	35.36	3	Joan MacPherson	Hampshire	41.70
2000	1	Christina Carding	Hampshire	32.36	1	Ellisha Dee	Middlesex	40.64	1	Claire Smithson	Sussex	47.51
2000	2	Hollie Redman	Essex	31.02	2	Angela Lockley	Gtr. Manchester	38.63	2	Emma Carpenter	Devon	47.21
2000	3	Melanie Harrison	Essex	30.56	3	Lucy Nesbitt	Merseyside	38.47	3	Joanne Street	Staffordshire	45.30
2001	1	Christina Carding	Hampshire	35.77	1	Ellisha Dee	Middlesex	41.47	1	Claire Smithson	Sussex	52.74
2001	2	Lynsey Clark	Essex	33.34	2	Angela Lockley	Gtr. Manchester	39.72	2	Emma Forester	Shropshire	39.40
2001	3	Rebecca Saunders	Kent	32.61	3	Laura Fox	Kent	39.43	3	Lydia Morgan	Cheshire	37.90
2002	1	Chloe Beckett	West Yorkshire	35.47	1	Christina Carding	Hampshire	39.60	1	Ellisha Dee	Middlesex	46.29
2002	2	Ruth Hay	Northamptonshire	35.13	2	Amy Howard	West Yorkshire	38.69	2	Laura Fox	Kent	44.07
2002	3	Rebecca Saunders	Kent	33.42	3	Melanie Harrison	Essex	38.04	3	Emma Forester	Shropshire	43.02
2003	1	Ashley Maddison	Durham	35.65	1	Rebecca Saunders	Kent	41.76	1	Ellisha Dee	Middlesex	43.39
2003	2	Jenny Dunford	Warwickshire	34.40	2	Lynsey Clark	Essex	40.90	2	Laura Fox	Kent	41.90

2003	3	Florence Clark	Kent	32.31	3	Chloe Beckett	West Yorkshire	40.34	3	Hollie Redman	Essex	39.06
2004	1	Shaunagh Brown	London	36.88	1	Rebecca Saunders	Kent	40.59	1	Lauren Therin	Somerset	41.07
2004	2	Kate Heller	Cornwall	34.02	2	Ruth Hay	Northamptonshire	39.08	2	Gemma Llewelyn	Merseyside	40.47
2004	3	Sarah-Jane Perry	Warwickshire	32.65	3	Hannah James	Sussex	37.54	3	Melanie Harrison	Essex	40.26
2005	1	Katie Wickman	Somerset	38.19	1	Shaunagh Brown	London	42.35	1	Gemma Llewelyn	Merseyside	44.05
2005	2	Hannah Evenden	West Yorkshire	36.42	2	Rebecca Birch	South Yorkshire	39.47	2	Rebecca Saunders	Kent	43.41
2005	3	Elycia Metaxas-Belt	Northamptonshire	34.84	3	Rachel Backhouse	Northamptonshire	38.49	3	Lianne Tucker	Northumberland	42.26
2006	1	Tyne Breen	Durham	30.41	1	Shaunagh Brown	London	42.70	1	Jenny Scott	West Midlands	41.85
2006	2	Helen Broadbridge	Berkshire	30.00	2	Katie Wickman	Somerset	37.78	2	Chloe Beckett	West Yorkshire	39.52
2006	3	Laura Baker	Gtr. Manchester	29.39	3	Jodie Jacobs	Sussex	36.33	3	Briony Phillips	London	38.65
2007	1	Abbi Carter	Humberside	35.28	1	Katie Wickman	Somerset	43.30	1	Rachel Backhouse	Northamptonshire	43.85
2007	2	Rachel Tyler	Northamptonshire	33.66	2	Jodie Jacobs	Sussex	42.06	2	Florence Clark	Kent	41.44
2007	3	Charlotte Gair	Nottinghamshire	33.40	3	Kelly Pagdin	South Yorkshire	35.41	3	Lucy Underdown	Kent	41.18
2008	1	Abbi Carter	Humberside	36.16	1	Julia Walkden	Devon	37.30	1	Lucy Underdown	Kent	43.15
2008	2	Louisa James	Sussex	32.43	2	Rachel Tyler	Northamptonshire	35.10	2	Katie Wickman	Somerset	40.82
2008	3	Phoebe Dowson	Hampshire	31.20	3	Samantha Milner	Suffolk	34.90	3	Rosalind Seeley	Kent	40.41
2009	1	Debra Blamey	Essex	33.92	1	Samantha Milner	Suffolk	40.06	1	Tesni Ward	Nottinghamshire	44.52
2009	2	Renee Hector	Hertfordshire	32.84	2	Kathryn Rothwell	Channel Islands	39.97	2	Jade Moore	Staffordshire	42.02
2009	3	Gemma Brown	Kent	30.87	3	Rachel Tyler	Northamptonshire	39.05	3	Julia Walkden	Devon	41.25
2010	1	Gemma Brown	Kent	35.06	1	Phoebe Dowson	Hampshire	44.73	1	Kathryn Rothwell	Channel Islands	47.02
2010	2	Nicola Gregory	Kent	33.07	2	Shadine Duquemin	Channel Islands	41.42	2	Julia Walkden	Devon	44.23
2010	3	Yemisi Sofolarin	London	33.07	3	Renee Hector	Hertfordshire	38.50	3	Charlotte Gair	Nottinghamshire	42.99
2011	1	Georgie Taylor	Essex	34.91	1	Shadine Duquemin	Channel Islands	46.88	1	Phoebe Dowson	Hampshire	44.03
2011	2	Yemisi Sofolarin	London	34.05	2	Renee Hector	Hertfordshire	41.68	2	Rachel Tyler	Northamptonshire	43.36
2011	3	Katie Cross	Somerset	34.02	3	Emma Crooke	Hereford & Worcs	40.38	3	Charlotte Gair	Nottinghamshire	41.74
2012	1	Sophie Mace	Surrey	37.48	1	Georgie Taylor	Essex	41.80	1	Phoebe Dowson	Hampshire	44.71
2012	2	Jennifer Stevens	Kent	34.57	2	Kate Pattison	Lincolnshire	39.60	2	Renee Hector	Hertfordshire	43.55
2012	3	Emily Green	Hampshire	33.93	3	Yemisi Sofolarin	London	38.94	3	Carla Letheby	Surrey	38.17
2013	1	Sophie Mace	Surrey	39.89	1	Rachel Forder	Essex	39.62	1	Shadine Duquemin	Channel Islands	47.92
2013	2	Nnenna Eronini	London	34.66	2	Kathryn Woodcock	Oxfordshire	39.58	2	Gemma Brown	Kent	41.21
2013	3	Melissa Bird	Gloucestershire	34.42	3	Kate Pattison	Lincolnshire	39.17	3	Amy Holder	Oxfordshire	40.01
2014	1	Danielle Broom	Dorset	32.90	1	Sophie Merritt	Wiltshire	44.46	1	Amy Holder	Oxfordshire	44.26
2014	2	Bronte Leigh-Jones	South Yorkshire	31.99	2	Sophie Mace	Surrey	42.81	2	Kathryn Woodcock	Oxfordshire	43.60
2014	3	Eve Keith	Kent	31.97	3	Jemma Ibbetson	West Yorkshire	39.44	3	Kate Pattison	Lincolnshire	43.17
2015	1	Caitlin Emerson	Derbyshire	34.96	1	Sophie Mace	Surrey	43.61	1	Georgie Taylor	Essex	47.45
2015	2	Jessica Emery	Hertfordshire	34.40	2	Isobel Griffin Morris	Cheshire	38.74	2	Kathryn Woodcock	Oxfordshire	41.40
2015	3	Eve Keith	Kent	34.13	3	Bronte Leigh-Jones	South Yorkshire	38.54	3	Kate Pattison	Lincolnshire	40.34
2016	1	Samantha Callaway	Hampshire	35.19	1	Isobel Griffin Morris	Cheshire	39.18	1	Divine Oladipo	Kent	43.77
2016	2	Taia Tunstall	Hertfordshire	31.19	2	Danielle Broom	Dorset	38.47	2	Sophie Mace	Surrey	42.48
2016	3	Mia O'Daly	Devon	31.27	3	Bronte Leigh-Jones	South Yorkshire	38.38	3	Simone McKen	West Midlands	37.91
2017	1	Anna Merritt	Wiltshire	34.00	1	Heather Cabbage	Hampshire	42.70	1	Sophie Mace	Surrey	43.23
2017	2	Elsie Christopher-Soares	Kent	32.11	2	Jessica Emery	Hertfordshire	42.32	2	Isobel Griffin Morris	Oxfordshire	42.25

2017	3	Alice Brown	Essex	31.84	3	Charlotte Payne	Berkshire	40.89	3	Jenny Pyatt	Cheshire	41.86
2018	1	Zara Obamakinwa	Berkshire	37.79	1	Samantha Callaway	Hampshire	44.28	1	Heather Cubbage	Hampshire	43.69
2018	2	Katie Webb	Hertfordshire	32.61	2	Taia Tunstall	Hertfordshire	43.69	2	Tait Jones	Somerset	41.34
2018	3	Freya Killilea	Essex	31.68	3	Hannah Macaulay	Kent	40.08	3	Emily Robinson	Sussex	39.94
2019	1	Olivia Austin	Hampshire	32.43	1	Alice Brown	Essex	40.95	1	Samantha Callaway	Hampshire	48.82
2019	2	Caitlin Ebbage	Kent	31.05	2	Zara Obamakinwa	Berkshire	38.11	2	Heather Cubbage	Hampshire	44.51
2019	3	Ella Kynoch	South Yorkshire	29.57	3	Aaliyah Cawley	South Yorkshire	36.90	3	Tait Jones	Surrey	41.71
2021	1	Nubia Evans-Shields	Devon	38.96	1	Lily Carlaw	Northamptonshire	41.43	1	Ellie Lovett	Hampshire	40.18
2021	2	Matilda Farrar	Surrey	29.78	2	Olivia Austin	Hampshire	40.01	2	Alice Brown	Essex	40.15
2021	3	Erin McBriar	Hampshire	29.42	3	Grace Pollard	Warwickshire	35.83	3	Elizabeth Adamson	Hampshire	38.51
2022	1	Matilda Farrar	Surrey	36.68	1	Nubia Evans-Shields	Devon	40.30	1	Amber Jeacock West	Oxfordshire	39.79
2022	2	Kaitlin Miller	Wiltshire	32.63	2	Charlotte Braka	Cheshire	39.43	2	Olivia Austin	Hampshire	39.02
2022	3	Alana Thomas	Middlesex	31.00	3	Lily Martin	Oxfordshire	36.08	3	Holly Adams	Humberside	38.78
2023	1	Bethany Pendlebury	Gtr. Manchester	34.61	1	Nubia Evans-Shields	Devon	42.01	1	Charlotte Braka	Cheshire	43.66
2023	2	Abigail McBriar	Hampshire	32.87	2	Serenity Joynt	Nottinghamshire	35.47	2	Olivia Austin	Hampshire	42.40
2023	3	Elkie Baker	Middlesex	31.82	3	Kaitlin Miller	Wiltshire	35.23	3	Coumba Sarr	Middlesex	36.90
2024	1	Bethany Pendlebury	Gtr. Manchester	39.64	1	Gabriella Tcheukam	London	45.08	1	Jemima Hargreaves	Berkshire	39.16
2024	2	Lucy Hope	Humberside	30.77	2	Elkie Baker	Middlesex	38.57	2	Serenity Joynt	Nottinghamshire	38.98
2024	3	Darcey Thorne Henderson	Wiltshire	30.55	3	Matilda Farrar	Surrey	37.69	3	Lily Martin	Somerset	38.05
2025	1	Isabelle Rider	Kent	31.52	1	Elkie Baker	Middlesex	39.91	1	Gabriella Tcheukam	Surrey	45.08
2025	2	Olivia Mullineaux	Essex	30.12	2	Bethany Pendlebury	Gtr. Manchester	38.61	2	Nubia Evans-Shields	Devon	42.59
2025	3	Lily O'Connell	Hampshire	29.83	3	Bethany Mballa	Hampshire	36.27	3	Matilda Farrar	Surrey	41.07
2026	1	Ruby Arnold	Derbyshire	39.11	1	Bethany Pendlebury	Gtr. Manchester	40.64	1	Elkie Baker	Middlesex	42.44
2026	2	Clarice Thorne-Henderson	Hampshire	37.00	2	Isabelle Rider	Kent	39.59	2	Matilda Farrar	Surrey	39.41
2026	3	Nimechi Okoro	Berkshire	35.86	3	Adanna Udechuku	Essex	39.26	3	Bethany Mballa	Hampshire	38.43

JUNIOR					INTERMEDIATE					SENIOR				
HAMMER THROW					HAMMER THROW					HAMMER THROW				
2000		-	-			-	-		1	Katy Lamb	Kent	47.48		
2000		-	-			-	-		2	Shirley Webb	Northumberland	47.33		
2000		-	-			-	-		3	Madeline Robinson	Cumbria	39.36		
2001		-	-			-	-		1	Nicola Dudman	Hertfordshire	49.89		
2001		-	-			-	-		2	Natasha Forgie	Kent	42.59		
2001		-	-			-	-		3	Sarah Morgan	Durham	42.25		
2002		-	-			-	-		1	Natasha Forgie	Kent	42.71		
2002		-	-			-	-		2	Sarah Drake	West Yorkshire	42.65		
2002		-	-			-	-		3	Sarah Dobriskey	Kent	42.41		
2003		-	-		1	Anna Johnson	Gtr. Manchester	45.17	1	Samantha Hynes	Middlesex	48.30		
2003		-	-		2	Sarah Holt	West Yorkshire	44.89	2	Helen Ephgrave	Surrey	44.95		
2003		-	-		3	Catherine Marvin	Hampshire	39.91	3	Jenna Lander	Staffordshire	44.54		
2004		-	-		1	Rachel Blackie	Kent	48.06	1	Sarah Holt	West Yorkshire	52.76		

2004		-	-		2	Anna Johnson	Gtr. Manchester	45.69	2	Monique Buchanan	Essex	50.40
2004		-	-		3	Claire Phillips	Middlesex	42.44	3	Amy Church	Hampshire	44.29
2005		-	-		1	Megan Boon	Norfolk	42.26	1	Rachel Blackie	Kent	51.23
2005		-	-		2	Hayley Murray	Warwickshire	41.62	2	Victoria Thomas	Kent	48.98
2005		-	-		3	Lucy Tattersall	Sussex	39.85	3	Sarah Holt	West Yorkshire	46.85
2006		-	-		1	Hayley Murray	Warwickshire	47.13	1	Victoria Thomas	Kent	52.56
2006		-	-		2	Melissa Cooper	Kent	45.88	2	Stacey Lebond	South Yorkshire	44.31
2006		-	-		3	Vicky Johnson	Merseyside	42.41	3	Megan Boon	Norfolk	42.27
2007		-	-		1	Kate Yhnell	Gloucestershire	46.54	1	Hayley Murray	Warwickshire	49.65
2007		-	-		2	Sarah Smith	Essex	43.46	2	Melissa Cooper	Kent	46.28
2007		-	-		3	Jenna Winson	Derbyshire	39.44	3	Katy Wilson	Durham	44.61
2008		-	-		1	Kayleigh Mills	Cleveland	46.75	1	Hayley Murray	Warwickshire	50.97
2008		-	-		2	Helen Broadbridge	Berkshire	46.66	2	Kate Yhnell	Gloucestershire	48.24
2008		-	-		3	Amy Clemens	Middlesex	46.75	3	Sarah Smith	Cambridgeshire	45.88
2009		-	-		1	Abbi Carter	Humberside	52.27	1	Sophie Hitchon	Lancashire	61.65
2009		-	-		2	Louisa James	Sussex	49.44	2	Sarah Smith	Cambridgeshire	50.12
2009		-	-		3	Katy Barnard	Cumbria	48.87	3	Kate Yhnell	Gloucestershire	45.70
2010		-	-		1	Abbi Carter	Humberside	54.78	1	Helen Broadbridge	Berkshire	50.08
2010		-	-		2	Louisa James	Sussex	52.43	2	Amy Clemens	Middlesex	48.70
2010		-	-		3	Katy Barnard	Cumbria	46.89	3	Adanna Okeahialam	West Yorkshire	47.40
2011		-	-		1	Emma O'Hara	Oxfordshire	47.62	1	Abbi Carter	Humberside	56.83
2011		-	-		2	Sarah-Jane Anthony	Hampshire	44.40	2	Bethany Mitchell	Nottinghamshire	49.49
2011		-	-		3	Kayleigh Presswell	Buckinghamshire	42.87	3	Jess Mayho	West Yorkshire	48.52
2012		-	-		1	Rebecca Keating	Berkshire	45.97	1	Abbi Carter	Humberside	59.75
2012		-	-		2	Charlotte Stallard	Gloucestershire	42.67	2	Louisa James	Sussex	59.03
2012		-	-		3	Charlotte Gould	Middlesex	41.97	3	Emma O'Hara	Oxfordshire	50.83
2013		-	-		1	Rebecca Keating	Berkshire	49.37	1	Emma O'Hara	Oxfordshire	55.40
2013		-	-		2	Ellie Webb	Wiltshire	46.44	2	Kayleigh Presswell	Buckinghamshire	52.16
2013		-	-		3	Laeken Impey	Berkshire	44.90	3	Charlotte Gould	Middlesex	48.88
2014	1	Katie Head	Essex	54.96	1	Katie Lambert	Shropshire	56.18	1	Rebecca Keating	Oxfordshire	52.22
2014	2	Olivia Stevenson	Humberside	54.01	2	Amy Herrington	Oxfordshire	55.53	2	Charlotte Gould	Middlesex	47.89
2014	3	Victoria Wiltshire	Kent	50.21	3	Stephanie Howe	Essex	53.61	3	Maria Brett	Cornwall	46.03
2015	1	Lauren Hill	Derbyshire	52.65	1	Katie Head	Essex	60.05	1	Rebecca Keating	Oxfordshire	53.39
2015	2	Laura Runciman	Essex	47.38	2	Olivia Stevenson	Humberside	59.02	2	Maggie Okul	Humberside	50.76
2015	3	Tara Simpson-Sullivan	Cumbria	47.11	3	Philippa Davenall	Essex	57.08	3	Amy Herrington	Oxfordshire	49.51
2016	1	Phoebe Baggott	Staffordshire	58.01	1	Katie Head	Essex	65.06	1	Katie Lambert	Shropshire	55.99
2016	2	Charlotte Williams	Lancashire	51.97	2	Olivia Stevenson	Humberside	62.55	2	Amy Herrington	Oxfordshire	54.89
2016	3	Lucy Koenigsberger	Norfolk	49.12	3	Tara Simpson-Sullivan	Cumbria	60.81	3	Philippa Davenall	Essex	53.76
2017	1	Francesca Williams	Middlesex	46.78	1	Tara Simpson-Sullivan	Cumbria	61.00	1	Alice Barnsdale	Lincolnshire	55.49
2017	2	Stephanie Browne	Cambridgeshire	40.84	2	Charlotte Williams	Lancashire	59.41	2	Katie Lambert	Shropshire	54.91
2017	3	Evie Tipping	Cheshire	40.20	3	Phoebe Baggott	Staffordshire	56.32	3	Olivia Stevenson	Humberside	53.55
2018	1	Lily Murray	Kent	50.74	1	Charlotte Payne	Berkshire	61.77	1	Olivia Stevenson	Humberside	56.47

2018	2	Lara Moffat	Buckinghamshire	49.95	2	Zoe Price	Merseyside	53.86	2	Anna Purchase	Nottinghamshire	54.18
2018	3	Chloe Lipscomb	Sussex	43.88	3	Lucy Koenigsberger	Norfolk	53.51	3	Tara Simpson-Sullivan	Cumbria	53.17
2019	1	Lily Murray	Kent	52.93	1	Bekki Roche	Merseyside	57.83	1	Charlotte Payne	Berkshire	57.53
2019	2	Gypsy Nash	Kent	50.32	2	Anna Merritt	Wiltshire	54.96	2	Tara Simpson-Sullivan	Cumbria	54.66
2019	3	Grace McDonald	Cleveland	47.35	3	Lara Moffat	Buckinghamshire	54.18	3	Phoebe Baggott	Staffordshire	53.76
2021	1	Eloise MacDonald	Hampshire	48.82	1	Lily Murray	Kent	54.58	1	Simbiyat Sikiru	Essex	49.81
2021	2	Kaitlyn Waddell	Northumberland	45.47	2	Gypsy Nash	Kent	48.98	2	Lara Moffat	Buckinghamshire	49.80
2021	3	Phoebe Milburn	Devon	44.45	3	Charlotte Colbert	Hereford & Worcs	48.71	3	Anna Merritt	Wiltshire	49.57
2022	1	Alice Howie	Sussex	51.44	1	Clemmie Harris	Berkshire	51.12	1	Lily Murray	Kent	50.32
2022	2	Ella McIntosh	North Yorkshire	41.72	2	Willow Bedding	Cambridgeshire	51.01	2	Lara Moffat	Buckinghamshire	48.23
2022	3	Ash Hillier-Smith	Avon	39.38	3	Scarlet Moss-Turner	Cheshire	50.48	3	Jasmine Richardson	Gtr. Manchester	47.90
2023	1	Tegan Brown	Devon	43.24	1	Alice Howie	Sussex	56.11	1	Lily Murray	Kent	50.91
2023	2	Keira Lake-Bryan	Hertfordshire	41.73	2	Phoebe Milburn	Devon	50.98	2	Gracie Jenvey	Hampshire	48.45
2023	3	Jessica Wilkins	Gtr. Manchester	40.34	3	Nancy Akyol	Suffolk	48.56	3	Jasmine Richardson	Gtr. Manchester	47.96
2024	1	Hazel Stead	Devon	45.04	1	Alice Howie	Sussex	57.46	1	Kaitlyn Waddell	Northumberland	49.66
2024	2	Tilly Ryan	Kent	42.27	2	Ella McIntosh	North Yorkshire	56.37	2	Phoebe Milburn	Devon	46.73
2024	3	Margaret-Isobel Casey	Lancashire	41.58	3	Lilymae Coote	Norfolk	51.05	3	Willow Bedding	Cambridgeshire	46.06
2025	1	Aspen Stobart	Dorset	50.72	1	Tegan Brown	Devon	53.81	1	Alice Howie	Sussex	53.96
2025	2	Mia Flynn	Bedfordshire	44.42	2	Tilly Ryan	Kent	53.50	2	Kaitlyn Waddell	Northumberland	51.46
2025	3	Adanna Anah	Surrey	44.37	3	Jessica Wilkins	Gtr. Manchester	52.47	3	Ella McIntosh	North Yorkshire	50.84
2026	1	Adanna Anah	Surrey	51.26	1	Tilly Ryan	Kent	52.42	1	Ella McIntosh	North Yorkshire	54.54
2026	2	Piper Kelly	Sussex	49.80	2	Hazel Stead	Devon	52.34	2	Alice Howie	Sussex	54.11
2026	3	Sophia Powers	Berkshire	43.21	3	Cassidy Anne Crowe	Lincolnshire	51.98	3	Tegan Brown	Devon	50.72

JUNIOR				INTERMEDIATE				SENIOR				
JAVELIN THROW				JAVELIN THROW				JAVELIN THROW				
1948		-	-		1	Pauline Reavey	London	96' 8"*		-	-	
1948		-	-		2					-	-	
1948		-	-		3					-	-	
1949		-	-		1	A. Burton	Hertfordshire	90' 3"*		-	-	
1949		-	-		2	Maureen Dennison	Surrey	87' 0½"*		-	-	
1949		-	-		3	Jean Elliott	Northumberland	85' 2½"*		-	-	
1950		-	-		1	Muriel Hoskins	Hertfordshire	106' 1½"*	1	Yvonne Taylor	Herefordshire	93' 5"*
1950		-	-		2	Jean Elliott	Northumberland	100' 2"*	2	J. Hoy	Essex	68' 6"*
1950		-	-		3	P. Hay-Ellis	Middlesex	87' 4"*	3	-	-	
1951	1	Peggy Northcott	Devon	98'6¾"*	1	Jean Elliott	Northumberland	107' 2½"*	1	J. Lewis	Lancashire	97' 4¼"*
1951	2	J. Watkin	Surrey	92' 3½"	2	Gwendoline Kay	Yorkshire	96' 7"*	2	J. Beach	Hertfordshire	82' 0¾"*
1951	3	K. Swan	Hampshire	84' 6½"	3	Muriel Hoskins	Hertfordshire	94' 1¾"*	3	V. Catmur	Surrey	72' 11½"*
1952	1	Audrey Leak	Lancashire	105' 7½"*	1	J. Watkin	Surrey	103' 7"*	1	Jean Elliott	Northumberland	110' 10½"*
1952	2	C. Evans	Dorset	95' 9"*	2	Beryl Middleditch	Suffolk	100' 1"*	2	Anne Collins	Middlesex	105' 8½"*
1952	3	J. Froude	Surrey	87' 11"*	3	J. O'Rea	Devon	96' 10½"*	3	Averil Williams	Herefordshire	100' 8"*

1953	1	Dorothy Hamblett	Lancashire	108' 7"*	1	Yvonne Kaye	Middlesex	109' 4"*	1	Jean Elliott	Northumberland	117' 7"*
1953	2	J. Fletcher	Lancashire	101' 2½"	2	Eileen Pitfield	Surrey	96' 4½"	2	Averil Williams	Herefordshire	116' 7"*
1953	3	Doreen Holliday	Surrey	90' 9"	3	J. Froude	Surrey	95' 4"	3	Frances Robinson	Suffolk	114' 10½"*
1954	1	Vivian Bradley	Somerset	104' 1"*	1	Monica Podmore	Staffordshire	114' 3"*	1	Phyllis Hancock	Staffordshire	123' 0"*
1954	2	Helen Croucher	Kent	103' 8"*	2	Christina Short	Northumberland	102' 5"*	2	Yvonne Kaye	Middlesex	95' 8"*
1954	3	F. Stubbington	Middlesex	101' 4"*	3	J. H. Wathen	Surrey	99' 4"*	3	J. Raffe	London	84' 10"*
1955	1	Dorothy Skellam	Staffordshire	118' 6"*	1	Ann Roberts	Middlesex	124' 11"*	1	Monica Podmore	Staffordshire	123' 0"*
1955	2	Helen Croucher	Kent	104' 11"*	2	M. Pilling	Cheshire	117' 6"*	2	Yvonne Kaye	Middlesex	120' 3"*
1955	3	Rosemary Morgan	Essex	100' 7"	3	Vivian Bradley	Somerset	111' 6"*	3	T. Stafford	Devon	104' 4"*
1956	1	Rosemary Morgan	Essex	111' 10"*	1	Dorothy Skellam	Staffordshire	120' 6"*	1	Monica Podmore	Staffordshire	123' 4"*
1956	2	M. Nightingale	Lancashire	108' 1"*	2	Susan Platt	Middlesex	110' 10"*	2	Sally Scholes	Yorkshire	102' 10"*
1956	3	Barbara Nicholls	Buckinghamshire	105' 8"*	3	Ellen Davenhall	Staffordshire	108' 4"*	3	M. Baird	Durham	94' 3"*
1957	1	Barbara Nicholls	Buckinghamshire	103' 4"*	1	Susan Platt	Middlesex	133' 0"*	1	Sally Scholes	Yorkshire	110' 3"*
1957	2	June Clarke	Cheshire	92' 1"*	2	Ellen Davenhall	Staffordshire	118' 9"	2	Ann Smith	Herefordshire	106' 10"*
1958	3	Lesley Jelliff	Norfolk	92' 0"*	3	Mary Brown	Cumberland	109' 6"	3	Wendy Purnell	Wiltshire	105' 11"*
1958	1	Mary Adams	Essex	100' 7"*	1	Margaret White	Surrey	111' 9"*	1	Mary Brown	Cumberland	114' 10"*
1958	2	A. James	Warwickshire	94' 7"*	2	Patricia Adams	Staffordshire	110' 6"*	2	Marie Birtwistle	Lancashire	114' 7"*
1959	3	J. Sheedy	Hampshire	93' 6½"*	3	Margot Sathaye	Surrey	110' 1"*	3	Patricia Botley	Surrey	105' 7"*
1960	1	Valerie Woods	London	104'9"*	1	Mary Adams	Essex	115' 0½"*	1	Margaret White	Surrey	124' 0½"*
1960	2	Margaret Portsmouth	Middlesex	104' 6½"	2	Mary Fallon	London	112' 2½"	2	Dawne Gosling	Norfolk	120' 1"*
1960	3	Susan Tadd	Middlesex	97' 9¼"	3	Lesley Jelliff	Norfolk	111' 2"	3	Thelma Briercliffe	Devon	108' 1½"*
1961	1	Cynthia Patrick	Yorkshire	113' 5"*	1	Elizabeth Harrison	Lancashire	120' 6½"*	1	A. Philpot	Essex	119' 10"*
1961	2	Susan Tadd	Middlesex	113' 4"*	2	Valerie Woods	London	115' 1"*	2	Dawne Gosling	Norfolk	116' 5½"*
1961	3	V. E. Mott	Hertfordshire	113' 3"*	3	Marion Roby	Cheshire	107' 4½"*	3	J. Bagnall	Middlesex	110' 11½"*
1962	1	Cynthia Patrick	Yorkshire	113' 10"*	1	Valerie Woods	London	131' 9½"*	1	Elizabeth Harrison	Lancashire	124' 1½"*
1962	2	Margaret Roberts	Surrey	112' 7"*	2	Linda Harman	Kent	117' 11½"*	2	Felicity Claxton	Devon	120' 3"*
1962	3	P. Burrows	Devon	104' 4"*	3	Carol Wilkie	Surrey	111' 7½"*	3	Mary Fallon	London	117' 6½"*
1963	1	Susan Paul	Yorkshire	119' 7"*	1	Cynthia Patrick	Yorkshire	133' 5½"*	1	Linda Harman	Kent	125' 9"*
1963	2	Glynis Bartle	Lancashire	105' 8½"*	2	Delia Given	Northamptonshire	124' 11½"*	2	Felicity Claxton	Devon	121' 6½"*
1963	3	Jackie Wainwright	Hertfordshire	106' 3½"*	3	Marion Waters	Essex	113' 5"*	3	Pamela Bennett	Hampshire	119' 0"*
1964	1	Susan Paul	Yorkshire	124' 10½"*	1	Delia Given	Northamptonshire	129' 10"*	1	Linda Harman	Kent	117' 7½"*
1964	2	Kay Newton	Surrey	116' 11½"*	2	Leslie Armstrong	London	114' 1"*	2	Margaret Jackson	Cornwall	116' 8"*
1964	3	Christine Brown	Essex	115' 1½"*	3	Glynis Bartle	Lancashire	112' 6½"*	3	Susan Bown	Staffordshire	111' 0½"*
1965	1	Helen Beuzeval	Nottinghamshire	109' 0½"*	1	Sandra Dimmer	Hampshire	124' 9½"*	1	Jackie Wainwright	Hertfordshire	118' 3"*
1965	2	Mary Giles	Kent	98' 0"*	2	Kay Newton	Surrey	124' 7½"*	2	Glynis Bartle	Lancashire	109' 7½"*
1965	3	Shara Spragg	Gloucestershire	97' 0½"*	3	Mary Webber	Hertfordshire	116' 10"*	3	P. French	Bedfordshire	109' 2"*
1966	1	Shara Spragg	Gloucestershire	116' 4"*	1	Pat Parkin	Surrey	127' 2½"*	1	Sandra Dimmer	Hampshire	131' 9"*
1966	2	Lynda Michelmores	Devon	108' 3½"*	2	Christine Slater	Lancashire	121' 11"*	2	Jackie Wainwright	Hertfordshire	129' 5"*
1966	3	Joan Wright	Lancashire	???	3	Christine Brown	Essex	114' 0½"*	3	Glynis Bartle	Lancashire	127' 0½"*
1966	1	Marlene Garner	Kent	114' 10"*	1	Shara Spragg	Gloucestershire	141' 4"*	1	Sandra Dimmer	Hampshire	134' 4"*
1966	2	Susan Parker	Yorkshire	106' 5"*	2	Helen Beuzeval	Nottinghamshire	123' 0"*	2	Kay Newton	Surrey	129' 9"*
1966	3	M. Parry	Huntingdonshire	97' 6"*	3	Prudence French	Essex	124' 9"*	3	Pat Parkin	Surrey	123' 11"*

1967	1	Rosemary Cole	Devon	96' 4"*	1	Shara Spragg	Gloucestershire	130' 1"*	1	Prudence French	Essex	123' 4"*
1967	2	Mary Millbank	London	93' 9"*	2	Ann Astley	Yorkshire	120' 8"*	2	Pamela Parnell	Devon	118' 6"*
1967	3	Josephine Foister	Lincolnshire	89' 10"*	3	Marlene Garner	Kent	119' 8"*	3	Pat Parkin	Surrey	115' 4"*
1968	1	Mary Millbank	London	103' 1"*	1	Marlene Garner	Kent	134' 9"*	1	Shara Spragg	Gloucestershire	139' 0"*
1968	2	May Grabowski	Warwickshire	100' 10"*	2	Jean Scholesfield	Lancashire	131' 4"*	2	Marion Pearson	Yorkshire	131' 11"*
1968	3	Teresa Hobden	Essex	99' 5"*	3	Angela King	Warwickshire	129' 10"*	3	Prudence French	Essex	131' 8"*
1969	1	Anne Goodlad	Yorkshire	35.56*	1	Sharon Corbett	Warwickshire	40.62*	1	Shara Spragg	Gloucestershire	49.58*
1969	2	Denise Phillips	Hertfordshire	33.28*	2	Carol Johnson	Somerset	39.20*	2	Angela King	Warwickshire	42.40*
1969	3	Hazel Young	Northumberland	31.20*	3	Dorothy Pendlebury	Lancashire	37.98*	3	Marion Pearson	Yorkshire	39.82*
1970	1	Lesley Rice	Surrey	36.00*	1	Anne Goodlad	Yorkshire	35.62*	1	Angela King	Warwickshire	42.62*
1970	2	Jane Forsythe	Gloucestershire	32.82*	2	Wendy Chapman	Kent	35.24*	2	Sharon Corbett	Warwickshire	36.98*
1970	3	Tessa Sanderson	Staffordshire	31.80*	3	Lorraine Harding	Devon	34.80*	3	Carol Johnson	Somerset	36.60*
1971	1	Sandra O'Toole	Warwickshire	33.22*	1	Wendy Chapman	Kent	39.26*	1	Carol Johnson	Somerset	43.00*
1971	2	Yvonne Turner	Devon	32.94*	2	Anne Goodlad	Yorkshire	38.94*	2	Sharon Corbett	Warwickshire	41.00*
1971	3	Stephanie Farr	Lancashire	32.56*	3	Hazel Young	Northumberland	38.74*	3	Josephine Champion	Surrey	34.68*
1972	1	Melanie Stanley	Yorkshire	35.82*	1	Tessa Sanderson	Staffordshire	43.06*	1	Anne Goodlad	Yorkshire	42.88*
1972	2	Marian Mendham	Essex	33.14*	2	Lesley Rice	Surrey	42.78*	2	Carol Johnson	Somerset	39.98*
1972	3	Julie King	Surrey	33.02*	3	Janeen Williams	Staffordshire	40.12*	3	Norma Batty	Durham	39.72*
1973	1	Gillian Grey	Staffordshire	35.56*	1	Julie King	Surrey	40.44*	1	Tessa Sanderson	Staffordshire	48.26*
1973	2	Susan Metcalf	Durham	35.16*	2	Christine Green	Essex	40.18*	2	Susan James	Somerset	46.22*
1973	3	Lisa Vandy	Sussex	33.02*	3	Clair Waxler	Middlesex	38.36*	3	Janeen Williams	Staffordshire	41.66*
1974	1	Susan Metcalf	Durham	35.72*	1	Julie King	Surrey	42.56*	1	Susan James	Somerset	43.52*
1974	2	Christine Whitmore	Essex	34.08*	2	Marian Mendham	Essex	40.14*	2	Sandra O'Toole	Warwickshire	41.32*
1974	3	Julie Walker	Lincolnshire	33.80*	3	Gillian Grey	Staffordshire	39.04*	3	Janeen Williams	Staffordshire	41.10*
1975	1	Patsy Whelan	Cheshire	36.22*	1	Diane Williams	Gtr. Manchester	40.16*	1	Beryl Richardson	Durham	42.58*
1975	2	Jayne Seldon	Middlesex	35.62*	2	Pamela Brindle	Lancashire	40.10*	2	Sandra O'Toole	West Midlands	41.44*
1975	3	Jackie Brown	Sussex	35.50*	3	Christine Whitmore	Essex	39.40*	3	Shelley Brace	Dorset	40.26*
1976	1	Jackie Brown	Sussex	36.12*	1	Christine Whitmore	Essex	43.46*	1	Hazel McDonald	Durham	43.66*
1976	2	Vanessa Simpson	Essex	34.88*	2	Yvonne Gregory	West Midlands	41.22*	2	Kim Skuse	Avon	41.42*
1976	3	Susan Flack	Cambridgeshire	34.32*	3	Jayne Seldon	Middlesex	39.68*	3	Gillian Grey	Staffordshire	38.58*
1977	1	Jeanette Marsh	Suffolk	38.20*	1	Fatima Whitbread	Essex	43.52*	1	Yvonne Gregory	West Midlands	43.02*
1977	2	Julie Hawkins	Avon	36.52*	2	Jayne Seldon	Middlesex	40.88*	2	Christine Whitmore	Essex	42.92*
1977	3	Carolyn Jenkins	Humberside	34.80*	3	Beverley Shale	South Yorkshire	39.08*	3	Jeanette Rose	London	40.42*
1978	1	Karen Miller	Sussex	33.56*	1	Sara Fry	Lincolnshire	47.70*	1	Maxine Jervis	Middlesex	44.06*
1978	2	Harriott Johnstone	Avon	32.20*	2	Joanna Bolam	Hertfordshire	38.64*	2	Jeanette Rose	London	43.32*
1978	3	Alison Hempstead	Surrey	29.72*	3	Carolyn Jenkins	Humberside	36.34*	3	Jackie Cross	Derbyshire	39.38*
1979	1	Gina Major	South Yorkshire	32.08*	1	Julie Hawkins	Avon	40.74*	1	Maxine Jervis	Middlesex	49.80*
1979	2	Claire Martin	Sussex	30.82*	2	Vanessa Vanterpool	Cambridgeshire	40.38*	2	Gabriel Lauterpacht	Dorset	46.16*
1979	3	Caroline Pilbream	Surrey	30.42*	3	Christine Cook	Middlesex	39.62*	3	Patricia Haes	Staffordshire	41.34*
1980	1	Maxine Worsfold	Middlesex	41.22*	1	Tracey Averies	Oxfordshire	42.88*	1	Sharon Gibson	Nottinghamshire	46.28*
1980	2	Julie Abel	Somerset	38.96*	2	Noelle Bradshaw	Hampshire	42.40*	2	Sara Fry	Lincolnshire	44.56*
1980	3	Gina Major	South Yorkshire	38.26*	3	Claire Martin	Sussex	40.28*	3	Christine Cook	Middlesex	41.40*

1981	1	Sarah Littlewood	Avon	32.06*	1	Maxine Bennett	Kent	43.20*	1	Jayne Dawkins	Kent	43.56*
1981	2	Selina Jenkinson	West Yorkshire	31.14*	2	Maria Cooper	Hampshire	41.98*	2	Noelle Bradshaw	Hampshire	43.56*
1981	3	Angela Millen	Northumberland	31.04*	3	Wendy Broderick	Gtr. Manchester	41.76*	3	Joanne Harding	Gtr. Manchester	41.00*
1982	1	Anita Williams	Cornwall	37.82*	1	Julie Abel	Somerset	44.38*	1	Mary Bloomfield	Essex	45.50*
1982	2	Lorraine Thomas	West Midlands	33.66*	2	Gina Major	South Yorkshire	42.38*	2	Joanne Harding	Gtr. Manchester	42.44*
1982	3	Violet Tatham	Northumberland	32.04*	3	Jane Birnie	Gtr. Manchester	41.98*	3	Maxine Bennett	Kent	42.24*
1983	1	Sally Painter	Oxfordshire	35.68*	1	Joanne Fraser	Gtr. Manchester	44.60*	1	Julie Abel	Somerset	46.98*
1983	2	Erinsha Plummer	West Midlands	35.68*	2	Kim Lisbon	Essex	42.28*	2	Mary Bloomfield	Essex	45.54*
1983	3	Tina Key	West Midlands	34.64*	3	Catherine Garside	South Yorkshire	40.96*	3	Gina Major	South Yorkshire	44.58*
1984	1	Susan Rowbotham	West Yorkshire	34.16*	1	Kim Lisbon	Essex	46.34*	1	Catherine Garside	South Yorkshire	47.42*
1984	2	Diane Caldwell	Nottinghamshire	33.52*	2	Lorraine Thomas	West Midlands	44.74*	2	Julie Griffiths	Staffordshire	44.14*
1984	3	Jacqueline Cotton	Merseyside	32.50*	3	Tina Fletcher	Warwickshire	43.78*	3	Karen Ball	Staffordshire	42.44*
1985	1	Rebecca Foster	Hertfordshire	36.96*	1	Angelique Pullen	Suffolk	42.30*	1	Catherine Garside	South Yorkshire	47.00*
1985	2	Joanne Dulson	Staffordshire	36.30*	2	Caroline White	Cumbria	40.70*	2	Tina Fletcher	Warwickshire	43.74*
1985	3	Margaret Lewis	Merseyside	35.60*	3	Louise Pollen	Essex	39.76*	3	Lorraine Thomas	West Midlands	42.26*
1986	1	Shelley Holroyd	Gtr. Manchester	37.58*	1	Diane Caldwell	Nottinghamshire	40.62*	1	Lorraine Thomas	West Midlands	46.54*
1986	2	Gail Hornby	Durham	37.20*	2	Jacqueline Cotton	Merseyside	39.96*	2	Caroline White	Cumbria	46.50*
1986	3	Tracey Page	Essex	37.06*	3	Lechelle Barnes	Northumberland	39.18*	3	Angelique Pullen	Suffolk	46.04*
1987	1	Mandy Liverton	Devon	41.84*	1	Karen Slaughter	Kent	40.80*	1	Caroline White	Cumbria	51.60*
1987	2	Shelley Holroyd	Gtr. Manchester	41.10*	2	Sharon Warwick	Oxfordshire	39.86*	2	Sally Painter	Oxfordshire	42.66*
1987	3	Oteri Oboh	Kent	36.86*	3	Tracey Page	Essex	39.24*	3	Nicola Connell	Humberside	40.32*
1988	1	Joanne Harvey	Devon	38.12*	1	Mandy Liverton	Devon	51.44*	1	Caroline White	Cumbria	47.58*
1988	2	Helen Potter	Gtr. Manchester	36.32*	2	Tracey Page	Essex	45.60*	2	Sally Painter	Oxfordshire	44.56*
1988	3	Oteri Oboh	Kent	36.14*	3	Gail Hornby	Durham	43.44*	3	Nicola Connell	Humberside	42.12*
1989	1	Emily Steele	Shropshire	41.74*	1	Mandy Liverton	Devon	51.98*	1	Dawn Haywood	Hereford & Worcs	43.66*
1989	2	Kirsty Morrison	Kent	40.12*	2	Joanne Harvey	Devon	45.20*	2	Gail Hornby	Durham	42.60*
1989	3	Victoria Honour	Hertfordshire	35.72*	3	Janine King	Gtr. Manchester	43.06*	3	Debbie Hardy	Cheshire	42.50*
1990	1	Kirsty Morrison	Kent	38.80*	1	Emily Steele	Shropshire	41.92*	1	Mandy Liverton	Devon	56.16*
1990	2	Clare Taylor	Shropshire	35.16*	2	Debbie Boomer	Essex	41.52*	2	Gail Hornby	Durham	46.80*
1990	3	Kay Bunday	Cambridgeshire	35.00*	3	Karen Martin	Derbyshire	41.24*	3	Shelley Holroyd	Gtr. Manchester	46.62*
1991	1	Emma Rich	Somerset	35.84*	1	Kirsty Morrison	Kent	50.20*	1	Shelley Holroyd	Gtr. Manchester	53.58*
1991	2	Joanne Devereux	Hampshire	35.40*	2	Lucy Burrell	West Midlands	45.42*	2	Lucy Stevenson	South Yorkshire	44.18*
1991	3	Laura Kaluza	Lancashire	34.40*	3	Karen Martin	Derbyshire	45.22*	3	Sonia Kelly	Cumbria	43.06*
1992	1	Clover Wynter-Pink	Surrey	40.54*	1	Kirsty Morrison	Kent	47.48*	1	Shelley Holroyd	Gtr. Manchester	56.50*
1992	2	Claire Turnbull	Sussex	38.40*	2	Clare Taylor	Shropshire	45.96*	2	Karen Martin	Derbyshire	53.24*
1992	3	Jenny Foster	Gtr. Manchester	36.10*	3	Emily Harrison	Cleveland	39.38*	3	Lucy Stevenson	South Yorkshire	48.20*
1993	1	Heather Derbyshire	Gtr. Manchester	39.52*	1	Angharad Richards	Surrey	43.74*	1	Kirsty Morrison	Kent	51.02*
1993	2	Sian Lax	Shropshire	35.84*	2	Laura Kaluza	Lancashire	42.24*	2	Lucy Burrell	West Midlands	46.32*
1993	3	Jenna Allen	Leicestershire	35.52*	3	Louise Smith	Suffolk	37.94*	3	Katie Granger	Devon	45.88*
1994	1	Kelly Morgan	Wiltshire	41.50*	1	Nicola Mackay	Northamptonshire	41.84*	1	Kirsty Morrison	Kent	53.38*
1994	2	Nicola Lycett	Staffordshire	37.20*	2	Jenna Allen	Leicestershire	40.72*	2	Lucy Burrell	West Midlands	50.26*
1994	3	Emma Claydon	Kent	33.70*	3	Sian Lax	Shropshire	40.36*	3	Angharad Richards	Surrey	44.24*

1995	1	Lucy Rann	Hampshire	37.18*	1	Kelly Morgan	Wiltshire	45.30*	1	Katherine Evans	West Midlands	42.52*
1995	2	Tara Holman	Hertfordshire	32.22*	2	Katie Amos	Essex	44.40*	2	Paula Blank	Hertfordshire	41.24*
1995	3	Jessica Brooker	Devon	31.72*	3	Sian Lax	Shropshire	43.36*	3	Tammy Carless	London	41.14*
1996	1	Goldie Sayers	Cambridgeshire	41.56*	1	Jenny Kemp	Merseyside	45.00*	1	Sian Lax	Shropshire	44.98*
1996	2	Amy Harvey	Essex	36.12*	2	Lucy Rann	Hampshire	40.72*	2	Tammie Francis	Dorset	42.98*
1996	3	Natasha Campbell	Kent	35.34*	3	Christine Head	Norfolk	39.60*	3	Katie Amos	Essex	41.56*
1997	1	Samantha Redd	Sussex	34.72*	1	Goldie Sayers	Cambridgeshire	41.18*	1	Tammie Francis	Dorset	46.48*
1997	2	Amber Jackson	Hertfordshire	34.26*	2	Lucy Rann	Hampshire	41.00*	2	Katie Amos	Essex	45.50*
1997	3	Lauren Procter	Dorset	33.70*	3	Yvette Greenhouse	Hereford & Worcs	38.52*	3	Joanne Bruce	Surrey	44.36*
1998	1	Samantha Redd	Sussex	38.99*	1	Goldie Sayers	Cambridgeshire	47.84*	1	Kelly Morgan	Wiltshire	51.69*
1998	2	Colette Doran	Cumbria	36.39*	2	Samantha Lowe	Gtr. Manchester	42.39*	2	Katy Watts	Hampshire	45.08*
1998	3	Rebecca Pyne	Kent	34.61*	3	Michelle Kemp	Surrey	40.78*	3	Jenny Kemp	Lancashire	44.88*
1999	1	Lauren Therin	Channel Islands	37.67*	1	Carol Wallbanks	Cumbria	39.86*	1	Goldie Sayers	Cambridgeshire	45.98*
1999	2	Helen Mounteney	Leicestershire	37.06*	2	Rachel Dunn	Cambridgeshire	39.51*	2	Katy Watts	Hampshire	45.24*
1999	3	Rebecca Bartlett	Shropshire	35.35*	3	Samantha Redd	Sussex	39.33*	3	Lucy Rann	Hampshire	42.15*
2000	1	Louise Watton	Dorset	35.25	1	Samantha Redd	Sussex	42.70	1	Amy Harvey	Essex	45.61
2000	2	Debbie Collinson	Humberside	34.35	2	Joanne Chapman	Suffolk	38.30	2	Michelle Lonsdale	West Yorkshire	40.63
2000	3	Jo Blair	Warwickshire	34.16	3	Rebecca Bartlett	Shropshire	37.60	3	Georgina Hogsden	Surrey	40.43
2001	1	Louise Watton	Dorset	40.97	1	Joanne Chapman	Suffolk	41.66	1	Rachel Dunn	Cambridgeshire	44.11
2001	2	Hayley Thomas	Essex	38.04	2	Lauren Therin	Somerset	41.35	2	Louise Mathews	Essex	43.38
2001	3	Lisa Edwards	Devon	33.09	3	Debbie Collinson	Humberside	40.47	3	Samantha Redd	Sussex	42.31
2002	1	Laura Carr	Dorset	32.57	1	Louise Watton	Dorset	46.94	1	Helen Mounteney	Leics & R	47.73
2002	2	Rebecca Furber	Warwickshire	32.48	2	Hayley Thomas	Essex	43.81	2	Samantha Redd	Sussex	47.46
2002	3	Nicole MacAuley	Merseyside	30.90	3	Jo Blair	Warwickshire	41.04	3	Louise Mathews	Essex	45.36
2003	1	Lucy Boggis	Oxfordshire	37.27	1	Hayley Thomas	Essex	43.37	1	Jo Blair	Warwickshire	45.53
2003	2	Amy Peacock	Oxfordshire	32.59	2	Louise Watton	Dorset	41.05	2	Helen Mounteney	Leics & R	44.47
2003	3	Kimberley Eke	Devon	32.08	3	Laura Scott	Derbyshire	39.28	3	Rebecca Bartlett	Shropshire	44.19
2004	1	Peta Lundgren	Hertfordshire	35.43	1	Laura Scott	Derbyshire	40.64	1	Hayley Thomas	Essex	45.29
2004	2	Rachael Fleary	Cumbria	33.46	2	Jade Dodd	London	38.08	2	Laura Whittingham	South Yorkshire	41.89
2004	3	Rebecca Slater	Channel Islands	33.45	3	Louise Lockwood	Essex	35.38	3	Rosie Semenytsh	Berkshire	40.64
2005	1	Jemma Tewkesbury	Dorset	33.46	1	Lucy Boggis	Oxfordshire	40.11	1	Louise Watton	Dorset	43.44
2005	2	Elizabeth Hearn	Berkshire	32.75	2	Catherine Braham	Surrey	38.99	2	Sarah Dunkley	Cambridgeshire	41.86
2005	3	Chelsey Raysbrook	Hertfordshire	31.92	3	Jade Dodd	London	38.99	3	Hayley Thomas	Essex	41.76
2006	1	Isabelle Jeffs	Somerset	36.92	1	Sarah-Anne De Kremer	Leics & R	44.27	1	Jade Dodd	London	41.37
2006	2	Danielle Anderson	Oxfordshire	32.28	2	Simone Huggins-Ward	West Midlands	39.29	2	Bethany Staniland	West Yorkshire	41.03
2006	3	Ashleigh Beckett	West Yorkshire	31.71	3	Jemma Tewkesbury	Dorset	37.95	3	Emma Smith	Cambridgeshire	38.33
2007	1	Kike Oniwinde	Essex	38.16	1	Sarah-Anne De Kremer	Leics & R	41.50	1	Sophie Thomas	Somerset	42.04
2007	2	Amber Burdett	Leics & R	34.37	2	Sadie Watts	Buckinghamshire	39.07	2	Rebecca Slater	Channel Islands	40.88
2007	3	Charlotte Kanini-Parsons	Somerset	32.98	3	Jemma Tewkesbury	Dorset	39.01	3	Simone Huggins-Ward	West Midlands	40.48
2008	1	Freya Jones	Hampshire	44.23	1	Isabelle Jeffs	Somerset	43.30	1	Peta Lundgren	Hertfordshire	43.00
2008	2	Laura McDonald	Norfolk	39.84	2	Danielle Anderson	Oxfordshire	40.04	2	Kelly Pagdin	South Yorkshire	40.47
2008	3	Laura England	South Yorkshire	35.88	3	Kike Oniwinde	Essex	38.07	3	Sadie Watts	Buckinghamshire	39.81

2009	1	Laura McDonald	Norfolk	43.13	1	Freya Jones	Hampshire	43.64	1	Jemma Tewkesbury	Dorset	41.87
2009	2	Natalie Whisken	Dorset	37.95	2	Danielle Bentley	Cheshire	42.94	2	Charlotte Gimson	West Midlands	41.48
2009	3	Kate Morley	West Midlands	36.54	3	Kike Oniwinde	Essex	42.76	3	Katie Grehan	Hertfordshire	41.38
2010	1	Natasha Wilson	Cumbria	40.57	1	Freya Jones	Hampshire	49.23	1	Isabelle Jeffs	Somerset	50.54
2010	2	Natalie Whisken	Dorset	38.65	2	Laura McDonald	Norfolk	44.88	2	Danielle Bentley	Cheshire	46.70
2010	3	Katherine Alexander	Berkshire	36.13	3	Rebecca Tunncliffe	North Yorkshire	40.65	3	Amber Burdett	Leics & R	45.74
2011	1	Izzy McHattie	Berkshire	36.27	1	Natasha Wilson	Cumbria	41.24	1	Kike Oniwinde	Essex	47.08
2011	2	Melissa Dargan	Gtr. Manchester	35.09	2	Grace Hailstone	Sussex	41.04	2	Freya Jones	Hampshire	45.51
2011	3	Josie Loxton	Somerset	34.02	3	Kerry Murch	Warwickshire	40.67	3	Eloise Meakins	Hertfordshire	43.55
2012	1	Emma Hamplett	Staffordshire	39.57	1	Natasha Wilson	Cumbria	41.21	1	Kelly Bramhald	South Yorkshire	46.45
2012	2	Laurie Dawkins	Somerset	34.51	2	Demi Bromfield	Essex	40.15	2	Freya Jones	Hampshire	45.31
2012	3	Alice Smith	Devon	33.72	3	Josie Loxton	Somerset	38.84	3	Liane Bibby	Merseyside	44.18
2013	1	Laurie Dawkins	Somerset	38.37	1	Emma Hamplett	Staffordshire	45.44	1	Natasha Wilson	Cumbria	45.81
2013	2	Leah Hillman	Lancashire	34.11	2	Leanne Davies	Hampshire	43.04	2	Kerry Murch	Warwickshire	43.73
2013	3	Abby Gooderham	Norfolk	33.65	3	Jordan Campbell	Hampshire	40.59	3	Liane Bibby	Merseyside	41.76
2014	1	Rebekah Walton	Derbyshire	43.23	1	Emma Hamplett	Staffordshire	52.21	1	Elsbeth Jamieson	Norfolk	43.34
2014	2	Bethan Rees	Staffordshire	42.65	2	Laurie Dawkins	Somerset	43.00	2	Demi Bromfield	Essex	42.84
2014	3	Eloise Locke	Kent	39.42	3	Leah Hillman	Lancashire	41.95	3	Katherine West	Berkshire	42.50
2015	1	Paula Holguin	Surrey	40.93	1	Laurie Dawkins	Somerset	44.69	1	Katherine West	Berkshire	42.78
2015	2	Emma Howe	Cheshire	39.71	2	Bethan Rees	Staffordshire	44.44	2	Elsbeth Jamieson	Norfolk	42.20
2015	3	Trixie Nicholson	Devon	39.60	3	Georgia McTear	Somerset	42.93	3	Sophie Percival	Cheshire	41.92
2016	1	Danielle Henderson	London	39.46	1	Bethan Rees	Staffordshire	50.12	1	Emma Hamplett	Staffordshire	47.83
2016	2	Sophie Graham	Suffolk	37.29	2	Paula Holguin	Surrey	45.93	2	Leah Hillman	Lancashire	41.26
2016	3	Eleanor Butt	Essex	35.56	3	Emma Howe	Cheshire	43.98	3	Laurie Dawkins	Somerset	41.05
2017	1	Elizabeth Korczak	Sussex	41.26	1	Emma Howe	Cheshire	48.77	1	Bethan Rees	Staffordshire	48.80
2017	2	Abigail Ward	Northamptonshire	41.01	2	Ellie Vernon	Shropshire	45.17	2	Rebekah Walton	Derbyshire	44.62
2017	3	Millie Quaintance	Somerset	40.47	3	Paula Holguin	Surrey	44.34	3	Leah Hillman	Lancashire	44.18
2018	1	Jessica Lewis	Avon	43.30	1	Elizabeth Korczak	Sussex	46.85	1	Bethan Rees	Staffordshire	47.29
2018	2	Jess Thompson	North Yorkshire	42.44	2	Lauren Foletti	South Yorkshire	43.94	2	Rebekah Walton	Derbyshire	46.47
2018	3	Harriette Mortlock	Essex	41.78	3	Millie Quaintance	Somerset	41.59	3	Emma Howe	Cheshire	44.86
2019	1	Jess Thompson	North Yorkshire	41.57	1	Elizabeth Korczak	Sussex	47.70	1	Lauren Farley	Kent	45.66
2019	2	Hannah Lewington	Gloucestershire	39.98	2	Harriette Mortlock	Essex	47.47	2	Emma Howe	Cheshire	44.87
2019	3	Rachael Wall	Sussex	38.60	3	Phoebe Hoaen	Berkshire	43.40	3	Nicola Bell	Surrey	43.63
2021	1	Ayesha Jones	Buckinghamshire	42.50	1	Jemima Caldwell	Surrey	46.04	1	Elizabeth Korczak	Sussex	48.47
2021	2	Dulcie Yelling	Sussex	41.06	2	Rachael Wall	Sussex	41.22	2	Harriette Mortlock	Essex	47.70
2021	3	Harriet Wheeler	Cheshire	38.48	3	Hannah Lewington	Gloucestershire	41.00	3	Sophie Hamilton	Somerset	47.23
2022	1	Harriet Wheeler	Cheshire	42.54	1	Dulcie Yelling	Sussex	45.59	1	Harriette Mortlock	Essex	49.60
2022	2	Elise Christian	Surrey	42.45	2	Hannah Lewington	Gloucestershire	42.88	2	Sophie Hamilton	Somerset	45.88
2022	3	Jessica Howells	Surrey	41.43	3	April Palmer	Berkshire	39.81	3	Eva Durand	Buckinghamshire	44.00
2023	1	Elise Christian	Surrey	41.87	1	Ayesha Jones	Buckinghamshire	50.60	1	Rachael Wall	Sussex	45.05
2023	2	Scarlette Slater-Rowley	Nottinghamshire	40.98	2	Harriet Wheeler	Cheshire	49.25	2	Jasmine Larsen	Hampshire	42.70

2023	3	Charlotte Pabari	Hampshire	38.93	3	Dulcie Yelling	Sussex	48.56	3	Mimi Davis	Gloucestershire	41.08
2024	1	Lucy Bull	Gloucestershire	43.52	1	Harriet Court	Kent	50.19	1	Ayesha Jones	Buckinghamshire	47.18
2024	2	Charlotte Pabari	Hampshire	37.96	2	Jessica Howells	Surrey	49.74	2	Dulcie Yelling	Sussex	43.98
2024	3	Kristen Badrock	Merseyside	35.77	3	Elise Christian	Surrey	44.55	3	Hannah Lewington	Gloucestershire	42.70
2025	1	Mila Desborough	Dorset	43.77	1	Lucy Bull	Gloucestershire	49.98	1	Harriet Court	Kent	52.68
2025	2	Ayla Baker	Essex	39.58	2	Elise Christian	Surrey	44.56	2	Ayesha Jones	Buckinghamshire	48.62
2025	3	Kristen Badrock	Merseyside	38.72	3	Scarlette Slater-Rowley	Nottinghamshire	43.21	3	Harriet Wheeler	Cheshire	45.14
2026	1	Mila Desborough	Dorset	46.36	1	Lucy Bull	Gloucestershire	52.25	1	Harriet Wheeler	Cheshire	50.54
2026	2	Lumen Myers	Dorset	44.19	2	Arwen Thorne	Merseyside	44.32	2	Harriet Court	Kent	47.06
2026	3	Emily Elphick	Bedfordshire	41.17	3	Mia Blaber	Kent	43.40	3	Scarlette Slater-Rowley	South Yorkshire	44.79

RECORD NOTES

Where a record was set in the final of one of the current events the record holder is shown in **bold** type above. The only record to have been set in heats is shown below.

OLDEST RECORD

The oldest record for the events in the current girls programme is the Junior Girls Long Jump of 6.22m set by Margaret Cheetham of Merseyside. It was set over 40 years ago, in 1983. Margaret's winning 6.58m leap in the 1985 Intermediate Girls Long Jump is still the record for that age group.

RECORD SET IN HEATS

2016 IG 4 x 100m : Surrey 46.10

TRACK EVENT NOTES

Since 1991 the times recorded have been down to 100th of a second, before that they were to 10ths of a second.

SPRINT HURDLE HEIGHTS

	Junior	Inter	Senior
1948-1968	2' 6"	2' 6"	2' 6"
1969-2025	76.2cm	76.2cm	84cm
	Under-16	Under-18	Under-19
2026	76.2cm	76.2cm	84cm

FIELD EVENT NOTES

SHOT PUT WEIGHTS

	Junior	Inter	Senior
1962-63	6lb (2.72kg)	4kg	4kg
1963-70	7lb (3.175kg)	4kg	4kg
1971-2013	3.25kg	4kg	4kg
2014-	3kg	3kg	4kg

DISCUS WEIGHTS

	Junior	Inter	Senior
1950-	1kg	1kg	1kg

HAMMER WEIGHTS

	Junior	Inter	Senior
2000-13	no event	4kg	4kg
2014-	3kg	3kg	4kg

JAVELIN WEGHTS

	Junior	Inter	Senior
1948-2013	500g	600g	600g

An '*' beside the distance indicates an original speciification javelin was being used.

In 2000 the javelin weight stayed the same but the balance point was changed.

2014-	500g	500g	600g
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